

Isoliquiritigenin in Cancer

Subjects: Oncology

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Isoliquiritigenin (ISL), a natural bioactive compound with a chalcone structure, demonstrates high antitumor efficacy.

Keywords: isoliquiritigenin ; cancer

1. Introduction

ISL is a flavonoid with a simple chalcone structure. The structure of ISL and its metabolites are shown in [Figure 1](#). The previous studies demonstrated the six metabolites detected in phase I^{[1][2][3]}, including liquiritigenin (M1), 2',4,4',5'-tetrahydroxychalcone (M2), sulfuretin (M3), butein (M4), davidigenin (M5), and *cis*-6,4'-dihydroxyaurone (M6). Among the six metabolites, butein is the more active metabolite in the liver and in HT22 cells, with significant distribution on M1, M3, and M4 ([Figure 1](#))^{[1][2][4]}. Moreover, the previous study reported that the dominant metabolites of ISL are THC (2,4,2',4'-tetrahydroxychalcone) and naringenin chalcone in lung cells^[5]. In vivo absorption of ISL occurs in the intestines, transported to the liver for phase II biotransformation^[2]. In phase II metabolism, liquiritigenin, glucuronidated ISL, glucuronidated liquiritigenin, and glucuronidated ISL are produced. Only glucuronidated liquiritigenin is predominant^[6]. Many studies have suggested that secondary metabolites are involved in different biological activities and pharmaceuticals^{[1][2][3][6][7]}. Therefore, these metabolites may differ in various cell lines or organs; however, they all share a similar structure to that of chalcone, which contains two aromatic rings connected by an unsaturated carbon chain, resulting in interconnected biological activities.

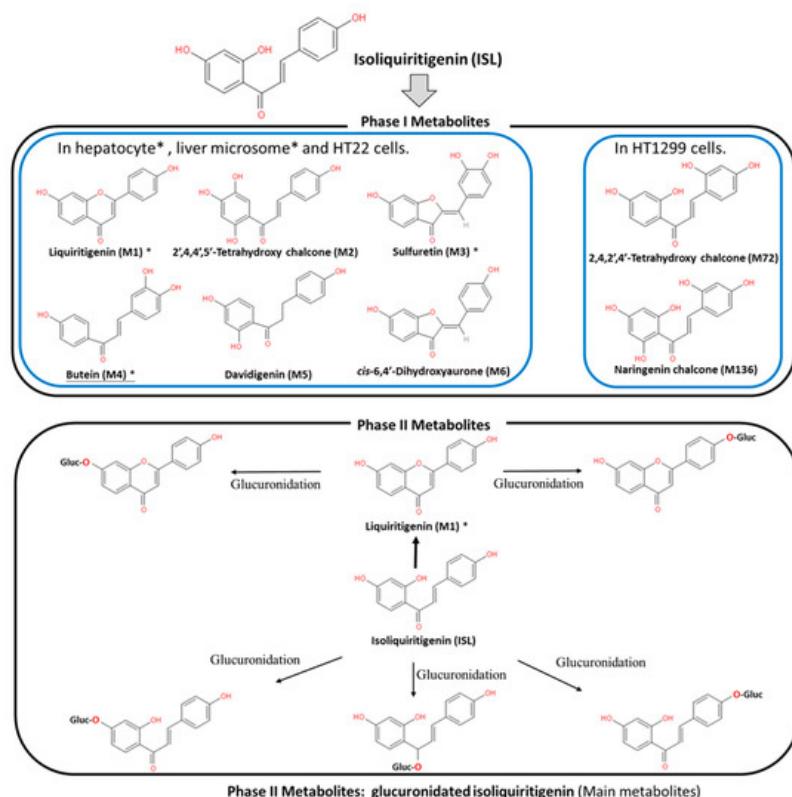


Figure 1. Metabolites of isoliquiritigenin (ISL). Phase I ISL metabolites were identified to be liquiritigenin (M1), 2',4,4',5'-tetrahydroxychalcone (M2), sulfuretin (M3), butein (M4), davidigenin (M5), and *cis*-6,4'-dihydroxyaurone (M6). Phase II metabolites were glucuronide conjugated process. Note: Figure was modified from^{[1][2]}.

2. ISL Pharmacokinetics

Evaluation of the safety of ISL is necessary for future clinical applications. Therefore, many studies, through different routes of administrations, including intravenously (IV), via hypodermic (IH) or intraperitoneal (IP) injection, and orally, have indicated that ISL exhibits a robust absorption capacity (absorption rate: ~60–90 min; oral absorption: >90%) with a strong elimination ability ($t_{1/2}$: 2–4.9 h)^{[6][8][9][10]}. Moreover, the data showed similar trends among different analytic methods, including high-performance liquid chromatography (HPLC), HPLC–MS/MS, and fluorescence spectrometry (SFS)^{[6][8][9]}. This means that the absorption of ISL is quickly and widely distributed throughout the body^{[6][8][9][10]}. Concentrations of ISL may vary in different tissues, including the heart, liver, lungs, spleen, kidneys, brain, muscles, and fat. ISL distribution mainly relies on the blood circulation, with the brain showing the lowest level of ISL due to the blood–brain barrier (BBB). These results imply that ISL is able to penetrate the BBB and exhibits neuroprotective activity in a male middle cerebral artery occlusion (MCAO)-induced focal cerebral ischemia rat model and high fat diet (HFD)-induced ICR mice model^{[11][12]}. Interestingly, only after oral administration does $[ISL]_{\text{plasma}}$ exhibit a double-peak of ISL^{[10][13][14][15]}, the possible mechanism for which has been proposed as enterohepatic recycling. As a matter of fact, oral administration has become the most advanced application route.

3. ISL Nanoformulations and ISL Derivatives: Improved Efficacy

Generally speaking, poor bioavailability, rapid degradation, fast metabolism, and systemic elimination are the essential factors that lead to insufficient bioavailability. Insufficient bioavailability of ISL means that its efficacy is far less than 20%^{[6][10]}. The term insufficient bioavailability implies that patients show intolerance to bulk administration of ISL to reach the desired effect, thereby highlighting the need to improve its effectiveness. To improve solubility, enhancing its bioavailability and distribution, encapsulated ISL nanoparticles or nano-ISL have been developed. Below, we summarize various ISL nanoparticles applied in preclinical studies, for example, polymer nanoparticles, liposomes, micelles, solid lipid nanoparticles (SLNs), and polymer conjugates.

- Nanosuspension: ISL is milled with HPC (hydroxypropyl cellulose) SSL and PVP (polyvinylpyrrolidone) K30 to form a lamelliiform or ellipse shape of the nanosuspension. HPC SSL and PVP K30 act as stabilizer. These two nanosuspension particles (size: 238.1 ± 4.9 nm with SSL; 354.1 ± 9.1 nm with K30) do not only improve the solubility issue, but also enhance the cytotoxicity a 7.5–10-fold^[16].
- Nanoencapsulation: Mesoporous silica nanoparticles (MSNs) are a solid material, acting as a biodegradable nanoscale drug carrier. When MSNs are encapsulated with ISL, they improve the efficacy of ISL in vitro and in vivo^[17].
- Lipid–polymer hybrid nanoparticle system:

3.1.iRGD hybrid NPs: The composition of lipid–polymer hybrid nanoparticles (NPs) include lactic-co-glycolic acid (PLGA), lecithin, and a hydrophilic poly-ethylene-glycol (PEG). ISL-loaded hybrid NPs are composed of an inner PLGA core with an outer lipid layer (PEG, lecithin, and iRGD peptides). iRGD peptides (CRGDK/RGPD/EC, a tumor-homing peptides), can deliver drugs to a tumor. In vitro, ISL–iRGD NPs show stronger inhibition effects and induce apoptosis effects. In vivo, ISL–iRGD NPs show stronger effects in the viability of tumor cells. Herein, iRGD-modified lipid–polymer NPs showed better solubility, bioavailability, and targeting distribution^[18].

3.2.Hydrophilic polyanion solid lipid nanoparticles (SLNs): SLNs are composed of natural lipids such as lecithin or triglycerides that remain solid at 37°C . SLNs can protect labile compounds from chemical degradation and can improve bioavailability. Low-molecular-weight heparins (LMWHs) are fragments of heparin showing hydrophilic polyanions that can improve the efficacy of ISL^[19].

- Microemulsion: The self-microemulsifying drug delivery system (SEMDDS) was designed for improving the solubility, absorption, and bioavailability of lipophilic drugs. The SEMEDDS comprises ethyl oleate (EO; oil phase), Tween 80 (surfactant), and PEG 400 (co-surfactant). ISL-loaded SEMEDDS has been proven to improve the solubility and oral in vivo availability^[13].
- ISL-loaded nanostructured lipid carriers (ISL-NLCs): NLCs mix solid lipids with spatially incompatible liquid lipids, which leads to a special nanostructure with improved properties for drug loading. ISL-loaded NLCs are constructed by glycerol monostearate (MS) and Mi-glycol-812 as the solid and liquid lipid materials to carry the ISL^[20]. In pharmacokinetic studies, less than 10% of the NLCs remains in the stomach after oral administration, mainly absorbed in the colon^[19]. Moreover, the antitumor effect of ISL-loaded NLCs has been evaluated in sarcoma 180 (S180)-bearing

and murine hepatoma (H22)-bearing mice models via IP administration^[20]. A biodistribution study showed that the ISL concentration of ISL-loaded NLCs in the tumor is higher 2.5-fold than free ISL. In a skin permeability study, the previous study suggested NLCs as a promising carrier to deliver the ISL^[21].

- TPGS-modified proliposomes: D- α -tocopheryl polyethylene glycol 1000 succinate (TPGS) has been selected as an excipient for ISL-loaded TPGS-modified proliposomes (ISL-TPGS-PLP), prepared using the film dispersion method with ISL-loaded proliposomes (ISL-PLP). ISL-TPGS-PLP can enhance the solubility, bioavailability and liver-targeting ability of ISL^[14].
- Polymeric micelles: PEO (polyethylene oxide)-PPO (polypropylene oxide)-PEO (polyethylene oxide) triblock copolymers are highly biocompatible and act as surface-active agents. P123 (PEO20-PPO65-PEO20) can remarkably enhance the retention of poorly soluble drugs in the blood circulation. Another important derivative of Pluronic, F127 (PEO100-PPO69-PEO100), possesses high biocompatibility. Therefore, mixed F127/P123 polymeric micelles have been developed, which have remarkably enhanced bioavailability with high encapsulation efficiency and low particle size. ISL-loaded F127/P123 polymeric micelles (ISL-FPM) improve the solubility as well as enhance the bioavailability and antioxidant activity of ISL^[22].
- Nanoliposomes (NLs): Drug-loaded PEGylated nanomaterials have shown effective cancer cell-killing ability, PEG2000-DPSE-QUE-NLs (polyethyleneglycol-2000-distearoyl phosphatidyl ethanolamine loaded with querce-tin (QUE)) can efficiently disperse in aqueous media compared to controls, and PEGylated (PEG2000-DPSE) NLs have been found to be effective drug delivery vehicles when simply loaded with ISL. ISL-NLs as tumor-targeted drug carriers are more effective in regulating glycolysis in colon cancer cell lines (CRC: HCT116)^[23].
- Hydrogel: Hydrogels are composed of hyaluronic acid (HA) and hydroxyethyl cellulose (HEC), and they can improve the skin permeation of ISL^[24].

As described above, many experiments have been conducted to evaluate the various properties of ISL nanoformulation have been developed to address the problems of bioavailability and solubility. Nanoformulation studies have been conducted *in vitro* and *in vivo* (**Table 1**), demonstrating that ISL nanoformulations improve the bioavailability by 2–10-fold^{[13][20][22]}.

Table 1. Nano-formulation of ISL.

Formulation	Material	Particle Size (nm)	Model	Conclusion	Ref
Nanosuspension	Hydroxypropyl cellulose-SSL Polyvinylpyrrolidone-K30	238.1 ± 4.9 354.1 ± 9.1	In vitro: A549	HPC SSL-ISL-NS and PVP K30-ISL-NS both improve the solubility and cytotoxic activity of ISL (IC_{50} : ~0.08 μ M).	[16]
Nanoencapsulation	Mesoporous silica nanoparticles	~200	In vitro: mouse primary bone marrow-derived macrophages (BMMs) In vivo: lipopolysaccharide (LPS)-mediated calvarial bone erosion model (received 50 mg/kg MSNs-ISL; once every 2 days via subcutaneous injection) Experiment period: 7 days	MSNs-ISL as an effective natural product-based bone-bioresponsive nanoencapsulation system prevents osteoclast-mediated bone loss (In vitro effective dose: 16–64 μ g/mL).	[17]
Lipid-polymer hybrid	ISL-iRGD nanoparticles	~130 138.97 ± 2.44	In vitro: MCF-7, MDA-MB231, 4T1 In vivo: 4T1-bearing nude mouse (received 35 μ g/kg once every 2 days via IV injection) Experiment period: 20 days	RGD modified lipid-polymer hybrid NPs improve ISL in anti-breast cancer efficacy (Effective dose: >12 μ M).	[18]
	LMWH-ISL-SLN	217.53 ± 4.86	In vitro: HepG2 In vivo: Kunming mice (6 female and 6 male; 50 mg/kg via IV injection daily) Experiment period: 14 days	Pharmacokinetics of LMWH-ISL-SLN demonstrated its safety and better bio-distribution after intravenous administration (In vitro IC_{50} : ~7.45 μ g/mL).	[19]

Formulation	Material	Particle Size (nm)	Model	Conclusion	Ref
Micro-emulsion	Self-microemulsifying drug delivery system (SEMDDS)	44.78 ± 0.35	In vivo: SD rat (oral administration: a single dose: 200 mg/kg) Experiment period: 24 h	ISL-SMEDDS can enhance the solubility and oral bioavailability of ISL.	[13]
		20.63 ± 1.95	In vivo: SD rat (oral administration: twice a day; 20 mg/kg) Experiment period: 63 days		[25]
Nanostructured lipid carrier (ISL-NLC)	Monostearate and lecithin	160.73 ± 6.08	In vivo: Kunming mice bearing H22 and S180 tumor (intraperitoneal injection daily) Experiment period: 12 days	ISL-NLC nanoparticles with high envelopment efficiency with initial burst release, exhibiting superior in vivo antitumor effect and biodistribution.	[20]
	MS and Miglyol 812	160.73 ± 6.08	In vivo: SD rat (oral administration: a single dose: 20 mg/kg) Experiment period: 36 h		[15]
TPGS-modified proliposomes	Ceramide, cholesterol, caprylic/capric triglyceride	150.2–251.7	In vitro: Franz diffusion cell In vivo: ICR mice	NCL improved the skin permeation of ISL (permeability: 8.48–10.12 µg/cm³).	[21]
	D- α -tocopheryl polyethylene glycol 1000 succinate (TPGS), proliposomes	23.8 ± 0.9	In vivo: Swiss-ICR mice oral administration Experiment period: 24 h		[14]
Polymeric micelles	ISL-loaded F127/P123 polymeric micelles (ISL-FPM)	20.12 ± 0.72	In vivo: SD rat, (oral administration: a single dose 200 mg/kg) Experiment period: 24 h	ISL-FPM act as a promising approach to improve solubility as well as enhance bioavailability and antioxidant activity of ISL.	[22]
Liposome	Phospholipid and cholesterol	233.1	In vitro: HeLa and SiHa	ISL liposome can significantly inhibit the proliferation of human cervical cancer cells in vitro.	[26]
Nanoliposome	Sodium cholate, cholesterol and IPM were melted with a ratio of 5:1:4 (w/w/w)	82.3 ± 35.6	In vitro: HCT116 and HT29	ISL involved in the glucose metabolism in colon cancer.	[23]
Hydrogel systems	HA-HEC hydrogels	N.A.	In vitro: skin permeation study Franz diffusion cells	HA-HEC hydrogel showing the stable viscoelastic behaviour and the optimal adhesiveness has potential to enhance skin permeation of IS (permeability: 20 µg/cm³).	[24]

ISL-derived new compounds offer another solution to improve the bioavailability and water-soluble issues^{[27][28][29][30][31][32]}. Considering the chalone structure, the α,β -unsaturated ketone is an important part of its biological activity by modifying on the phenol ring to improve the performance of ISL. We summarized a few new analogues of ISL in below (see Figure 2):

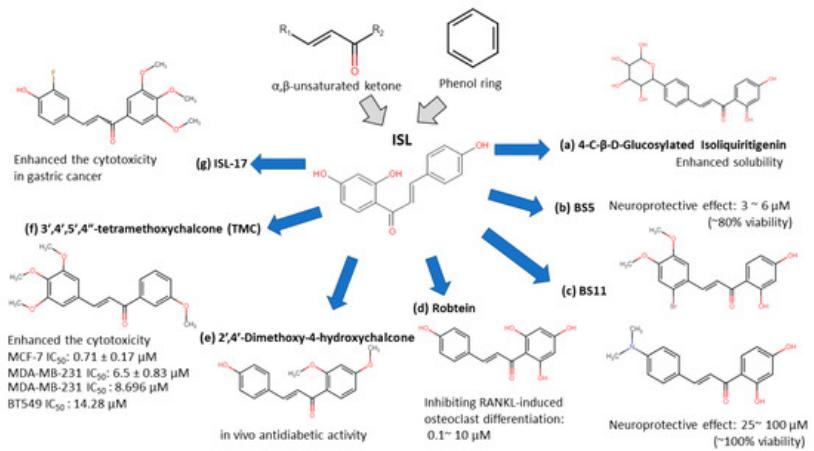


Figure 2. Isoliquiritigenin (ISL) derivatives.

- 4-C- β -D-glucosylated ISL ([Figure 2a](#)): Glucosylation of low molecular weight compounds have improve water solubility and bioavailability with a good inhibition of aldose reductase (AR)^[33].
- Synthetic isoliquiritigenin derivatives (BS5 and BS11 in [Figure 2b,c](#)): The compounds BS5 and BS11 with m-, p-dimethoxy, o-bromo phenyl group shows neuroprotective effects at 3 μ M to 6 μ M with higher viability (~80–100%)^[32].
- Robtein (ISL-derivative #10; [Figure 2d](#)): Robtein exhibited osteoclast differentiation and activation without any significant changes of viability or cytotoxicity^[28].
- 2',4'-dimethoxy-4-hydroxychalcone ([Figure 2e](#)): shows in vivo antidiabetic activity^[31].
- 3',4',5',4"-tetramethoxychalcone (TMC; [Figure 2f](#)): Introducing methylation of hydroxy groups significant increase cytotoxic activity in breast cancer^[27], especially targeting on triple-negative breast cancer (TNBC)^[29].
- ISL-17 ([Figure 2g](#)): A fluorine atom was introduced to the structure of ISL named ISL-17 showed the anti-tumor activities in gastric cancer^[28].

However, the poor bioavailability and water-solubility issues remain in clinical applications. Future studies are still needed to elucidate the ISL formulations that would be more suitable for human clinical trials.

4. ISL Docking Model

ISL had been reported to exert diverse biological properties, but the specific molecular interaction that underlies these activities has not been fully unveiled. Based on molecular docking analysis, many studies have proposed that ISL has a direct interaction in different molecules ([Figure 3](#)), such as SIRT1^[34]/VEGF2 receptor^[35], GRP78^[36], FLT3^[37], EGFR^[38], IKK β ^[39], Toll-like receptors (TLRs)^[40], CK-2 (IC₅₀: 17.3 μ M)^[41], H2R^[42], COX-2^[43], aromatase (Ki: 2.8 μ M)^[44]^[45], topoisomerase I^[46] and DNMT1^[47]. These docking results imply that the binding pocket is composed of hydrophobic regions and is stabilized by a hydrogen bond with its neighboring carbonyl group. The hydrogen bond interactions and π – π stacking contribute to a tight interaction with the binding site. These docking results provide valuable information about the binding interactions of ISL and the active site, although more studies are required to approve them. Using a bioassay-guided purification method, suggested that isolated ISL acts as a xanthine oxidase inhibitor (IC₅₀: 55.8 μ M; Ki: 17.4 μ M) to avoid transplantation rejection and ischemia reperfusion damage^[48]. In brief, multiple docking candidates indicate that ISL exhibits multiple biological properties and serves as a potential lead compound for developing new therapy in cancer treatment.

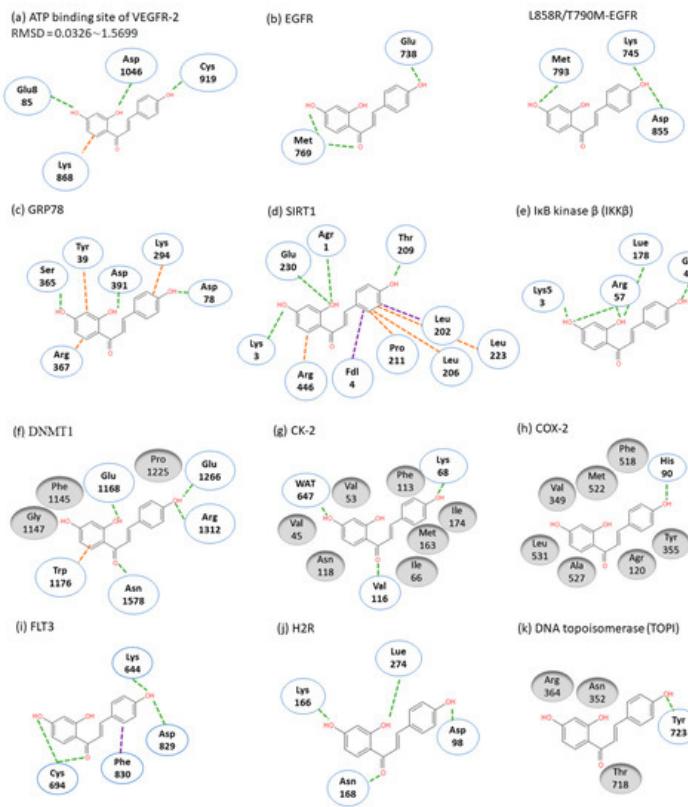


Figure 3. Molecular docking models. Interactions are represented in green (hydrogen bonding), orange ($\pi-\pi$ stacking), purple ($\sigma-\pi$) dash lines and gray (hydrophobic interaction: Van der Waals). (a) VEGFR-2; (b) EGFR; (c) GRP78; (d) SIRT1; (e) IKK β ; (f) DMNT1; (g) CK-2; (h) COX-2; (i) FLT3; (j) H2R; (k) TOPI.

5. ISL Biology Effects

In targeting cancers, ISL possesses various biologic activities, such as anti-inflammation, antioxidation, antiviral, antidiabetic, neuroprotective effect, chemopreventive, and antitumor growth properties (Figure 4 and Figure 5). A selective cytotoxicity effect of ISL has been reported (Table 2 and Table 3), and the effective dose in tumor cell lines shows very little cytotoxic effect on normal cells. Most studies have claimed that ISL significantly inhibits the viability of cancer cell but has little toxicity on normal cells. For example, Wu et al. (2017) compared the human endometrial stromal cells (T-HESCs; as a control) and human endometrial cancer cell lines (Ishikawa, HEC-1A, and RL95-2 cells). Their results indicated that ISL inhibits the growth of cancer cells at concentrations below 27 μ M, but has little effect on normal cells^[49]. Na et al. (2018) claimed that ISL shows little toxicity on normal hepatocyte cell lines (AML-12); only when applied in concentrations of over 100 μ M is ISL harmful to normal hepatocytes^[50]. Most studies have focused on the cytotoxicity between tumor and normal cells, and the effects of ISL on normal cells remain unknown. As Peng et al. (2015) mentioned, further research on the target organ toxicity or side effects of ISL is needed. The safety of ISL is always one of the most important concerns that must be evaluated.

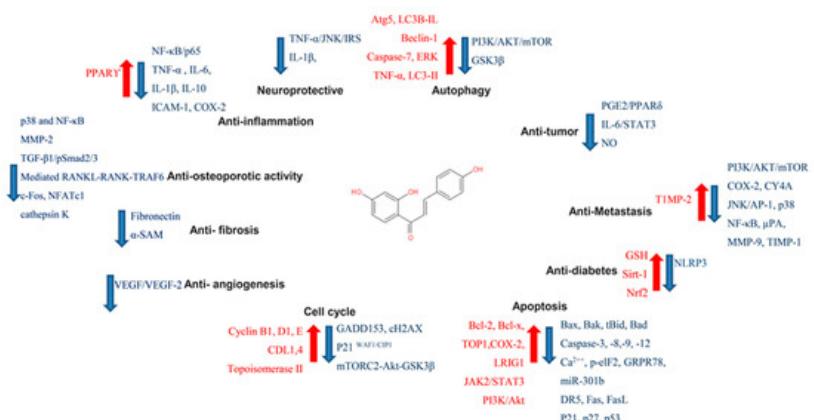


Figure 4. Pharmacological effect of ISL. The scheme presents the biological effects of ISL and molecular mechanisms of ISL against cancer via various signal pathways.

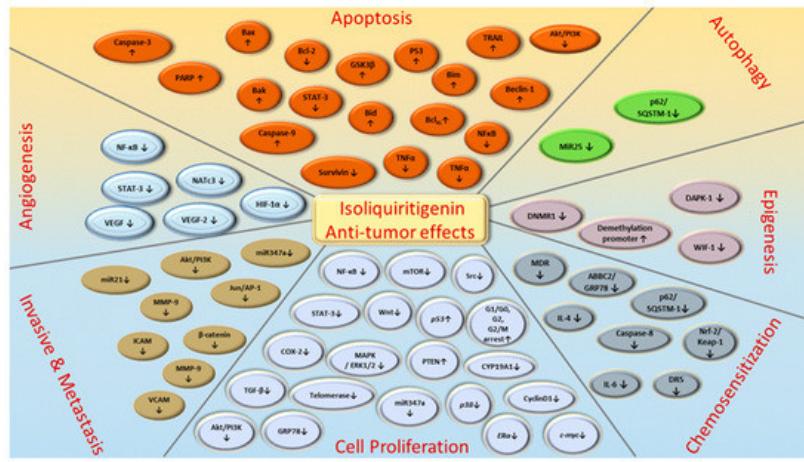


Figure 5. ISL-mediated regulation of molecular targets underlying anti-tumor effects, including tumor proliferation suppression, apoptosis induction, EMT/metastasis, epigenetic responses and sensitization to chemotherapy. Downward arrows (↓) represent downregulation while upward arrows (↑) represent upregulation. This figure was modified from^[51].

Table 2. ISL influenced on normal cell lines.

Type	Cell Line	Result	Ref
Breast	MCF-10A (0~50 μM) (24 h)	ISL had no significant influence on MCF-10A as human normal tissues.	[36]
	MCF-10A (0~100 μM) (24 h)	ISL had limited inhibitory effects on the proliferation in normal cell and did not show the chemosensitization effect with epirubicin.	[52]
	H184B5F5/M10 (0.1~10 μM) (6~48 h)	ISL did not influence the normal cell viability at the at 0.1~10 μM.	[53]
Lung	HELF (24~72 h)	Both pure drug of ISL and nanosuspension showed low toxicity to normal cells.	[16]
Hepatocyte	AML-12 (0~200 μM) (24 h)	5~50 μM of ISL increased cell proliferation, strong cytotoxicity was observed over 100 μM.	[50]
Uterus Endometrium	T-HESCs (5~100 μM) (24~48 h)	The viability of T-HESCs showed significant changes when ISL concentration over 75 μM was applied.	[49]
Gastric	GES-1 (20 μM) (48 h)	ISL exhibited a negligible effect on cell growth and cell viability exceeded 70%.	[28]
Endothelia	HUVEC	Over 10 μM of ISL is nontoxic with inhibiting the VCAM-1 and E-selectin.	[54]
Small intestine	IEC-6 (10~100 μM) (24 h)	No effect was observed in IEC-6 cells.	[55]
Oral	SG cell (25~400 μM) (24 h)	The half maximal effective dose (IC_{50}) of ISL is $386.3 \pm 29.7 \mu\text{M}$.	[56]
Brain	H22	ISL had the potential to against glutamate-induced neuronal cell death (neuroprotective effect)	[32]

Table 3. Different pathways of various cancers regulated by ISL.

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↑ Presenilin2 (pS2) mRNA level 	
	MCF-7	Testing conc: 10 nM–10 μ M (5 days; 10 nM is sufficient)	<ul style="list-style-type: none"> • ↓ Proliferation • ↓ Estrogen receptor (ERα) 	[57]
			<ul style="list-style-type: none"> • ↑ WIF1 • ↓ DNMT1 • ↓ β-catenin (↓ Metastasis) • ↓ Wnt 	
	MCF-7 MDA-MB-231	Effective conc: 25 μ M and 50 μ M (24 h)	<ul style="list-style-type: none"> • ↓ G0/G1 (Cell cycle arrested) • ↓ Cyclin D1 (↑ Apoptosis) • ↓ Survivin • ↓ c-myc • ↓ Oct-4 	[41]
Breast cancer		Testing conc.: 0, 20, 40, 60, 80, 100 μ M	<ul style="list-style-type: none"> • ↑ HIF-1α proteasome degradation 	
	MCF-7 MDA-MB-231 HUVEC	Tumor cell line: MCF-7 IC_{50} estimated = ~33.39 μ M MDA-MB-231 IC_{50} estimated = ~35.64 μ M (48 h)	<ul style="list-style-type: none"> • ↓ VEGF expression • ↓ Cancer growth via VEGF/VEGFR-2 • ↓ Neoangiogenesis via VEGF/VEGFR-2 	[58]
		HUVEC IC_{50} estimated = ~75.48 μ M		
	PMA-induced COX-2 in MCF-10A	Effective conc: 0.1 μ M and 10 μ M (24 h; 1 μ M is sufficient.)	<ul style="list-style-type: none"> • ↓ COX-2 expression modulated ERK-1/2 signaling 	[59]
			<ul style="list-style-type: none"> • ↑ Cleaved caspase-3 & 9 (↑ Apoptosis) 	
	BT549 MDA-MB-231	Effective conc.: 10, 20, 40 μ M (12 h)	<ul style="list-style-type: none"> • ↓ COX-2 (↓ Metastasis) • ↓ CYP 4A, ↓ PGE₂, ↓ PLA2 	[60]
			<ul style="list-style-type: none"> • ↑ RECK 	
	MDA-MB-231 Hs-578T	Effective conc.: ~20 μ M	<ul style="list-style-type: none"> • ↓ miR21 and ↓ MMP-9 (↓ Invasive) 	[61]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
		Testing conc.: 0, 5, 10, 20 μM	<ul style="list-style-type: none"> ↓ mRNA level of phospholipase A2 (PLA2), cyclooxygenases-2 (COX-2) and cytochrome P450 (CYP) 4A 	
	MCF-7 MDA-MB-231	Tumor cell line: MCF-7 $IC_{50} = 10.08 \mu$M MDA-MB-231 $IC_{50} = 5.5 \mu$M (48 h)	<ul style="list-style-type: none"> ↓ Cancer growth (↓ Arachidonic acid metabolism) ↑ Apoptosis ↓ PI3K/AKT pathway 	[62]
		Testing conc.: 0, 6.25, 12.5, 25, 50, 100 μM	<ul style="list-style-type: none"> ↑ PTEN (↑ Apoptosis) ↑ Bax (↑ Apoptosis) ↑ Caspase 9 ↑ MMP-7 (↓ Lung metastasis) 	
Breast cancer	MCF-7 MDA-MB-231	Tumor cell line: MCF-7 $IC_{50}: 32.66 \mu$M MDA-MB-231 $IC_{50}: 22.36 \mu$M (24 h)	<ul style="list-style-type: none"> ↓ miR374a (↓ Metastasis and ↓ proliferation) ↓ Bcl-2 ↓ p-GSK3β, AKT ↓ β-catenin (↓ Migration and ↓ invasion) 	[63]
	MDA-MB-231 Hs-578T	Effective conc.: 10 μM and 20 μM	<ul style="list-style-type: none"> ↑ PIAS3 ↓ miR21 and ↓ STAT3 (↓ Invasion) 	[64]
		Testing conc.: 1, 5, 10 and 25 μM	<ul style="list-style-type: none"> ↑ Proteasome degradation ↑ β-catenin degradation ↑ Apoptosis via ↓ miR-374a 	
	MCF-7 MDA-MB-231 BT549 MCF-10	Tumor cell lines: MCF-7 IC_{50} estimated: ~33.0 μM MDA-MB-231 IC_{50} estimated: ~21.2 μM BT549 IC_{50} estimated: ~18.1 μM (24 h)	<ul style="list-style-type: none"> ↑ Chemosensitivity ↓ β-catenin /ABCG2/ GRP78 (↓ Proliferation) ↓ GSK-3β phosphorylation via AKT pathway (↑ Chemosensitization) 	[36]
		Normal cell line: MCF- 10A IC_{50} estimated: ~80.51 μM (24 h)	<ul style="list-style-type: none"> ↓ CD44$^+$CD24$^-$, Survivin, Oct-4, ↓ Cyclin D1 	

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↓ VEGF (↓ Anti-angiogenesis) <p>Effective conc: 25 μM and 50 μM (48 h) Tumor cell lines:</p> <p style="text-align: center;">MCF-7 MDA-MB-231</p>	
	MCF-7 MDA-MB-231 H184B5F5/M10		<ul style="list-style-type: none"> • ↓ HIF-1α (↓ Proliferation) • ↓ MMP-9 (↓ Migration) • ↓ PI3K <p>Normal cell line: H184B5F5/M10 (ISL did not influence the viability)</p> <ul style="list-style-type: none"> • ↓ NF-kB • ↓ p38 	[65]
Breast cancer	MCF-7 MCF-7/ADR MCF-10A	<p>Tumor cell lines: MCF-7 IC_{50} estimation: ~59.39 μM MCF-7/ADR IC_{50} estimation: ~38.86 μM (24 h)</p> <p>Normal cell line: MCF-10A ISL (at 100 μM) had limited inhibitory effects on the proliferation</p>	<ul style="list-style-type: none"> • ↑ ULK1 (↑ Autophagy) • ↑ LC3-II (↑ Chemosensitization) • ↓ miR-25(↑ Autophagy) • ↓ ABCG2 <ul style="list-style-type: none"> • ↑ Bax • ↑ Caspase-3 and ↑ PARP • ↑ p62, ↑ Beclin1, and ↑ LC3 (↑ Autophagy) 	[53]
	MDA-MB-231	<p>Testing conc.: 0, 10, 25, 50 μM MDA-MB-231 IC_{50} estimated: ~24.23 μM (48 h)</p>	<ul style="list-style-type: none"> • ↑ Caspase-8 (↑ Autophagy and ↑ apoptosis) • ↓ Cyclin D1 (↓ Proliferation) • ↓ Bcl-2 • G1 arrest 	[66]
	MCF-7aro	<p>Testing conc.: 0, 0.625, 1.25, 2.5, 5, 10 μM MCF-7aro IC_{50}: 2.5 μM (24 h)</p>	<ul style="list-style-type: none"> • ↓ mRNA level of aromatase • ↓ CYP19 promoters I.4, I.3 and II activity 	[44]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
	HT29	HT29 ED ₅₀ : 11.1 μ g/mL (42.32 μ M)	<ul style="list-style-type: none"> • DNA demethylating effect 	[67]
	HT29	Testing conc.: 0, 5, 10, 20, 30, 40, 50 μ M 40 μ M was applied; (24 h)	<ul style="list-style-type: none"> • ↑ DR5 (↑ Apoptosis) • ↓ PI3K/AKT pathway 	[68]
	HCT116 HT29 SW480	Testing conc.: 0, 10, 20, 30, 40 μ M HCT116 IC ₅₀ estimated = ~42.41 μ M Working conc.: 30 or 40 μ M; (24 h)	<ul style="list-style-type: none"> • ↑ Apoptosis • ↑ p62/SQSTM1 (↑ Autophage cell death) • ↑ PARP cleavage • ↓ Caspase-8 activation (↑ Apoptosis) 	[69]
Colon cancer	HCT116	Testing Conc.: 0, 2.5, 5, 10, 20, 40, 80, 160 μ M HCT116 IC ₅₀ estimated: ~78.78 μ M (48 h) HCT116 IC ₅₀ estimated: ~53.97 μ M (72 h) HCT116 IC ₅₀ estimated: ~44.8 μ M (96 h)	<ul style="list-style-type: none"> • ↑ NAG-1 expression mediated EGR-1, p53, ATF-3, Sp1 and PPARy • ↑ Apoptosis (Caspase dependent pathway) • ↓ Bcl-2 and Bcl-x_L • G2 phase cycle arrested 	[70]
	CT26	Testing Conc.: 0, 10, 20, 40, 60, 80 μ M CT26 IC ₅₀ estimated = ~54.48 μ M	<ul style="list-style-type: none"> • ↑ Serum nitric oxide, ↑ Lipid peroxidation levels and ↑ GSH levels • ↓ ROS • ↓ Proliferation • ↓ COX-2 (↑ Apoptosis) 	[71]
	Colon26 RCN9 CoLo-320DM	Testing Conc.: 0, 5, 25, 100 μ M (24, 48 h) Colon26 IC ₅₀ estimated = ~17.55 μ M (24 h) Colon26 IC ₅₀ estimated = ~12.59 μ M (48 h) RCN9 IC ₅₀ estimated = ~41.73 μ M (24 h) RCN9 IC ₅₀ estimated = ~18.21 μ M (48 h) CoLo-320DM IC ₅₀ estimated = ~23.10 μ M (24 h) CoLo-320DM IC ₅₀ estimated = ~10.82 μ M (48 h)	<ul style="list-style-type: none"> • ↑ Apoptosis • ↓ PGE₂ depends on ↓ COX-2 expression • ↓ NO via (↓ iNOS) 	[72]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
Colon cancer	HCT116	Applied 20 μM (48 h)	<ul style="list-style-type: none"> ↑ Bax and ↑ cleaved caspase-3 (↑ Apoptosis) ↓ PI3K/AKT signaling pathway ↓ Cancer proliferation, ↓ Invasion and ↓ migration 	[73]
			• ↓ Bcl-2, <i>p</i> -AKT, <i>p</i> -mTOR, CyclinD1	
			• ↑ HBD3 (human β-defensin-3)	
Breast cancer	Caco-2/TC-7	Caco-2/TC-7 EC_{50} : 42 μM	• ↑ EGFR-MAPK pathway	[74]
	SKOV3 OVCAR5 ES2	Testing conc.: 2, 4, 8, 16, 32, 64, and 100 μM SKOV3 IC_{50} : 83.2 μM (72 h) OVCAR5 IC_{50} : 55.5 μM (72 h) ES2 IC_{50} : 40.1 μM (72 h) Effective Conc.: 10 μM	<ul style="list-style-type: none"> ↑ E-cadherin ↓ ZEB1 mRNA ↓ Vimentin and ↓ N-cadherin (↓ EMT) ↓ TGF-β 	[75]
			• ↑ Cleaved PARP, ↑ cleaved caspase-3, ↑ Bax/Bcl-2 ratio, ↑ LC3B-II, and ↑ Beclin-1	
			<ul style="list-style-type: none"> ↑ CDK2 G2/M phase arrest ↓ Cyclin B1 	
Ovary cancer	SKOV3 OVCAR5	Testing conc.: 0, 1, 5, 10, 20, 25, 50, 75, and 100 μM OVCAR5 IC_{50} : 11 μM (48 h) ES2 IC_{50} : 25 μM (48 h)	<ul style="list-style-type: none"> ↑ STAR 	[76]
			• ↓ mRNA levels of cytochrome P450 steroid 17 α-hydroxylase 1 (↓ CYP17A1), cytochrome P450 aromatase (↓ CYP19A1)	
			<ul style="list-style-type: none"> ↑ GSK3β ↓ <i>p</i>-AKT and <i>p</i>-mTOR ↓ P70/S6K, Cyclin D1 ↓ Wnt3a, ↓ <i>p</i>-ERK, ↓ PI3K/AKT/mTOR 	
Prostate cancer	SKOV3	Testing conc.: 5~80 μM 30 μM applied	<ul style="list-style-type: none"> ↑ ER stress, ↑ <i>p</i>-eIF2α, GADD153/CHOP, GRP78, XBP1 expression, and cleavage of ATF6α (↑ Apoptosis and ↑ autophagy) 	[76] [79]
			• N.A.	

Type of Cancer	Cell	Testing Range/IC ₅₀	Signaling Pathways Effect of ISL (In Vitro)	Ref
	H1299 H1975 A549	H1299 IC ₅₀ estimated: ~36.78–46.08 μM H1975 IC ₅₀ : 48.14 μM A549 IC ₅₀ : 75.08 μM (48 h)	<ul style="list-style-type: none"> ↓ Src kinase activity (↓ Proliferation and ↓ migration) 	[9]
	A549	A549: applied 20 μM (24 h)	<ul style="list-style-type: none"> ↑ Bax and ↑ caspase-3 ↑ E-cadherin ↓ Bcl-2 ↓ mTOR (↓ PI3K/AKT pathway) ↓ P70, ↓ Cyclin D1, ↓ N-cadherin and ↓ vimentin 	[80] [81]
Lung cancer	RAW 264.7	Testing conc.: 5, 10, 20 μM for (Pretreated with 10mM of t-BHP for 18 h) RAW 264.7 (treated with t-BHP) EC ₅₀ = 10 μM (18 h)	<ul style="list-style-type: none"> ↑ AMPK/Nrf2 signaling ↑ Nrf2 and its target enzymes (e.g., ↑ HO-1, ↑ GCLM, ↑ GCLC, and ↑ NQO1) ↓ iNOS and ↓ COX-2 ↓ TNF-α, ↓ IL-1β, and ↓ IL-6 ↓ NLRP3 in a Nrf2-dependent pathway ↓ NF-κB (p65) via Nrf2-independent pathway 	[82]
	Calu-3	Calu-3 cells were infected with PR8/H1N1 virus; [EC ₅₀] = 24.7 μM	<ul style="list-style-type: none"> ↑ PPARy (↓ Influenza virus infection) ↑ TNF-α, ↑ IL-1β, and ↑ IFN-β 	[83]
	H1650 H1975 A549	H1650 IC ₅₀ estimated: ~26.88 μM (24 h) H1975 IC ₅₀ estimated: ~8.92 μM (24 h) A549 IC ₅₀ estimated: ~46.7 μM (24 h)	<ul style="list-style-type: none"> ↑ Bim (↑ Apoptosis) ↓ Bcl-2, ↓ p-AKT, and ↓ p-ERK1/2 	[83]
	A549	A549 IC ₅₀ : 0.05 mg/mL (~191.21 μM ~117 μM)	<ul style="list-style-type: none"> ↑ p53, ↑ p21 and ↑ Bax Arrest at G2/M phase ↓ PCNA, ↓ MDM2, ↓ p-GSK-3β, ↓ p-AKT, ↓ p-c-Raf, ↓ p-PTEN, ↓ caspase-3, ↓ pro-caspase-8, ↓ pro-caspase-9, ↓ PARP, and ↓ Bcl-2 	[84]

Type of Cancer	Cell	Testing Range/IC ₅₀	Signaling Pathways Effect of ISL (In Vitro)	Ref
	guinea-pig tracheal smooth muscle	N.A.	<ul style="list-style-type: none"> ↑ cGMP/PKG (↑ BKCa channels opened) ↓ PDEs (↓[Ca²⁺]_i led tracheal relaxation) 	[85]
Lung cancer	A549	A549 IC ₅₀ : 27.14 μM	<ul style="list-style-type: none"> ↑ p53 and ↑p21/WAF1 ↑ Apoptosis via Fas/FasL apoptotic system Arrested at G1 phase (↓ Proliferation) 	[86]
	A549	A549 IC ₅₀ : 18.5 μM	<ul style="list-style-type: none"> ↑ p21^{CIP1/WAF} via p53 independent pathway G2/M arrest(↓ Proliferation) 	[87]
AML (acute myeloid leukemia)	HL-60	HL-60 ED ₅₀ : 5.5 μg/mL (~21.46 μM) 5.00 μg/mL = 19.5 μM (72 h)	<ul style="list-style-type: none"> ↑ DNA demethylation 	[61]
	MV4-11 MOLM-13 OCI-LY10	MV4-11 IC ₅₀ : 3.2 + 1.2 μM; MOLM-13 IC ₅₀ : 4.9 + 2.1 μM OCI-LY10 IC ₅₀ : 20.1 ± 6.7 μM (72 h)	<ul style="list-style-type: none"> ↑ STAT5 ↓ FLT3/Erk1/2 	[31]
	LCLs	Testing conc.: 0, 20, 40, 60, 80, 100, 120, 140 μM LCLs IC ₅₀ estimated: 40–65 μM (24 h) Applied 50 μM for studies.	<ul style="list-style-type: none"> ↑ HMOX1, ↑SLCO2B1, and ↑OKL38 ↓ CDK5R1 and CDC45L via p53 pathway 	[80]
	HL-60	Testing conc.: 1–15 μg/mL (3.9 μM–58.54 μM) HL-60 IC ₅₀ estimated: ~40.42 μM (72 h)	<ul style="list-style-type: none"> ↑ CD11b and ↑CD14 expression (↓ Proliferation) ↓ iROS (↑ monocytic differentiation) 	[81]
	RAW264.7	Testing conc.: 20 and 50 μM	<ul style="list-style-type: none"> ↓ TRIF-dependent pathway ↓ NF-κB and ↓IRF3 	[88]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↑ IRF3 	
	RAW264.7	Testing conc.: 50 and 100 μM	<ul style="list-style-type: none"> • ↓ TBK1 kinase activity • ↓ IFNβ production 	[89]
			<ul style="list-style-type: none"> • ↑ CD11b and ↑ CD14 mRNA expression 	
			<ul style="list-style-type: none"> • ↑ gp91phox and ↑ p47phox 	
	HL-60	Testing conc.: 2.5~20 $\mu\text{g/mL}$ (3.9 μM ~78.05 μM) (Working conc.: 72 μM)	<ul style="list-style-type: none"> • ↑ NADPH oxidase (↓ ROS) • ↓ ROS (↑ HL-60 differentiation) 	[90]
			<ul style="list-style-type: none"> • ↑ CD11b and ↑ CD14 (↑ Monocyte differentiation via Nrf2/ARE) • ↑ Horseshoe-shaped nuclei 	
AML (acute myeloid leukemia)	HL-60	Testing conc.: 2.5~10 $\mu\text{g/mL}$ (3.9 μM ~39.0 μM)	<ul style="list-style-type: none"> • ↑ Lipid peroxidation (MDA) level • ↓ GSH/GSSG ratio (mRNA expression of ↑ CAT, ↑ NQO-1, ↑ Thioredoxin reductase and ↑ TRx) 	[91]
	Jurkat J-Jhan J16 HUT78 Karpas 45	Jurkat IC_{50} : 0.49 ± 0.12 nM (72 h) J-Jhan IC_{50} : 1.55 ± 1.12 nM (72 h) J16 IC_{50} : 5.25 ± 1.12 μM (72 h) HUT78 IC_{50} : 11 ± 13.5 μM (72 h) Karpas 45 IC_{50} : 6.61 ± 1.07 μM (72 h)	<ul style="list-style-type: none"> • ISL did not have a correlation with doxorubicin (DOX) and methotrexate (MTX) in genomic profiles. • ISL is a valuable adjunct for cancer therapy, especially targeting on drug-resistant tumors. 	[92]
	CCRF-CEM	CCRF-CEM IC_{50} : 18.38 μM (24~72 h)	<ul style="list-style-type: none"> • ↓ Mitochondrial membrane potential disruption • ↑ DNA damage • G2/M arrest (↓ Proliferation) • ↓ Cytochrome c 	[93]
			<ul style="list-style-type: none"> • ↑ DNCB-induced MAPK activation 	
			<ul style="list-style-type: none"> • ↑ CD86 and ↑ CD54 	
AML (acute myeloid leukemia)	Human monocyte model THP-1	N.A.	<ul style="list-style-type: none"> • ↓ DNCB-induced pro-inflammatory cytokines (↓ TNF-α, ↓ IL-6 and ↓ IL-4) • ↓ p38-α and ↓ ERK activation 	[94]

Type of Cancer	Cell	Testing Range/IC ₅₀	Signaling Pathways Effect of ISL (In Vitro)	Ref
	A375 A2058	Testing Conc: 0, 10, 20, 40, 80 μ M A375 IC ₅₀ : 21.63 μ M (24 h) A2058 IC ₅₀ : 20.75 μ M (24 h)	<ul style="list-style-type: none"> ↑ C-PARP, ↑ Bax, ↑ cleaved-caspase-3(↑ Apoptosis) ↓ Proliferation ↓ Bcl-2 	[95]
	B16F0	N.A.	<ul style="list-style-type: none"> ↑ B16F0 differentiation 	[96]
Melanoma	A375	Testing Conc.: 0, 5, 10, 15 μ g/mL (15 μ g/mL = 58.53 μ M) A375 IC ₅₀ estimated: ~48 μ M	<ul style="list-style-type: none"> ↑ Melanin content (↑ Melanogenesis) ↑ Tyrosinase (TYR) activity ↑ O₂ consumption rate (OCR) G2/M cell cycle arrest ↓ mRNA level of GLUT1 and HK2 ↓ mTOR, ↓p-mTOR, ↓RICTOR, ↓p-AKT, ↓p-GSK3β 	[97]
	A375	40 μ g/mL: 69.86% 60 μ g/mL: 92.22% A375 IC ₅₀ estimated: ~73 μ M (24 h)	<ul style="list-style-type: none"> ↑ Cleaved PARP and ↑ Cleaved caspase-3 ↓ Mitochondrial membrane potential ↓ mitoNEET 	[98]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↑ ROS (↑ Apoptosis) 	
	B16F0	Testing Conc.: 20, 40, 60 and 80 μ g/mL B16F10 IC_{50} estimated: 35 μ g/mL (~41.576 μ M; 24 h) B16F10 IC_{50} estimated: 22 μ g/mL (~86.77 μ M; 48 h)	<ul style="list-style-type: none"> • Restart TCA cycle • ↓ HIF-1α (Alleviating hypoxia) • ↓ Lactate production • ↓ Glucose uptake and glycolysis 	[99]
Melanoma	B16F10	Testing Conc.: 5, 10, 15, 20, and 25 μ g/mL B16F10 IC_{50} estimated: ~19 μ g/mL (~74.595 μ M; 24 h) B16F10 IC_{50} estimated: ~10.5 μ g/mL (~41.576 μ M; 48 h)	<ul style="list-style-type: none"> • ↑ TYR Activity • ↑ Melanin Biosynthesis • ↑ ROS • ↓ Colony formation • ↓ Cell proliferation 	[100]
	ARH-77 U266 MPC-11 SP2/0 CZ-1 RPMI8226	ARH-77 IC_{50}: ~13.54 μ M MPC-11 IC_{50}: ~4.45 μ M SP2/0 IC_{50}: ~22.91 μ M CZ-1 IC_{50}: ~13.93 μ M U266 IC_{50}: ~8.62 μ M RPMI8226 IC_{50}: ~9.09 μ M IC_{50} of ISL was < 4 μg/mL (48 h)	<ul style="list-style-type: none"> • ↑ Cleavage caspase-3 • ↓ IL-6 • ↓ p-ERK and ↓ p-STAT3 • ↓ Bcl-2, ↓ Bcl-XL and ↓ pro-caspase-3 	[101]
	SK-MEL-2 HaCaT	Testing Conc.: 0, 1, 4, and 8 μ M SK-MEL-2 cells and HaCaT cells (48 h) treated less than 8 μM showed no cytotoxic effects	<ul style="list-style-type: none"> • ↑ p-p38 • ↓ Tyrosinase (↓ Tyrosine kinase) • ↓ TRP-1, ↓ DCT, ↓ Rab27a and ↓ Cdc42 • ↓ ERK pathway (↓ Degradation of MITF) 	[102]
Melanoma	B16 mouse melanoma 4A5 cells	Testing 150 and 200 μM (18 and 24 h)	<ul style="list-style-type: none"> • ↑ Apoptosis (p53 independent pathway) • ↑ Bax • ↓ Cell proliferation • ↓ Glucose transmembrane transport 	[103]

Type of Cancer	Cell	Testing Range/IC ₅₀	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↑ P21, ↑ P27 • G1/S cell cycle arrest (↓ Proliferation) • ↓ Cyclin D1 • ↓ PI3K/AKT pathway • ↑ E-cadherin, ↓ Vimentin and ↓ N-cadherin (↓ Migration and ↓ metastasis) 	
	Hep3B	Hep3B IC ₅₀ : 42.84 + 2.01 μM 50 μM applied (48 h)		[104]
			<ul style="list-style-type: none"> • ↑ MAPK/STAT3/NF-κB (↑ Apoptosis) • ↑ ROS accumulation • ↑ Phosphorylated c-Jun N-terminal kinase (JNK), ↑ P21, ↑ p38 kinase • G2/M arrest (↓ Proliferation) • ↓ p-ERK, ↓ p-STAT3, and ↓ NF-κB (p65) • ↓ Cyclin B1, ↓ CDK1/2, and ↓ p27 	
HCC/Hepatoma	HepG2 Hep3B	Testing conc.: 20, 40, 60, 80, and 100 μM (18 h) HepG2 IC ₅₀ : 27.71 μM Hep3B IC ₅₀ : 35.28 μM		[105]
	HepG2	Testing conc.: 1, 5, 10, 20 μg HepG2 IC ₅₀ estimated: ~88.46 μM (24 h) HepG2 IC ₅₀ estimated: ~31.07 μM (48 h)	<ul style="list-style-type: none"> • ↑ p53, ↑ p21/WAF1, ↑ Fas/APO-1 receptor, Fas ligand, ↑ Bax and ↑ NOXA (↑ Chemopreventive effect) • G2/M-phase arrest 	[106]
	HepG2	HepG2 IC ₅₀ : 10.51 μg/mL (~39 μM; 48 h)	<ul style="list-style-type: none"> • ↑ IκB • ↓ NF-κB, Bcl-X_L, c-IAP1/2 	[107]
	SNU475	SNU475 IC ₅₀ : 0.243 + 0.21 mM	<ul style="list-style-type: none"> • ↓ DNA cleavage reaction (Stabilized DNA) • ↓ TOP I activity (ISL-TOP I interaction: 0.18 + 0.12 mM) 	[58]
	Hepa 1c1c7	Hepa 1c1c7 IC ₅₀ : 36.3 μM	<ul style="list-style-type: none"> • ISL is a chemopreventive reagent 	[108]
HCC/Hepatoma	Hep3B	Hep3B IC ₅₀ : 50.8 μM	<ul style="list-style-type: none"> • ↓ CK2 activity (CK2 IC₅₀: 17.3 μM) 	[43]
	SK-Hep-1	SK-Hep-1 IC ₅₀ : 19.08 μM	<ul style="list-style-type: none"> • ↓ Proliferation 	[109]
	PC-3 22RV1	Testing conc: 0, 1, 10, 25, 50, and 100 μM) PC-3 IC ₅₀ : 19.6 μM (48 h) 22RV1 IC ₅₀ : 36.6 μM (48 h)	<ul style="list-style-type: none"> • ↑ Apoptosis • G2/M cell cycle arrest • ↓ Cyclin B1, ↓ CDK1 (p-Thr14, p-Tyr15, and p-Thr161) 	[110]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
			<ul style="list-style-type: none"> • ↑ AMPK and ↑ pERK (↓ Proliferation) 	
	C4-2 LNCaP IEC-6	10–100 μM (24 h) C4-2 IC_{50} : 87.0 μM	<ul style="list-style-type: none"> • ↑ p-p38 • ↓ Psi(m) (↑ Apoptosis) 	[59]
			<ul style="list-style-type: none"> • ↑ p-CDC2 (Tyr15) and ↑ Cyclin B1 • ↑ G1 phase 	
	DU145	Applied conc.: 5~20 μM	<ul style="list-style-type: none"> • ↑ p27^{KIP1} • G2/M cell cycle arrest • ↓ CDC25C 	[111]
Prostate cancer			<ul style="list-style-type: none"> • ↓ JNK/AP-1 signaling 	
	DU145	Applied conc.: 0~20 μM	<ul style="list-style-type: none"> • ↓ VEGF, ↓ integrin-α2, ↓ ICAM and ↓ VCAM • ↓ Invasion and ↓ metastasis via ↓ μPA, ↓ MPP-9 and ↓ AP-1 	[112]
			<ul style="list-style-type: none"> • ↓ PI3K/AKT and ErbB3 pathway (↓ Proliferation) 	
	DU145	Applied conc.: 0~20 μM	<ul style="list-style-type: none"> • ↓ HRG-β-induced ErbB3 signaling (↓ ErbB3) 	[113]
	MAT-LyLu DU145	Applied conc.: 0~20 μM IC_{50} estimated: ~13.74/5.67/5.01 μM IC_{50} estimated: ~56.87/31.49/17.60 μM (24 h/48 h/72 h)	<ul style="list-style-type: none"> • ↑ Fas ligand (FasL), ↑ Fas, ↑ Cleaved caspase-8 and ↑ tBid (↑ Apoptosis) • lic>249) ↑ Cytochrome c and Smac/Diablo 	[114]
Prostate cancer	DU145 LNCaP	Testing conc.: 0, 5, 10, 15, and 20 μM IC_{50} estimated: ~10.561 μM (48 h) IC_{50} estimated: ~10.775 μM (48 h)	<ul style="list-style-type: none"> • ↑ GADD153 mRNA • S and G2/M arrest 	[115]

Type of Cancer	Cell	Testing Range/IC ₅₀	Signaling Pathways Effect of ISL (In Vitro)	Ref
Cervical cancer	Ca Ski	Testing conc: 10, 20, 40, and 80 μM Ca Ski IC ₅₀ estimated: 39.09 μM (72 h)	• ↑ p53, ↑ p21, ↑ Bax	
	SiHa	SiHa IC ₅₀ estimated: 53.76 μM (72 h)	• ↑ Cleavage of caspase-9, ↑ caspase-3, ↑ PARP and ↑ caspase -8	[116]
	HeLa	HeLa IC ₅₀ estimated: 58.10 μM (72 h)	• ↓ Bcl-2	
	C-33A	C-33A IC ₅₀ estimated: 32.83 μM (72 h)	• ↑ ROS	
	HeLa	Testing conc: 2, 5, 10, 30, 40, and 60 $\mu\text{g/mL}$ HeLa IC ₅₀ estimated: ~21.24 μM (24 h)	• ↑ p-eIF2 α , ↑ GRP78 level (↑ ER stress) • ↑ Caspase-12 • G2/M cell cycle arrest (↓ Proliferation) • ↓ Bcl-2	[117]
	HeLa	HeLa IC ₅₀ : 9.8 μM (48 h)	• ↑ p53 • ↑ p-Chk2, ↑ p-cdc25C, and ↑ p-cdc2 • G2/M cell cycle arrest	
	HeLa	HeLa IC ₅₀ : ~20.84 μM (48 h)	• ↓ p-p53 (Serine15) • ↓ Bcl-2, Bcl-XL • ↓ Cyclin B, ↓ cyclin A, ↓ cdc2, and ↓ cdc25C	[118]
Gastric cancer	MKN28	MKN28 IC ₅₀ : ~20.84 μM (48 h)	• ↑ Beclin 1 • ↓ p62 (↑ Autophagy) • ↓ p-AKT and ↓ p-TOR (↑ Apoptosis)	[119]
	MKN-45	5 μM applied	• ↓ H2R and ↓ c-Fos/c-Jun	[120]
	MGC-803	0.11 g/L applied (24 h)	• Calcium- and delta psi(m)-dependent (↑ Apoptosis)	[121]
Ovarian cancer	SGC-7901	BGc-823 IC ₅₀ : 23.18 μM (48 h)	• ↑ G2/M cell cycle arrest (↓ Proliferation)	
	BGC-823	SGC-7901 IC ₅₀ : 12.91 μM (48 h)	• ↑ Cleaved-PARP, ↑ Bcl-2 and ↑ Bax (↑ Apoptosis) • ↑ LC3B II and ↑ Beclin 1(↑ Autophagy) • ↓ PI3K/AKT/mTOR	[34]
	SGO-302	SGO-302 IC ₅₀ : 12.91 μM (48 h)	• ↑ Cleaved-PARP, ↑ Bcl-2 and ↑ Bax (↑ Apoptosis) • ↑ LC3B II and ↑ Beclin 1(↑ Autophagy) • ↓ PI3K/AKT/mTOR	[34]

Type of Cancer	Cell	Testing Range/ IC_{50}	Signaling Pathways Effect of ISL (In Vitro)	Ref
Uterine leiomyoma	Leiomyoma Myometrium	Testing conc: 0, 10, 20, 50 μ M Leiomyoma IC_{50} estimated = ~39.33 μ M Myometrium IC_{50} estimated = ~698.8 μ M (48 h)	<ul style="list-style-type: none"> ↑ FAS ligand expression (↑ Apoptosis) ↑ p21^{Cip1/Waf} (↑ Apoptosis via p53-dependent) ↑ Caspase-3 activation subG1 and G2/M arrest (↓ Proliferation) ↓ Bcl-2, ↓ cdk 2/4, and ↓ E2F 	[122]
Osteosarcoma	U2OS	Testing conc: 5, 10, and 20 μ M 20 μ M applied	<ul style="list-style-type: none"> ↑ Bax and ↑ caspase-3 (↑ Apoptosis) ↑ p53, ↑ p21 and ↑ p27 ↓ Bcl2, ↓ PI3K/AKT/mTOR pathway 	[123]
	Saos-2 MC3T3-E1	Saos-2 IC_{50} estimated = ~24.23 μ M 30 μ M applied	<ul style="list-style-type: none"> ↓ p70, ↓ Cyclin D1, ↓ Bcl-2, ↓ MMP-2/9 	[128]
Glioma	SK-N-BE(2) IMR-32	Effective conc. > 5 μ M	<ul style="list-style-type: none"> ↑ ROS (↑ Necrosis) ↑ Caspase-3 	[125]
	U87	U87 IC_{50} : 6.3 μ M	<ul style="list-style-type: none"> ↓ TOP I 	[124]
Bladder cancer	T24	Effective conc.: 30 and 70 μ g/mL (24 h)	<ul style="list-style-type: none"> ↑ Caspase-9, ↑ caspase-3, ↑ caspase-7, ↑ Bax, ↑ Bim, and ↑ cytochrome c (↑ Apoptosis) ↑ Beclin-1 and ↑ LC3 (↑ Autophagy) ↓ Bcl-2 and ↓ Bcl-x 	[126]
Oral squamous cell carcinomas (OSCC)	SG SAS-CSCs OECM-1	SG cells IC_{50} : 386.3 ± 29.7 μ M SAS-CSCs IC_{50} : 144.9 ± 25.7 μ M OECM-1-CSCs IC_{50} : 104.5 ± 26.2 μ M	<ul style="list-style-type: none"> ↓ GRP78 ↓ CSCs properties ↓ ABCG2 expression 	[54]

Note: The “ IC_{50} estimated” indicated Data extracted from published figures using Web Plot Digitizer (<https://automeris.io/WebPlotDigitizer>), then analyzed IC_{50} by “Quest Graph™ IC_{50} Calculator.” AAT Bioquest Inc, 27 October 2020, <https://www.aatbio.com/tools/ic50-calculator> [133].

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