

Combination Therapies with PRRT

Subjects: [Radiology, Nuclear Medicine & Medical Imaging](#) | [Oncology](#)

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Peptide receptor radionuclide therapy (PRRT) is a successful targeted radionuclide therapy in neuroendocrine tumors (NETs). However, complete responses remain elusive. Combined treatments anticipate synergistic effects and thus better responses by combining ionizing radiation with other anti-tumor treatments. Furthermore, multimodal therapies often have a balanced toxicity profile. To date, few studies have evaluated the effect of combination therapies with PRRT, some of them phase I/II trials.

PRRT

NET

combination therapies

personalized medicine

somatostatin analogues

chemotherapy

molecular targeted treatment

liver radioembolization

Lutetium-177

Yttrium-90

1. Introduction

Neuroendocrine tumors (NETs) are heterogeneous neoplasia that are often diagnosed in the metastasized stage (range 40 to 76%), making them challenging to manage [\[1\]\[2\]\[3\]](#). Guideline-oriented treatment options normally target only one specific pathway of the cell cycle. Such options are not always suitable for heterogeneous clones and can eventually result in treatment resistance [\[4\]\[5\]\[6\]](#).

Peptide receptor radionuclide therapy (PRRT) is proven to be an effective and safe treatment (EMA 2017 and FDA 2018 approved) that significantly prolongs survival and improves quality of life. However, according to prospective phase III study data, it has a limited response rate of only 18% [\[7\]\[8\]\[9\]](#). Furthermore, since PRRT is not a curative treatment, patients eventually relapse. If recurrent tumors still have adequate somatostatin receptor (SSTR) expression, there is a good chance that salvage PRRT [\[10\]\[11\]](#) will be beneficial. On the contrary, dedifferentiated NETs with loss of SSTR expression have a poor outcome with short survival following monotherapy [\[12\]](#). Thus, combined treatment is a promising option for targeting heterogeneous tumors and avoiding accumulated toxicity. However, the data on combined treatment is still limited.

This review summarizes current data from clinically proven combination treatments with PRRT and aims to help physicians choose a tailored treatment approach for patients with NETs. Combination partners with possible synergistic therapeutic effects seem to be dual-PRRT radiolabeling, liver radioembolization, “non-radiolabeled” somatostatin analogues (SSAs), chemotherapy (e.g., capecitabine/temozolomide), molecular targeted treatment (e.g., everolimus), ¹³¹I-metaiodobenzylguanidine (MIBG), and external beam radiotherapy (EBRT).

Combination Treatment Decision Making

As represented in **Figure 1**, before starting a treatment, physicians should not only prioritize maximizing tumor response and patient survival but also minimize adverse events and patient morbidity. Substantial factors to consider in this decision-making are the age and health condition of the patient; genetic factors, tumor characteristics such as the origin, localization, size, and immunohistochemical proliferation marker Ki67; and tumor uptake in molecular imaging such as SSTR-positron emission tomography (PET) and [¹⁸F]F-Fluorodeoxyglucose (FDG). Furthermore, an institution's access to multidisciplinary medical care and medical center experience are important features for treatment planning [13][14][15]. **Figure 2** represents the various antitumor effects of combination partners of PRRT. The objective response rates, PFS, OS and adverse events of combination partners of PRRT are listed in **Table 1**.

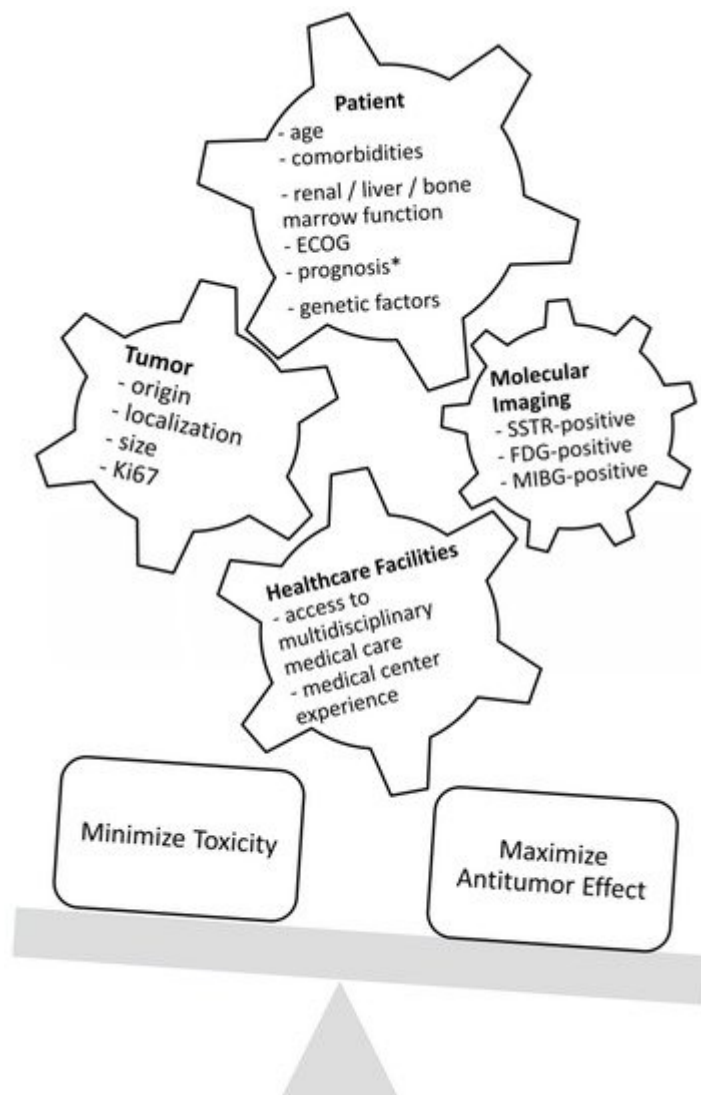


Figure 1. Factors that influence decision-making regarding treatment. ECOG = Eastern Cooperative Oncology Group Performance Status; SSTR = somatostatin receptor; FDG = fluorodeoxyglucose; MIBG = metaiodobenzylguanidine; * life expectancy of at least 3 months.

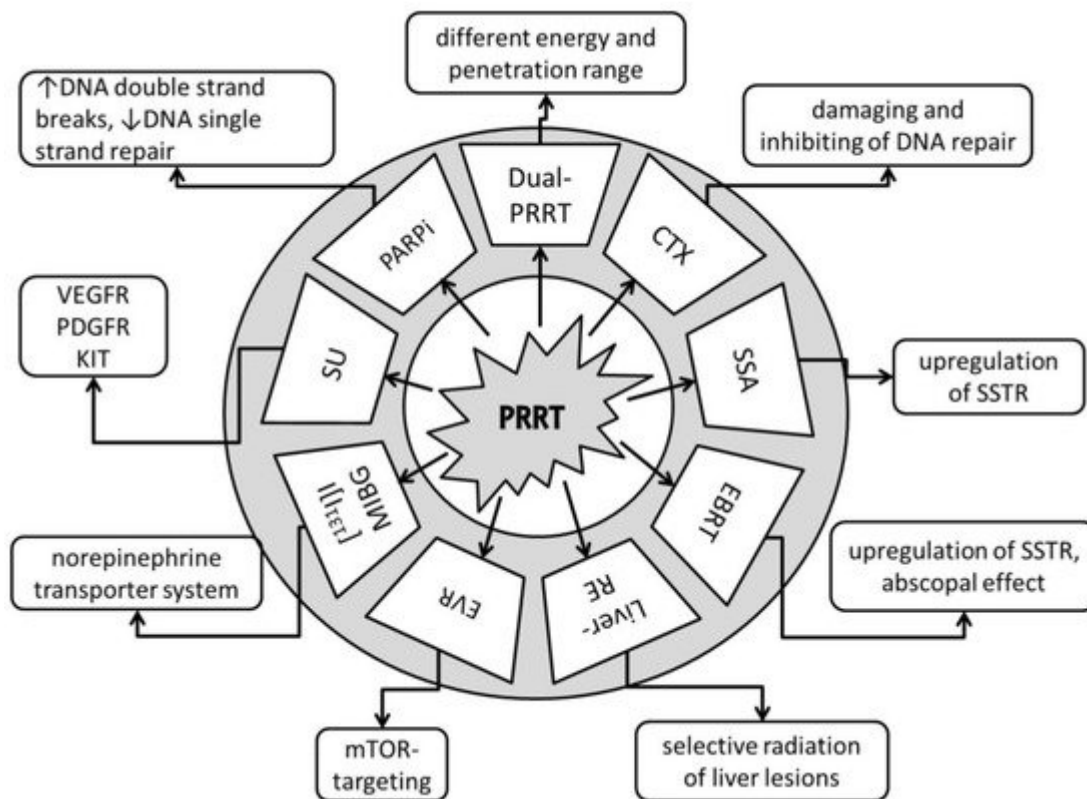


Figure 2. Anti-tumor effects of combination partners of PRRT. Dual-PRRT = dual-radionuclide peptide receptor therapy: a combination of different energy and penetration range levels to better target metastatic lesions with different sizes and nonhomogeneous somatostatin receptor (SSTR) distributions [16][17]. CTX = chemotherapy: damaging and inhibiting DNA repair, cell proliferation arrest, tumor cell reoxygenation, and synchronization of the cell cycle or apoptosis [18]. SSA = somatostatin receptor analogues: upregulation of SSTR, increasing number of targets for PRRT [19]. EBRT = fractionated external beam radiotherapy: upregulation of SSTR, increasing number of targets for PRRT, potential abscopal effect with triggering of immuno-mediated antitumor effects [20][21]. Liver-RE = liver radioembolization: selective radiation of liver tumor lesions; potential abscopal effect with triggering of immuno-mediated antitumor effects [22][23]. EVR = everolimus: targets the mammalian target of rapamycin (mTOR), with growth-inhibitory and anti-angiogenic effects [24][25]. [¹³¹I]-MIBG = [¹³¹I]-metaiodobenzylguanidine: targets the norepinephrine transporter system [26]. SU = sunitinib: tumor growth arrest via targeting of the vascular endothelial growth factor receptor (VEGFR), platelet-derived growth factor (PDGFR), and receptor tyrosine kinase KIT [27]. PARPi = poly (ADP-ribose) polymerase-1 inhibitors: increases DNA double-strand breaks; blocks DNA single-strand repair [28].

Table 1. Efficacy and safety of combination treatment with PRRT.

Combination Partner	ORR (%)	OS (Month)	PFS (Month)	SAE (%)	Ref
Dual PRRT Lu-177 and Y-90	42	66–127	-	2% MDS, 2% nephrotoxicity, 7% hematotoxicity	[17][29][30][31]

Combination Partner	ORR (%)	OS (Month)	PFS (Month)	SAE (%)	Ref
					[32] [33] [34]
Capecitabine	24–30	not reached	31	<15% anemia/thrombocytopenia/neutropenia 5% fatigue/diarrhea	[35] [36] [37]
CAPTEM	53–70	not reached	22–48	6% neutropenia, 3% nausea	[38] [39] [40]
5-fluorouracil	25	not reached	-	-	[41]
SSA	37	91	48	3% hepatotoxicity	[42] [43]
EBRT	0	not reached	108	0%	[44]
Liver embolization	16 (Y-90) 43 (Ho-166)	42–68	-	10% abdominal pain, 3% fatigue/nausea, >20% lymphocytopenia, 5% radiation-induced gastric ulceration, 2% radiation pneumonitis, 2% liver abscess, 2% cholangitis, 50% liver enzyme elevation, <5% liver failure (2–3% fatal)	[45] [46] [47]
Everolimus	44	not reached	not reached (63% at 24 months)	mainly hematotoxicity (thrombocytopenia, anemia) in the 10 mg/d everolimus dose group 100%, one case (6%) hepatotoxicity	[48] [50]
[¹³¹ I]-MIBG	0	-	-	one case of three (33%) thrombocytopenia	[49] an et al. β-positive

lesions, only SSTR- or FDG-positive lesions, and both SSTR- and FDG-negative lesions. The NETPET grade is prognostic for survival and can help to determine which patients are likely to benefit from combination therapy, such as PRRT and chemotherapy [51][52].

ORR = objective response rate; OS = overall survival; PFS = progression-free survival; SAE = serious adverse events according to CTCAE; Cave! In the table are listed collective SAE from different references. These SAE correlate only with the studied cohort in the particular investigation; Ref = references; MDS = myelodysplastic syndrome; CAPTEM = capecitabine and temozolomide; SSA = somatostatin receptor analogues; [¹³¹I]-MIBG =

2. Dual PRRT

Several agents are used for PRRT in advanced somatostatin receptor positive NETs. The essential components of radiopharmaceuticals are an SSA, which targets the somatostatin receptors, a radioisotope, and a linking molecule (chelator) between them. The pioneer in PRRT was diethylenetriaminepentaacetic acid-(DTPA)-D-[Phe1]-Octreotide labelled with Indium-111. Indium-111 emits Auger electrons and conversion electrons with a potentially cytotoxic effect after internalization of the radiolabeled agent. Furthermore, the gamma emission of Indium-111 enables imaging of SSTR-positive tumors. However, standard treatment with [¹¹¹In]In-DTPA-Octreotide rarely resulted in objective responses (<10%) [53]. High activity treatment seems to be more effective (13% complete

remission, 20% partial remission), but the time to disease progression remains relatively short, with a median of 9 months [54]. Nowadays, the most commonly used and studied agents for the therapy are [⁹⁰Y]Y-DOTA,D-Phe1,Tyr3]-octreotide ([⁹⁰Y]Y-DOTATOC) and [¹⁷⁷Lu]Lu-DOTA0,Tyr3]-octreotate ([¹⁷⁷Lu]Lu-DOTATATE).

PRRT with Lutetium-177 has less detrimental effects in large, bulky NET metastases with nonhomogeneous SSTR distribution in comparison to Yttrium-90 due to its lower energy and shorter penetration range (maximum 2–4 mm vs. 11 mm). On the one hand, the radiation energy of Yttrium-90 is not completely absorbed in smaller tumors. On the other, Lutetium-177 alone may fail to induce a complete remission in large tumors. Therefore, PRRT combined with Lutetium-177 and Yttrium-90 might be a solution in such cases [16][17].

According to several similar studies, tandem PRRT leads to better results than monotherapy with Yttrium-90-PRRT: overall survival (OS) of 5.51 years vs. 3.96 years with [⁹⁰Y]Y-Octreotide alone ($p = 0.006$), a high response rate of 42%, and still comparable toxicity (2% MDS, 2% grade 3 nephrotoxicity, and 7% grade 3/4 hematotoxicity) [17][29][30][31][32][33][34]. However, there are no comparative studies between the dual PRRT and the FDA-approved treatment LUTATHERA[®].

In a recent report from a Warsaw study group, patients reached an OS of 7.46 years, calculated from the first tandem PRRT, and 10.61 years from the first NET diagnosis. In the subgroup analysis, patients with G1 and large bowel NET had the longest PFS/OS. The risk of progression in the first 2 years was 42% [55].

A phase II comparative study is now recruiting NET patients who are receiving PRRT with Yttrium-90 (4×3.7 GBq), PRRT with Lutetium-177 (4×5.55 GBq) or mixed therapy (4×3.7 GBq). The treatment will consist of 4 cycles 8 ± 2 weeks apart. Approximately 150 participants with GEP-NETs and non-GEP-NETs, including bronchopulmonary NETs, pheochromocytoma/paragangliomas and NETs of an unknown primary, are expected to be included in the study. The analysis will strive to have a long follow-up (up to 8 years) to determine progression-free survival (PFS), OS, and safety (CI: NCT04029428).

Novel combined dual PRRT is the combination of alpha-emitter PRRT and beta-emitter PRRT. Tumor hypoxia is a significant factor for resistance of cancer cells to β -emitters. Thus, α -emitters can be advantageous in some cases due to a higher energy transfer and smaller penetration range. In the clinical setting alpha-emitter PRRT is applied in case of tumor resistance to conventional PRRT. Most studied isotopes for alpha radionuclide therapy are Bismuth-213 and Actinium-225. [56][57][58][59][60]. Newer promising developments are SSTR-agonists labelled with Lead-212, such as AlphaMedix[®] [61][62][63]. The first results of the prospective phase I trial show good tolerability in PRRT-naïve patients (CI: NCT03466216).

3. Chemotherapy

Low-dose chemotherapy may have a radiosensitizing effect via increased DNA damage, inhibition of DNA repair, cell proliferation arrest, tumor cell re-oxygenation, synchronization of the cell cycle, or apoptosis [18]. The most commonly used radiosensitizing substances are capecitabine, temozolomide, and 5-fluorouracil (5-FU).

G3-neuroendocrine neoplasia (NEN) with Ki67 < 55% seems to be less responsive to chemotherapy than G3-NEN with Ki67 > 55% [64]. The OS of patients with Ki67 < 55% treated with chemotherapy in the NORDIC trial was 14 months (Sorbye et al., 2013). In contrast, patients with SSTR-positive tumors with Ki67 < 55% treated with combined PRRT and chemotherapy (PRCRT) reached, according to retrospective analyses, an OS of 46 months [64][65]. Other retrospective studies have reported a disease control rate of 55–70% in multiple relapsed and extensively pre-treated NETs [66][67].

The Melbourne study group analyzed 68 patients after combined PRRT with 5-FU. The first cycle PRRT was given alone. The 5-FU (200 mg/m²/d) started 4 days before the second PRRT and continued for 3 weeks. Objective responses in computed tomography (CT) were seen in 25% of cases, and an additional 7% of cases showed minor responses. The majority of patients had stable disease [41].

A study conducted in Rotterdam evaluated the safety of four cycles of PRRT (7.4 GBq [¹⁷⁷Lu]Lu-Octreotate) combined with capecitabine (1650 mg/m² per day for two weeks). Of the seven patients included in the study, there was one case of grade 3 anemia and one case of grade 3 thrombocytopenia. No other severe adverse events were observed [35].

An Australian study (phase II) investigated the efficacy of patients after PRRT combined with capecitabine under a similar protocol. About one-fourth of patients had an objective response, only 6% progressed, and the majority had stable disease [36]. In a similar study by Nicolini et al., the combined PRRT plus capecitabine in 37 selected patients reached both somatostatin receptor- and FDG-positive GEP-NETs (Ki67% < 55%), PFS of 31 months; OS after a median follow-up of 38 months was not reached. The most common G3/G4 toxicities were neutropenia (11%), fatigue (5%), and diarrhea (5%). According to RECIST 1.1, 30% of patients responded, and 55% were stable [37].

Better responses with similar toxicities have been observed with a combination of PRRT and CAPTEM: capecitabine (14 days of 1500 mg/m²) and temozolomide (5 days of 200 mg/m²). About 3% of patients had grade 3 nausea, and 6% had grade 3 neutropenia. About 53–70% had an objective response. The proportion of complete responses was relatively high, at 13–15% [38][39]. Patients achieved a median PFS of 48 months, and OS after a median follow-up of 33 months was not reached [39]. Rarely there can be life-threatening neutropenia. An interesting report from Berlin described a case of neutropenic sepsis accompanied by fungal pulmonary infection and necrotizing mastitis about four weeks after the first cycle of combined PRRT plus CAPTEM. Still, the treatment has been continued after stabilization of the patient and resulted in a nearly complete response [68]. Surprisingly, recent retrospectively generated data from Mumbai showed no significant difference in PFS after combined treatment of PRRT plus CAPTEM compared to CAPTEM alone in patients with both SSTR- and FDG-positive G2/G3-NETs. In the multivariate analysis, CAPTEM alone or with PRRT significantly improved ($p = 0.04$) the outcomes of dual positive NET patients with a Ki-67 index > 5% [40].

A multicenter randomized clinical trial from Australia is currently recruiting patients with G1/G2 NETs to compare the benefits of PRRT vs. CAPTEM vs. combined PRRT and CAPTEM. The combination treatment will start with

capecitabine 750 mg/m² on days 1–14, followed by 7.8 GBq PPRT with [¹⁷⁷Lu]Lu-Octreotate on day 10 and, at the end of the cycle, temozolomide 75mg/m² b.i.d. on days 10–14. The treatment will include 4 cycles, 8 weeks apart (CI: NCT02358356). Another ongoing prospective trial evaluating combined treatment should be completed soon (CI: NCT02736448).

4. Somatostatin Analogues

Treatment with SSAs can result in the upregulation of SSTR [19]. The overexpression of the tumor targets SSTR2 in NETs could increase the effectiveness of PRRT without increasing the toxicity profile.

SSAs, like PRRT, have a high affinity to SSTR2 and therefore might act competitively in binding the tumor cells of NETs or lead to saturation. In current protocols, long-acting SSA should be discontinued about 4 weeks before PRRT to avoid interactions with radiolabeled SSAs [69]. Several studies suggest that discontinuation of somatostatin agonists prior to PRRT/SSTR-PET/CT is not necessary. In fact, the uptake in the tumor was unaffected or slightly increased, and the uptake in normal tissues, such as spleen and liver, decreased [70][71][72]. The explanation for this effect might be the saturation of SSTRs in healthy tissues and the upregulation of SSTR in tumor cells [6]. However, more investigations to determine the interaction between PRRT and SSA are needed to change standard protocols.

The NETTER-1 phase III trial showed, in advanced midgut NETs, that PRRT combined with SSA significantly prolonged PFS compared to SSA alone [8]. Recent analysis showed clinically improved median OS of 48 vs. 36 months compared to the control arm. However, the difference was not statistically significant between both groups, probably because of the high rate of cross-over-treatment in the study (36%) [73]. A debatable point of the NETTER-1 study is whether the effect of PRRT has been potentiated by SSA. A recent retrospective study aimed to examine whether a superior survival benefit of PRRT combined with SSAs exists over monotherapy with PRRT. The analysis showed that SSA combined with PRRT and/or as a maintenance treatment after PRRT significantly prolongs survival compared to PRRT alone (PFS 48 months vs. 27 months; OS 91 months vs. 47 months). Furthermore, the death event rates in patients with combined treatment were lower: 26% vs. 63% [43]. A multicenter retrospective trial PRELUDE examined the effects of the SSA lanreotide autogel/depot (LAN) combined with PRRT in progressive NETs. No increased adverse drug reactions were reported. More than one-third of patients had an objective response, and 95% were, at the last follow-up visit (12 months post-treatment), still progression-free. Naturally, these are retrospective data and might be prone to bias. However, if a patient tolerates treatment with SSA, there is no reason to withdraw SSA before or after PRRT. Furthermore, SSA may improve the outcomes of patients who receive PRRT [43]. To validate these data, prospective studies in a larger population using standardized treatment protocols are warranted.

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