

Artificial Intelligence-Based Support in Cardiology

Subjects: **Computer Science**, **Artificial Intelligence**

Contributor: Zofia Rudnicka , Klaudia Proniewska , Mark Perkins , Agnieszka Pregowska

Artificial Intelligence (AI)-based algorithms, in particular, Deep Neural Networks (DNNs), have recently revolutionized image creation. Precise segmentation of lesions may contribute to an efficient diagnostics process and a more effective selection of targeted therapy. For example, an AI-based algorithm for the segmentation of pigmented skin lesions has been developed, which enables diagnosis in the earlier stages of the disease, without invasive medical procedures. With flexibility and scalability, AI can be also considered an efficient tool for cancer diagnosis, particularly in the early stages of the disease.

Artificial Intelligence

Machine Learning

Virtual Reality

Extended Reality

Mixed Reality

cardiology

personalized medicine

Metaverse

Augmented Reality

1. Introduction

Computer-assisted medicine in general, and cardiac modeling in particular, is by no means an exception from the successful application of continuous advancements in bioelectricity and biomagnetism ^[1]. Along with enhancements in ECG measuring techniques and a constant increase in computational resources, these advances have provoked the development of many different heart models that can support an automatic and accurate diagnosis of the heart, beat by beat. Knowledge of the anatomical heart structure is an important part of the evaluation of cardiac functionality. Thus, cardiac images are one of the significant techniques applied in the assessment of patient health. At present, the image segmentation procedure is usually performed manually, with an expert sitting in front of a monitor moving a pointer, and not only does this require time and resources to accomplish, but it is also subject to error depending on the experience of the expert. In sum, this procedure is time-consuming, inefficient, very often error-prone, and highly user-dependent ^[2]. Therefore, the development of an efficient, automatic segmentation procedure is of great importance ^[3]. However, certain limitations mean that the automatic segmentation of cardiac images is still an open and difficult task. For example, in the case of 2D echocardiographic images, a low signal-to-noise ratio, speckles, and low-quality images form some of the difficulties in determining the contour of the ventricles. Moreover, significant variability in the shape of heart structures makes it difficult to develop universal automated algorithms. Thus, medical image segmentation has become a significant area of AI application in medicine. An image can be segmented in several ways, including semantic segmentation (the assignment of each pixel or voxel of an image to one of the classes) ^[4], instance segmentation (pixels of an image are assigned to the instances of the object) ^[5], and panoptic segmentation (the connection of the semantic and instance segmentation) ^[6]. The main disadvantage of semantic segmentation is the

poor definition of the problem (sometimes multiple instances can be abstracted into a single class), which translates into inadequate recognition of image details. As said, in the case of medical images, segmentation is often performed manually, making it a time-consuming and error-based process. Many algorithms have been proposed to support the automatic segmentation of medical images. It is also worth stressing that imaging methods in cardiology have particular characteristics that can affect their reproducibility and reliability. These include spatial, temporal, and contrast resolution as well as tissue penetration and artifact susceptibility. The ultimate goal is to enable fully automatic segmentation of any clinically acquired CT or MRI. Indeed, MRI offers higher resolution in comparison to ultrasound and spatial resolutions impact the ability to visualize tiny structures in the heart and blood vessels. In turn, echocardiography can provide higher temporal resolution compared to MRI or CT processes, which affects the ability to capture dynamic changes in heart function. Thus, different modalities have different capabilities in distinguishing between different tissue types and contrast agents. MRI often excels in contrast resolution compared to other diagnostics methods. Therefore, for medical image segmentation (mostly semantic segmentation), different types of neural networks are applied [7], see also **Table 1**. The basic concept of AI application in cardiology is presented in **Figure 1**.

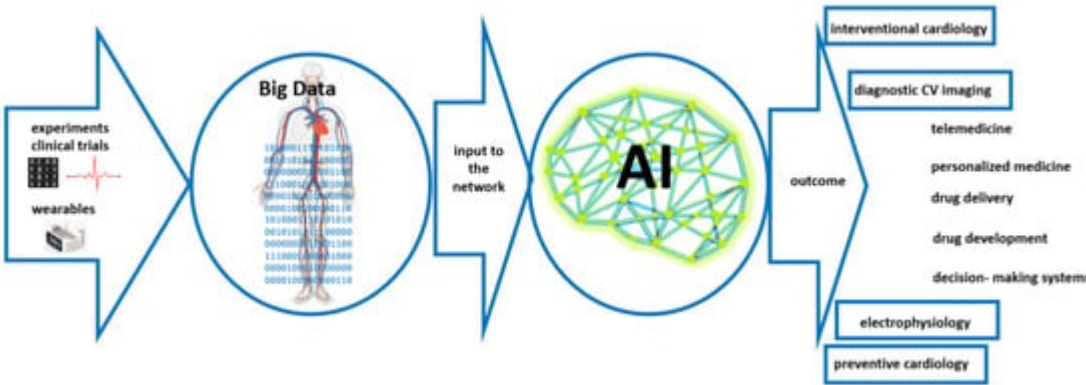


Figure 1. Conceptual scheme of the application of AI in cardiology.

Table 1. Top list of used AI models in cardiology, including interventional cardiology.

| AI/ML Model | Application Fields (In General) | Application Fields (In Cardiology) | References |
|-------------|---|--|--------------|
| ANNs | classification, pattern recognition, image recognition, natural language processing (NLP), speech recognition, recommendation systems, prediction, cybersecurity, object manipulation, path planning, sensor fusion | prediction of atrial fibrillation, acute myocardial infarctions, and dilated cardiomyopathy detection of the structural abnormalities in heart tissues | [8] [9] |
| RNNs | ordinal or temporal problems (language translation, speech recognition, NLP image captioning), time series prediction, music generation, video analysis, patient monitoring, disease progression prediction | segmentation of the heart and subtle structural changes cardiac MRI segmentation | [10] [11] |

| AI/ML Model | Application Fields (In General) | Application Fields (In Cardiology) | References |
|--------------|--|--|--|
| LSTMs | ordinal or temporal problems (language translation, speech recognition, NLP, image captioning), time series prediction, music generation, video analysis, patient monitoring, disease progression prediction | segmentation and classification of 2D echo images segmentation and classification of 3D Doppler images segmentation and classification of video graphics images and detection of the AMI in echocardiography | [12] [13] |
| CNNs | pattern recognition, segmentation/classification, object detection, semantic segmentation, facial recognition, medical imaging, gesture recognition, video analysis | cardiac image segmentation to diagnose CAD cardiac image segmentation to diagnose Tetralogy of Fallot localization of the coronary artery atherosclerosis detection of cardiovascular abnormalities detection of arrhythmia detection of coronary artery disease prediction of the survival status of heart failure patients prediction of cardiovascular disease LV dysfunction screening prediction of premature ventricular contraction detection | [14][15] [16] [17] [18] [19][20][21][22] [23][24][25][26] [27][28][29][30] [31] [32] [33] [34][35] |
| Transformers | NLP, speech processing, computer vision, graph-based tasks, electronic health records, building conversational AI systems and chatbots | coronary artery labeling prediction of incident heart failure arrhythmia classification cardiac abnormality detection segmentation of MRI in case of cardiac infarction classification of aortic stenosis severity LV segmentation heart murmur detection myocardial fibrosis segmentation ECG classification | [36][37] [38] [39][40][41][42] [43] [44] [45][46] [41][47][48] [49] [41] [50] |
| SNNs | pattern recognition, cognitive robotics, SNN hardware, brain–machine interfaces, | ECG classification detection of arrhythmia | [51][52][53] [54][55][56] |

| AI/ML Model | Application Fields (In General) | Application Fields (In Cardiology) | References |
|-------------|---|---|--|
| | neuromorphic computing | extraction of ECG features | [57] |
| GANs | image-to-image translation, image synthesis, and generation, data generation for training, data augmentation, creating realistic scenes | CVD diagnosis segmentation of the LA and atrial scars in LGE CMR images segmentation of ventricles based on MRI scans left ventricle segmentation in pediatric MRI scans generation of synthetic cardiac MRI images for congenital heart disease research | [58] [59] [60] [61] [62] |
| GNNs | graph/node classification, link prediction, graph generation, social/biological network analysis, fraud detection, recommendation systems | classification of polar maps in cardiac perfusion imaging analysis of CT/MRI scans prediction of ventricular arrhythmia segmentation of cardiac fibrosis diagnosis of cardiac condition: LV motion in cardiac MR cine images automated anatomical labeling of coronary arteries prediction of CAD automation of coronary artery analysis using CCTA screening of cardio, thoracic, and pulmonary conditions in chest radiograph | [63][64] [65] [64] [64] [66] [67] [68] [69] [70] |
| QNNs | optimization of hardware operations, user interfaces | classification of ischemic heart disease | [20] |
| GA | optimization techniques, risk prediction, gene therapies, medicine development | classification of heart disease | [71] |

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2. Artificial Intelligence-Based Support in Cardiology

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2.1. Application of the You-Only-Look-Once (YOLO) Algorithm

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[73]. It depends on the idea that images pass only once through the neural network, and hence the name. This is performed by dividing the input image into a grid and predicting for each grid cell the bounding box and the

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2.2. Genetic Algorithms

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Left Ventricle in Cardiac MRI by Real-Time Visualization. *CMES Comput. Model. Eng. Sci.* 2023, 135, 1571–1587.

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process). GAs can also be applied to the determination of personalized parameters of the cardiomyocyte

electrocardiography (ECG) data with a Deep 3-Dimensional Convolutional Neural Network (CNN) [76]. The output of the first CNN is used as input to another AI-based algorithm, such as a Support Vector Machine (SVM) [77][78]. Genetic Algorithms can effectively search for optimal segmentation solutions in the case of heart image segmentation, where anatomical structures may have different shapes. However, GAs may exhibit difficulties with complex limitations or domain-specific knowledge in cardiac image segmentation tasks. On the other hand, GAs can also be effective in the optimization of the input parameters to neural networks. They are inherently robust concerning noise and local optima. This is an important feature taking into account motion artifacts or imaging noise in cardiac image segmentation. A huge disadvantage of GAs is the cost of computing large search spaces or high-dimensional feature spaces, which is crucial, especially for real-time computations or in clinical settings (such as may occur in cardiology applications). Thus, finding the optimal parameter can be difficult and time-consuming.

2.3. Artificial Neural Networks

Artificial Neural Networks (ANNs) are networks whose structure and principle of operation are to some extent modeled on the functioning of fragments of the real nervous system (the brain) [79][80]. This computational invention contributes to the development of medical imaging, especially in cardiology, where their design, inspired by the human brain, enables them to interpret complex patterns within medical data effectively. ANNs consist of layers composed of several neurons, which apply specific weights and biases to the inputs. These neurons utilize non-linear activation functions that automatically learn hierarchical features from raw image data without the need to manually extract features, which is beneficial for segmenting complex organs such as the heart. However, ANN application in the field of medical image processing requires converting two-dimensional images to one-dimensional vectors. This increases the number of parameters and increases the cost of calculation. However, as in the case of YOLO-based segmentation algorithms, an ANN-based approach also requires large and good-quality training data to provide high accuracy.

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Generative Pre-Trained Transformers for Cardiac Anomaly Detection. Available online at <https://physionet.org/content/2020/1.0/> (accessed on 20 February 2024). Wang and Zhang [39] also

considered the segmentation of the left ventricle wall in four-chamber view cardiac sequential images. RNN was applied to provide detailed information for the initial image, while LSTM to generate the segmentation result: this approach increases accuracy. Another RNN application in the field of cardiology was presented by Muraki et al. [13].

Here, simple RNNs, LSTM, and other RNN variations (such as Gated Recurrent Units (GRU)) were successfully used to detect acute myocardial infarction (AMI) in echocardiography.

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Temporal Analysis for Classification of Aortic Stenosis Severity from Echocardiography Cine Series. *IEEE Trans. Med. Imaging* 2024, 43, 366–376. RNNs have proven to be useful in capturing the spatial and temporal characteristics inherent in MRI and CT data, a capability that is essential for accurately tracking the dynamic alterations in cardiac tissues due to the possibility of effective capturing of long-range non-linear dependencies, such as modeling the risk trajectory of heart failure [92]. However, one limitation of RNNs is connected with vanishing or exploding gradients.

4.2.6 Spiking Neural Networks

Calcium Segmentation with Multi-Scale Vision Transformers. In Proceedings of the 2021 IEEE International Conference on Bioinformatics and Biomedicine (BIBM), Houston, TX, USA, 9–12 December 2021, pp. 1462–1467.

One alternative that can potentially reduce computational cost could be Spiking Neural Networks (SNNs). Currently, SNNs are not yet as accurate in comparison to traditional neural networks: they have characteristics that are more similar to biological neurons [93]. They may also be advantageous in wearable and implantable devices for their energy efficiency and real-time processing capabilities. This makes them ideal for continuous cardiac monitoring, as they require less frequent recharging or battery replacement, a significant benefit for devices like cardiac monitors and pacemakers. For example, Rana and Kim [94] modify the synaptic weights

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2.7. Generative Adversarial Networks

In Proceedings of the 2022 Computing in Cardiology (CinC), Tampere, Finland, 4–7 September 2022; Volume 49.

55. Singhal, A.S.; Kumar, N.W. GAN-CRS: A Group Sparse Mode Decomposition and Superlet Transform Based Technique for Multi-Level Classification of Cardiac Arrhythmias. *IEEE Sens. J.* 2024, 24, 1567–1578. doi:10.1109/JSEN.2024.3351234. This technique generates specific data (artificial data identical to real data) to cheat the discriminator. It initiates the process with an input of random noise, meticulously refining it through multiple layers of neural network architecture. Each layer integrated within the generator network fulfills a distinct role, harnessing techniques such as convolutional or fully connected layers. These layers operate cohesively to progressively metamorphose the initial noise input into an output that becomes increasingly indistinguishable from the target data. A discriminator is designed to distinguish artificial data (produced by a generator) from real data based on small nuances. Thus, the core concept of this solution is to train two networks that compete with each other. As a consequence, they are expected to produce more authentic data.
56. Kiladze, M.R.; Lyakhova, U.A.; Lyakhov, P.A.; Nagornov, N.N.; Vahabi, M. Multimodal Neural Network for Recognition of Cardiac Arrhythmias Based on 12-Lead Electrocardiogram Signals. *IEEE Access* 2023, 11, 133744–133754. doi:10.1109/ACCESS.2023.3256789. GANs seem to be promising computational tools to elevate patient care and improve clinical outcomes, in particular in the field of cardiology. First, the most important GAN application field is CVD diagnosis [96]. Retinal fundus images were used as input to the network. This approach led to the analysis of microstructural alterations within retinal blood vessels to pinpoint pivotal risk factors associated with CVD, such as Hypertensive Retinopathy (HR) and Cholesterol Embolization Syndrome (CES). Moreover, the incorporation of a pretrained ImageNet model for customized image classification further bolstered predictive accuracy.
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63. Bizwan, I.; Haque, I.; Neubert, J. Deep Learning Approaches to Biomedical Image Segmentation: A Review on Vertices (i.e., objects). Then, the concept of Graph Neural Networks (GNNs) can be applied. All relations in this type of neural network are expressed as those between nodes and edges of the graph. These networks are designed to handle graph data that form a critical aspect in medical fields, especially when the intricate relationships and connections between data points are essential for accurate diagnosis and health condition analysis. This principle of operation is useful in medical imaging, especially in neuroimaging and molecular imaging, where understanding complex relationships is crucial [51][99]. In the field of cardiology, GNNs have been effectively employed in several key areas. They have been used in the classification of polar maps in cardiac perfusion imaging, a critical technique for assessing heart muscle activity and blood flow. Another significant application of GNNs in cardiology is the estimation of left ventricular ejection fraction in echocardiography. This measurement is vital for evaluating heart health, specifically in assessing the volume of

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2.10. Quantum Neural Networks

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3. Evaluation Metrics in Medical Image Segmentation

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- Artificial Intelligence has the chance to become a high-precision tool in medicine. However, there are certain risks associated with its use, such as privacy, security, and safety. For example, it is known that small, even imperceptible changes in the training dataset can drastically change the results of predictions, which in medicine can have very serious consequences and influence learning. The key to the evaluation of AI adaptability is to use an appropriate metric to assess the correctness and accuracy of different kinds of forecasts including clinical prognoses and for this to be understood by users [\[109\]](#). For example, overfitting between training and testing datasets will reduce the accuracy of the algorithm. Other crucial factors that influence the qualitative efficiency of the AI-based algorithm's dataset include data availability issues. However, even if developers do not have sufficient quantity and quality of data, cross-validation can be applied [\[110\]](#). This procedure helps avoid overfitting by the selection of a subset. Thus, the choice of a proper evaluation metric depends on the specific task type. The binary classifier Dice coefficient (also called the Sørensen–Dice index) and the Index of Union (IoU) are most commonly used in medical image segmentation metrics. However, in the field of cardiology, accuracy is of particular concern.
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- Moreover, an important element in improving the effectiveness of cardiology data segmentation is the collection of as much reliable, good-quality data as possible while keeping class balance in mind. This procedure should take into account input data diversity that helps AI models better generalize unseen cases while their reliability is improved. It is also necessary to provide diverse and representative input data whenever possible, which can help mitigate bias in AI-based algorithms. Another issue related to data is the application of the open data policy following UNESCO guidelines (especially for scientific applications, and research) so that more efficient AI algorithms can be developed in the area of cardiology. Moreover, compliance with ethical and bioethical standards in the collection, storage, and use of medical data is essential for the development of reliable AI systems in cardiology.
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