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Professor Sir Cary Cooper, CBE, is the author/editor of over 250 books, 400 scholarly articles and the recipient of 8 Honorary Doctorates from leading British Universities, as well as an Honorary Fellow of the Royal College of Physicians & Fellow of the Royal Irish College of Physicians (Occupational Medicine section). Professor Cooper was Chair of the Global Agenda Council for Chronic Disease and Mental Health of the World Economic Forum in 2010, was Chair of The Sunningdale Institute in the UK government and was the lead scientist of Mental Capital and Wellbeing Foresight project for the UK Government Office for Science. He received a CBE from the Queen in 2001 for his contribution to occupational health, and in 2014 a Knighthood for his contribution to the social sciences. He has published many books on stress and wellbeing, and was the Editor in Chief of the highly acclaimed 6 volume Wellbeing: A Complete Reference Guides, published by Wiley-Blackwell, 2014. His best-selling book The Apology Impulse won the New York City Big Book Award prize of the best Marketing and PR Book of the Year in 2020.

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