# Persistent Müllerian Duct Syndrome

Subjects: Genetics & Heredity Contributor: Rita Xu

Persistent Müllerian duct syndrome is a disorder of sexual development that affects males. Males with this disorder have normal male reproductive organs, though they also have a uterus and fallopian tubes, which are female reproductive organs. The uterus and fallopian tubes are derived from a structure called the Müllerian duct during development of the fetus. The Müllerian duct usually breaks down during early development in males, but it is retained in those with persistent Müllerian duct syndrome. Affected individuals have the normal chromosomes of a male (46,XY) and normal external male genitalia.

Keywords: genetic conditions

## 1. Introduction

The first noted signs and symptoms in males with persistent Müllerian duct syndrome are usually undescended testes (cryptorchidism) or soft out-pouchings in the lower abdomen (inguinal hernias). The uterus and fallopian tubes are typically discovered when surgery is performed to treat these conditions.

The testes and female reproductive organs can be located in unusual positions in persistent Müllerian duct syndrome. Occasionally, both testes are undescended (bilateral cryptorchidism) and the uterus is in the pelvis. More often, one testis has descended into the scrotum normally, and one has not. Sometimes, the descended testis pulls the fallopian tube and uterus into the track through which it has descended. This creates a condition called hernia uteri inguinalis, a form of inguinal hernia. In other cases, the undescended testis from the other side of the body is also pulled into the same track, forming an inguinal hernia. This condition, called transverse testicular ectopia, is common in people with persistent Müllerian duct syndrome.

Other effects of persistent Müllerian duct syndrome may include the inability to father children (infertility) or blood in the semen (hematospermia). Also, the undescended testes may break down (degenerate) or develop cancer if left untreated.

## 2. Frequency

Persistent Müllerian duct syndrome is a rare disorder; however, the prevalence of the condition is unknown.

### 3. Causes

Most people with persistent Müllerian duct syndrome have mutations in the *AMH* gene or the *AMHR2* gene. The *AMH* gene provides instructions for making a protein called anti-Müllerian hormone (AMH). The *AMHR2* gene provides instructions for making a protein called AMH receptor type 2.

The AMH protein and AMH receptor type 2 protein are involved in male sex differentiation. All fetuses develop the Müllerian duct, the precursor to female reproductive organs. During development of a male fetus, these two proteins work together to induce breakdown (regression) of the Müllerian duct. Mutations in the *AMH* and *AMHR2* genes lead to nonfunctional proteins that cannot signal for regression of the Müllerian duct. As a result of these mutations, the Müllerian duct persists and goes on to form a uterus and fallopian tubes.

Approximately 45 percent of cases of persistent Müllerian duct syndrome are caused by mutations in the *AMH* gene and are called persistent Müllerian duct syndrome type 1. Approximately 40 percent of cases are caused by mutations in the *AMHR2* gene and are called persistent Müllerian duct syndrome type 2. In the remaining 15 percent of cases, no mutations in the *AMH* and *AMHR2* genes have been identified, and the genes involved in causing the condition are unknown.

#### The Genes Associated with Persistent Müllerian Duct Syndrome

- AMH
- AMHR2

## 4. Inheritance

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition. However, persistent Müllerian duct syndrome affects only males. Females with two mutated copies of the gene do not show signs and symptoms of the condition.

## 5. Other Names for This Condition

- persistent oviduct syndrome
- PMDS

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