

Inflammatory Pain Study in Animal-Models

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Pain is an easily recognized sensation that is experienced by humans and animals alike. However, the process behind the production of the pain experience is a complex pathway that requires parallel integration of both the emotional and sensory experiences together with noxious perceptual information registered by multiple layers of our brain structure with the purpose of defending our body from harm's way. Here, the complete protocol that is being adapted for inflammatory pain study in animals induced by different phlogogenic agents and different assessment methods were elaborated along with the underlying mechanism of actions. This provides a concise idea and improves our scientists' understanding of inflammatory pain management in future research.

Keywords: Inflammation ; Animal pain ; Neurological ; CatWalk ; Grimace Scale ; Phlogogenic agent

1. Basic Mechanisms of Pain

Generally, there are three main events will occur in the pain mechanism due to noxious stimulation which includes transduction, transmission and modulation of the signals. These signals will be conducted in two ways, where the upward carrying sensory information from the body to the brain via the spinal cord is known as ascending, and the signals sent from the brain to the reflex organs through the spinal cord is defined as descending pathway. Primarily, both the peripheral nervous system (PNS) and central nervous system (CNS) is involved in all types of pain perception. PNS composed of ganglia and nerves that located outside the brain and spinal cord, playing vital roles in connecting the CNS to our limbs and organs. Whereas the CNS that comprises of the spinal cord and brain is mainly functioning in integrating and interpreting the signals sent from the PNS, then immediately coordinating all the activities in our body ^[1]. Here, the analgesics that refer to agents that are used to relieve pain will act through the CNS or PNS mechanism pathway without significantly affecting consciousness. Analgesics can be narcotic or non-narcotic. Narcotic means that the analgesics that act through CNS but do not produce an anti-inflammatory response, such as tramadol and morphine, whereas non-narcotic will act peripherally whilst producing an anti-inflammatory effect such as non-steroidal anti-inflammatory agents (NSAIDs).

2. Inflammatory Pain Study in Animal Models

Inflammatory pain in animal models has been widely used and accepted as the study model to understand the mechanisms of tissue injury-induced persistent pain. The animal models of tissue injury and inflammatory hyperalgesia can be provoked by various inflammatory agents. Amongst them, the CFA and λ carrageenan are the most frequently used for the purpose of animal inflammatory pain studies. However, there are still no existing models that could potentially simulate all the symptoms of inflammatory pain.

2.1. Complete Freund's Adjuvant

Previously, the polyarthritic and persistent pain studies in animals were developed by inoculating the rodent's tail in the *Mycobacterium butyricum* oil suspension. However, this model is not frequently being used due to the concomitant illness that typically develops in rodents following the polyarthritic induction test. Generally, CFA is a well-known, dose-dependent inflammatory agent that is normally injected into the footpad of animals to provoke a local inflammation response and a persistent pain in the subjects within minutes to hours post-injection, with the peak effect observed at about 6 to 8 h [2][3]. In rats, approximately 30–200 µg of CFA is injected in the hind paw of the animals and it can result in extreme edema within 24 h and both the peaks of hyperalgesia and allodynia can be observed within 5 h post-injection lasting for a minimum of 2 weeks [4]. These phenomena mimic rheumatoid arthritis occurring in humans [5]. From the previous studies executed, Fischer 344 (FIS) rats demonstrated a higher thermal hyperalgesia sensation in comparison to the Lewis (LEW) and Sprague Dawley (SD) subtype of rats based on the computational scoring differences by subtracting the paw withdrawal latency (PWL) of the contralateral paw from the CFA-injected paw. The major disadvantage of this model study is that the rats will experience minimal weight reduction with normal grooming behavior [2].

2.2. Carrageenan Model

Generally, there are three main types of carrageenan available such as the iota, kappa and lambda. The lambda form is commonly used to induce acute inflammatory responses in animal models due to its gel state in room temperature. Typically, the intraplantar injection of 100 or 25 µL of 1% (w/v, suspension in saline) λ carrageenan to the rat or mouse paw, respectively, to cause a local inflammatory effect with two phases (biphasic) of paw edema development observed. The first phase of paw edema will occur in the rat within the first 30 min post-injection due to the release of pro-inflammatory factors including serotonin, bradykinin, histamine and prostaglandins, whereas the second phase will begin at the end of the first hour post-injection and lasts until the third hour, with its peak being observed within 3–5 h of carrageenan injection due to the attribution of neutrophil infiltration, nitric oxide and continuing prostaglandin generation [6][7]. However, the early phase of paw edema happening in the mouse will last for 6 h and followed by the second phase response that peaks at about 72 h. On the other hand, the injection of carrageenan will induce the formation of thermal hyperalgesia which peaks on the third day and 4th-hour post-injection, respectively. Thermal hyperalgesia typically will last for almost 96 h once it is induced. The cardinal signs will be resolved completely within 2–3 days which is apparently a much shorter duration as compared to the CFA-induced inflammatory model. According to previous studies, the FIS rats demonstrated the highest significance in terms of thermal hyperalgesia compared to LEW and SD rats upon 3.5 mg of carrageenan administration. The proposed mechanisms involved in carrageenan-induced thermal hyperalgesia and

mechanical allodynia is mediated via norepinephrine and serotonergic pathways to exhibit analgesic response, whereas the anti-inflammatory action of analgesic drugs on the carrageenan-induced edema is mediated via the down-regulation of both the substance P and prostaglandin E₂.

2.3. Formalin Model

This test is predominantly used to study acute and long-lasting pain induced in the paw of rats or mice and it is considered as more satisfactory model of clinical pain to screen analgesic drugs [8]. Formalin, which is 37% formaldehyde, will be used as the pain-inductor. There are studies that utilized chemicals like ethylene diamine tetra-acetic acid (EDTA), complete Freund's adjuvant (CFA), capsaicin, hypertonic saline, or bee venom; however, they are less likely used as the algogens for pain study. The site of injection and the dosage of pain-inducing agent to be administered are strictly dependent on the purpose of the study. Typically, a small volume of 5% (v/v) formalin will be injected into the soft cutaneous tissue which is usually the dorsal surface of the plantar surface of the hind paw rather than the forelimb [9]. The reason behind the choice of the hind paw as the location for injecting the pain-inducing agent is to avoid the walking patterns of the animal to be affected by the presence of the fluid in the injection site.

Formalin-provoked pain can induce three main behavioral responses—phasic flexion, tonic flexion, and licking of the injected limb. In the intraplantar injections of the formalin in the paw of mice or rats, there will be a biphasic nocifensive behavior; the first phase of nocifensive response will occur within 5 min post-injection of formalin lasting up to 10 min. There is a quiescent phase (sensitization) following the first phase of nocifensive reaction where the subject shows relatively lesser pain responses for a period of 10 min. Then, the second phase of responses will start on the 15th minute and lasts for a rough estimation of 40 to 60 min. Fundamentally, the first phase of response is related to the direct stimulation of nociceptors such as C-fibre and low-threshold mechanoreceptors including the up-regulation of substance P, while the second phase is involving central sensitization of the rodents due to the inflammatory phenomena within the dorsal horn neurons including the up-regulation of serotonin, histamine, prostaglandin and bradykinin. The formalin test is commonly tested using the weight-score method of behavioral rating, which can be assessed on four scales based on the posture of the rodents (0: normal posture, 1: injected paw stays on the ground but not supporting the body, 2: withdrawal of injected paw, and 3: licking, shaking, or nibbling of injected paw). The response demonstrated by the subjects will be marked down continuously per unit of time or at regular time intervals. Once the test is completed, the animal should be administered with an analgesic drug leading to the gradual diminishing of the pain-evoked response for the next 2 h and the gradual recovery of the inflammation site of the injected area within 7 to 10 days. The formalin test is sensitive to centrally acting analgesic agents.

2.4. Zymosan and Mustard Oil Models

Both zymosan and mustard oil can induce inflammation with hyperalgesia response via the activation of TRPV channels, which will cause excitatory effects on the primary afferent nociceptors [10]. However, the effects of both these inflammatory agents are relatively short and only can last for up to 20 min. The topical application of mustard oil to the lateral surface of the rat's hind paw can induce slight edema and plasma extravasation, whilst frequent biting and vocalizations can be observed from the tested subject. This phenomenon can last up to 7 min post-application. The application of mustard oil can facilitate the tail-flick test by enhancing the rate of reflex within 5 min, reaching its peak at approximately 20 min of post-application [11]. Application of zymosan intraplantarly can result in a time-dependent and persistent thermal and mechanical hyperalgesia response. Typically, the mechanical hyperalgesia will appear upon the application of more than 1.25 mg of zymosan, peaking on the 4th hour in rats. Thermal hyperalgesia will occur in two phases: the early and late phase. The early phase peaks at 30 min post-application if ≥ 2.5 mg of zymosan is applied, whereas the late phase peaks at the 4th hour upon application of ≥ 0.0625 mg of zymosan. Furthermore, edemas will appear if ≥ 2.5 mg of zymosan is applied, and will reach its peak at 30 minutes post-administration. The duration of responses is highly dependent on the dose of zymosan applied. Additionally, the higher dosage such as ≥ 5 mg of zymosan will cause a spontaneous pain in the rodents.

2.5. Capsaicin Model

The application of the capsaicin will stimulate nociceptors to cause a neurogenic inflammation via activation of the TRPV1 channels. Typically, hyperalgesia, allodynia, and flare reactions will potentially appear upon the injection of capsaicin intradermally in rats (10 μ g/10 μ L in 10% ethanol and 2-hydroxypropyl BETA cyclodextrin). For instance, the primary hyperalgesia induced by capsaicin towards a punctuate stimuli covers a larger area than those reacting to a stroking stimuli, followed by the flare response will be observed and extended to secondary hyperalgesia [12]. The visual flare will occur within seconds of capsaicin post-injection whereas the hyperalgesia occurs immediately upon injection, reaches its peak within 15 to 30 min and lasts for 21 h in the case of rats. The same goes for the hyperalgesia reaction towards

stroking stimuli, the peak will appear at about 15 min but only last for a maximum of 6 h. The inflammatory effects induced by capsaicin are dose-dependent and may vary according to the area of the subject being injected. Additionally, the intraplantar injection of capsaicin in the rat's paw can provoke neurogenic inflammation that persists for 4 h and thermal hyperalgesia that persists for 45 min maximum [13].

2.6. Bee Venom Model

This test was first developed by [14] to study the nociceptive effects in rats. In this test, the bee venom will be injected subcutaneously into the hind paw of the rats. Subsequently, the nocifensive behaviors such as lifting, flinching, or licking of the injected paw will be observed with it usually persisting up to 2 h, followed by thermal hyperalgesia, mechanical allodynia and edema development within 72–96 h post-injection. In addition to that, the thermal hyperalgesia could appear in the contralateral hind paw as well. The duration of spontaneous pain-related behavior responses is dose-dependent in both time course and response intensity. This test was claimed to be sensitive to pharmacological intervention by non-steroidal anti-inflammatory drugs and morphine in demonstrating the analgesic effects. The onset and duration of action of different inflammation-inducing agents were summarized in **Table 1** below.

Table 1. The onset and duration of action elicited by different inflammatory agents and its sensitization caused.

Inflammatory Agents	Quantity Applied	Hyperalgesia	Allodynia	Onset of Action (within)	Duration of Action (≤)
λ Carrageenan	100 µL of 1% (w/v)	+ (t)	+ (m)	30 min	3 days
Formalin	50 µL of 5% (v/v)	+	+	5 min	60 min
Complete Freund's Adjuvant	1:1 dilution in phosphate buffered saline	+	+	5 h	2 weeks
Mustard Oil	0.0625 - ≥ 5 mg	+	+	5 min	60 min
Zymosan	D	+ (t/m)	+	30 min	24 h
Capsaicin	10 µg/10µL in 10% Etol and 2-hydroxypropyl BETA cyclodextrin	+ (t/m)	+	1 min	21 h
Venom	D	+ (t)	+ (m)	1 min	96 h

Notes: -: to; +: Presence; D: Depends on the types of agents used; Etol: ethanol; m: mechanical; t: thermal.

3. Inflammatory Pain Assessment Methods in Animal Models

The measurements of the inflammatory pain in animal models are strictly dependent on the behavioral changes on the animals, including the foot posture and gait analysis, dynamic and static weight bearing, thermal and mechanical sensitivity of the paw, and the spontaneous mobility ^[15].

3.1. Weight Bearing

The weight bearing test is commonly used as the main assessment on the measurement of inflammatory pain in arthritic models. Initially, the restrained animal will be placed in an angled Plexiglas chamber and the force exerted by each hind limb will be detected and measured (in grams) by the incapacitance tester over an average time of 5 s. Besides that, the stepping force of each limb can also be measured by using the force sensor plates while the animal is allowed to walk through an enclosed walkway. The walking pattern of the animal across the walkway is recorded by a camera, which is fixed at the bottom of the transparent glass floor. The digitized output and the simultaneously videotaped images will be synchronized manually in order to obtain the peak vertical weight bearing by each limb. Eventually, the force exerted by each limb will be expressed as the percentage of either their body weight or the sum of the force exerted by both hind paws. The stepping force difference between each hind limb will further be calculated as a ratio for clearer comparison ^[16]. Furthermore, the stepping force exerted by each limb across the glass floor can also be evaluated by the gait analysis system, also known as “CatWalk”. A white fluorescent tube will be used as the indicator for the point of contact by the paw of the animals while the animals walk through the corridor, and the intensity of the resulting illumination will be measured. At the same time, a wide-angle CCD camera is positioned under the corridor to record the walking patterns. The major concern of this test is that the voluntary (motivation) of the animals to walk across the walkway. If the subjects refuse to walk across the path, there will be no results generated.

3.2. Gait and Posture Analysis

Fundamentally, the combination of gait and posture analysis is frequently used for pain-related functional impairment studies ^[17]. Before the experiment starts, an electrode is attached to the plantar surface of each hind paw. After that, the animal is placed on 30 cm diameter stainless steel cylinder which will be rotating at 4 rpm in order to force the animal to walk. The circuit is terminated once the electrode is in contact with the cylindrical floor, whilst the time of the circuit remained closed is recorded. The behavioral signs that could be included during this test are foot aversion, non-/partial weight bearing, toes curling, prevention of contact with the limb. Eventually, the ratio of the contact time of the control foot to the affected foot is calculated as well as the paw elevation time.

3.3. Spontaneous Mobility

This test is commonly used for knee joint arthritis pain models by studying the locomotor activity using activity boxes or the biotelemetry system. The biotelemetry system is frequently used to assess the spontaneous mobility and the temperature of the body in the animals. Initially, the transmitter of the biotelemetry system is implanted in the peritoneal cavity of the animal, and a receiver is placed under the cage. The locomotor activity of the animal will cause the transmitter to release a signal which is relayed by the consolidation of matrix into the peripheral processor which is connected to a computer. Subsequently, radio waves and the activity are received as counts by the receiver ^[18]. Another method has been used for spontaneous mobility assessment in animals; that is, activity boxes which are made of photobeam and phototransistors. The phototransistors will be placed on the wall opposite to the photobeam, which will be activated once the animal's movements have interrupted the beam. The photobeam patterns and the frequency emitted through the movement of the animal will be subsequently recorded as an activity score.

3.4. Thermal and Mechanical Sensitivity of Paws

Both Randall–Selitto and Von Frey filaments tests are used to evaluate the mechanical sensitivity of the animal's paw with knee joint arthritis. Apart from this, both the paw withdrawal and hot plate test are also used for assessing the thermal sensitivity of arthritis rodent's paw. Refer to Randall–Selitto, Von Frey filaments, paw withdrawal, and hot-plate test mentioned above. The significant reduction of both the withdrawal latency and withdrawal threshold of the affected limb will be observed in this test ^[19].

3.5. Struggle Threshold Angle

The knee extension angle can be used to evaluate the mechanical sensitivity of arthritic knee in the study subjects. Initially, the animal is gently held upward by using one hand, and the tibia of the animal is extended to a point where the subject shows signs of struggling. The distance of the heel of the foot during the extension is measured, and the angle of

the extension is calculated. Typically, the struggle threshold angle of the arthritis knee will be significantly reduced compared to the control ^[20].

3.6. Vocalization Threshold

In this test, the vocalization threshold is measured by compressing the arthritic knee of the restrained animals using a pair of calibrated forceps. Both the audible and ultrasonic vocalizations (approximately 2 min) are detected and measured simultaneously upon pre- and post-stimulation by using a recording chamber integrated with a computerized analysis system. The ultrasonic vocalization of the rodents represents its emotional response, whereas the audible vocalization is a representation of its nocifensive response. Typically, the frequency used for the detection of the audible range is 20–16 kHz, whereas the ultrasonic range is 29–21 kHz. The duration and rate of vocalization will be increased in animals suffering from knee joint arthritis. Eventually, the vocalization during stimulation (VDS) and vocalization after discharge (VAD) will be interpreted individually.

3.7. Plethysmometer and Micrometer Measurements

Both of these devices are used to assess the edema as a surrogate of pain induced by the algogens in the paw of the rodents (rats or mice) as well as to evaluate the effectiveness of anti-edematous agents ^[21]. The measurement principle applied in Plethysmometer is based on Archimedes Law by measuring the fluid's displacement upon the immersion of the rat's paw in the measuring vessel, the displacement of the fluid is reflected to the exact volume of rat's paw swelling. Typically, the fluid (mercury or water) displacement will range from 0 to 0.5 mL for mice and 0 to 7 mL for rats, whereas the micrometer is a simple device that used directly to measure the thickness of the rat's paw edema. There are different types of enhanced Plethysmometer being used by scientists to evaluate the rat's paw edema; however, the same principle is applied.

3.8. Grimace Scale Test

The grimace scale is a standardized behavioral coding system specially designed for animal pain studies that involve the noxious stimuli of moderate duration (within 10 min to 4 h) whilst accompanied with facial expressions caused by pain. The animals will be placed in Plexiglas chamber with a digital video camera (preferred high resolution) positioned at either end of the chamber. Then, the video camera will be set to record 30 min before and after the noxious stimulation applied, typically zymosan or CFA, to capture the facial expressions of the animals for grimace scoring purpose. Manually, the experimenter will screen, randomly scramble and score the face images of the animals before being told that which group of the animals has been treated. This manual image selection method was replaced by the automated frame capture using the Rodent Face Finder. After selection, each image will be given a score of 0 (not present), 1 (moderately visible) or 2 (severe) based on the facial features described in ^[22], then the mean grimace scores will be calculated as average score across the action units ^[23]. Generally, the grimace scale will quantify the facial changes of the animals (rats or mice) in a number of "action units", and this number is directly proportional to the stimulus intensity. There are five facial features (action units) can be observed in both mice and rats including the orbital tightening, nose bulge, cheek bulge, whisker change and ear position change as described by ^[22]. However, there is a major exception in the cheek or nose because the bulging occurs naturally in rats, but not in mice ^[24]. The noxious stimuli that are applied superficially will yield a lower score compared to deep tissues such as viscera. The advantages of this test are that no preliminary animal training or special equipment is required and the measurements of the behavioral response from the animals are spontaneously emitted by themselves. In addition, the major drawbacks of this test are the labor-intensive nature of the frame grabbing in the case of manual operation and the limited duration of the pain expressions from the animals. This test is frequently used for morphine-like analgesics studies.

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