

# Diatom-Derived Silica for Biomedical Applications

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Diatoms are unicellular eukaryotic microalgae widely distributed in aquatic environments, possessing a porous silica cell wall known as frustule. Diatom frustules are considered as a sustainable source for several industrial applications because of their high biocompatibility and the easiness of surface functionalisation, which make frustules suitable for regenerative medicine and as drug carriers. Frustules are made of hydrated silica, and can be extracted and purified both from living and fossil diatoms using acid treatments or high temperatures. Biosilica frustules have proved to be suitable for biomedical applications, but, unfortunately, they are not officially recognised as safe by governmental food and medical agencies yet.

Keywords: biosilica ; diatom frustule ; sustainable production ; drug delivery

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## 1. Introduction

Diatoms are an extremely diverse group of algae, comprising more than 100,000 different species <sup>[1]</sup>. They are able to colonise a large plethora of aquatic environments, and play a significant role on a global scale in the biogeochemical cycles of carbon and silicon in the water column. Two diatom species, *Thalassiosira pseudonana* and *Phaeodactylum tricornutum*, have been employed as model species for studies of gene expression and regulation, since they were the first species for which the whole genome was fully sequenced <sup>[2][3]</sup>. Subsequently, genomes have been sequenced from a number of diatoms possessing specific metabolic or physiological features, such as oleaginous (*Fistulifera solaris*), psicrophylic (*Fragilariopsis cylindrus*), araphid (*Synedra acus* subsp. *radians*), oceanic (*Thalassiosira oceanica*), biofilm-forming (*Seminavis robusta*), and heterotrophic (*Nitzschia* sp.) species <sup>[4][5][6][7][8][9]</sup>. Apart from their ecological role, diatoms are also suitable for several biotechnological applications. They can be cultured in the laboratory under sterile conditions and controlled temperatures, light irradiance and nutrient concentrations in order to achieve faster growth rates and to promote the accumulation of specialty products. Diatoms have been employed during the last decades for the production of metabolites exhibiting different biological activities and used as sources for cosmetic ingredients <sup>[10]</sup>, food or feed supplements <sup>[11][12][13]</sup>, fertilizers <sup>[14]</sup>, and sorbents or accumulators for the bioremediation of aquatic environments <sup>[15][16]</sup>. Microalgae other than diatoms, especially freshwater green algae, also exhibit a great potential in one or more of the abovementioned fields of research.

The true distinctive feature that makes diatoms more suitable than other taxa for biotechnological purposes, is the high proportion of amorphous silica within their cell wall. This natural source of silicon has already shown several advantages, such as its high surface area and biocompatibility, and can be employed for various research fields, especially for biomedical applications after in vitro or in vivo treatments <sup>[17]</sup>. Diatom-derived silica is also available in huge amounts in aquatic benthic environments, as a consequence of the sedimentation of dead diatom cells.

Currently, diatom biosilica is considered as a suitable biomaterial for metal removal from aquatic environments, as a catalyst support, in optical devices, as a microsensor, and other kinds of applications <sup>[18][19]</sup>. Since its presence on the market as a device for aquatic remediation and as food-grade products is a pledge of its effectiveness in these fields, the present review is mainly focused on evaluating the potential of diatom biosilica for biomedical applications.

Diatom biosilica is actually exploited, indeed, for its potential as a drug carrier <sup>[20]</sup> and as a scaffold for bone tissue regeneration <sup>[21]</sup>. Biosilica-based processes can be considered as low-cost and environmentally friendly alternatives to processes based on artificial structures. While the production of synthetic materials requires the implementation of specific protocols, biosilica carries the advantage of triggering natural and sophisticated structure formation. For example, the employment of diatom-derived biosilica for the development of optical sensors may turn out to be, in the future, more attractive than using synthetic crystals, since it allows control and manipulation of light in a cost-effective way <sup>[22]</sup>. Biotemplated-based silica can be synthesized by rapid environmentally sustainable methods (solvent-free procedures), thus avoiding the use of hazardous chemicals, and allowing a good control of condensation rates <sup>[23]</sup>.

## 2. Diatom Biosilica Sources

Diatom-derived silica can be obtained either from living cultures or fossil diatoms (diatomite, e.g., chalky deposits of skeletal remains). The energy required for diatom growth is sustained by either led-based (i.e., low energy demanding) artificial light or sunlight. Furthermore, the nutrients required for algal growth, such as nitrates, phosphates, silicates, vitamins, and some trace elements, can be purchased for a relatively cheap price or even obtained from wastewaters. To avoid both the costs of artificial illumination and the seasonal variability of sunlight, cells can also be grown heterotrophically [24][25][26][27], although organic substrates are to be supplied in this case. However, only a small number of species are able to grow in the dark [28][29], and organic compounds can promote bacterial growth leading to culture contaminations and to a decrease in cell growth. Biosilica is obtained after cell dewatering (i.e., centrifugation or filtration of the whole culture), followed by a purification process that is usually based on treatments with strong acids and/or high temperatures (see below). Besides, the limited motility of diatoms (due to the lack of flagella) and the “heavy” cell wall (due to the presence of a high silicon amount) enhance the spontaneous sinking of cells, limiting the volume to harvest and, thus, costs of biomass collection.

Diatoms generally exhibit fast growth rates and high lipid and biomass productivities, [30] which can be further enhanced by tuning growth conditions [31][32], making diatoms promising candidates for mass culturing. However, to the best of our knowledge, no diatom-based industrial plants (i.e., indoor or outdoor systems of algal culturing) are focusing on biosilica production as their main activity. Follow-up studies are thus required to lay the foundations for the industrial production of silica-based biomaterials.

The most abundant source of biosilica that does not foresee the induction of living cultures is diatomite, which can be easily crushed into a fine powder to become a marketable product, namely, diatomaceous earth (DE). Diatomite is made of frustules of dead diatom cells, usually found in benthic environments. The harvesting of fossil frustules, which are naturally present in benthic environments, is cost-effective and makes diatomite a promising starter for the industrial production of biosilica. However, the composition of DE is variable and the purity is often lower than that of living culture-derived frustules. The quality and abundance of these impurities vary upon environmental and aging conditions [18]. DE, generally made of ca. 80–90% of silicon and of clay minerals [33], is used as a raw material for different kinds of applications, such as agricultural fertiliser, sorbent for pollutants, and filler in plastics and paints to improve the strength of construction materials. In addition, DE is also employed to filter impurities and as an abrasive agent in cleaning and polishing products.

## 3. Frustule Cleaning/Purification: Main Techniques and Technical Issues

Frustules can be thus purified from both living culture-derived algal biomass and diatomite stocks. The impurities of diatom frustules mainly consist of organic matters adhered to their surface [34]. In the case of diatomite samples, impurities are present in larger amounts, and can vary in relation to the local environment and aging conditions of these natural stocks [18]. Diatomite impurities typically contain also clay and metallic oxides, such as aluminium and ferric oxides [35]. Before cleaning procedures, diatomite particles usually undergo a first step of pulverization, in which micrometric powder is grinded to nanoparticles by mechanical crushing and sonication. However, apart from a few exceptions, most studies report purification protocols based on raw material derived from living cultures rather than diatomite, which is currently the only diatomic silica-based marketable product.

Organic impurities can be removed from the silica frustule by either a chemical pre-treatment with acids or other oxidative agents, or by exposing the frustules to high temperatures. Some studies, aimed at assessing the efficacy of preliminary hydrochloric acid treatments for organic mass removal, showed that acid concentration greatly influenced both the removal rate of impurities and the state of preservation of the frustule shape, with strong acidic pre-treatments causing frustule erosion [36]. Potassium permanganate can be also used to pre-treat frustules for organic compound removal [37][38]. However, this procedure is essentially limited to remove impurities outside the frustule, and pre-treatments with acidic solutions are usually applied (even if they are not mandatory) when purification protocols do not foresee acid-based cleaning procedures, such as baking-based purifications [39]. Some preliminary oxidations with acid solutions do not exclude the employment of both acids and high temperatures. Treatment of diatom frustules with sodium permanganate and oxalic acid, for example, is followed by perchloric acid treatments at 100 °C [37].

Baking (i.e., strong heating of silica cell walls) of diatom frustules at 400–800 °C is the simplest and least expensive method to remove organic components. However, high-temperature treatments can alter diatom architecture and pore size [40]. Oxygen plasma etching, a procedure consisting of the removal of impurities using ionised gases, was found to be effective to preserve the frustule structure, with a negligible loss of material and without shape alterations [41][42].

The most commonly used procedure for the removal of organic matter and the purification of diatom biosilica is, however, an oxidative washing treatment. Some protocols require the use of 30% [34][43][44][45][46][47] or 15% [48] hydrogen peroxide solutions.

The most common washing solvents used in acid-based treatments of diatom frustules are sulphuric [49][50] and nitric [48][51] acids. Sulphuric acid treatment is rapid (10–30 min) and revealed successful even on small amounts of biosilica [35]. Despite the rapidity of this strong acid-based method, cleaning procedures are time-consuming, since several washes with distilled/deionised water are required for a complete acid removal. However, the effect of acid strength needs to be evaluated in each case, since silica nanostructures can be damaged by the action of acids. For example, frustules from poorly silicified diatom species can be dissolved in strong acid cleaning solutions [50].

To improve the efficiency of biosilica purification, Wang and co-workers [52] set up a vacuum cleaning method in which all the cleaning steps, which are cell extraction, acid treatment and washing, are carried out on polytetrafluoroethylene (PTFE) filter cloths, thus decreasing the processing time. This allows the recycling of the sulphuric acid used for cleaning, decreasing the amount of both the reagent needed for purification and the liquid wastes. The main drawback of the vacuum cleaning method is that it depends on the mechanical properties of the raw material, and cannot be applied on poorly silicified diatoms.

Some purification methods combine the use of both sulphuric acid and hydrogen peroxide in a strong oxidizing agent (2 M H<sub>2</sub>SO<sub>4</sub>, 10% H<sub>2</sub>O<sub>2</sub>) called Piranha solution [53][54]. The purification process is relatively fast, while post-treatment washes can be time-consuming. The removal of Piranha solution requires, indeed, an overnight treatment with HCl (5 M, 80 °C) and two further washes with distilled water to eliminate the HCl residuals [20]. The main treatments for frustule separations, the tested diatom silica sources, and the main bottlenecks of each cleaning technique are summarized in [Table 1](#).

**Table 1.** Pre-treatments and treatments for diatom frustule cleaning and their main advantages and drawbacks.

Treatment	Principle for Organic Matter Removal	Diatom Species	Diatom Silica Source	Advantages	Drawbacks	Reference(s)
Pre-treatments	HCl	<i>Nitzschia closterium</i> , <i>Thalassiosira</i> sp.	freeze-dried samples	high purity of frustules	possible frustule erosion depending on acid strength	[36]
	KMnO <sub>4</sub> + C <sub>2</sub> H <sub>2</sub> O <sub>4</sub>	<i>Fragilariopsis cylindrus</i> , <i>Fragilariopsis kerguelensis</i> , <i>Pseudonitzschia seriata</i> , <i>Thalassiosira nordenskiöldii</i> , <i>Thalassiosira aestivalis</i> , <i>Thalassiosira pseudonana</i> , <i>Thalassiosira weissflogii</i>	wet pellets washed with sodium lauryl sulfate	no frustule erosion	removal of the only external organic matter	[37][38]

Treatment	Principle for Organic Matter Removal	Diatom Species	Diatom Silica Source	Advantages	Drawbacks	Reference(s)
baking	high temperature	<i>Navicula</i> sp.	APS-functionalised diatoms on a mika surface	reduction in hazardous chemicals	possible alterations of pore size, possible post-treatments with acid solutions	[40]
low-temperature plasma ashing	ionised gas	<i>Navicula</i> , <i>Amphora</i> , <i>Cocconeis</i> , <i>Planothidium</i> spp.	desalted drops of cultures, freeze-dried samples	no frustule dissolution	unsuitable for saltwater species, expensive, post-treatments with hazardous chemicals	[41][42]

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## 4. Silica for Biomedical Applications: Advantages

The main benefits of biosilica for biomedical purposes are as follows: plasticity of frustules for functionalization, biocompatibility, possibility of genetic transformation of living cultures for protein immobilization, and high availability of silica. Under Thomas et al., 1998; Sidorov, I.A.; et al. 2016; Phaeodactylum requires microalgae as the sole source of organic carbon for lipid production towards industry adoption. *Food Chem.* 2019, 299, 124987. Silica has been widely investigated in drug delivery systems because of its high robustness and versatility compared to other materials [53], and frustules derived from both living cultures and diatom particles have successfully been produced as drug carriers [54][56]. polyunsaturated fatty acids and recombinant phytase. *Sci. Rep.* 2019, 9, 11444.

### 4.1. Surface Functionalization for Drug Loading and for Biosensing Chips for Biomedical Applications

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Frustules of diatoms, polysaccharides and polyphenols) from diatoms: A review of stable diatoms and their applications or DNA [53][57], by introducing chemically reactive species functioning as cross-linkers. This step is crucial to improve the quality of the resulting material for specific applications. Chemical modification of biosilica can be critical, for example, to regulate the kinetics of drug release, and the high surface area [59] makes this raw material particularly suitable for drug delivery. Diatom frustules are characterized by precise and species-specific cell morphologies, and both the size and shape can highly differ among distinct diatom taxa. It has been estimated that the surface area ranges between 1.4 and 51 m<sup>2</sup> g<sup>-1</sup> [58][59][60][61]. The size and the architecture of the pores are likely to influence drug release [58].

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**Table 2.** Sources, type of functionalization and biomedical applications of diatom-derived biosilica.

Diatom Source	Type of Functionalization	Main Application	Aim	Reference(s)
34. Qin, T.; Gutu, T.; Jiao, J.; Chang, C.H.; Rorrer, G.	Silanization and antibody	Antibiosensor	Fluorescence of silica nanostructures from bioreactor culture of marine diatom <i>Nitzschia frustulum</i> .	[60]
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Diatom Source	Type of Functionalization	Main Application	Aim	Reference(s)
<i>Nitzschia closterium</i> and <i>Thalassiosira</i>	Silicification	Optical sensor	Detection of lead	[44]
<i>Coscinodiscus wailesii</i>	Silicification and antibody conjugation	Biosensor	Detection of normal rabbit serum and purified Ig-Y	[44]
<i>Coscinodiscus wailesii</i>	Silicification and antibody conjugation	Biosensor	Selective and label-free photoluminescence-based detection of antigen-antibody (IgG-rabbit) complex formation	[70]
<i>Chaetoceros</i> sp.	Iron oxide nanoparticles and antibody conjugation	Biosensor	Selective targeting of SKBR3 cancer cells through the employment of antibody (Frastuzumab) and Baked on a functionalized mica surface	[68]
<i>Thalassiosira weissflogii</i>	2,6,6-tetramethylpiperidine-N-oxyl (TEMPO) conjugation	Drug carrier	Ciprofloxacin delivery in fibroblasts and osteoblasts	[71]
<i>Aulacoseira</i> sp.	Silicification and oligo (ethylene glycol) methacrylate copolymers addition	Drug carrier	Improvement of levofloxacin delivery	[56]
<i>Nitzschia palea</i>	Amino acid (Tyr-Zn <sup>II</sup> ) conjugation	Drug carrier	Inhibition of bacterial growth	[67]
Diatomaceous earth	Silicification and phosphonic acids conjugation—self-assembling monolayer	Drug carrier	Improvement of indomethacin and gentamicin delivery	[47]
Diatomaceous earth	Silicification and phosphonic acids conjugation	Drug carrier	Improvement of indomethacin delivery	[72]
Diatomaceous earth	Graphene oxide, silicification	Drug carrier	Improvement of indomethacin delivery	[58]
Diatomaceous earth	Dopamine modified iron-oxide nanoparticles (DOPA/Fe <sub>3</sub> O <sub>4</sub> )	Drug carrier (with magnetic properties)	Improvement of indomethacin delivery	[59]
Diatomaceous earth	nanoparticles (DOPA/Fe <sub>3</sub> O <sub>4</sub> )	Drug carrier	Tuning drug loading and release properties of diatom silica microparticles by surface modifications	[60]
Diatomaceous earth	BB12 and ruthenium (II) complex	Drug carrier	Improvement of the anticancer tris-tetraethyl [2,2'-bipyridine]-4,4'-diamine-ruthenium (II) complex delivery (tested on A549 and MCF-7 cancer cells)	[64]
Calcined diatomite	Silicification and siRNA conjugation	Drug carrier	Vehiculating siRNA into tumour cells to downregulate the expression of cancer-associated genes (tested on H1355 cancer cells)	[73]
Calcined diatomite	Silicification and siRNA conjugation	Drug carrier	Vehiculating siRNA into tumour cells to downregulate the expression of cancer-associated genes (tested on H1355 cancer cells)	[74]
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Diatomaceous earth	Silicification	Drug carrier	Improvement of the anticancer tris-tetraethyl [2,2'-bipyridine]-4,4'-diamine-ruthenium (II) complex delivery (tested on A549 and MCF-7 cancer cells)	[64]

#### 4.2. Biocompatibility

- Diatom-derived biosilica has several advantages compared to other porous materials, in terms of high compatibility with biological systems. [18][53] Biocompatibility tests were performed on various tumour cells, and some significant examples are reported below. An ATP-based luminescent assay aimed at detecting the short-time (6–24 h) detrimental effects on cells showed that DE particles had very low toxicity on the following three colon cancer cell lines: Caco-2, HT-29, and HCT-116. [75] The effect of amino-modified DE nanoparticles on human lung epidermoid carcinoma cells (H1355) was evaluated by the MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide) assay. Different concentrations of diatom particles were tested for 24, 48 and 72 h, and the results showed very low cytotoxicity against the above-mentioned tumour cells. This feature made functionalized DE particles useful carriers to transport small interfering ribonucleic acid (siRNA) into tumour cells. [76]
- SiRNA delivery into cancer cells (H1355) by using diatom-derived biosilica particles was also assessed. [77] The effect of amino-modified DE nanoparticles on human lung epidermoid carcinoma cells (H1355) was also assessed. [75]
- Functionalization of *Thalassiosira weissflogii* frustules with 3-mercaptopropyltrimethylsilane (MPTMS). The mercapto-coated biosilica successfully stimulated the growth of fibroblasts even more than bare cells. [71]
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