

All-trans Retinoic Acid

Subjects: **Genetics & Heredity**

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Clinical reports suggest a potential link between excess retinoids and development of depression. Although it has been shown that all-trans retinoic acid (ATRA) administration induces behavioral changes, further insight into how ATRA is involved is lacking. The hippocampus seems to be a major target of retinoids, and abnormal synaptic plasticity of the hippocampus is involved in depression. We examined two genes associated with synaptic function, discs large homolog 2 (DLG2), and synapse differentiation-inducing gene protein 1 (SynDIG1) in terms of hippocampal expression and correlation with behavior. Three different doses of ATRA were injected into young mice and 10 mg/kg ATRA was found to induce depression-like behavior. In the hippocampus, DLG2 mRNA was significantly decreased by ATRA. mRNA levels were positively correlated with central area duration and distance in the open-field test. Increased SynDIG1 mRNA levels were observed. There was a negative correlation between SynDIG1 mRNA levels and mobility time in the forced swimming test. Retinoic acid receptor γ mRNA was significantly positively correlated with DLG2 and negatively correlated with SynDIG1. To summarize, ATRA administration induced anxiety- and depression-like behavior accompanied by a decreased expression of DLG2 and an increased expression of SynDIG1. Moreover, DLG2 was correlated with anxiety-like behavior and SynDIG1 was correlated with depression-like behavior. These results might constitute a novel target underlying ATRA-induced anxiety- and depression-like behavior.

all-trans retinoic acid

discs large homolog 2

synapse differentiation-inducing gene protein 1

hippocampus

anxiety-like behavior

depression-like behavior

1. Introduction

Retinoic signaling is reportedly linked with the development of the central nervous system (CNS) and the pathogenesis of depression in adults [\[1\]\[2\]\[3\]\[4\]](#). Excessive consumption of vitamin A (hypervitaminosis A) has long been known to cause adverse psychiatric events [\[5\]](#). A synthetic retinoid used to treat acne, 13-*cis*-retinoic acid (13-*cis*-RA; isotretinoin), has been linked to depression and suicide, since its approval in 1982 [\[6\]](#). All-trans retinoic acid (ATRA), the endogenous active derivative of vitamin A, plays a role in cell growth, neural differentiation, and synaptic plasticity during development and operates exclusively by regulating gene transcription [\[7\]\[8\]\[9\]](#). Recently, our group found that chronic ATRA administration could induce depression-like behavioral changes in adult rats [\[10\]\[11\]\[12\]](#).

The hippocampus is involved in mood disorders, such as anxiety and depression. Brain imaging and post-mortem studies provide evidence of changes in the cellular architecture and/or morphology within this brain region,

including a reduction in hippocampal volume, and atrophy of hippocampal pyramidal neurons [13][14][15][16]. Recent studies have indicated that abnormal synaptic plasticity in specific areas of the CNS, particularly the hippocampus, may be a core factor in the pathophysiology of depression [17]. Studies in rodents have provided evidence in support of a reduced synapse number and decreased levels of synaptic signaling proteins in the hippocampus in a depression model [18][19]. Furthermore, antidepressants, such as the highly prescribed selective serotonin reuptake inhibitors, could enhance synaptic plasticity in the hippocampus, as demonstrated in electrophysiological studies [20][21]. All of the above studies confirm a link between altered synaptic plasticity in the hippocampus and major depression. Moreover, the hippocampus seems to be a main target of retinoids [20]. Our group found that ATRA-induced impairments in hippocampal neurogenesis correlate with depression-like behavior [11]. It has been reported that ATRA treatment enhances excitatory synaptic transmission in the hippocampus [21][22] and ATRA is mediated in synaptic plasticity via a synaptic protein synthesis-dependent mechanism [23]. These reports demonstrate the potential role of ATRA in synaptic plasticity of the hippocampus. To better understand the molecular mechanism of synaptic plasticity as influenced by ATRA, we used a whole-genome complementary DNA microarray to investigate changes of gene expression in the human neuroblastoma cell line BE2(c) cells after ATRA administration. Several genes are altered by ATRA (Table S1). We only chose these two synaptic-associated genes, discs large homolog 2 (*DLG2*) and synapse differentiation-inducing gene protein 1 (*SynDIG1*), among the genes altered by ATRA. *DLG2* is thought to have vital roles in synaptic plasticity [24]. It has been reported that a reduction of *DLG2* expression is found in the hippocampus in depression disorders [25], and *DLG2* might be involved in depression disorders, according to results of a genome-wide association study [26]. *SynDIG1* has been identified as an α -amino-3-hydroxy-5-methylisoxazole-4-propionic acid subtype glutamate receptor (AMPA)-interacting transmembrane protein that could regulate excitatory synapse development via AMPAR content [27]. Moreover, *SynDIG1* has been found to be involved in depressive symptoms in a genome-wide association study [28].

In this study, we aimed to investigate the effect of ATRA on the expression of two synaptic-associated genes, *DLG2* and *SynDIG1*, in the hippocampus and their relationship with anxiety- or depression-like behavior in young mice.

2. ATRA-Induced Anxiety- and Depression-Like Behavior in Young Mice

We used the open-field test (OFT), elevated-plus maze (EPM), forced swimming test (FST), and sucrose preference test (SPT) behavioral tests to investigate the effect of ATRA on anxiety- and depression-like behavior in young mice. In the OFT, significant difference in duration ($F(3, 17) = 6.558, p = 0.0038$, Figure 1A) and distance ($F(3, 17) = 4.828, p = 0.0131$, Figure 1B) traveled in the central area were found among the control, 5, 10, and 20 mg/kg ATRA groups. Post-hoc analysis revealed ATRA treatment significantly decreased the duration ($p = 0.0016, p = 0.0025, p = 0.0020$) and distance ($p = 0.0036, p = 0.0090, p = 0.0083$) traveled in the central area among the groups receiving 5, 10, and 20 mg/kg doses. There was no significant difference in the velocity of movement in the center area among the four groups in the OFT ($F(3, 17) = 0.9254, p = 0.4497$, Figure 1C). This indicates that ATRA did not affect motor function in mice, in comparison with the vehicle. The results of the EPM showed that

there was no significant difference in the time ($F(3, 17) = 2.713$, $p = 0.0773$, Figure 1D), distance ($F(3, 17) = 2.713$, $p = 0.0847$, Figure 1E), and frequency ($F(3, 17) = 2.808$, $p = 0.0709$, Figure 1F) in the open arms.

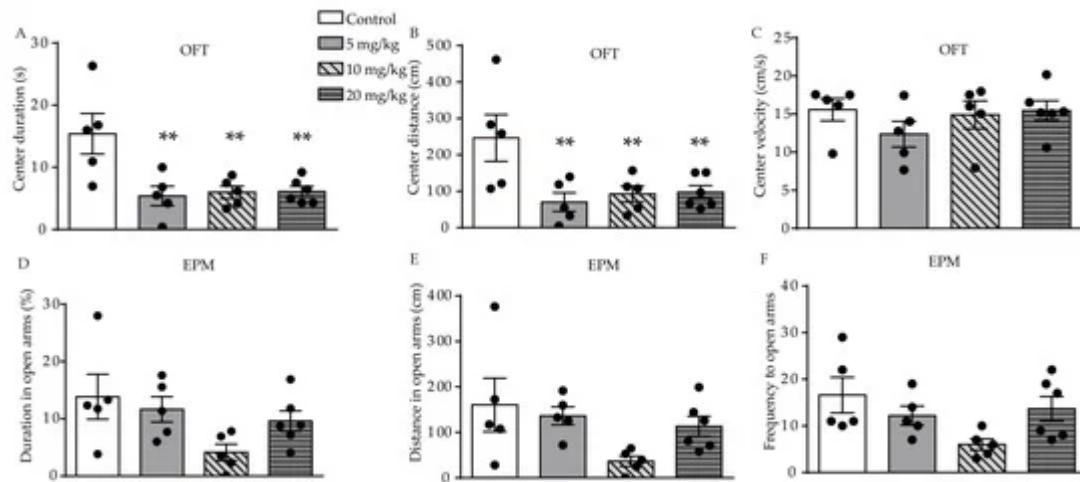


Figure 1. Effects of different doses of ATRA on anxiety-like behavior in mice. (A–C) center duration, distance and velocity in OFT in ATRA treatment and control groups; (D–F) duration, distance and frequency in open arms in EPM test. Data are expressed as mean \pm SEM, with $n = 5$ –6 in each group. ** $p < 0.01$ versus controls, using one way ANOVAs with least significant difference (LSD) test.

Results of the FST showed a difference was found among the four groups ($F(3, 17) = 4.555$, $p = 0.0162$, Figure 2A). The result showed that only mice who were administered a dose of 10 mg/kg ATRA had a significant reduction in mobility time during the 6-min period, as compared with the control group ($p = 0.0027$). There was no significant difference in mobility time during the FST between the 5 and 20 mg/kg groups and the control group ($p = 0.0670$, $p = 0.0823$, respectively). In the SPT, there was no significant difference between all ATRA groups and vehicle, which suggested that anhedonia was not affected by ATRA administration ($F(3, 17) = 0.3580$, $p = 0.7840$, Figure 2B). These results indicate that ATRA induced depression-like behavior in young mice.

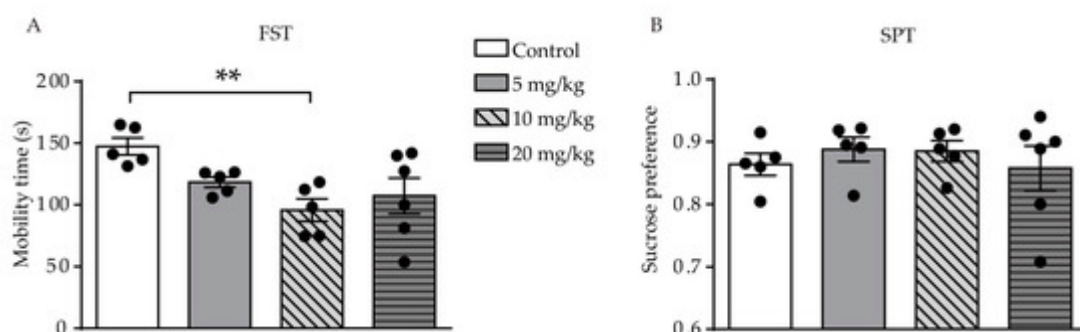


Figure 2. Effects of different doses of ATRA on depression-like behavior and anhedonia level in mice. (A) Mobility time in the FST. (B) result of the SPT in ATRA and control groups. Data are expressed as mean \pm SEM, with $n = 5$ –6 in each group. ** $p < 0.01$ versus controls, using one way ANOVAs with LSD test.

3. ATRA-Induced Changes in mRNA Expression of DLG2, SynDIG1, and Retinoic Acid Receptors in the Hippocampus

Significantly different levels of *DLG2* mRNA expression were found among the four groups ($F(3, 17) = 6.391$, $p = 0.0043$, Figure 3A). Levels of expression of *DLG2* mRNA in the hippocampus were significantly decreased in all of the ATRA treatment groups, compared with the control group ($p = 0.0011$, $p = 0.0042$, $p = 0.0030$). A difference in expression of *SynDIG1* mRNA was found among the four groups ($F(3, 17) = 3.108$, $p = 0.0469$, Figure 3B). Expression of *SynDIG1* mRNA was significantly increased at a dose of 10 mg/kg ATRA ($p = 0.0142$). To investigate the possible relationship between the expression of synaptic-related genes and ATRA receptor, mRNA expression of three types of ATRA receptors in the hippocampus were simultaneously measured. A significant difference in retinoic acid receptor α (*RAR α*) mRNA levels was found among the four groups ($F(3, 17) = 6.252$, $p = 0.0047$, Figure 3C). The 20 mg/kg ATRA treatment group showed a significant reduction in *RAR α* mRNA levels ($p = 0.0008$). There was a significant difference in *RAR β* mRNA expression among the four groups ($F(3, 17) = 9.459$, $p = 0.0007$, Figure 3D). The expression of *RAR β* mRNA in the hippocampus was increased with administration of 10 mg/kg ATRA, compared with the control ($p = 0.0014$). Significantly different levels of *RAR γ* mRNA expression were also found among the four groups ($F(3, 17) = 20.54$, $p < 0.0001$, Figure 3E). The expression of *RAR γ* mRNA in all of the ATRA treatment groups was significantly decreased ($p < 0.0001$).

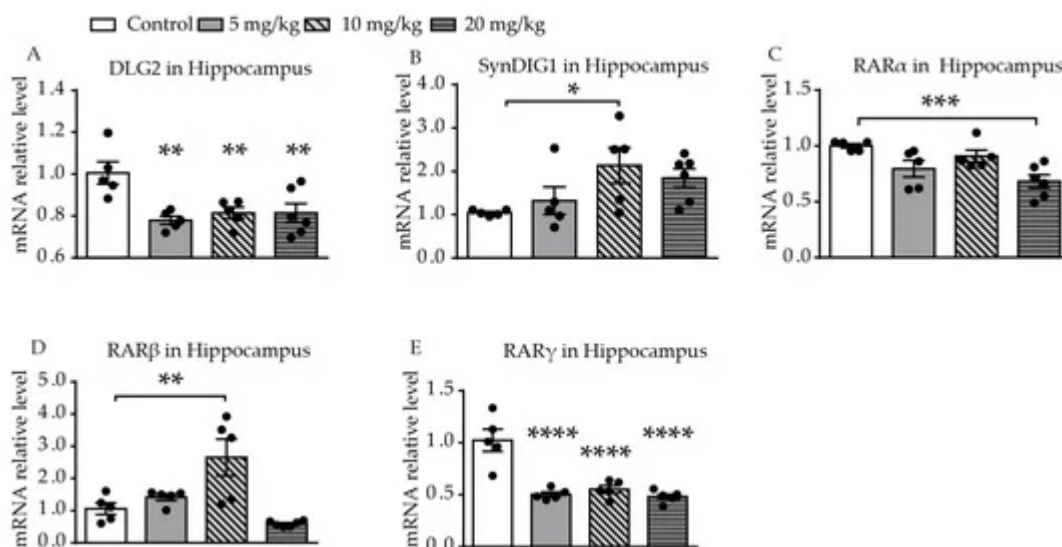


Figure 3. Effects of different doses of ATRA on mRNA expression levels of target genes in the hippocampus. Changes in mRNA expression levels of (A) *DLG2*, (B) *SynDIG1*, (C) *RAR α* , (D) *RAR β* , and (E) *RAR γ* in mice treated with 5 mg/kg, 10 mg/kg, and 20 mg/kg RA, compared with controls. Data are expressed as mean \pm SEM, with $n = 5$ –6 in each group. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ versus controls, using one way ANOVAs with LSD test.

4. Association of DLG2 and SynDIG1 mRNA Levels with Anxiety- and Depression-Like Behavior and RARs in the Hippocampus

We performed correlation analysis, to explore the association of *DLG2* and *SynDIG1* expression with anxiety- and depression-like behavior in mice. The results showed that relative *DLG2* mRNA levels in the hippocampus were significantly positively correlated with duration ($p = 0.0111$, $r = 0.5420$, Figure 4A) and distance ($p = 0.0174$, $r = 0.5128$, Figure 4B) traveled in the central area in the OFT. No significant correlation was found between *DLG2* with time ($p = 0.5778$, Figure 4C) and distance ($p = 0.2834$, Figure 4D) in the open arms in the EPM or mobility time in FST ($p = 0.7821$, Figure 4E). Table S2 shows the correlation more intuitively. Furthermore, relative *DLG2* mRNA levels in the hippocampus were significantly positively correlated with relative mRNA levels of *RAR α* ($r = 0.5091$, $p = 0.0184$, Figure 4F) and *RAR γ* ($r = 0.7873$, $p < 0.0001$, Figure 4H). No significant correlation was found between *DLG2* and *RAR β* mRNA ($r = -0.1139$, $p = 0.6231$, Figure 4G).

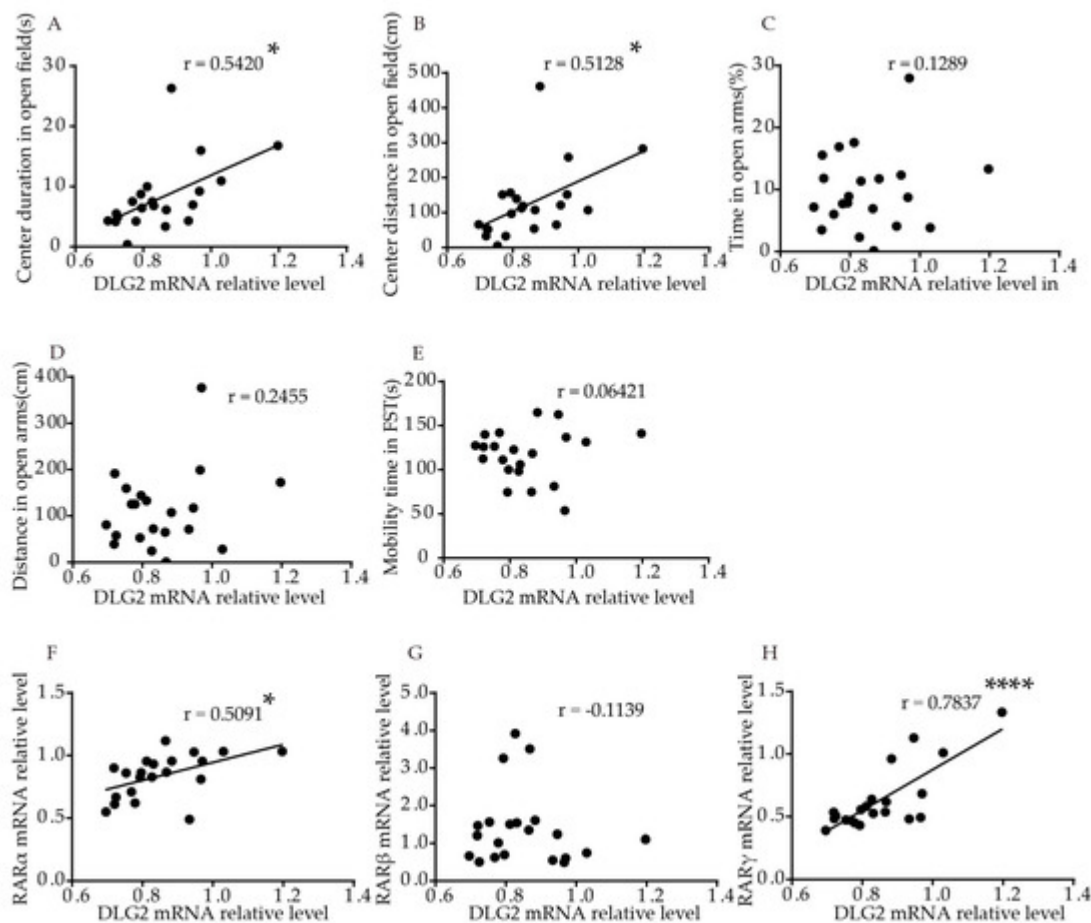


Figure 4. Correlation of *DLG2* mRNA levels in the hippocampus with behavior and *RARs* mRNA levels in young mice. Correlation between mRNA levels of *DLG2* in the hippocampus and (A) center duration, (B) center distance in OFT, (C) duration, and (D) distance in the open arms in EPM, (E) mobility time in FST. Correlation between mRNA levels of *DLG2* in the hippocampus and (F) *RAR α* , (G) *RAR β* , and (H) *RAR γ* . Correlation analysis was performed using Pearson's correlation test. * $p < 0.05$, **** $p < 0.0001$.

Interestingly, relative *SynDIG1* mRNA levels in the hippocampus were significantly negatively correlated to mobility time in FST ($p = 0.0052$, $r = -0.5861$, Figure 5E). No significant correlation was found between relative *SynDIG1* mRNA levels and duration ($p = 0.0927$, Figure 5A), or distance ($p = 0.1120$, Figure 5B) traveled in the central area

in the OFT, or time ($p = 0.1278$, Figure 5C) and distance ($p = 0.1871$, Figure 5D) in open arms in EPM. Table S2 shows the correlation more intuitively. The results showed that relative *SynDIG1* mRNA levels in the hippocampus were significantly negatively correlated with *RAR γ* ($r = -0.4728$, $p = 0.0304$, Figure 5H). No significant correlation was found between relative mRNA levels of *SynDIG1* and *RAR α* ($r = -0.2084$, $p = 0.3647$, Figure 5F), or *RAR β* ($r = -0.1088$, $p = 0.6387$, Figure 5G).

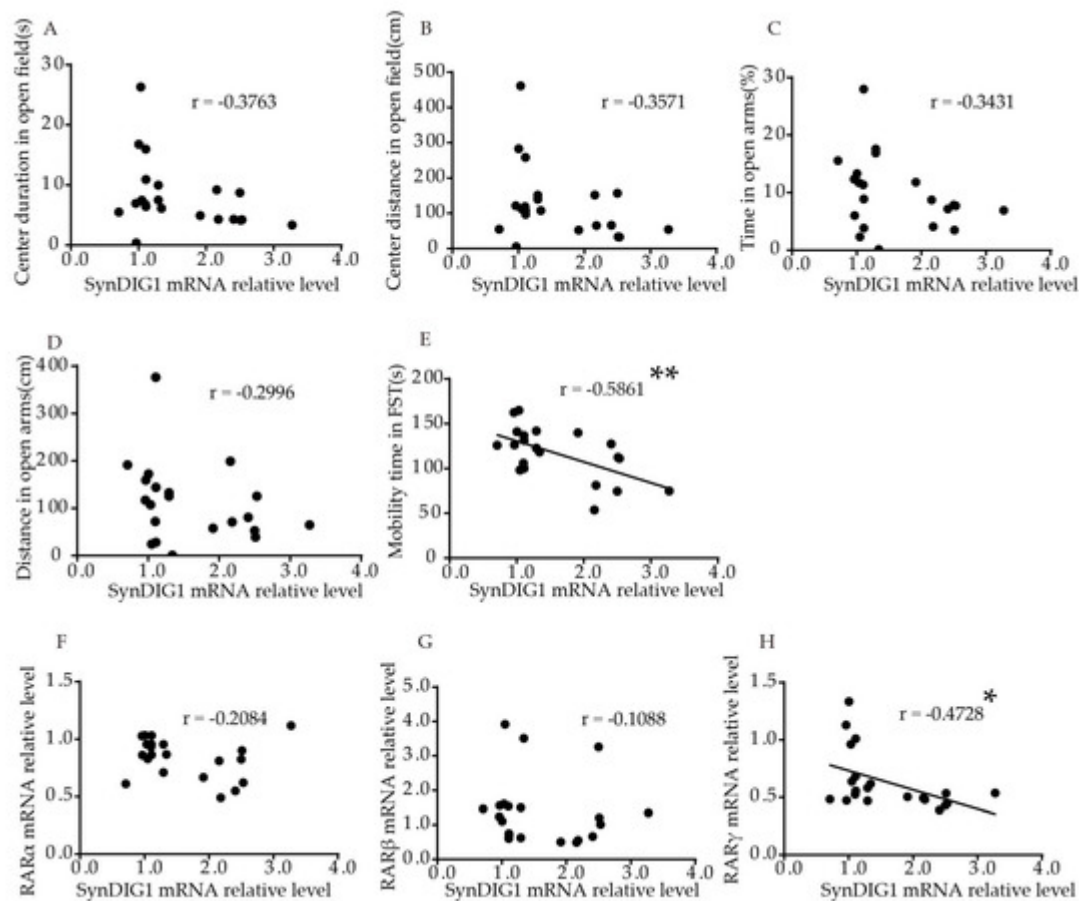


Figure 5. Correlation of the *SynDIG1* mRNA levels in the hippocampus with behavior and *RARs* mRNA levels in young mice. Correlation between mRNA levels of *SynDIG1* in the hippocampus and (A) center duration, (B) center distance in OFT, (C) duration, and (D) distance in the open arms in EPM, (E) mobility time in FST. Correlation between mRNA levels of *DLG2* in the hippocampus and (F) *RAR α* , (G) *RAR β* , and (H) *RAR γ* . Correlation analysis was performed using Pearson's correlation test. * $p < 0.05$, ** $p < 0.01$.

5. Discussion

This study showed that short-term administration of ATRA at a dose of only 10 mg/kg induced depression-like behavior in young mice, accompanied by a decreased expression of *DLG2* and an increased expression of *SynDIG1*. In addition, *DLG2* in the hippocampus was correlated with anxiety-like behavior, and *SynDIG1* was correlated with depression-like behavior.

Clinical reports showing the onset of the depressive symptoms occurred after the use of Accutane (a 13-cis isomer of all-trans retinoic acid to treat severe cystic acne) in humans, predominantly in adolescents, among whom the rate of neurogenesis is predicted to be relatively high [2][3][29]. Modelling adolescence in animal models is contentious but in rodents young animals 4–6 weeks of age have been suggested to represent a post-weaning period of sexual maturation that is associated with rapid growth and reproduces some of the neurodevelopmental effects observed in human adolescence [30]. To parallel these conditions, our studies were performed in young mice. To avoid the trauma of daily oral gavage, ATRA was injected into the abdominal cavity. Previous articles also reported that administration of ATRA or 13-cis-RA increases depression-related behavior in young mice or rats [10][31]. According to the previous reports, 10 mg/kg retinoic acid administered for 14 days impaired the formation of a reward-induced positive bias in rodents, as seen in human depression [32][33][34]. We therefore explored the effect of 10 mg/kg in depression-like behaviors. We selected a higher dose of 20 mg/kg and a lower dose of 5 mg/kg within the range of previously reported doses [33][35]. In a previous study, exposure to 13-cis-RA (1 mg/kg daily, less than the concentration in our experiment) was extended to 21 days from 7 days, and a significant decrease in cell proliferation was apparent in the hippocampus [36]. It has been reported that chronic administration of 13-cis-RA (1 mg/kg) for 6 weeks induces depression-related behaviors in young mice [31]. Cai et al. reported that 6-week injection of ATRA (2 mg/kg) induced behavioral changes in young rats [10][37]. Hu et al. reported that a 19-day course of ATRA injected into the lateral cerebral ventricle induced typical depression-like behavior in adult rats [38]. These study findings are consistent with our results in the EPM and FST. Our experiments are the first to extensively examine the dose effect of short-term injection of ATRA on depression-like behavior in mice, with 10 mg/kg ATRA treatment for 12 days inducing depression-like behavior in young mice. However, administration of ATRA did not induce anhedonia, the main symptom of depression, in the SPT, which has also been shown in other experiments using ATRA and 13-cis-RA [10][39][40].

A previous report reviewed 1191 articles describing 532 genes regulated by ATRA [41], not including the two genes in our study. Our study was the first to identify a change in expression of the *DLG2* and *SynDIG1* genes by ATRA. *DLG2*, associated with excitatory synapse, is thought to have vital roles in synaptic plasticity and is involved in AMPA receptor trafficking and formation of N-methyl-D-aspartate receptor (NMDAR)-associated complexes, which has an effect on long-term potentiation in the hippocampus [24]. A previous study reported altered expression of synapse-related genes on post-mortem examination of individuals with major depressive disorder [42]. Furthermore, the reduction of *DLG2* mRNA expression in the hippocampus has been found in depression disorders [25], which is consistent with our results in an ATRA-induced model of depression. Additionally, correlation analysis showed that hippocampal *DLG2* mRNA levels had a closely positive correlation with duration and distance traveled in the central area in the OFT. These data showed that expression disturbance of *DLG2* was closely involved in anxiety-associated behaviors in the OFT. Thus, the specific role of *DLG2* in the pathogenesis of anxiety warrants further examination.

Surprisingly, *SynDIG1* was significantly increased by ATRA in the hippocampus of mice. It has been reported that *SynDIG1* regulates the number of functional excitatory synapses, altering both AMPA and NMDA receptor-mediated transmission [43]. A previous study reported increased basal glutamatergic transmission in the CA1 area of the hippocampus in a rat model of depression, in comparison with control rats [44]. Whether increased

expression of *SynDIG1* might be associated with excitatory synaptic glutamatergic transmission in the hippocampus, which was paralleled by depression-like behavior induced by ATRA administration, needs further study. Moreover, we found a close correlation between hippocampal *SynDIG1* mRNA levels and mobility time in the FST. Increased *SynDIG1* may contribute to decreased mobility time in the FST. The strong correlation after ATRA exposure suggests that changes in *SynDIG1* mRNA levels were paralleled by and strongly linked to depressive symptoms; however, the specific role of *SynDIG1* in the pathogenesis of depression has yet to be determined.

The role of retinoic acid (RA) lies mainly in its binding to nuclear retinoid receptor proteins called retinoic acid receptors (*RARα*, *RARβ*, and *RARγ*) and retinoid “X” receptors (*RXRα*, *RXRβ*, and *RXRγ*) as transcription factors. *RARs* bind ATRA and 9-*cis*-RA with high affinity whereas *RXRs* exclusively bind 9-*cis*-RA [45]. We detected the expression of *RARs*. The findings of a previous report were consistent with our results, showing that *RARα* mRNA levels were decreased and *RARβ* was increased in the hippocampus modulated by ATRA [46]. Moreover, our results showed that *RARγ* mRNA levels were significantly positively correlated with *DLG2* and negatively correlated with *SynDIG1*. Our findings might provide insight into *RARγ* involvement in ATRA-mediated *DLG2* and *SynDIG1* expression.

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