

Diagnostic Performances of Nuclear Imaging in Infective Endocarditis

Subjects: [Radiology, Nuclear Medicine & Medical Imaging](#) | [Cardiac & Cardiovascular Systems](#) | [Infectious Diseases](#)

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Infective endocarditis (IE) is a life-threatening disease with stable prevalence despite prophylactic, diagnostic, and therapeutic advances. While echocardiography remains the first line imaging technique, especially in native valve endocarditis, the incremental value of two nuclear imaging techniques, 18F-fluorodeoxyglucose positron emission tomography with computed tomography (18F-FDG-PET/CT) and white blood cells single photon emission tomography with computed tomography (WBC-SPECT), has emerged for the management of prosthetic valve and CIED IE.

infective endocarditis

native valve endocarditis

prosthetic valve endocarditis

cardiac implanted electronic device

left ventricular assistance device

vascular graft infection

nuclear medicine

scintigraphy

18F-FDG

positron emission tomography

white blood c

1. Introduction

Despite significant diagnostic and therapeutic progresses, infective endocarditis (IE) remains associated with high morbidity and mortality ^{[1][2]}. IE affects 3–10/100,000/year in developed countries ^[3], and its incidence is growing in the United States ^[4]. IE-related mortality reaches 20% at 30 days ^[5], increasing to up to 40–50% at late follow-up ^{[6][7]}. The number of implanted cardiac devices is increasing at a rapid pace, in particular in elderly patients with multiple comorbidities. This population has a high prevalence of sepsis related to secondary infection of the implanted material ^{[1][3][7]}. The mortality of IE is related to local complications, such as valve degradation and periannular abscesses, and to distant embolization, which may be fatal, in particular in case of septic embols in the brain ^[3]. IE treatment may require urgent cardiac surgery, which is associated with a high risk of mortality in this context, even if performed at an early stage of the disease ^{[8][9]}. The prognosis remains particularly poor in patients with IE-related stroke, despite adequate reperfusion therapy ^{[10][11]}.

The diagnosis of IE is challenging. Establishing an IE diagnosis is currently based on the Duke-Li criteria (**Table 1**), which combine clinical, biological/microbiological, and imaging parameters ^[12]. Based on these criteria, the diagnosis of IE is classified as *definite*, *possible*, or *rejected* (**Table 2**). Given the non-specific value of most clinical and biological criteria, imaging plays a central role in IE management. While echocardiography remains the mainstay exam, in particular for native valve endocarditis (NVE), its diagnostic performance is lower in prosthetic

valves endocarditis (PVE) [13], because of acoustic shadowing due to the material and the difficulty to identify perivalvular infection [14]. This also holds true for transesophageal echocardiography (TEE), which despite having higher performances than transthoracic echography (TTE), does not allow ruling out PVE with high confidence in case of negative findings [15][16]. This can delay the diagnosis and the treatment initiation, resulting in poorer clinical outcome [17]. Thus, advanced noninvasive imaging techniques are increasingly used in the management of IE, particularly in case of discordance between the clinical presentation and echocardiography, or in situations where the diagnosis is deemed *possible* based on the Duke-Li criteria [18]. Nuclear medicine imaging techniques, i.e., ¹⁸Fluor radiolabeled fluorodeoxyglucose positron emission tomography combined with computed tomography (¹⁸F-FDG-PET/CT), and white blood cell (WBC) scintigraphy provide high sensitivity (Se) for the detection of infective foci and have demonstrated their incremental value over TEE for the diagnostic of PVE (Table 3). The European guidelines for the management of IE have indeed modified the Duke-Li criteria, incorporating intracardiac findings from ¹⁸F-FDG-PET/CT and WBC scintigraphy as major criteria of IE [12]. Following on the modified Duke-Li criteria and the European Society of Cardiology criteria for IE, the International CIED Infection Criteria have also been developed in 2019 [19] (Table 4). Non-nuclear medicine imaging techniques, i.e., cardiac computed tomography angiography and cardiac magnetic resonance imaging also play a critical role in the diagnosis of IE. The main specificities of each technique are listed in Table 5.

Table 1. Modified Duke-Li criteria for the diagnosis of valve infective endocarditis.

Major Criteria	1. Microbiological Criteria
	a. Microorganisms typical of IE evidenced from two separate blood cultures
	- Viridans streptococci, Streptococcus gallolyticus (Streptococcus bovis), HACEK group, Staphylococcus aureus
	OR
	- Community-acquired enterococci, in the absence of a primary focus
	OR
	b. Microorganisms consistent with IE evidenced from persistently positive blood cultures:
	- ≥2 positive blood cultures of blood samples collected >12 h apart
	OR

- 3 or a majority of ≥ 4 separate positive blood cultures (first and last collected > 1 h apart)

OR

- Single positive blood culture for *Coxiella burnetii* or phase I IgG antibody titre >1:800

2. Imaging Criteria

a. Echocardiogram positive for IE showing one/several of the following typical findings

- Vegetation
- Abscess, pseudoaneurysm, intracardiac fistula
- Valvular perforation or aneurysm
- New partial dehiscence of prosthetic valve

b. Nuclear medicine imaging positive for IE, i.e., abnormal uptake around the site of prosthetic valve implantation

- On ^{18}F -FDG PET/CT if the prosthesis was implanted >3 months

OR

- On radiolabeled WBC-SPECT/CT

c. Cardiac CT

- Paravalvular lesions

Minor Criteria

1. Predisposing condition such as heart condition, or intravenous drug use

2. Fever defined as temperature >38 °C

3. Vascular phenomena *including those detected only by imaging*, major arterial emboli, septic pulmonary infarcts, mycotic aneurysm, intracranial hemorrhage, conjunctival hemorrhages, and Janeway's lesions

4. Immunological phenomena: glomerulonephritis, Osler's nodes, Roth's spots, and rheumatoid factor

18 5. Microbiological evidence: positive blood culture, but does not meet a major criterion as noted above, or serological evidence of active infection with organism consistent with IE
nography;
; SPECT:
difications

to the Duke-Li criteria implemented in the 2015 European Society of Cardiology guidelines. Adapted from Habib et al. [\[12\]](#).

Table 2. Definition of infective endocarditis according to the modified Duke criteria. Adapted from Habib et al. [\[12\]](#).

Histopathological Criteria	
Definite IE	Demonstration of a microorganism from a culture, a cardiac vegetation, an embolized vegetation, or an intracardiac abscess, OR
	Demonstration of an active endocarditis from a vegetation or an intracardiac abscess
	Clinical Criteria
	2 major criteria, OR
	1 major criterion AND 3 minor criteria, OR
	5 minor criteria
Possible IE	1 major criterion AND 1 minor criterion, OR
	3 minor criteria
Rejected IE	Firm alternate diagnosis, OR

- Resolution of symptoms within ≤ 4 days of antibiotherapy, OR
- No pathological evidence of IE (surgery or autopsy) after ≤ 4 days of antibiotherapy, OR
- No criteria for *possible IE* as defined above

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Table 1. Comparison between ^{18}F -FDG PET/CT and WBC-SPECT/CT.

	Advantages	Drawbacks
^{18}F -FDG-PET/CT	High sensitivity for PVE and device-related IE (CIED pocket and extracardiac lead)	Moderate sensitivity for NVE and intracardiac lead CIED-IE
	Good spatial resolution (4–5 mm)	Moderate specificity for infection
	Short protocol (preparation and acquisition <2 h)	Requires a specific diet to suppress the physiological cardiac uptake of ^{18}F -FDG
	Whole-body imaging in 15–20 min. allowing for the detection of device infection and septic emboli	Post-surgery inflammation in case of PVE (cautious interpretation 1–3 months after surgery)
	Identification of possible portal of entry	Limited sensitivity in organs with high FDG uptake, especially the brain
	Identification of alternate diagnosis for infectious or inflammatory syndrome than IE	Possible false-negative results in small vegetations and/or after prolonged antibiotherapy
		Radiation exposure
WBC-SPECT/CT	High specificity	Moderate sensitivity, especially for CIED-IE
	No need for specific diet nor interaction with sugar levels for imaging	Long and complex procedure requiring blood handling

18	Relatively low spatial resolution (8–10 mm)	Possible false-negative results in small vegetations and/or prolonged antibiotherapy
	Lower image quality (late imaging time point and SPECT acquisitions)	Radiation exposure
	Potential detection of septic emboli, but lower performance than ¹⁸ F-FDG-PET/CT	

electronic device; CT: computed tomography; IE: infective endocarditis; NVE: native valve endocarditis; PVE: prosthetic valve endocarditis; SPECT: single photon emission computed tomography; WBC: white blood cell.

Table 4. Novel 2019 International Criteria for the diagnosis of CIED-IE.

Major Criteria	1. Microbiological Criteria
	a. Microorganisms typical of CIED-IE and/or IE (Coagulase-negative staphylococci, Staphylococcus aureus)
	b. Microorganisms typical of IE evidenced from two separate blood cultures
	- Viridans streptococci, Streptococcus gallolyticus (Streptococcus bovis), HACEK group, Staphylococcus aureus
	OR
	- Community-acquired enterococci, in the absence of a primary focus
	OR
	c. Microorganisms consistent with IE evidenced from persistently positive blood cultures:
	- ≥2 positive blood cultures of blood samples collected >12 h apart

	OR	
	- 3 or a majority of ≥4 separate positive blood cultures (first and last collected >1 h apart)	
	OR	
	- Single positive blood culture for <i>Coxiella burnetii</i> or phase I IgG antibody titre >1:800	
	2. Imaging Criteria	
Minor criteria	a. Echocardiogram positive for CIED-IE:	
	clinical pocket/generator infectionlead-vegetation	
	b. Nuclear medicine imaging positive for CIED-IE, i.e., abnormal uptake around pocket/generator site or along leads	
	- On ¹⁸ F-FDG PET/CT (caution in case of recent implants)	
	OR	
	- On radiolabeled WBC-SPECT/CT	
	1. Predisposing condition such as heart condition or intravenous drug use	
	2. Fever defined as temperature >38 °C	
	3. Vascular phenomena <i>including those detected only by imaging</i> , major arterial emboli, septic pulmonary infarcts, mycotic aneurysm, intracranial hemorrhage, conjunctival hemorrhages, and Janeway's lesions	
	4. Microbiological evidence: positive blood culture but does not meet a major criterion as noted above or serological evidence of active infection with organism consistent with CIED-IE	
	18	18

nography;
HACEK: Haemophilus, Aggregatibacter, Cardiobacterium, Eikenella, Kingella; CIED: cardiac implantable electronic device; IE: infective endocarditis; SPECT: single photon emission computed tomography; WBC: white blood cell.

Text in italic font indicates the modifications to the Duke-Li criteria implemented in the 2015 European Society of Cardiology guidelines. Adapted from Blomström-Lundqvist [\[19\]](#).

Table 5. Main advantages/limitations of nuclear/morphological techniques for the diagnosis of IE.

	Echocardiography	CCTA	Cardiac MRI	¹⁸ F-FDG-PET/CT	WBC-SPECT/CT
Diagnostic Performances for IE Diagnosis	<ul style="list-style-type: none"> - High spatial and temporal resolution - High diagnostic performances in NVE, lower in PVE 	<ul style="list-style-type: none"> - High spatial and temporal resolution - Good performances for the detection of perivalvular lesions in PVE 	<ul style="list-style-type: none"> - Conflicting data about performances in NVE - Limited data about performances in mechanical PVE 	<ul style="list-style-type: none"> - High sensitivity in PVE - Low sensitivity in NVE 	<ul style="list-style-type: none"> - High specificity in PVE and NVE - Low sensitivity in NVE
Evaluation of Cardiac Complications	<ul style="list-style-type: none"> - Allows precise evaluation of valvular dysfunction and lesions due to IE 	<ul style="list-style-type: none"> - Allows evaluation of perivalvular lesions (abscess-pseudoaneurysm) 	<ul style="list-style-type: none"> - Allows evaluation of myocardial and valvular function 	<ul style="list-style-type: none"> - Limited evaluation of perivalvular extension 	<ul style="list-style-type: none"> - Limited evaluation of perivalvular extension
Cardiac Presurgical Assessment	<ul style="list-style-type: none"> - Assessment of cardiac function and evaluation of aortic root 	<ul style="list-style-type: none"> - Allows to evaluate aortic root and coronary arteries 	<ul style="list-style-type: none"> - Assessment of cardiac function and aortic root 	-	-
Extracardiac Assessment	<ul style="list-style-type: none"> - No extracardiac workup 	<ul style="list-style-type: none"> - Detection of peripheral embols if combined with wholebody CTA 	<ul style="list-style-type: none"> - No extracardiac workup 	<ul style="list-style-type: none"> - Detection of septic embols, septic aneurysms and protal of entry 	<ul style="list-style-type: none"> - Detection of septic embols

- ## 2.2. Rationale for the Use of Nuclear Medicine Imaging

2.1. F-FDG PET

¹⁸F-FDG, which a hydroxyl group has been replaced by ¹⁸F, a positron-emitting radionuclide [20]. Similar to glucose, ¹⁸F-FDG enters the cell via GLUT membrane transporters, thereby indicating cells with increased metabolic activity. However, unlike glucose, ¹⁸F-FDG does not undergo further glycolysis, which is blocked by ¹⁸F. Consequently, ¹⁸F-FDG accumulates in the cell—a phenomenon called metabolic trapping. Therefore, the concentration of ¹⁸F-FDG reflects the actual concentration of glucose in the tissue, enabling an absolute quantification of its metabolic activity. Owing to this, the higher the metabolic activity of the tissue, the higher the accumulation of ¹⁸F-FDG and the detected signal on the PET images [21]. ¹⁸F-FDG, which has initially arisen in the field of oncology, is nowadays used routinely for inflammatory and infectious diseases [22].

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In the setting of cardiac imaging, an important parameter is the metabolic fuel of the myocardium on the day of the exam. Indeed, the myocardial metabolism consists mainly of a balance between glucose and free fatty acids [23].
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Depending on several physiological and pathological factors, the cardiac metabolism can predominantly switch to glucose, a situation characterized by a diffuse myocardial ¹⁸F-FDG uptake. A diffuse myocardial ¹⁸F-FDG uptake can mask a pathologic focal ¹⁸F-FDG uptake, for example located on a cardiac valve, thereby inducing false negatives. To avoid this, several tools have been developed, considering prior fasting conditions, diet, and blood insulin levels. [24]. Carbohydrate consumption prior to the exam leads to increased insulinemia, which activates the expression of GLUT transporters at the surface of cardiomyocytes, favoring a predominantly glucose heart metabolism. Conversely, a high fatty diet will inhibit glucose metabolism and switch the cardiomyocyte metabolism towards free fatty acids consumption. Therefore, the European guidelines recommend specific cardiac preparation before cardiac ¹⁸F-FDG-PET.
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International Collaboration of Endocarditis-Prospective Cohort Study. *Clin. Infect. Dis.* 2015, 60, 201–209.

2.2.7 WBC Scintigraphy

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3. Diagnostic Performances

3.1 ¹⁸F-FDG PET/CT

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3.1.1. Native Valve Endocarditis

echocardiographic examinations of patients with suspected infective endocarditis. *Heart* 2004, 90, 1020–1024.

The literature that specifically evaluated the role of ^{18}F -FDG-PET/CT in NVE is limited. A recent meta-analysis identified seven studies addressing this issue, amongst which only two focused solely on patients with a suspicion of NVE, the other consisting of mixed populations of suspected NVE and PVE [28].

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international consensus document on how to prevent, diagnose and treat cardiac implantable electronic device infections-endorsed by the Heart Rhythm Society (HRS), the Asia Pacific Heart Rhythm Society (APHRS), the Latin American Heart Rhythm Society (LAHRS), International

3.1.2. Prosthetic Valve Endocarditis

The literature on the role of ^{18}F -FDG-PET/CT for the diagnosis of PVE is increasing at a rapid pace [34][35][36][37]. A recent meta-analysis including 15 studies with 333 cases of PVE showed respective pooled Se and Sp of 86% and 84%, and respective PLR and NLR of 3.23 and 0.21 with a diagnostic OR of 22.0 [34]. Interestingly, the performances of ^{18}F -FDG-PET/CT are comparable for mechanical and biological prosthetic valves [38][39].

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false-negative ^{18}F -FDG-PET/CT results [41][42][43]. The timing of imaging after prosthetic valve surgery is also

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Septic emboli [24]. Therefore, ^{18}F -FDG-PET/CTA is interesting to detect complications and coronary arteries involvement prior to surgical treatment [41]. Transcatheter-implanted aortic valve (TAVI) procedure is an increasingly used method of valve replacement, especially in the elderly population [51]. TAVI can be complicated by IE [52], a

Sánchez-Enrique, C.; Omos, C.; Jiménez-Ballvé, A.; Fernández-Pérez, C.; Ferrera, C.; Pérez-Castejón, M. J.; Ortega-Candil, A.; Delgado-Bolton, R.; Cervera, M.; Maroto, L., et al. Usefulness of (18)F-Fluorodeoxyglucose Positron Emission Tomography/Computed Tomography in Infective Endocarditis in Daily Practice: Individualized Analysis of Each Potential Focus of Infection: A

3.1.3 Cardiac Implanted Electronic Device Infective Endocarditis (CIED-IE)

Severe hemolysis. However, especially in severe cases, Meyer FDG-PET scan, in the first days after CIED-IE, performed by Vieira, et al. [54] [55] [56] [57] [58] [59] showed a sensitivity of 83%, specificity of 87% and LR of 94% [36] [54]. FDG-PET/CT in Native Valve Endocarditis: Systematic Review and Bivariate Meta-Analysis, criteria, its Diagnostic [2020, 10, 75] CIED-IE [43] [60]. In fact, a distinction must be made between CIED-IE involving the

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