

# Islet Transplantation

Subjects: Others

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Islet transplantation is considered as a promising and reliable cellular replacement therapy for severe diabetes mellitus patients with unstable condition of blood glucose level despite intensive insulin therapy, especially for insulin-dependent type 1 diabetes mellitus patients. The therapeutic outcomes of islet transplantation have gradually, but dramatically, improved through innovations in technology regarding islet isolation, transplantation procedures, and immunosuppressants <sup>[1]</sup>.

Keywords: Islet Transplantation ; Diabetes Mellitus ; Transplant Site

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## 1. Introduction

The most recent report from the Collaborative Islet Transplant Registry indicated that the insulin-independence (no necessity to use daily insulin injections) rate at 3 years after islet transplantation was 44% <sup>[2]</sup>, and that approximately 80% of the recipients who received 600,000 or more total islet equivalents (IEQs) achieved insulin independence <sup>[3]</sup>. Furthermore, a phase III study for elucidating the therapeutic effects of clinical islet transplantation in type 1 diabetes mellitus (CIT-07) performed at eight centers in the United States until 2017 revealed that 87.5% and 71% of the diabetic participants achieved a hemoglobin A1c (HbA1c) level of less than 7.0% and prevention of severe hypoglycemic events at 1 and 2 years after the first islet transplantation, respectively <sup>[4]</sup>. Although islet transplantation is recognized as a useful therapy that enables an appropriate physiological supply of insulin responding to the changes of blood glucose levels and prevents severe hypoglycemia and life-threatening complications related to micro- and macroangiopathy, including cardiomyopathy, nephropathy, retinopathy, and neuropathy, it still involves some problems that compromise the therapeutic effects.

## 2. Data

One of the problems surgeons face is the unsatisfactory transplant efficacy, which depends on the difficulty in engraftment of transplanted islets. Many transplanted islets fail to engraft in a couple days after transplantation <sup>[5]</sup> because they suffer from harsh environmental factors of immunity <sup>[6]</sup>, inflammation triggered by the innate immune system <sup>[7]</sup>, and ischemia <sup>[8]</sup>, which are affected by the transplant site. For instance, the liver is a major clinical transplant site for islets. However, the liver is not the best site in terms of immunity (owing to liver-resident macrophage (Kupffer cells) and natural killer cells <sup>[9]</sup><sup>[10]</sup>), inflammation (instant blood-mediated inflammatory reaction [IBMIR], an acute thrombotic and inflammatory reaction that causes damage to transplanted islets <sup>[11]</sup>), and hypoxia (owing to embolization of the peripheral portal vein by the transplanted islets themselves <sup>[5]</sup><sup>[12]</sup>). To date, various organs, including the renal subcapsular space <sup>[13]</sup>, gastrointestinal tract <sup>[14]</sup>, bone marrow <sup>[15]</sup>, spleen <sup>[6]</sup><sup>[16]</sup>, and muscle and subcutaneous tissue <sup>[17]</sup>, have been examined to assess their characteristics as alternative sites for islets in an effort to establish the ideal transplant site ([Table 1](#)). Though they offer various attractive advantages, all of these sites have also limitations, which become obstacles for use in the clinical setting <sup>[6]</sup><sup>[17]</sup><sup>[18]</sup>.

**Table 1.** Candidates for transplant site for islets and their characteristics.

	Advantages	Disadvantages
<b>Liver</b>	<ul style="list-style-type: none"> <li>✓ Representative transplant site for clinical islet transplantation</li> <li>✓ Largest abdominal organ, which enables the storage of a high volume of islets</li> <li>✓ Physiological insulin delivery</li> <li>✓ Comparatively little invasion in the transplant procedure</li> </ul>	<ul style="list-style-type: none"> <li>✓ Immunity</li> <li>✓ IBMIR</li> <li>✓ Difficulty in monitoring</li> <li>✓ Risk of portal thrombosis and hypertension</li> </ul>
<b>Kidney</b>	<ul style="list-style-type: none"> <li>✓ Preventing direct contact of blood flow (diminishing the risk of IBMIR)</li> <li>✓ Best transplant efficacy in small animal studies</li> </ul>	<ul style="list-style-type: none"> <li>✓ Difficulty of transplant procedure in clinical</li> <li>✓ Systemic insulin delivery</li> </ul>
<b>Spleen</b>	<ul style="list-style-type: none"> <li>✓ Rich vascularity</li> <li>✓ Physiological insulin delivery</li> <li>✓ Regulation of immunity</li> <li>✓ Islet regeneration</li> </ul>	<ul style="list-style-type: none"> <li>✓ Risk of IBMIR</li> <li>✓ Risk of bleeding following transplant procedure</li> </ul>
<b>Muscle/ subcutaneous tissue</b>	<ul style="list-style-type: none"> <li>✓ Minimized invasion</li> <li>✓ Safety</li> <li>✓ Preventing risk of IBMIR</li> </ul>	<ul style="list-style-type: none"> <li>✓ Hypoxia</li> <li>✓ Hypovascularity</li> <li>✓ Immunity</li> </ul>
<b>Omentum (white adipose tissue)</b>	<ul style="list-style-type: none"> <li>✓ Physiological insulin delivery</li> <li>✓ Capacity to involve a large number of islets (omental pouch)</li> </ul>	<ul style="list-style-type: none"> <li>✓ Possibility of surgical complications, including adhesion ileus</li> </ul>
<b>Mesentery (white adipose tissue)</b>	<ul style="list-style-type: none"> <li>✓ Physiological insulin delivery</li> </ul>	<ul style="list-style-type: none"> <li>✓ Necessity for bowel resection in the case of graft removal</li> </ul>

IBMIR, instant blood-mediated inflammatory reaction.

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