

# Zirconia Implant-Prosthetic Components' Tissue Response

Subjects: [Materials Science](#), [Biomaterials](#)

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Dental components manufactured with zirconia (ZrO<sub>2</sub>) represent a significant percentage of the implant-prosthetic market in dentistry. However, during the last few years, we have observed robust clinical and pre-clinical scientific investigations on zirconia both as a prosthetic and an implantable material. Dental devices manufactured from ZrO<sub>2</sub> are structurally and chemically stable with biocompatibility levels allowing for safe and long-term function in the oral environment.

[muointegration](#)

[osseointegration](#)

[zirconia](#)

[biocompatibility](#)

[cell response](#)

## 1. Introduction

The requirements for biomaterials are for them to be biocompatible coupled with high durability while exposed to the harshness of the oral environment. Additionally, they should not affect or interfere with the recipient's physiology and general health. Prosthetic components and implants made from zirconia (ZrO<sub>2</sub>) reveal excellent biological and mechanical properties and superior aesthetic advantages when compared to other biomaterials available on the market [\[1\]\[2\]\[3\]](#). With the ever increasing body of research conducted around zirconia, clinical use of zirconia implants is on the rise due to their biological, aesthetic and physical properties. [\[4\]](#). Moreover, it presents itself as an excellent material in the manufacture of customized implants, prosthetic components and various other dental prostheses by means of 3D printing technology [\[5\]\[6\]\[7\]](#).

The challenge with products manufactured with ZrO<sub>2</sub> is their hardness and the complexity in the treatment of their surfaces [\[1\]\[8\]](#). However, current advanced manufacturing protocols have been able to develop nanoscale textures on this material by applying techniques such as anodizing, high-intensity lasers, acid etching and surface coatings [\[8\]\[9\]\[10\]\[11\]\[12\]](#). Gnilitzkyi and collaborators reported the use of high-speed femtosecond laser on ZrO<sub>2</sub> surfaces for surface nanotexturization, which has been proven to be of significant importance in terms of cell adhesion and osseointegration in an animal model [\[9\]](#). Thus, the nano-interaction between ZrO<sub>2</sub>-based surfaces and cells reveals a new and promising path in research which needs more scientific investigation.

Studies on the biological interaction of ZrO<sub>2</sub> have become increasingly relevant and are following a path similar to other well proven materials such as titanium and its alloys [\[13\]\[14\]](#). Rottmar et al. demonstrated that zirconia surfaces had the best performance with regards to fibrinogen adsorption and thrombogenicity [\[15\]](#). Furthermore, reports prove zirconia to have an advantage in terms of biological properties with soft peri-implant tissues thereby modulating fibers and cell attachment and behavior with greater effectiveness and biocompatibility [\[16\]\[17\]](#). Along

with the properties mentioned above, zirconia has a low surface energy [18][19], therefore it retains very low amounts of plaque and consequently has less bacterial colonization on its surface. In a study, Kunrath et al. showed by comparing surfaces with different morphologies which were exposed to the bacterium *Staphylococcus epidermidis* that there was less bacterial adhesion on ZrO<sub>2</sub> surfaces [18]. Moreover, Roehling et al., revealed a significant reduction in the formation of oral biofilm on zirconia surfaces after 72 hours [19].

## 2. Zirconia Applications and Variations

With the aim of offering an alternative to metal-based dental prostheses, structural ceramics have been improved and are now widely used in dentistry. Among all dental ceramics, zirconia has emerged as a versatile and promising material due to its biological, mechanical and optical properties which have contributed to its rapid and widespread adoption in dentistry. Zirconia has been a material of choice which, when used with CAD/CAM technology, has allowed the fabrication of various prosthetic components and customized implants for a broad range of treatment options. Zirconia-based ceramics are routinely used for structural applications in engineering such as in the manufacturing of cutting tools, gas sensors, refractories and structural opacifiers [20]. The ceramic composites that are currently in use in medical and dental devices originated from structural materials used in the aerospace and military industry. In order to meet structural demands, zirconia is doped with stabilizers to achieve high strength and fracture toughness [21]. These materials have been modified to suit the additional requirements of biocompatibility [22].

## 3. Surface Modifications Aiming at Improved Biological Responses

### 3.1. Sand Blasting

Sandblasting, which is also known as airborne particle abrasion, produces a surface topography that has micro-roughness. Various parameters affect the roughness that is created on the implant surface, this includes the size, shape and kinetic energy of the particles used in the sandblasting process [23]. During the process of sandblasting, compressed air pressure creates an impulse which ejects the particles toward the surface of the implant. Thus, the kinetic energy which is obtained by the particles depends on their density, volume and velocity. The main advantage of the process of sandblasting is that a homogenous and gentle anisotropic abrasion can be obtained on hard materials like ceramic, glass and silicon. Alumina particles are the generally preferred sandblasting materials because of their low cost, hardness and needle-like shape. The major disadvantage of using the sandblasting technique is that it may slightly change the surface chemistry because of inevitable alumina contamination and in the case of ceramics induce micro-cracks within the implant or the prosthetic part prior to any functional stresses [24]. Many studies have proven that although the sandblasted zirconia surfaces show slight enhancement in cell attachment, their metabolic activity is still inferior to that of etched zirconia surfaces [23][25].

### 3.2. Acid Etching

The process of acid etching is performed with either hydrofluoric acid, nitric acid or sulfuric acid. Acid etching treatment can also be used to overcome alumina contamination as it has been proven to remove the alumina residues ([Table 1](#)). Heat treatment follows thereafter, which helps smoothen the sharp edges made as a result of the etching process [\[26\]](#). Advantages of acid etching include the homogenous roughening of the material, regardless of its size and shape [\[27\]](#). This method presents no risk of delamination and does not exert stress on the material [\[28\]](#). However, it might cause undesirable chemical changes which can be a disadvantage of the process [\[29\]](#). The topography formed after acid etching depends on prior treatment, composition of acid mixture, temperature and the length of exposure to the etchant. Acid etching is generally used to generate a micro scale surface texture which has the ability to achieve interlocking between the implant and the bone [\[27\]](#). Recent studies show that combining the sandblasting and acid etching techniques enhances the degree of micro-roughness of zirconia as well. Such a combination has been proposed and is currently used in some commercially available zirconia implants; the purpose is to optimize micro-roughness, which would also provide a more receptive surface for osteoblast cell attachment and proliferation [\[26\]\[30\]](#).

**Table 1.** Summary of the current chemical and physical treatments for zirconia implant surface.

| Zirconia Implants Surface Treatments |  |  |   |  |
|--------------------------------------|--|--|---|--|
| Treatment                            | Procedure  | Disadvantages  | Characteristics   | References                                   |
| Sandblasting                         | High pressure alumina ( $\text{Al}_2\text{O}_3$ ) release  | Surface micro-cracks, Structural stress, contaminations    | Low cost, hardness and needle-like shape  | <a href="#">[23][25]</a>                     |
| Acid etching                         | Combinations of:<br>(1) $\approx 48\%$ hydrofluoric acid (HF)<br>(2) $\approx 70\%$ nitric acid ( $\text{HNO}_3$ )<br>(3) $\approx 98\%$ Sulfuric acid ( $\text{H}_2\text{SO}_4$ ) | Undesired chemical changes                                 | Remove the alumina contamination. Micro scale surface texture for bone to implant contact interface | <a href="#">[27][28][29]</a>                 |
| Selective infiltration technique     | Coating and glass heating procedure  | Extended only to the surface grains                        | Nano-porous surface   | <a href="#">[31][32]</a>                     |
| Polishing                            | Silicon carbide polishing paper with diamond or silica suspension  | Smoother surface compared to acid etching and sandblasting | Average surface roughness between 8 and 200 nm. No surface chemistry modifications.                 | <a href="#">[32][33][34]</a>                 |
| Laser treatment                      | (1) $\text{CO}_2$ laser<br>(2) ER:YAG<br>(3) Cr:YSGG   | Disrupts chemical structure                                | No surface contamination. Improve material wettability  | <a href="#">[35][36][37]</a>                 |
| Ultraviolet light treatment (UVC)    | UVC photons  | No effects on surface roughness                            | Effect of superhydrophilicity   | <a href="#">[38][39][40][41][42][43][44]</a> |

| Zirconia Implants Surface Treatments |  |  |   |  |
|--------------------------------------|--|--|---|--|
| Treatment                            | Procedure  | Disadvantages  | Characteristics   | References   |
|                                      |  | and surface chemistry  |   |  |
| Coating                              | Obtained by electrophoretic deposition (EPD) and plasma-spraying:<br>(1) Reinforced hydroxyapatite (HA)<br>(2) Calcium Phosphate (Ca(PO) <sub>4</sub> )<br>(3) BioglaZe (RKKP) | Coating-implant bond strength and modification of chemical structure | Low cost and a high deposition rate. Good biocompatibility, corrosion resistance, and bioactivity | [45][46][47][48]<br>[49][50][51][52]   |
| Biofunctionalization                 | (1) Immobilized arginine—glycine—aspartate (RGD)   | Structural chemical changes  | Improved biochemical properties and biological responses  | [39][40][41][42]<br>[43][44][45][46]<br>[47][48][49][50]<br>[51][52][53][54]<br>[55] |
| Self-assembly                        | Self-assembled monolayers of active organic compound and terminal functionalization  | Van der Waals layer interactions                                     | Surface vapor deposition of active organic compound and molecule adhesion                         | [56][57][58][59]<br>[60]   |

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### 3.3 Selective Infiltration Technique

2. Ciceri, P.V.; Mouton, J.; Wataha, J.C. Zirconia in biomedical applications. *Expert Rev. Med. Devices* 2016, 13, 945–963.

This technique involves coating the surface of the material with a specific infiltration glass and then heating it at a temperature higher than its glass transition temperature. This is followed by the infiltration of molten glass that occurs between the material grains (Table 1). This technique can be used for selective roughening because only the surface grains joined with the infiltration glass are involved in the process, thereby allowing control over the area requiring treatment. Traces of infiltration agent left behind, can further be removed by immersion in a solution of 5% hydrofluoric acid and rinsing with water [31]. This selective infiltration etching technique is often used to create a nano-porous surface on zirconia implants [32]. The major advantage of this technique is that the actual surface chemistry of material remains unchanged, and the nanoscale roughness of the surface can be enhanced without losing any material or changing the microscopic surface roughness.

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### 3.4 Polishing

6. Kurnath, M.F. Customized dental implants: Manufacturing processes, topography, osseointegration and future perspectives of 3D fabricated implants. *Bioprinting* 2020, e00107.

Polishing gives a comparatively smoother surface than acid etching and sandblasting (Table 1). It is known that the roughness (acid etching and sandblasting) is comparable with other polished surfaces. *J. Prosthet. Dent.* 2019, 121, 205–209.

Polishing of a zirconia surface is performed by using a silicon carbide polishing paper and a diamond or silica

**3.5. Laser Treatment** Speed femtosecond laser-induced periodic surface structures. *Nanomed. Nanotechnol. Biol. Med.* 2019, 21, 102036.

In contrast with sandblasting and acid etching techniques, laser treatment exerts zero risk of surface contamination [10]. De la Hoz, M.F.T.; Katunar, M.R.; González, A.; Sanchez, A.G.; Díaz, A.O.; Ceré, S. Effect of laser treatment on the surface properties of zirconium oxide-coated titanium implants: A histological and histomorphometric study. *Prog. Biomater.* 2019, 8, 249–260. [\[CrossRef\]](#) The laser surface treatments also tend to improve the material wettability by altering the surface properties, which further plays a major role in cell adhesion. The laser treatment creates a flat solid surface of the material and the

The test for wettability is conducted by putting one drop of the liquid on a flat solid surface of the material and the contact angle is measured. As the contact angle decreases, the wettability of the material increases. Table 1 shows the contact angles of the materials used in this study. The contact angles of the materials are as follows: PTFE (110°), PDMS (105°), PMMA (90°), PS (90°), and PC (90°). The contact angles of the materials are measured by using a contact angle goniometer.

the cells are believed to behave differently in response to different organization of the adsorbed protein layers. It is therefore important that the implant surface wettability be elevated, thereby allowing optimal protein adsorption. However, the use of lasers on zirconia ceramic has been reported to disrupt its chemical structure with the potential

of inducing pre-function cracks and partial transformation to the monoclinic phase as a result [36][37].

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**3.6. Ultraviolet Light Treatment** Steinberg, T. Cellular transcriptional response to zirconia-based implant materials. *Dent. Mater.* 2017, 33, 241–255.

Various studies have shown that bone implant contact of the implants treated with ultraviolet (UV) light was deeply

enhanced because of the effect of superhydrophilicity (Table 1). A material is described to be superhydrophilic

15. Rottmar, M.; Müller, E.; Guimond-Eische, S.; Stephan, M.; Berner, S.; Maniura-Weber, K.

Assessing the osteogenic potential of zirconia and titanium surfaces with an advanced in vitro and osseointegration [40]. When the hydrophilic oxide surface binds to water, hydroxyl ( $\text{OH}^-$ ) and oxygen ( $\text{O}^{2-}$ ) groups

are formed on the outermost layer. The formation of hydroxylated oxide surface improves the surface reactivity with the surrounding ions, amino acids and proteins in the tissue fluid. When compared to hydrophobic surfaces, zirconia implants. *Materials* 2020, 13, 30.

osteoblasts cultured on hydrophilic surfaces have shown to exhibit higher levels of differentiation markers,

including Al<sub>2</sub>O<sub>3</sub>, Me<sub>2</sub>SiO<sub>2</sub>, Me<sub>2</sub>SnO<sub>2</sub>, and P<sub>2</sub>O<sub>5</sub>. [41][42] Costa, M. F., Miranda, G., Surda, M., and Di Stefano, A. [43] [44] have observed that the behavior of fibroblasts on bioactive glass surfaces in the early stages of bone healing is different from that on conventional glass surfaces. They showed that the functionally graded hydroxyapatite-coated Al<sub>2</sub>O<sub>3</sub>-SiO<sub>2</sub> glass can be used as a substrate for bone tissue engineering. [43][44]

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**3.7. Coating** zirconia modified surfaces for rapid healing on adhesion and biofilm formation of staphylococcus epidermidis. Arch. Oral Biol. 2020, 117, 104824.

Coating of yttrium stabilized zirconia (YSZ) with reinforced hydroxyapatite (HA) has shown positive results in the 19. Roehling, S.; Astasov-Frauenhofer, M.; Hauser-Gerspach, I.; Braissant, O.; Woelfler, H.; Waltimo, enhancement of adhesive strength and coating stability [\[42\]](#). Because of their versatility, calcium phosphate T.; Kniha, H.; Gahleitner, M. In vitro biofilm formation on titanium and zirconia implant surfaces. J. (Ca<sub>10</sub>(PO<sub>4</sub>)<sub>6</sub>(OH)) (CP)-based coatings are generally fabricated using plasma-spraying techniques. Despite its numerous Periodontol. 2017, 88, 298–307.

drawbacks, this technique is said to provide low cost and a high deposition rate <sup>[45][46]</sup> ([Table 1](#)). For depositing CP-based coatings, new techniques are constantly being developed to address the issues associated with plasma



30. Containing offprints, in particular the creation of a web page, Schellappes and Differ, *Schellappes and Differ, Schellappes and Differ, Schellappes and Differ*, [53][55].

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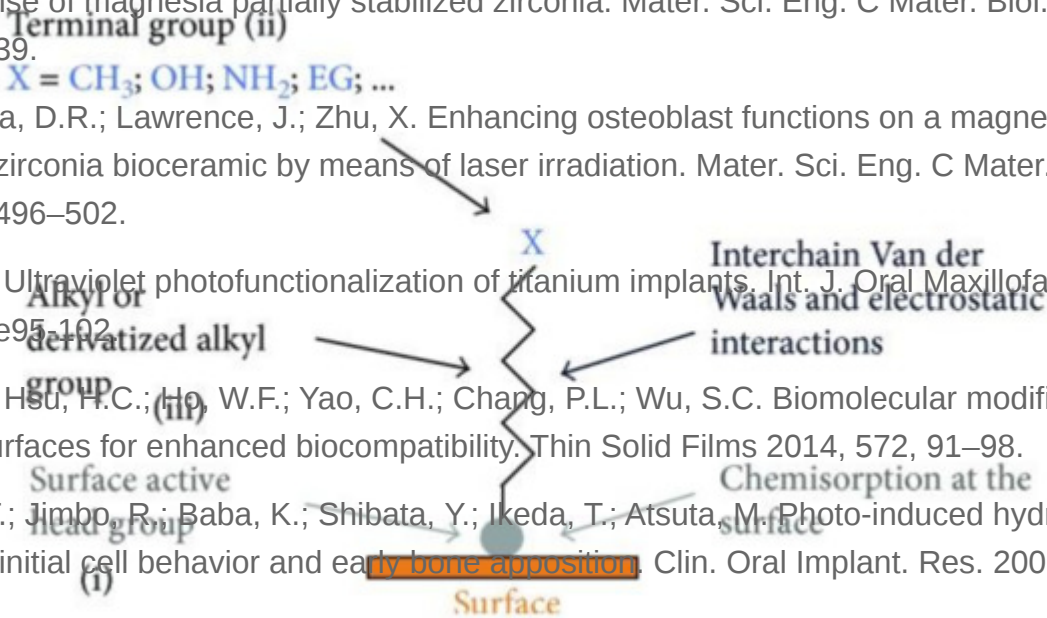
surface to change their biochemical properties and biological responses. [39] Biofunctionalization also allows anchorage of organic components such as proteins, enzymes and peptides on the implant surface thereby determining the type of tissue that develops at the implant-bone interface (Table 1). Arginine-glycine-aspartate

24. Strickstrack, M.; Rothe, H.; Grohmann, S.; Hildebrand, G.; Zylla, I. M.; Liefelth, K. Influence of Zirconia Implant with a Film of titanium and conducted anodization to produce a coating of TiO<sub>2</sub> nanotubes on the surface roughness of dental zirconia implants on their mechanical stability, cell behavior and osseointegration. *BioNanoMaterials* 2017, 18.

the nature of nanoparticles, bio-ceramic and Esthetic Dent 2009, 14, through this process broadens the potential applications of EPD. Apart from HA, silica is also commonly used as a coating material for zirconia. The

Sprashad, M. M. V. B. and Y. P. H. M. Effect of the size of the resin on the crystal structure and morphology of zinc oxide nanosponges produced by three different routes. *J. Mater. Process. Technol.* **2008**, *195*, 178–185. The quality of these coatings has not been confirmed [47][48].

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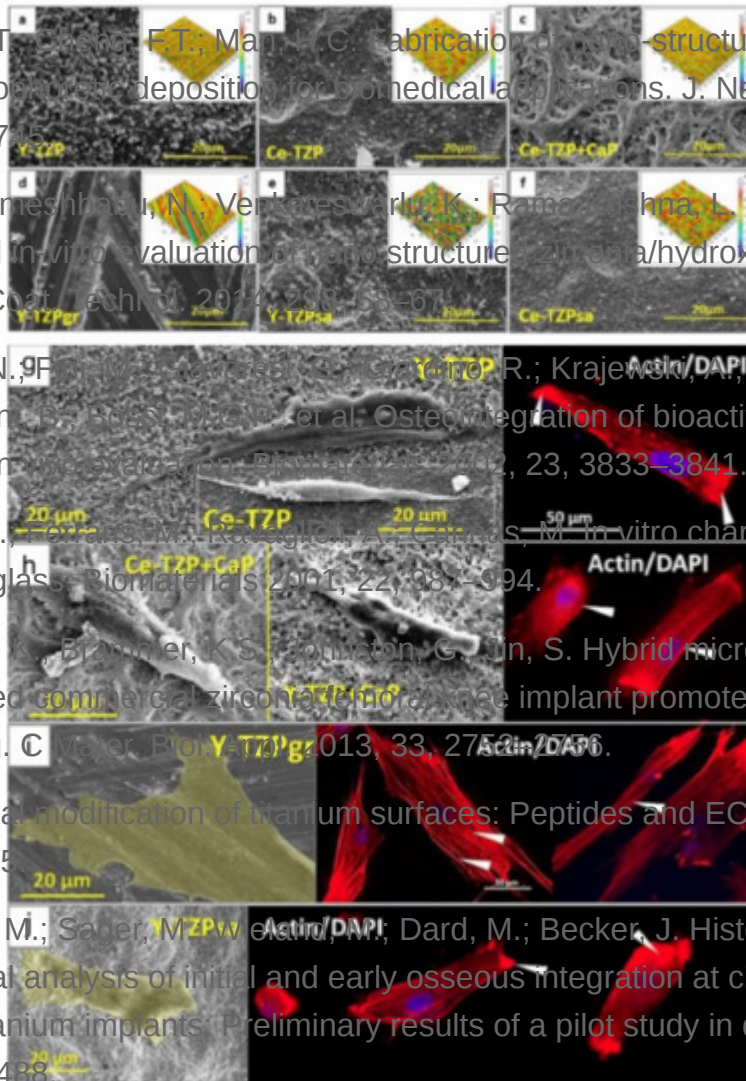
- Figure 2. Scheme demonstrating the process of SAMs formation. Detailed chemical parts of the surface functionalization (i, ii and iii). Reprinted with permission under Creative Commons Attribution 4.0 International License, reference [57].

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**Figure 3.** Different ZrO<sub>2</sub>-surfaces morphologies modified by varied surface treatments (a–f). Microscopies using electron microscopy (SEM) and confocal microscopy showing the different responses of osteoprogenitor cells

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- Figure 4.** SEM micrographs demonstrating the different behavior and alignment of human gingival fibroblasts on different ZrO<sub>2</sub>-modified surfaces developed for implant abutments submitted to three different polishing protocols or titanium) on the crestal bone height in 1 year. *J. Oral Biol. Craniofacial Res.* 2020, 10, 372–374.
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**Table 2.** Summary of the current cellular and tissular interactions of the ZrO<sub>2</sub> derivates.

| ZrO <sub>2</sub> -Derivates Interactions |                         |                            |  |                                  |
|--|-------------------------|----------------------------|--|----------------------------------|
| Cellular and Tissular Response           | Tissue                  | Cells                      | Effects  | References                       |
|  | Connective tissue cells | Fibroblasts<br>Macrophages | -Increased cells migration and proliferation.<br>-Fibronectin and vitronectin release.<br>-Collagen and extracellular matrix proteins release. | [77][78][79][80][81][82][83][84] |

|  |                     |                            |  |                    |
|--|---------------------|----------------------------|--|--------------------|
| ZrO <sub>2</sub> -Derivates Interactions |                     |                            |  | E.;                |
|  |                     |                            | -Better cellular activity with hydrophilic surfaces.   |                    |
|  | Blood cells         | Erythrocytes<br>Platelets  | -Fibrinogen cascade activation.<br>-Plasma proteins activation.  | Mater.             |
|  |                     |                            | [63][64][65][66]   |                    |
|  | Defense cells       | Neutrophils,<br>Leukocytes | -Histamine release.<br>-Mast cell degranulation.   | ni, A.;            |
|  |                     |                            | [63][64][65][66][67][68][69]<br>[70][71][72][73][74][75][76]<br>[77][78][79][80][81][82][83]<br>[84][85][86][87][88][89][90]<br>[91][92][93]                     | chically           |
|  | Epithelium tissue   | Epithelial cells           | -Increased differentiation and proliferation.<br>-Faster healing process and protective scarring.  | ed peri-<br>plants |
|  |                     |                            | [85][86][87][88][89]   |                    |
|  | Osteoprogenitors    | Osteoblasts                | -Increased migration and proliferation.<br>-Increased activity of osteopontin, osteocalcin, BMP-2 genes.-<br>Osteoprogenitors sells adherence and proliferation. | ; micro-           |
|  |                     |                            | [69][70][71][72][73][74][75]<br>[76]   |                    |
|  | Oral biofilms cells | Bacteria cells             | -Lower bacterial adhesion and proliferation.<br>-Reduced bacteria activity.  | J.                 |
|  |                     |                            | [94][95][96][97][98][99][100]<br>[101][102]  |                    |

fibroblasts on surface modified zirconia: A comparison between ultraviolet (UV) light and plasma. Dent. Mater. J. 2019, 38, 756–763.

79. Wang, Y.; Zhang, Y.; Sculean, A.; Bosshardt, D.D.; Miron, R.J. Macrophage behavior and interplay with gingival fibroblasts cultured on six commercially available titanium, zirconium, and titanium-zirconium dental implants. Clin. Oral Investig. 2019, 23, 3219–3227.

## 5. Clinical Benefits

### 5.1. Osseointegration of Zirconia Implants

80. Fischer, N.G.; Wong, J.; Baruth, A.; Cerutis, D.R. Effect of clinically relevant CAD/CAM zirconia polishing on gingival fibroblast proliferation and focal adhesions. Materials 2017, 10, 1358. [103][104].

81. Rohr, N.; Zeller, B.; Matthiesson, L.; Fischer, J. Surface structuring of zirconia to increase fibroblast viability. Dent. Mater. Off. Publ. Acad. Dent. Mater. 2020, 36, 779–786. [105]

82. Nishimura, F.; Haro-Azarez, M.; An, W. Current status of zirconia implants in dentistry: Preclinical tests. J. Prosthodont. Res. 2019, 63, 1–14.

Regarding post-loading osseointegration evaluation, Akagawa et al. [106], found that there is no significant difference in clinical features between the loaded and unloaded zirconia implants. However, the bone-implant contact for the unloaded group was 81.9% whereas it was 69.8% for the loaded group (Table 3). Another study that examined the role of osseointegration under various loading conditions around one-stage threaded zirconia implants, showed no difference in bone-implant contact ratio among the single freestanding, connected

84. Igarashi, K.; Nakahara, K.; Kobayashi, E.; Watanabe, F.; Hata-Tsujimura, M. Hard and soft tissue responses to implant made of three different materials with microgrooved collar in a dog model.

freedent Mater. J. 2018; 37: 964–972. These findings

85. Rigolin, M.S.M.; Basso, F.G.; Hebling, J.; de Costa, C.A.S.; de Assis Mollo Junior, F.; Dorigatti de Avila, E. Effect of different implant abutment surfaces on OBA-09 epithelial cell adhesion. Microsc. Res. Tech. 2017, 80, 1304–1309. The results demonstrated the best performance with regards to bone-volume density in submerged zirconia implants (80%), followed by submerged titanium (74%) and non-submerged zirconia (63%) [108]. Moreover, no

86. Okabe, F.; Ishihara, Y.; Kikuchi, T.; Izawa, A.; Kobayashi, S.; Goto, H.; Kamiya, Y.; Sasaki, K.; Ban, S.; Noguchi, T.; et al. Adhesion properties of human oral epithelial-derived cells to zirconia. Clin. Implant Dent. Relat. Res. 2016, 18, 906–916. Statistical difference was found between the BIC of all three types of implants when zirconia implants were compared to titanium and alumina [109]. Based on some studies, it was also suggested that the zirconia implants might withstand occlusal loads over a longer period of time [110].

87. Nothdurft, F.P.; Fontana, D.; Ruppenthal, S.; May, A.; Aktas, C.; Mehraein, Y.; Lipp, P.; Kaestner, L. Differential behavior of fibroblasts and epithelial cells on structured implant abutment materials: A comparison of materials and surface topographies. Clin. Implant Dent. Relat. Res. 2015, 17, 17–24. Table 3. Summary of the hard tissues' response of the ZrO<sub>2</sub>-based materials.

| Bone Tissue Response to ZrO <sub>2</sub> |                   |   |            |
|--|-------------------|---|------------|
| Effect                                   | Author            | Effectiveness   | Reference  |
| Implant Loading                          | Akagawa et al.    | No bone-implant contact (BIC) with significant difference between the loaded and unloaded zirconia implants (BIC loaded: 81.9%; BIC unloaded: 69.8%). | [106][108] |
|  | Stadlinger et al. | No BIC significant difference submerged zirconia and the non-submerged zirconia implants.   |            |
| Chemical Property                        | Gahlert et al.    | No difference of bone formation pattern in direct contact with zirconia and surface-modified titanium implant surfaces.                               | [105][111] |
|  | Noumbissi et al.  | Zirconia oxide high resistance to corrosion and ions release.   |            |
| Surface Treatments                       | Sollazzo et al.   | Higher BIC percentage of zirconia implant compared to titanium implant.   | [112]      |
|  | Sennerby et al.   | Sandblasted zirconia implants can achieve a higher stability in bone than machined zirconia implants.   |            |
| Biocompatibility                         | Liagre et al.     | No pseudo-teratogen effect.   | [114][115] |
|  | Hisbergues et al. | No evidence of high cytotoxicity or inflammation.   |            |
|  | Helmer et al.     | No evidence of local bone reaction associated to the alumina treatment.   | [116]      |
|  |                   |   |            |

93. Tetè, S.; Zizzari, V.L.; Borelli, B.; De Colli, M.; Zara, S.; Sorrentino, R.; Scarano, A.; Gherlone, E.; Cusi, A.; Zambelli, F. Proliferation and adhesion capability of human gingival fibroblasts onto zirconia, lithium disilicate and feldspathic veneering ceramic in vitro. Dent. Mater. J. 2014, 33, 7–15.

5.2 Clinical Stability of Zirconia Implants  
There are generally two types of modalities to assess osseointegration of dental implants. There are destructive methods such as the pull-push technique and reverse torque and on the other hand there are non-destructive modalities such as resonance frequency analysis (RFA) and the Periotest. It should be noted that none of those techniques and modalities measure osseointegration per se, they rather assess implant stability. The Periotest assesses stability by measuring the amount of micromovement of the implant and the RFA measures the frequency

94. Singh, B.N.; Veeresh, V.; Mallick, S.P.; Jain, Y.; Sinha, S.; Rastogi, A.; Srivastava, P. Design and evaluation of chitosan/chondroitin sulfate/nano-bioglass based composite scaffold for bone tissue engineering. Int. J. Biol. Macromol. 2019, 133, 817–830. The measurements had a certain level of intra-observer variability. The measurements had a certain level of intra-observer variability.

95. Kundan, M.F.; Dos Santos, R.P.; de Oliveira, S.D.; Huber, R.; Sesterhenn, P.; Teixeira, E.R. Osteostability Torque removal forces are used as a biomechanical measure for anchorage or osseointegration of implants. Cell behavior and early bacterial adhesion on macro-, micro-, and nanostructured titanium surfaces for biomedical implant applications. Int. J. Oral Maxillofac. Implants 2020, 35, 773–781. The results demonstrated the best performance with regards to bone-volume density in submerged zirconia implants (80%), followed by submerged titanium (74%) and non-submerged zirconia (63%) [108]. Moreover, no statistical difference was found between the BIC of all three types of implants when zirconia implants were compared to titanium and alumina [109]. Based on some studies, it was also suggested that the zirconia implants might withstand occlusal loads over a longer period of time [110].

### 5.3.3 Clinical Cytotoxicity and Soft Tissue Response to Zirconia Implants

- microvessel density, nitric oxide synthase expression, vascular endothelial growth factor expression, and proliferative activity in peri-implant soft tissues around titanium and zirconium oxide healing caps. *J. Periodontol.* 2006, 77, 73–80.
- To test the biocompatibility of zirconia, various in vitro tests were conducted on osteoblasts, fibroblasts, lymphocytes, monocytes and macrophages, where it was observed that zirconia had no cytotoxic effect on the bone forming cells and rather made them capable of elaborating the extracellular matrix by synthesizing various essential and structural proteins. Scarano et al. [114] (Table 3). Zirconia is biocompatible as it does not induce any pseudo-teratogen effect pure titanium and zirconium oxide disks: An in vivo human study. *J. Periodontol.* 2004, 75, 292–296.
- Laser-modified zirconia has shown a better adhesion to the bone forming cells due to their high wettability. Furthermore, it does not activate the pathologic inflammatory pathways as reported by Liagre et al. [114].
- When tested with fibroblasts, wear products of zirconia friction showed cytotoxicity only with a high percentage of particles release [118]. However, it has also been noted that further studies are required to provide any evidence.
- Ribeiro, R.F. Bacterial adhesion on the titanium and zirconia abutment surfaces. *Clin. Oral Implants Res.* 2014, 25, 337–343.
- Both the powder and particle forms of zirconia when tested in vitro on different cell lines (human and murine) like lymphocytes, monocytes or macrophages, did not induce elevated cytotoxicity or inflammation compared to titanium [115] (Table 3).
- Moritz, J.; Abram, A.; Čekada, M.; Gabor, U.; Garvas, M.; Zdovc, I.; Kocjan, A. Nanoroughening of sandblasted 3Y-TZP surface by alumina coating deposition for improved osseointegration and bacteria reduction. *J. Eur. Ceram. Soc.* 2019, 39, 4347–4357.
- During in vivo biocompatibility tests of zirconia, it was found that when it was implanted in the soft tissue, a thin layer of fibrous tissue encapsulated it, like what is seen with alumina. Furthermore, no cytotoxicity was observed in the soft tissue in relation to wear products of zirconia [119][120].
- According to the findings of a study where pellets of stabilized zirconia with 6% Y<sub>2</sub>O<sub>3</sub> were inserted into the femurs of monkeys, zirconia was found to be biocompatible to hard tissue when tested in vivo. As compared to alumina, no difference in bone reaction was seen in case of zirconia with different surface characteristics: A review. *Dent. Mater. J.* 2020, 39, 523–530.
- In a study by Kohal et al., it was found that cell proliferation around zirconia was comparable to that of titanium, but the surface modification of zirconia did not show any improvement in osseointegration [20].
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