

# Core–Shell Structures with $\text{Fe}_3\text{O}_4$ Core for Biomedical Applications

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Core–shell nanoparticles are functional materials with tailored properties, able to improve the requirements of various applications. Both core and shell components can be inorganic or organic, and there are numerous studies in this field regarding their synthesis methods, properties, and applications.

iron oxide

core–shell nanostructures

magnetic properties

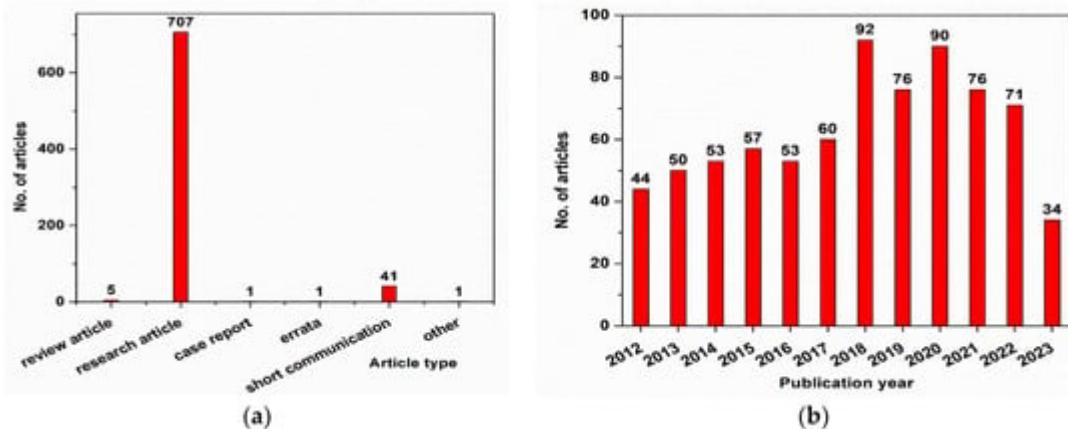
## 1. Different Types of Core–Shell Structures with $\text{Fe}_3\text{O}_4$ Core for Biomedical Applications

Core–shell nanostructures are defined as heterogeneous nanoparticles composed of two or more nanomaterials that can be identified and are separated by distinct boundaries. Both core and shell components can be inorganic (metals, metal oxides) or organic (polymers, biomolecules) [1][2][3]. Core/shell composite nanostructures (NSs) have attracted much attention in recent years due to their diverse and unique material properties not shown by the core or shell materials alone, such as good mechanical, thermal, and optical properties [1][4]. These properties are significantly enhanced compared to pure compounds [4]. The interaction between the core and the shell of a nanostructure can lead to new properties and functions [5].

There are numerous core–shell materials with various applications and much literature about their classification and detailed descriptions of the preparation method.

$\text{Fe}_3\text{O}_4$  can be coated with different types of shells, such as metals (Ag, Au) [6][7][8][9][10], metal–organic frameworks (Cu–MOF), metal oxides ( $\text{SiO}_2$ ,  $\text{TiO}_2$ ,  $\text{ZnO}$ ), and organic polymers (polyethyleneimine: PEI, polyacrylic acid: PAA, etc.), to obtain core–shell nanostructures with desired properties [11].

Core–shell nanostructures with  $\text{Fe}_3\text{O}_4$  as a core have been a popular research topic over the last decade, with more than 700 articles published in the field, as shown in **Figure 1a**. As can be seen from **Figure 1b**, most of the papers published on this topic were research articles (>700 papers) and short communications (>40 papers). The data presented in **Figure 1** were obtained using the ScienceDirect database (<https://www.sciencedirect.com/>) and searching for “ $\text{Fe}_3\text{O}_4$  core–shell nanoparticles for biomedical applications”. The results were refined by year (selecting from 2012 to 2023) in **Figure 1a** and by article type in **Figure 1b**. These data were collected in May 2023.



**Figure 1.** (a) Evolution of the published articles in the field of  $\text{Fe}_3\text{O}_4$  core–shell nanoparticles; (b) types of papers published in the field of  $\text{Fe}_3\text{O}_4$  core–shell nanoparticles.

## 2. Metal-Coated $\text{Fe}_3\text{O}_4$

Silver-coated  $\text{Fe}_3\text{O}_4$  nanohybrids have been used in a broad range of applications, including chemical and biological sensors [1][12], drug delivery—as successful drug carriers with focused antimicrobial, anticancer properties [1][13], diagnosis, and cancer therapy [1][14][15].

Different methods were used to synthesize Ag-coated  $\text{Fe}_3\text{O}_4$  nanoparticles. Generally, a two-step synthesis procedure is applied: magnetite is prepared by a solvothermal, co-precipitation, or microemulsion route [12][16][17], obtaining spherical-shaped particles, and then  $\text{Fe}_3\text{O}_4$  nanoparticles are dispersed in  $\text{AgNO}_3$  solution in the presence of an organic solvent (ethanol, di-chlorobenzene), a surfactant (oleylamine, cetyltrimethylammonium bromide—CTAB), and a reduction agent for Ag (butylamine, sodium borohydride). Another approach uses combined phyto- and hydrothermal synthesis, preparing the magnetite core in the presence of a plant extract (neem leaf extract, leaf extract of *Eryngium planum*, *Vitis vinifera* (grape) stem extract, *Euphorbia peplus* Linn leaf extract), followed by hydrothermal synthesis of  $\text{Fe}_3\text{O}_4$ –Ag (silver nitrate was added in the magnetite suspension). Plant extract acts as a reducing agent for silver shells [14][18][19][20]. Spherical core–shell structures with 7–80 nm are obtained in these cases [12][14][16][17][18][19][20]. Moreover, brick-like Ag-coated  $\text{Fe}_3\text{O}_4$  nanoparticles with ~13 nm in width and ~15 nm in length were prepared by single-step thermal decomposition of the magnetite precursors in the presence of  $\text{AgNO}_3$  salt and 1,2-hexadecane-diol reduction agent [13].

It has been discovered that  $\text{Fe}_3\text{O}_4$ –Ag nanocomposites present a self-sterilizing property that avoids the formation of biofilms, which are the most dangerous source capable of spreading toxic bacteria into the environment [16], improving the contrast of magnetic resonance imaging (MRI) in cancer detection [1].

Similar synthesis methods as in the case of silver-doped magnetite core–shell structures (coprecipitation, thermal decomposition of  $\text{Fe}_3\text{O}_4$ ), followed by reduction of  $\text{HAuCl}_4$  or gold acetate with various agents ( $\text{NaBH}_4$ , sodium citrate, 1,2-hexadecane-diol), as well as combined phyto-hydrothermal synthesis (with *Juglans regia* green husk as reducing and stabilizing agent for  $\text{HAuCl}_4$ ), were reported in [21][22][23][24][25][26][27][28] for gold-coated magnetite

nanostructures. In 2023, Danafar et al. [21] prepared  $\text{Fe}_3\text{O}_4$ –Au hybrid nanoparticles coated with bovine serum albumin (BSA) by co-precipitation of magnetite at 60 °C followed by the reduction of  $\text{HAuCl}_4$  with sodium citrate and  $\text{NaBH}_4$ , resulting in  $\text{Fe}_3\text{O}_4$ –Au hybrids that were further coated with BSA under magnetic stirring at room temperature. They studied their potential application as a contrast agent in magnetic resonance imaging (cancer diagnosis). Gold nanoparticles represent a good option for  $\text{Fe}_3\text{O}_4$  coating due to their good biocompatibility, large specific surface area, “surface plasmon” property, and well-known attraction for thiol groups from organic molecules [22].  $\text{Fe}_3\text{O}_4$ –Au core–shell nanoparticles can be used in biomedical applications such as magnetic resonance imaging, hyperthermia, biosensors, immunosensors, photothermal therapy, controlled drug delivery, targeted gene delivery, protein separation, DNA detection, and DNA/RNA interaction [23][24][25][26][27].

### 3. Metal–Organic Framework (MOF) Coated $\text{Fe}_3\text{O}_4$

$\text{Fe}_3\text{O}_4$  nanoparticle was used as a core for improving the physicochemical properties and the thermal stability of the Cu–MOF compound. Metal–organic frameworks (MOFs) are a class of crystalline, porous materials composed of metal ions surrounded by multi-dented organic molecules. The metal ions form nodes that bind the arms of the organic ligands which act as linkers in the cage-like network structure. MOFs have a high surface area, significant porosity, tunable pore size, and high thermal stability in comparison to other nanostructures. Azizabadi et al. [4] prepared  $\text{Fe}_3\text{O}_4$ –Cu–MOFs by an ultrasonic-assisted reverse micelle synthesis (ultrasonic irradiation time of 10 min, temperature of 25 °C, power of 80 W) and found that this core–shell composite has good antibacterial activities against both Gram-positive and Gram-negative bacteria, which recommends it for advanced biomedical applications.

### 4. Metal Oxide-Coated $\text{Fe}_3\text{O}_4$

One of the most studied metal oxides as a shell for the  $\text{Fe}_3\text{O}_4$  core was  $\text{SiO}_2$ , due to the powerful attraction of magnetic nanoparticles to silica [29].  $\text{SiO}_2$  particles are non-toxic, highly biocompatible, and abundant in surface hydroxyl groups, which makes them an ideal surface functional coating for magnetic nanoparticles in the medical field [11][30][31][32][33][34][35].  $\text{Fe}_3\text{O}_4$  nanoparticles coated with  $\text{SiO}_2$  shells obtained by Ta et al. through hydrolysis and condensation [31] showed increased biocompatible properties and provided new ideas for future bioconjugation studies [11]. Moreover, the  $\text{Fe}_3\text{O}_4$ – $\text{SiO}_2$  core–shell structure prepared by Lu et al. using an ultrasound-assisted method [36] has good opportunities in the field of biomedicine [11].

$\text{TiO}_2$  is another metal oxide with interesting properties such as biocompatibility, chemical inertness, high stability, and resistance to body fluids that lead to its use in cosmetics, pharmaceutics, and malignant tumor therapy [37][38][39]. The coating of magnetite nanoparticles with a  $\text{TiO}_2$  shell protects the core from environmental damage and improves biocompatible properties [37].  $\text{Fe}_3\text{O}_4$ – $\text{TiO}_2$  core–shell structures with various  $\text{Fe}_3\text{O}_4$ : $\text{TiO}_2$  molar ratios were synthesized by a modified sol–gel method [40] or hydrothermal process [41]. The obtained  $\text{Fe}_3\text{O}_4$ – $\text{TiO}_2$  core–shell nanorods are superparamagnetic and could be further used for magnetic hyperthermia applications [37].

$\text{Fe}_3\text{O}_4$ –ZnO core–shell nanoparticles represent some of the most studied materials for magnetic hyperthermia and bio-imaging applications [42][43][44][45][46][47]. ZnO is well known for its anti-bacterial and biocompatible properties and possesses unique physical and chemical characteristics due to its wide bandgap and elevated exciton binding energy (piezoelectricity, photoluminescence, chemical stability) [48][49][50]. It has been demonstrated that ZnO– $\text{Fe}_3\text{O}_4$  composites combine the magnetic properties of  $\text{Fe}_3\text{O}_4$  with the antibacterial activity of ZnO, resulting in a material with improved biocompatibility and enhanced antibacterial activity. ZnO– $\text{Fe}_3\text{O}_4$  composites inhibit microorganisms' biofilm formation due to their synergistic activity of ion lixiviation ( $\text{Fe}^{3+}$ ,  $\text{Zn}^{2+}$ ) and oxidative activity. The material's magnetic properties play a major role in reducing the ability of microorganisms to attach to different surfaces, inhibiting biofilm formation [43]. It is very important to hinder the formation of biofilm because its existence makes microorganisms more resistant to antibiotics. ZnO/ $\text{Fe}_3\text{O}_4$  composites have shown enhanced antibacterial ability under visible light irradiation compared to single ZnO [51]. In 2021, Gupta et al. [42] reported the hydrothermal synthesis of  $\text{Fe}_3\text{O}_4$ –ZnO core–shell nanoparticles. The obtained material preserved the photoluminescence capacity of ZnO and the superparamagnetic properties of  $\text{Fe}_3\text{O}_4$ , demonstrating its potential use for hyperthermia therapy and fluorescent-based cellular imaging.  $\text{Fe}_3\text{O}_4$ –ZnO nanoparticles significantly reduced the viability of human cervical cancer cells (HeLa) under the applied AC magnetic field. However, in 2018, Madhubala et al. [45] found that only the lowest concentrations of  $\text{Fe}_3\text{O}_4$ –ZnO core–shell nanoparticles are non-toxic for cells and could be used for cancer treatment using magnetic hyperthermia therapy (MHT). Moreover, the authors concluded that  $\text{Fe}_3\text{O}_4$ –ZnO with a molar ratio of 1:20 has a small particle size and high crystallinity, and  $\text{Fe}_3\text{O}_4$  is completely encapsulated in the ZnO nanoparticles [45].

## 5. Polymer-Coated $\text{Fe}_3\text{O}_4$

Magnetite surface coating with natural or synthetic polymers has been widely investigated [11][52][53][54][55][56][57][58][59] due to their good biocompatibility, biodegradability, non-toxicity, stability, and ability to modify physical-chemical surface properties. Covering magnetite with polymers improves the antibacterial and anticancer properties of core–shell nanoparticles. Different polymers such as polyethylene glycol (PEG), chitosan, poly-N-vinylpyrrolidone (PVP), hydroxyl ethylene cellulose (HEC), nanocrystalline cellulose (NCC), heparin-poloxamer (HP), poly(N-isopropyl acrylamide) (PNIPAAm), polyethyleneimine (PEI), and polyacrylic acid (PAA) have been coated on the  $\text{Fe}_3\text{O}_4$  surface for tumor-targeted drug delivery. In 2021, Mohammadi et al. [54] synthesized magnetic nanoparticles with cross-linked PEG coatings using plasma treatment. The plasma-induced graft polymerization creates a cross-linked network of PEG chains, resulting in a rigid surface that hinders the burst release of the drug. The classical coprecipitation method of magnetite core followed by direct addition of chitosan or PEG shell and heating at 80 °C for 30 min [55] leads to an irregular and dendrimer-like surface morphology with small and large grain sizes.  $\text{Fe}_3\text{O}_4$  surface functionalized with PEG has significant results at 20 mg/mL against antimicrobial activities. The anticancer activity was tested against HepG2 liver cancer cell lines, and magnetite-polymer nanoparticles are suitable for hyperthermia therapy to treat carcinoma.

When superparamagnetic iron oxide nanoparticles (SPIONs) were coated with heparin-poloxamer (HP) and the core–shell system was tested for anticancer drug delivery, doxorubicin (DOX) was entrapped in the polymer shell,

showing a controlled release up to 120 h without any initial burst effect [57]. Moradi et al. [52] prepared Fe<sub>3</sub>O<sub>4</sub> core–shell nanoparticles as drug nanocarriers, having PNIPAAm grafted with chitosan as a polymer shell. PNIPAAm is a thermo-responsive polymer, while chitosan is a pH-responsive moiety. Therefore, the highest release percentage of methotrexate (MTX) as a negatively charged anticancer drug has been observed at T = 40 °C and pH = 5.5.

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