

# Contaminant Removal in Different Constructed Wetland Types

Subjects: Water Resources

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Constructed wetlands (CWs) are artificially engineered treatment systems that utilize natural cycles or processes involving soils, wetland vegetation, and plant and soil-associated microbial assemblages to remediate contaminated water and improve its quality. CW treatment systems are typically categorized as free-water surface (FWSCWs), surface-flow constructed wetlands (SFCWs), subsurface-flow constructed wetlands (SSFCWs), and hybrid constructed wetlands (HCWs). Depending on the flow direction, Subsurface-flow CWs (SSFCWs) can be further classified into horizontal subsurface-flow (HSSF) and vertical subsurface-flow (VSSF) systems.

Keywords: circular bioeconomy (CBE) ; constructed wetlands (CWs) ; eco restoration ; macrophytes ; wastewater treatment

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## 1. Role of Macrophytes or Vegetation

Planted vegetation is one of the essential components of CW technology, which helps remove pollutants from domestic wastewater. The presence of plants in CW systems is the only reason they are called “green technologies”. Plant (macrophyte) species used in CWs are usually the same species that live in the NWS. Plants suitable for CW use in CWs must meet the following criteria listed below <sup>[1]</sup>.

- Plants must adapt to local environmental conditions.
- Plants must be practicable under local climatic conditions and may tolerate/resist potential pests, insects, and diseases.
- Plants should tolerate various contaminants (e.g., N, OM, P, etc.) in the wastewater.
- Plants should be easily adjusted in local CW environments to show relatively fast growth and spreading.
- Plants should have a high pollutant elimination capacity.

The wetland vegetation's roots, stems, and leaves act as substrates for the growth of microbes as they decompose OM <sup>[2]</sup>. This microbial community, called the “periphyton”, comprises “a complex mixture of algae, cyanobacteria, heterotrophic microbes, and detritus attached to submerged surfaces in most aquatic ecosystems”. It can absorb pollutants, eliminate them from the water column, and prevent further spreading of such contaminants. This periphyton and natural chemical processes accomplish about 90% of contaminant removal and waste breakdown. The wetland plants eliminate around 7–10% of the contaminants and serve as a C source for the microorganisms once they die and decay. Notably, the choice of vegetation for a CW should consider the varied rates at which different aquatic plant species absorb/uptake HMs/TEs from polluted ambient media.

## 2. Role of Substrate Materials

The filter bed of CWs plays an equally significant part in the overall performance of an artificial secondary wastewater treatment system. Selecting substrate materials for the filter bed requires a crucial design parameter that can significantly impact the bed's performance. Growth media provide a physical basis for vegetation growth, additional sites for biofilm growth and nutrient absorption, and promote sedimentation and filtration of contaminants <sup>[3]</sup>. At present, most media have gravel layers of various types of origin in the filter media, mainly with a sand layer at the top. The media play several functions, as highlighted below.

- The media supports the growth of planted vegetation.
- It stabilizes the bed (contact effect with the roots of developed plants).
- It provides a media filtration effect.
- It ensures high permeability and reduces possible clogging problems.
- It provides an attractive attachment area for many microbes (biofilm formation) that are involved in pollutant removal processes.
- It supports many transformation and elimination processes.

### **3. Role of (Plant Root-Associated) Microbes**

As a significant component of CWs, microbes are crucial in decontamination processes, including nutrient transformation and organic pollutant degradation [4]. Microbes can also remove HMs (that cannot be biodegraded) from domestic sewage through their bioaccumulation, biosorption, and biotransformation (also called speciation, i.e., transformation of species/valence states) [5]. Microbes can even utilize antimicrobial compounds (antibiotics) as their sole C source [6][7][8]. Additionally, microbes in CWs can ameliorate abiotic and biotic stress tolerance and improve pollutant-removal efficiency by augmenting phytoremediation processes [9].

For comprehending CWs' performance patterns and exploring optimized strategies, a thorough examination of the microbial community structure and their diversity, particularly for active/functional microbes in CWs, is necessary. With the recent developments in molecular biotechnology techniques, it is now feasible to monitor/study and analyze "microbial communities and species composition" in intricate ecosystems or environments [10], in their systematic review, summarized the primary functional microbes of CW systems engaged in the elimination of antibiotics, emerging pollutants, HMs, N, and P and investigated the impacts of these contaminants on microbial diversity. Their findings indicated that Actinobacteria, Bacteroidetes, Firmicutes, and Proteobacteria are the chief phyla of the functional microbes in CWs. These active microbes help eliminate contaminants from CWs through diverse processes, including biodegradation, biosorption, catalyzing chemical reactions, and stimulating plant growth and development. HMs and high N and P concentrations in wastewater substantially impact microbial richness and diversity, while antibiotics result in considerable fluctuations in microbial alpha ( $\alpha$ ) diversity.

Plants harbor a vast repertoire of beneficial microbes (actinomycetes, bacteria, fungi, etc.) in their endosphere (internal plant tissues), rhizosphere (region of the soil/water surrounding the plant roots), and phyllosphere (area surrounding the plant leaves). These free-living microbes or microbial root symbionts secrete various PGP secondary metabolites, including biocontrol agents, biosurfactants, chelating agents, exopolysaccharides, nitrogenous compounds, organic acids, phytoenzymes, phytohormones, and volatile compounds, all of which directly or indirectly promote plant health and nutrition and alleviate abiotic (pollutant) stress in soil and water. These microbes with plant growth-promoting (PGP) traits are usually called plant growth-promoting microbes (PGPM). When found associated with plant roots (including internal root tissues), they are called plant growth-promoting rhizomicrobes (PGPRM) or endophytes. The PGPM/PGPRM, in turn, derive their nutrients from the plant root exudates and photosynthates, which are rich sources of sugars and amino acids [11][12][13]. The antimicrobial products secreted by PGPM inhibit or kill a broad spectrum of disease-causing phytopathogens, such as pathogenic bacteria, fungi, nematodes, and viruses [14]. Therefore, the indigenous PGPM associated with the planted vegetation in CWs could indirectly facilitate (phyto)pathogen removal and phytoremediation by promoting plant growth.

### **4. Role of Influent-Feeding Mode**

Another critical design parameter of CW is the influent-feeding mode [15]. The method of influent feeding in the CWs (for example, continuous, batch, and intermittent) significantly affects the contaminant's removal efficiency. As usual, batch-feeding modes (alternating filler and drain cycles) can achieve better performance by promoting more oxidizing conditions than continuous operation. In particular, N and P removal efficiency can improve in this wetland [15]. Effect of physico-chemical pretreatment on the removal efficiency of horizontal subsurface-flow constructed wetlands was studied by Caselles-Osorio et al. [16].

## 5. Role of Constructed Wetland (CW) as a Catalyst in Phytoremediation

In CW systems, physicochemical and biological processes remove toxic substances, including inorganic and organic contaminants. A thorough knowledge of these processes is essential for designing different CW systems and comprehending pollutants' fate once they reach the wetlands. Theoretically, wastewater treatment in CWs occurs as it moves through the wetland substrates and the rhizosphere of the plants. Notably, owing to the loss and release of  $O_2$  from the plant's root systems (rhizomes, roots, and rootlets), a thin oxic layer surrounds each root hair [17]. Both aerobic and anaerobic microbes aid in OM decomposition. Gaseous nitrogen ( $N_2$ ) is released into the atmosphere due to microbial nitrification and subsequent denitrification processes. P is coprecipitated with compounds of aluminum (Al), calcium (Ca), and Fe present in the root-filter bed media [17]. In SFCWS, SSs get filtered out while settling down in the water column, whereas in SSFCWS, they are physically filtered out by the wetland media. In SSF and VF systems, bacterial and viral pathogens are minimized through adsorption and filtration by the microbial biofilms present on the gravel or sand layers.

Plant growth, death, and microbial degradation contribute to the biogeochemical cycle occurring within a CW ecosystem. Overall, CWs provide a safe and beneficial environment for plants to remove pollutants from wastewater without endangering their health. During plant growth, aquatic macrophytes remove most pollutants while also providing a suitable environment for the proliferation of microbes. Therefore, this integrated CW technology treats wastewater contaminants more effectively than conventional treatment technology. The mechanism of removal of various pollutants through the CWs is described below.

### 5.1. Removal of Total Dissolved Solids (TDS)

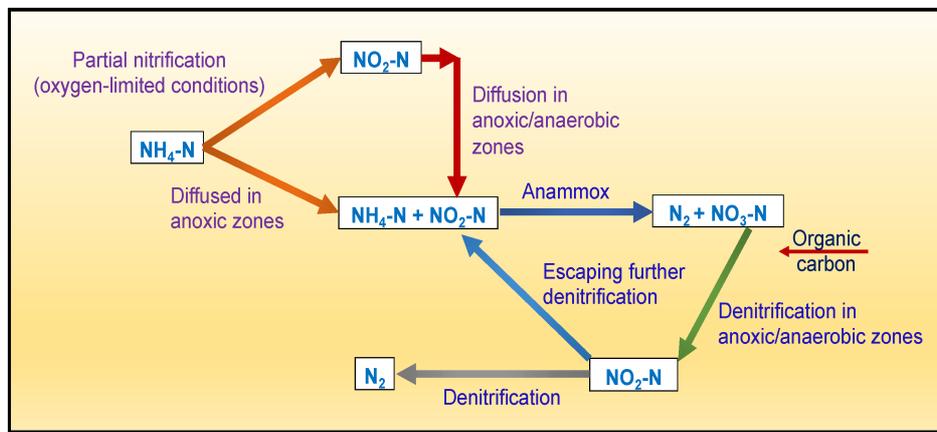
Total Dissolved Solids (TDS) are the number of materials dissolved in water and wastewater like carbonate ( $CO_3^{2-}$ ),  $HCO_3^-$ ,  $NO_3^-$ ,  $PO_4^{2-}$ ,  $SO_4^{2-}$ , chloride ( $Cl^-$ ), sodium ( $Na^+$ ),  $Ca^{2+}$ , magnesium ( $Mg^{2+}$ ), organic ions, and other ions. These materials may not be regarded as pollutants contributing to dissolved solids. A few ions in water are necessary for sustaining aquatic life, and they are biologically utilized or chemically reactive in CWs. Aquatic macrophytes show a coordinated action to increase the durability/treatment of high TDS stress, and halophytes can reduce wastewater TDS content through their accumulation in plant tissues [18].

### 5.2. Removal of Biological Oxygen Demand (BOD)

Biological oxygen demand (BOD) indicates the  $DO$  amount aerobic macro/microorganisms require to decompose dissolved organic materials in water at a specific temperature over a particular time. BOD is the most critical parameter for measuring  $O_2$  demand by microorganisms to degrade OM present in domestic wastewater. Its value is typically expressed in milligrams (mg) of  $O_2$  consumed per liter (l) of water sample during incubation at  $20\text{ }^\circ\text{C}$  for 5 days. BOD is frequently employed as a proxy for the level of organic contamination in domestic wastewater [19]. BOD removal followed the "first order plug flow approach" described by Kadlec and Knight (1996) [20]. This approach is designed for certain pollutants extracted mainly through biological processes [21] (Akinbile and Yusoff 2012). In CWs, aerobic and anaerobic degradations of soluble organic compounds are equally suitable for removing BOD. However, during the sequential "fill and drain" process, the performance of BOD elimination was significantly better than during the previous traditional operating period [22].

### 5.3. Removal of Total Nitrogen (TN)

Excessive discharge of N into the waterbodies makes them prone to eutrophication and "black-odorous", which not only deteriorates the overall water quality but eventually poses severe health risks to aquatic flora and fauna as well as humans [4][23]. In wastewater, TN refers to the amount of all N sources, including nitrite ( $NO_2^-$ ),  $NO_3^-$ ,  $NH_3$ , and organic N (org-N), and is usually expressed in mg/L. Biological processes are the main N removal mechanisms in CWs. N elimination in CWs occurs via ammonification, nitrification, denitrification, volatilization, and plant uptake [10][24][25]. N removal through CWs with the help of partial nitrification and denitrification processes involves converting the nitrification process, which oxidizes ammonium ( $NH_4^+$ ) to  $NO_2^-$  and then  $NO_3^-$ , and the denitrification process, which converts  $NO_3^-$  to  $N_2$  (Figure 1). Ref. [26] has reported that microbes can eliminate around 90% of the N. Wetland plants can also convert inorganic N to org-N through their metabolism.



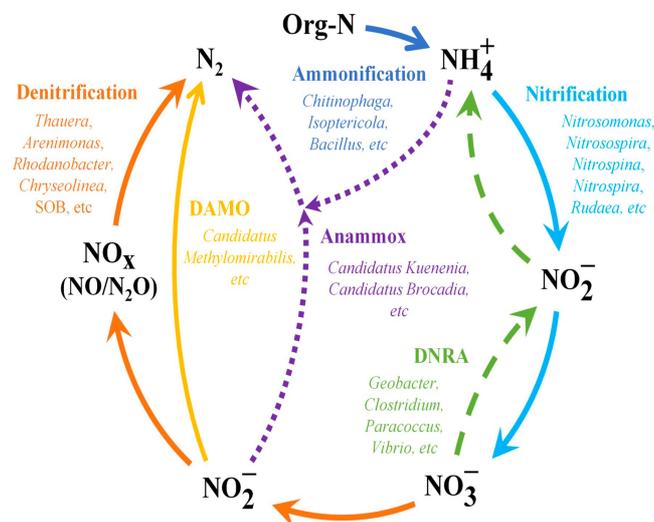
**Figure 1.** Conceptual diagram of nitrogen (N) removal via surface flow-constructed wetlands (SFCWs) (Source: [27] with modifications).

#### 5.4. Removal of Nitrates ( $\text{NO}_3^-$ )

$\text{NO}_3^-$  is an essential parameter for a specific state of decomposition of OM in domestic wastewater.  $\text{NO}_3^-$  uptake can cause a severe health condition in infants because of oxygen deprivation called “methemoglobinemia” or “blue baby syndrome” [28]. In CWs, microbial denitrification and vegetation uptake primarily achieve  $\text{NO}_3^-$  removal from domestic wastewater. This mechanism of  $\text{NO}_3^-$  elimination can occur biologically.

#### Biological Removal Mechanism(s)

This process of  $\text{NO}_3^-$  removal occurs in two stages: (1) nitrification (where  $\text{NH}_4^+$  is converted to  $\text{NO}_2^-$ ), and (2) denitrification (where  $\text{NO}_2^-$  is converted to  $\text{NO}_3^-$ ). The first stage is done resolutely aerobically; the organisms depend on the oxidation of  $\text{NH}_3$  for cell growth and energy. The second stage is completed by the facultative chemolithotrophic bacteria that use organics for cellular growth and energy. The removal of  $\text{NO}_3^-$  is typically very high in the wetlands [29]. The central N removal mechanisms by functional microbes in CWs are depicted in **Figure 2**.



**Figure 2.** Flowchart showing the primary processes of microbe-assisted nitrogen (N) removal in constructed wetland (CW) systems (source: [40] with modifications).

According to most recent studies, microbes in CWs remove N primarily via ammonification, nitrification, and denitrification processes [29][30][31]. Ammonification in wastewater involves converting Org-N into  $\text{NH}_4^+$ ; the latter is eliminated through other processes, including nitrification, plant uptake, and volatilization [30][32]. Notably, the most common genera of ammonifying bacteria are *Bacillus*, *Chitinophaga*, *Isoptricola*, and *Sinorhizobium*, as indicated in a review by Wang et al., 2022b [10]. As stated earlier, when it comes to nitrification and denitrification, microbes utilize  $\text{NH}_4^+$  as an electron donor during the process of nitrification and oxidize  $\text{NH}_4^+$  to  $\text{NO}_2^-$  and then to  $\text{NO}_3^-$  before using it as an electron acceptor during the denitrification process and finally reducing it to  $\text{N}_2\text{O}$  or  $\text{N}_2$  [23][33]. Moreover, the microbes participating in nitrification are of two types: (1) “ammonia-oxidizing archaea” (AOA) and (2) “ammonia-oxidizing bacteria” (AOB), which convert  $\text{NH}_4^+$  to  $\text{NO}_2^-$ , and “nitrite-oxidizing bacteria” (NOB) that transform  $\text{NO}_2^-$  to  $\text{NO}_3^-$  [23][34].

Mainly, AOA is more adaptable to low  $\text{NH}_3$  and high salt conditions than AOB [35][36]. As oxidation of  $\text{NH}_3$  is the initial and rate-limiting phase in the nitrification process, this may facilitate the AOA becoming the principal microbial group more rapidly and expedite the nitrification process [35]. The Nitrospinae, Nitrospirae, Proteobacteria, and Thaumarchaeota are well-known phyla that participate in nitrification. All the presently recognized AOA are found in the Thaumarchaeota phylum [35]. Regarding denitrification, the popular denitrifying bacterial phyla in CWs include *Actinobacteria*, *Bacteroidetes*, *Firmicutes*, and *Proteobacteria* [37]. However, poor abundance and feeble competitiveness are common issues for nitrifying bacteria in CWs' microbial population [26]. As a result, steady  $\text{NH}_4^+$  oxidation will require a longer start-up time, making the nitrification process a limiting step in N removal [26]. Notably, recent reports have emphasized "heterotrophic nitrification and aerobic denitrification" (HN-AD) bacterial significance in this context [26][37][38]. In the start-up/initial stage of CWs, these bacteria may carry out the transformation of  $\text{NH}_4^+$  and  $\text{NO}_3^-$ , converting the N present in the aqueous solution (i.e., dissolved N) to gaseous N ( $\text{N}_2$ ) for complete denitrification [26]. Additionally, they proliferate more quickly and can rapidly take over/dominate [26]. The old belief that only autotrophic bacteria are capable of carrying out nitrification and that denitrification can only occur in anaerobic environments has been disproved by the discovery of HN-AD bacteria, making it more advantageous for OM and N removal [37]. According to the reports by Wang et al. (2022b) [37], the HN-AD bacteria primarily belong to the genera *Aeromonas*, *Dechloromonas*, *Ferribacterium*, *Hydrogenophaga* and *Zoogloea*. Moreover, new N removal mechanisms like "sulfur autotrophic denitrification" (SAD) and "denitrifying anaerobic methane oxidation" (DAMO) have been identified in relation to the denitrification process [37][39]. "Sulfur-oxidizing bacteria" (SOB) use elemental S, sulfide ( $\text{S}^{2-}$ ), and thiosulfate ( $\text{S}_2\text{O}_3^{2-}$ ) as electron donors and  $\text{NO}_3^-$  as an electron acceptor in anoxic environments for reducing  $\text{NO}_3^-$  to  $\text{N}_2$  during SAD [4][40]. Because of the readily accessible electron donors from S and related S compounds, this pathway may predominate in removing N from water/wastewater with a low C/N ratio [37]. The phylum Proteobacteria contains the majority of "sulfur-autotrophic denitrifying" bacteria, with *Sulfurimonas* and *Thiobacillus* as two of its well-known genera. In DAMO,  $\text{CH}_4$  is the sole C source and electron donor for reducing  $\text{NO}_3^-$  to  $\text{N}_2$  under anaerobic ( $\text{O}_2$ -deficit) conditions [39][41]. More environmental advantages are made possible due to DAMO's inherent ability to lessen the "greenhouse effect" and reduce  $\text{N}_2\text{O}$ , the unneeded by-product, during N removal [39][41].

A novel mechanism called "AOA" or anammox exists for N removal apart from the conventional nitrification-denitrification processes [29][42]. Under anaerobic conditions,  $\text{NO}_3^-$  is used as an electron acceptor in this pathway for directly transforming  $\text{NH}_3$  into  $\text{N}_2$  [31][42]. As a result, it provides an alternative denitrification mechanism when the  $\text{O}_2$  and C/N ratios are low [29]. Almost every anammox bacteria reported is a member of the phylum Planctomycetes [23][43]. Concerning  $\text{NO}_3^-$ , among the various nitrogenous contaminants,  $\text{NO}_3^-$ -N is more prone to leaching and subsequently degenerate the quality of water than the others [43]. Thus, removing  $\text{NO}_3^-$  is crucial to safeguarding freshwater systems and subsurface water quality [43]. Besides denitrification, there is another pathway for reducing  $\text{NO}_3^-$ , which is called "dissimilatory nitrate reduction to ammonium" (DNRA) [44]. The DNRA pathway converts  $\text{NO}_3^-$  to  $\text{NH}_4^+$ , thereby reducing it to available  $\text{NH}_4^+$  suitable for utilization by other microbes, including ammonia-oxidizing archaea and AOB [23][34]. According to the published reports, it is more advantageous to the denitrification process in  $\text{S}^{2-}$ -rich coastal and marine habitats where salinity levels are high [23]. Numerous investigations have revealed that a few denitrifying bacterial genera, including *Clostridium*, *Desulfovibrio*, and *Vibrio*, can carry out the DNRA process [23][45]. Nevertheless, it is currently challenging to discriminate between DNRA and denitrifying bacteria, necessitating future advancements in molecular biotechnology.

The phylum Proteobacteria has a sizable species number active in N transformation [10]. This species is prevalent in CWs and is the leading phylum in most systems, significantly removing N from various wastewater categories [31][46]. The three genera, viz., *Nitrobacter*, *Nitrosomonas*, and *Nitrospira*, are related to the process of nitrification, while among denitrifying bacteria, the genera *Arenimonas*, *Tauera*, *Thermomonas*, and *Thiobacillus* are frequently found. The three prominent classes associated with N removal in CWs are Alphaproteobacteria, Betaproteobacteria, and Gammaproteobacteria. They are rich in nitrifying bacteria, such as AOB and NOB, which are functionally crucial to CW ecology and are primarily responsible for removing N [47].

Additionally, an increasing body of research has linked the functional genes of N-removing microbes to their operational and quantitative analyses [33][34][48].

For instance, the plentitude of *nirK*- and *nrfA*-carrying microbes controls how well CWs performed at denitrification [48]; the prevalence of the functional genes for nitrification, viz., *amoA*-ammonia-oxidizing archaea, *amoA*-AOB, and *nxrA*, indicated the nitrifying-bacterial-growth status [49]. A summary of the active gene pools related to the various N removal processes, such as nitrification, denitrification, anammox, and DNRA, has been prepared [26][33][34]. With active genes, one may examine how microorganisms function in a particular habitat or ecosystem and offer a viable method for researchers to continue studying functional microbes in CW systems.

## 5.5. Removal of Phosphate (PO<sub>4</sub><sup>2-</sup>)

P is one of the primary elements contributing to the eutrophication process in waterbodies [50][51]. Excess P discharge into aquatic ecosystems from diverse sources encompassing agricultural, industrial, and residential sources can also adversely affect aquatic organisms by modifying water pH, reducing DO levels, and triggering algal/phytoplankton growth [50][51]. P occurs naturally in inorganic and organic forms/phosphates (PO<sub>4</sub><sup>2-</sup>). Soluble reactive P (SR-P) is the term used to describe the analytical measure of biologically available orthophosphates. In general, insoluble forms of P (inorganic and organic) and dissolved org-P are physiologically inaccessible until they are converted into soluble inorganic forms [52]. The basic phenomenon of removing P in CWs depends on its accumulation by the sediments, substrates, and plants. For removal, P can be processed physically, chemically, or biologically.

### Physical Removal Mechanism(s)

In CWs, physical absorption through roots, leaves, and plant parts is usually deficient. Thus, macrophytes account for P removal at the beginning of their growing period, and precipitation of soluble and insoluble P in the influent, followed by sedimentation, is the physical form of removal occurring in the CW. Filtration through solid substances and fallen leaves in CWs reduces P from wastewater [20].

### Chemical Removal Mechanism(s)

The main P removal by chemical mechanism in the CWs occurs through adsorption and precipitation (precipitation in the water column and adsorption by porous media) [25]. Adsorption and precipitation within substrates are well-established in performing the most critical roles in the PO<sub>4</sub><sup>2-</sup> removal process [53]. Other than this, sand, washed gravel, crushed rocks, and peats can also participate in the adsorption process. CW bed fills, on the other hand, have a short-term P sorption capability [25].

### Biological Removal Mechanism(s)

The mechanism for removing P is through biological resources, but this process still does not allow much storage. Microbes are crucial for eliminating P from CWs and can regulate the transformation of P into different forms [51]. P uptake through microorganisms is relatively fast since bacteria, fungi, and algae can multiply rapidly. Maximal P transformation mediated by microbes involves the mineralization of organic PO<sub>4</sub><sup>2-</sup> to inorganic PO<sub>4</sub><sup>2-</sup> (a process also referred to as “decomposition”) or the conversion of insoluble, mobile, primary PO<sub>4</sub><sup>2-</sup> that are more readily utilized by organisms [25]. A comprehensive review on microorganism in constructed wetlands list the major functional microorganisms responsible for P removal in CWs [10].

“Phosphorus-accumulating organisms” (PAOs) are primarily responsible for biological P removal in CWs. PAOs can absorb wastewater PO<sub>4</sub><sup>2-</sup> and store it within their cells under oscillating oxic and anoxic environments [50][54][55]. Under anoxic conditions, PAOs degrade intracellular polyphosphates and uptake volatile fatty acids from the surrounding media. These fatty acids are subsequently stored as polyhydroxyalkanoates/poly-β-hydroxyalkanoates (PHAs) [56].

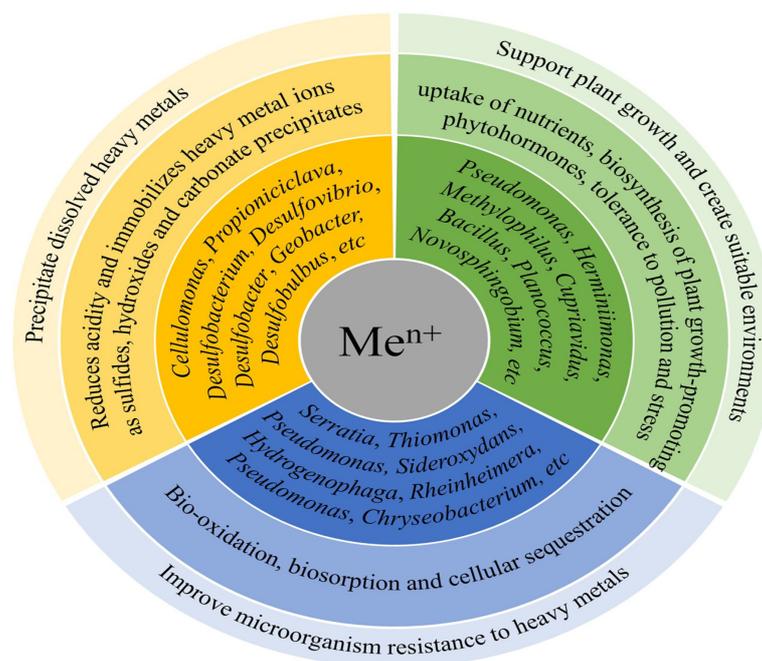
In contrast, PAOs utilize PHAs under oxic conditions to provide energy and absorb PO<sub>4</sub><sup>2-</sup> creating polyphosphate storage [55]. The process of microbial P removal in CWs is generally realized because the amount of P absorbed by PAOs will be higher than that of P discharged [50][54][55]. Pseudomonadota (formerly Proteobacteria), which plays a significant role in P elimination, is the major phylum [5][46][57]. Of these, the majority of the bacterial/microbial species linked to biological P removal are found in the classes Alphaproteobacteria, Betaproteobacteria, and Gammaproteobacteria [54][57]. TP removal in CWs is facilitated by the Rhizobiaceae and Rhodobacteraceae of the class Alphaproteobacteria, which can uptake volatile fatty acids under oxic conditions and transform them into PHAs [56]. The genera *Candidatus*, *Dechloromonas*, and *Rhodocyclus* constitute the principal members of the class Betaproteobacteria. Among them, the bacterial group *Candidatus* Accumulibacter is a representative PAO dominant in large-scale wastewater treatment facilities and laboratory-scale reactors. Under anaerobic conditions, *Dechloromonas* can reduce perchlorate, assemble polyphosphate, and take up C [57]. Additionally, it has been demonstrated that *Rhodocyclus* significantly contributes to P elimination [58]. Pertinent research has identified three genera, viz., *Acinetobacter*, *Klebsiella*, and *Pseudomonas*, belonging to Gammaproteobacteria [55]. *Pseudomonas* is an efficient P-removal bacterium due to its considerable capacity to absorb wastewater P and store it as polyphosphates within its cell biomass [57]. According to [55], *Pseudomonas* can eliminate up to 80.6 percent of TP from household sewage. Notably, the first bacterial isolate from biomass belonged to the genus *Acinetobacter*, with a solid capacity to remove P [50]. Besides Proteobacteria, other taxa like Gemmatimonadacea can absorb surplus PO<sub>4</sub><sup>2-</sup> under oxic conditions [51].

The P-removal ability of PAOs primarily relies on their bioaccumulation and utilization of intracellular polyphosphates [55], which are directly correlated with exopolyphosphatase (ppx) and polyphosphate kinase (ppk) activities [50]. For achieving biological P removal, the enzymes ppk and ppx can catalyze aerobic P uptake and anaerobic P release, respectively [33]. Elevated temperatures, however, inhibit their functions; based on an earlier study, the ideal temperature ranges between 20.0 °C and 35.0 °C [50].

Moreover, besides PAOs, “phosphorus-solubilizing bacteria” (PSB) and “denitrifying phosphorus-accumulating organisms” (DNPAOs) have been identified in CW systems. Examples of PSB include the genera *Corynebacterium* and *Enterobacter*, which produce organic acids like citric and oxalic acids for converting the insoluble form of soil P into its soluble form for plant uptake [51]. DNPAOs may absorb polyphosphate in anoxic environments using  $\text{NO}_3^-$  or  $\text{NO}_2^-$  as electron acceptors [51]. There have been reports of DNPAOs in Alphaproteobacteria (including the genus *Paracoccus*) and Anaerolineae [56]. Interestingly, organophosphate hydrolases from the genera *Brevundimonas* and *Chlorobaculum* hydrolyze organophosphate esters, and *Variovorax* utilizes insoluble  $\text{PO}_4^{2-}$  as a P source for its growth [59].

## 5.6. Removal of Heavy or Trace Metals

HMs are widely dispersed in aquatic ecosystems and regarded as toxic environmental contaminants as they are hard to break down and, if left untreated, can build up in the food web [60], resulting in biomagnification and causing health risks to humans. CWs have been extensively used to eliminate dissolved metal(loid)s or TEs. Although these pollutants are frequently found in mine drainage, treatment wetlands have been built for stormwater, landfill leachates, and other sources (such as leachates/FDG washwater at coal-fired power plants and domestic sewage), which also contain dissolved trace elements [61]. Through the exploitation of diverse processes like biomineralization, biosorption, and biotransformation (valence transformation), microbes in CW systems can efficiently remove HMs/TEs [5]. The principal HM-removal pathways/processes by functional microbes in CWs are shown in **Figure 3**. The phyla and genera of functional microbes are reviewed by Wang et al., 2022b [10].



**Figure 3.** Illustration showing the principal mechanisms of removal of heavy metals (HMs) by microbes in constructed wetland (CW) systems (Source: [10] with modifications).

Ironically, HM ions usually harm microbes because they break cell membranes, damage DNA, impede enzyme activity, and interfere with cellular functions [60]. For this reason, HM tolerance is crucial for microbes in HM removal in CWs. The genera *Sideroxydans* and *Thiomonas* can oxidize  $\text{Fe}^{2+}$  to  $\text{Fe}^{3+}$ , making its precipitation easy and rendering it less toxic [62]. Additionally, Yu et al. (2020) [60] discovered that the dominant genera *Pseudomonas* and *Serratia* displayed resistance to  $\text{Cd}^{2+}$  and  $\text{Zn}^{2+}$  when tested utilizing concentration gradients of these two HMs, leading to increases in their removal rates of 10.13 percent and 8.57 percent, respectively. Analysis of subcellular compartments further revealed the presence of bioaccumulated HMs primarily in the microbial cell membrane and cell wall. The exopolymers from *Pseudomonas* can bind to HMs and prevent their transport inside the biofilm through diffusion, attaining extracellular sequestration, which shields bacterial cells from HM stress [63].

Moreover, the presence of anionic functional groups on the cell surfaces of *Pseudomonas* and *Serratia* may further facilitate  $\text{Cd}^{2+}$  and  $\text{Zn}^{2+}$  adsorption [64]. These results suggest that culturing resistant bacteria/microbes is a feasible strategy for removing HMs from wastewater and call for further study. However, *Serratia* minimizes HM toxicity by secreting a variety of enzymes and proteins, including amino acids, histidine-binding proteins, HM-binding proteins, redox enzymes, and transporter proteins capable of effluxing HM ions [62]; this is unable to aid in the elimination of HMs by CWs. Hence, there is a difference between resistant and functional microbes, and further investigation into microbial HM removal mechanisms is necessary before a conclusion can be drawn. According to [60], functional microbes also evolved over a longer time in the control CW system that was not exposed to resistant microbes. The system's microbial community structure most likely changed spontaneously, facilitating tolerance to HM stress. Contrarily, when exposed to HM-containing environments, systems supplemented with resistant microbial inoculants may display a less prominent microbial community evolution to achieve a dominant strain, saving biofilm stabilization time [44].

The elimination of HMs is also significantly influenced by plant-microbe interactions. Plants and microbes have coexisted for a long time, and microbes have formed intricate relationships with plants [9]. Particularly, endophytic and rhizospheric bacteria (PGPR) can facilitate plant growth and development through nutrient (Ca, Fe, Mg, N, and P) uptake, phytohormone production, and tolerance towards pollutant stress [9]. This, in turn, can reduce harmful metal-induced plant stress and help plant metal accumulation [9]. Conversely, the primary role of macrophytes in CW systems is to supply additional OM and  $\text{O}_2$  needed for the growth of microbes [65]. Therefore, healthy plant growth also offers a better habitat for microbial proliferation [66]. These symbiotic interactions enhance HM removal in CWs. For example, Syranidou et al. (2016) [67] showed that inoculating *Juncus acutus* L. with a particular endophytic bacterial consortium eliminated emerging contaminants and HMs more quickly and effectively than uninoculated plants. In another study by Vassallo et al. (2020) [9], it was shown that eight rhizobacterial isolates from *P. australis* roots belonging to the genera *Bacillus*, *Planococcus*, and *Pseudomonas* thrived in domestic sewage with high levels of HMs (45 mg/L and 0.09 mg/L of Fe and Se, respectively), and the more HM concentrations present, the more rapid they grew. In conclusion, due to their high levels of HM resistance and ability to improve phytoremediation effectiveness, PGPR has been demonstrated to be a trustworthy functional microbe for HM removal.

## 5.7. Removal of Pathogens

Pathogens commonly found in household/municipal sewage capable of inflicting different acute or chronic diseases in humans encompass varied microbial genera like *Escherichia*, *Salmonella*, and *Vibrio* among bacteria, *Ascaris* among intestinal nematodes, Enteroviruses and Rotaviruses among viruses, etc. Notably, the genera used as pollution indicators in domestic sewage include *Clostridium*, *Citrobacter*, *Enterobacter*, *Escherichia*, *Klebsiella*, and *Streptococcus* [68]. Severe disease conditions caused by various microbial pathogens and their toxins, along with other contaminants in wastewater, are amoebiasis (*Entamoeba histolytica*), botulism (*Clostridium botulinum*), campylobacteriosis (*Campylobacter*), cholera (*Vibrio cholerae*), cryptosporidiosis (*Cryptosporidium parvum*), giardiasis (*Giardia lamblia*), hemorrhagic diarrhea (*Escherichia coli*), hepatitis A (Hepatitis A virus), typhoid (*Salmonella typhi*), scabies, shigella infection (*Shigella* spp.), and other parasitic (helminthic and protozoan) infections (*Endolimax nanus*, *Entamoeba coli*, and whipworm) [68].

In a CW system, all kinds of pathogens, including bacteria, fungi, helminths, protozoa, viruses, etc., are anticipated to be somewhat eliminated; however, an SSFCW is expected to remove pathogens more thoroughly than SFCWs. Usually, a 1-2  $\log_{10}$  reduction in pathogen count can be expected in a FWSCW, but in systems with dense vegetation, the elimination of bacteria and viruses may be  $<1 \log_{10}$  reduction. CWs frequently contain flora that helps eliminate other pollutants (nutrients) like N and P. As a result, the role of sunlight in killing bacteria and viruses is diminished in these systems since heavy vegetation prevents the exposure of pathogens to direct sun rays. According to published reports, in a well-designed and adequately operated/maintained FWSCW, pathogen removal is around  $<1-2 \log_{10}$ ,  $1-2 \log_{10}$ ,  $1-2 \log_{10}$ , and  $<1-2 \log_{10}$  for bacteria, helminths, protozoa, and viruses, respectively. In contrast, the expected elimination of pathogenic bacteria, helminths, protozoa, and viruses in SSFCWs is relatively higher and is reported to be  $1-3 \log_{10}$ ,  $2 \log_{10}$ ,  $2 \log_{10}$ , and  $1-2 \log_{10}$ , respectively [69].

The removal efficiencies stated above as  $\log_{10}$  can alternatively be understood in terms of how removal efficiencies are often/generally reported in terms of percentages (%); for instance,  $1 \log_{10}$  removal corresponds to 90% removal efficiency (RE),  $2 \log_{10}$  removal corresponds to 99% RE;  $3 \log_{10}$  removal corresponds to 99.9% RE;  $4 \log_{10}$  removal corresponds to 99.99% RE, and so on [70]. Various studies have been conducted in the last two decades on domestic wastewater treatment and developing alternative, low-cost, and sustainable strategies that can effectively reduce pollutant concentrations to acceptable/permissible environmental standards (Table 1).

**Table 1.** A detailed synopsis of the wastewater operational parameters and macrophyte- and microbe-assisted treatment efficiencies of FWSCWs, SSFCWs, HSSFCWs, VSSFCWs, and HFCWs using selected case studies from the last two decades (2003–2022).

Sl. No.	Latin and Common Names of Plant (Macrophyte) Species	Percentage Removal of Inorganic and Organic Pollutant(s) (%)	Percentage Removal of Pollutant Indicator Organism(s)/Pathogen(s) (%)	Microbes Involved in the Removal of Nutrient(s)/Pollutant(s)	Constructed-Wetland-Based Phytoremediation Set-Up(s)/System(s) Used	Type of Treated Wastewater	Reference(s)
1.	<i>Salix atrocinerea</i> Brot. (grey willow) and <i>Typha latifolia</i> L. (cattail)	BOD <sub>5</sub> (87.5) COD (89.0) SS (66.5)	Fecal bacteria (99.9)	-	Full-scale, pilot-plant constructed wetland	Domestic wastewater	[71]
2.	Control unit (A): <i>Phragmites mauritianus</i> Kunth (reed grass) and <i>T. latifolia</i>	COD (33.6, 56.3, and 60.7) NH <sub>4</sub> <sup>+</sup> -N (11.2, 25.2, and 23.0) NO <sub>2</sub> -N (23.9, 38.5, and 23.1) NO <sub>3</sub> <sup>-</sup> -N (32.2, 40.3, and 44.3)	TC and FC (43.0–72.0)	-	Horizontal subsurface-flow constructed wetland	Domestic wastewater	[72]
3.	Control unit (A): <i>Colocasia esculenta</i> (L.) Schott (taro) and <i>T. latifolia</i>	COD (64.7, 74.8, and 79.4) NH <sub>3</sub> (74.0–75.0) P <sub>4</sub> (72.0–77.0) SO <sub>4</sub> <sup>2-</sup> (74.0–75.0)	-	-	Engineered wetland	Domestic wastewater	[73]
	<i>T. latifolia</i>	NH <sub>3</sub> (74.0) PO <sub>4</sub> <sup>2-</sup> (69.0) SO <sub>4</sub> <sup>2-</sup> (72.0)	-	-			
4.	<i>Phragmites</i> sp.	BOD <sub>5</sub> (93.0) COD (88.0) TDS (93.0) TSS (93.0)	FC (76.0–99.0) Fecal <i>Streptococci</i> (49.0–85.0) Note: These were removed in two phases in four distinct seasons	-	Subsurface-flow constructed wetland	Municipal wastewater	[74]
	<i>Typha</i> sp.	BOD <sub>5</sub> (63.0) COD (50) TDS (58.0) TSS (58.0)	FC (50.0–99.0) Fecal <i>Streptococci</i> (33.0–85.0) Note: These were removed in two phases in four distinct seasons	-			
5.	<i>Pontederia crassipes</i> Mart. [formerly <i>Eichhornia crassipes</i> (Mart.) Solms] (common water hyacinth) and <i>Phragmites australis</i> (Cav.) Trin. ex Steud. (common reed)	BOD <sub>5</sub> (72.1) COD (67.2) Org-N (59.3) SS (64.6) Settleable solids (91.8) TN (38.0) TP (43.0)	-	-	Surface-flow constructed wetland	Secondary-treated domestic wastewater	[75]
6.	<i>Typha angustifolia</i> L. and <i>Scirpus grossus</i> L.f. (club-rush or bulrush)	BOD <sub>5</sub> (68.2) NH <sub>4</sub> <sup>+</sup> -N (74.4) NO <sub>3</sub> <sup>-</sup> -N (50.0) TP (19.0) TSS (71.9)	-	-	Free-water surface wetland	Secondary-treated municipal wastewater	[76]

Sl. No.	Latin and Common Names of Plant (Macrophyte) Species	Percentage Removal of Inorganic and Organic Pollutant(s) (%)	Percentage Removal of Pollutant Indicator Organism(s)/Pathogen(s) (%)	Microbes Involved in the Removal of Nutrient(s)/Pollutant(s)	Constructed-Wetland-Based Phytoremediation Set-Up(s)/System(s) Used	Type of Treated Wastewater	Reference(s)
7.	<i>Lemna minor</i> L. (common duckweed), <i>P. australis</i> , <i>Schoenoplectus tabernaemontani</i> (C.C. Gmel.) Palla (syn. <i>Scirpus validus</i> Vahl) (softstem bulrush), and <i>Typha orientalis</i> C. Presl (cumbungi)	BOD <sub>5</sub> (70.4) NH <sub>3</sub> -N (40.6) SS (71.8) TP (29.6)	TC and FC (99.7 and 99.6, respectively)	-	Constructed wetland	Sewage water	[77]
8.	<sup>A</sup> <i>Acorus gramineus</i> Sol. ex Aiton (Japanese sweet flag), <sup>B</sup> <i>Iris pseudacorus</i> L. (yellow flag)	BOD <sub>5</sub> ( <sup>A</sup> 71.3, <sup>B</sup> 72.5) COD ( <sup>A</sup> 61.71, <sup>B</sup> 61.5) TN (11.24–21.95) TP (33.15)	-	-	Constructed wetland	Domestic wastewater	[78]
9.	<sup>A</sup> <i>Iris pseudacorus</i> L. and <sup>B</sup> <i>Acorus gramineus</i> Soland	BOD <sub>5</sub> (72.5, 71.3) COD (61.1, 61.7) TN (70.9, 70.7) TP (86.9, 84.8) <sup>A</sup> HMs (Cd, Cr, and Pb) —15.3, 21.3, and 24.5, respectively)	-	-	Model wetlands	Rural or urban domestic wastewater	[78]
10.	<i>T. angustifolia</i>	BOD <sub>5</sub> (80.78) NH <sub>4</sub> <sup>+</sup> -N (95.75) TN (66.5) TP (58.59)	-	-	Free-water surface wetland	Secondary-treated municipal wastewater	[79]
11.	<i>Canna</i> and <i>Heliconia</i>	TSS (88.0) COD (42–83)	-	-	Horizontal subsurface-flow constructed wetland	Domestic wastewater	[80]
12.	<i>P. australis</i> and <i>T. latifolia</i>	BOD <sub>5</sub> (>86.0) COD (>86.0)	-	-	Vertical-flow constructed wetland	Domestic wastewater	[81]
13.	<i>Canna</i>	BOD <sub>5</sub> (94.0) TN (93.0)	-	-	Vertical subsurface-flow constructed wetland and horizontal subsurface-flow constructed wetland	Sewage water	[82]
14.	<i>Cyperus alternifolius</i> L. (umbrella papyrus)	COD (83.6) NH <sub>4</sub> <sup>+</sup> -N (71.4) TN (64.5) TP (68.1) TSS (99.0)	-	-	Hybrid-flow constructed wetland	Municipal wastewater	[83]

Sl. No.	Latin and Common Names of Plant (Macrophyte) Species	Percentage Removal of Inorganic and Organic Pollutant(s) (%)	Percentage Removal of Pollutant Indicator Organism(s)/Pathogen(s) (%)	Microbes Involved in the Removal of Nutrient(s)/Pollutant(s)	Constructed-Wetland-Based Phytoremediation Set-Up(s)/System(s) Used	Type of Treated Wastewater	Reference(s)
15.	<i>Acorus calamus</i> Linn. (sweet flag)	COD (73.0–93.0) TN (46.0–87.0) TOC (40.0–66.0) TP (75.0–90.0)	-	-	Vertical-flow constructed wetland	Domestic wastewater	[84]
16.	<i>Anthurium andraeanum</i> Linden (flamingo flower), <i>Strelitzia reginae</i> Aiton (crane flower), <i>Zantedeschia aethiopica</i> (L.) Spreng. (calla lily), and <i>Agapanthus africanus</i> L. (African lily)	BOD <sub>5</sub> (81.94) TN (49.38) TP (50.14) TSS (61.56)	TC (99.30)	-	Vertical subsurface-flow constructed wetland	Secondary-treated municipal wastewater	[85]
17.	<i>Canna</i> , <i>Cyperus papyrus</i> L. (papyrus or Nile grass), and <i>P. australis</i>	BOD <sub>5</sub> (90) COD (88.0) TSS (92)	TC, FC, and <i>E. coli</i> (94.0–99.0)	-	Vertical-flow constructed wetland	Municipal wastewater	[86]
18.	<i>Canna indica</i> L. (Indian shot) and <i>T. orientalis</i>	BOD <sub>5</sub> (62.8) NH <sub>4</sub> <sup>+</sup> -N (80.72) NO <sub>3</sub> <sup>-</sup> -N (12.8) TN (51.1)	-	-	Hybrid-flow constructed wetland	Municipal wastewater	[87]
19.	<i>Scirpus alternifolios</i> (umbrella papyrus)	BOD <sub>5</sub> (84.9) COD (89.8) NH <sub>4</sub> -N (82.2) TKN (82.7) TP (76.5) TSS (98.1)	-	-	Vertical subsurface-flow constructed wetland	Wastewater	[88]
20.	<i>T. angustifolia</i>	NH <sub>4</sub> <sup>+</sup> -N (95.2) TP (69.6)	-	-	Subsurface-flow constructed wetland	Artificial wastewater	[16]
21.	<i>Canna</i> and <i>P. australis</i>	BOD <sub>5</sub> (92.8, 93.6) COD (91.5) NH <sub>3</sub> (62.3, 57.1) TSS (92.3, 94.0)	-	-	Vertical-flow and horizontal-flow constructed wetlands	Municipal wastewater	[89]
22.	<i>Alternanthera sessilis</i> (L.) R.Br. ex DC. (Brazilian spinach), <i>C. esculenta</i> , <i>P. australis</i> , <i>Pistia stratiotes</i> L. (water lettuce), <i>Persicaria hydropiper</i> (L.) Delarbre (syn. <i>Polygonum hydropiper</i> L.) (water pepper), and <i>T. latifolia</i>	BOD <sub>5</sub> (90.0) NH <sub>4</sub> -N (86.0) NO <sub>3</sub> -N (84.0) TDS (78.0) TE (As, Co, Cr, Cu, Mn, Ni, Pb, and Zn—85.0, 49.0, 35.0, 95.0, 87.0, 39.0, 92.0, and 55.0, respectively) TSS (65.0)	-	-	Subsurface-flow constructed wetland	Sewage wastewater	[90]

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23.	<i>T. latifolia</i>	COD (53.0–70.0) NH <sub>3</sub> (12.0–15.0) P (18.0–25.0)	-	-	Surface, up-flow constructed wetland	Sewage wastewater	[91]
24.	<i>Phragmites</i>	COD <sub>Cr</sub> (75.7) NH <sub>3</sub> -N (96.8) TN (96.7) TP (90.4)	-	N was removed by <i>Paenibacillus</i> sp., <i>Pseudomonas oleovorans</i> , <i>Pseudomonas pseudoalcaligenes</i> , <i>Pseudomonas stutzeri</i> (LZ-4), <i>Pseudomonas stutzeri</i> (LZ-14), <i>Pseudomonas stutzeri</i> (XP-2), and <i>Pseudomonas pseudoalcaligenes</i> (Note: These microbes remove N from wetlands with processes like adsorption, filtration, precipitation, sedimentation, and volatilization); <i>Pseudomonas mendocina</i> LR contributed to the maximal N removal (97.35%)	Laboratory-scale constructed wetland microcosm	River water and domestic wastewater	[92]
25.	<i>Canna</i> and <i>Phragmites</i>	NH <sub>4</sub> <sup>+</sup> -N, NO <sub>3</sub> <sup>-</sup> -N and TKN (52.99)	-	-	Vertical-flow constructed wetland	Secondary-treated sewage wastewater	[93]
26.	<i>I. pseudacorus</i> , <i>P. australis</i> , and <i>T. latifolia</i>	BOD <sub>5</sub> (41.0) Dissolved P (59.0) HM (Pb—98.0) NH <sub>4</sub> <sup>+</sup> -N (66.0) TP (46.0) SS (66)	-	-	Constructed wetland	Mine water and Sewage	[94]
27.	<i>Agapanthus africanus</i> (L.) Hoffman. (African lily), <i>Canna ffuses</i> , <i>C. indica</i> , <i>Watsonia borbonica</i> (Pourr.) Goldblatt (Cape bugle lily), and <i>Z. aethiopica</i>	BOD <sub>5</sub> (90.0) NH <sub>4</sub> <sup>+</sup> (84.0) PO <sub>4</sub> <sup>2-</sup> (92.0)	-	-	Horizontal subsurface-flow constructed wetland	Sewage water	[95]
28.	Aquatic plants	BOD <sub>5</sub> (87.9) COD <sub>Cr</sub> (90.6) NH <sub>3</sub> -N (66.7) TN (63.4) TP (92.6)	-	-	New-type, multi-layer artificial wetland	Domestic wastewater	[96]
29.	<i>Canna × generalis</i>	NO <sub>3</sub> <sup>-</sup> (51.9) P (8.9) Phenolic compounds (1.0)	-	-	Constructed wetland	Domestic wastewater	[28]

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30.	<i>A. calamus</i> , <i>C. indica</i> , <i>Iris japonica</i> Thunb. (butterfly flower), <i>P. australis</i> , <i>T. angustifolia</i> , and <i>Zizania caduciflora</i> (Trin.) Hand.-Mazz. (wild rice)	TP (79.6, 87.9, 90.3, and 93.2)	-	-	Integrated vertical-flow constructed wetland	Synthetic domestic wastewater	[97]
31.	<i>P. australis</i>	BOD <sub>5</sub> (84.0) COD (75.0) NH <sub>4</sub> <sup>+</sup> (32.0) TP (22.0) TSS (75.0)	-	-	Vertical subsurface-flow constructed wetland	Sewage water	[98]
32.	<i>C. indica</i>	BOD <sub>5</sub> (88.11, 80.51, and 89.78) NH <sub>4</sub> <sup>+</sup> -N (94.81, 39.39) TN (56.17, 50.0, and 55.06) TP (94.82, 93.04, and 93.31)	-	N was removed by denitrifying bacteria	Hybrid vertical down-flow constructed wetland	Domestic wastewater	[99]
33.	<i>A. calamus</i> and <i>P. australis</i>	TN (45.2)	-	N was removed by a large number of rhizospheric bacteria (out of that, 17.9–26.8% non-rhizospheric bacteria removed N from the soil)	Horizontal subsurface-flow constructed wetland	Domestic wastewater	[100]
34.	<i>Centella asiatica</i> (L.) Urb. (Indian pennywort), <i>E. crassipes</i> , <i>P. australis</i> , <i>T. latifolia</i> , and <i>Chrysopogon zizanioides</i> (L.) Roberty (vetiver grass)	BOD <sub>5</sub> (81.0 and 82.0) TKN (63.0 and 69.0) TSS (79.0 and 89.0)	-	-	Hybrid constructed wetland	Domestic wastewater	[101]
35.	<i>Typha domingensis</i> Pers. (southern cattail)	BOD <sub>5</sub> (56.0) TKN (41.0) TP (37.0) TSS (78.0)	-	-	Constructed floating wetland	Domestic sewage	[102]
36.	<i>P. australis</i>	BOD <sub>5</sub> (93.0) COD (91.0) TN (67.0) TP (62.0) TSS (95.0)	TC, FC, and fecal <i>Streptococci</i> (64.0, 63.0, and 61.0, respectively)	-	Hybrid constructed wetland	Wastewater	[103]
37.	<i>Typha</i> and <i>Commelina benghalensis</i> L. (Benghal dayflower)	NO <sub>3</sub> <sup>-</sup> (84.0) PO <sub>4</sub> <sup>3-</sup> (77.0)	TC and FC, <i>E. coli</i> , <i>Enterococcus</i> , <i>Clostridium</i> , and <i>Salmonella</i> (65.0–70.0)	-	Horizontal-flow constructed wetland	Primary and secondary-treated sewage	[104]

Sl. No.	Latin and Common Names of Plant (Macrophyte) Species	Percentage Removal of Inorganic and Organic Pollutant(s) (%)	Percentage Removal of Pollutant Indicator Organism(s)/Pathogen(s) (%)	Microbes Involved in the Removal of Nutrient(s)/Pollutant(s)	Constructed-Wetland-Based Phytoremediation Set-Up(s)/System(s) Used	Type of Treated Wastewater	Reference(s)
38.	<i>Pennisetum purpureum</i> Schumach. (Napier grass) and <i>T. latifolia</i>	BOD <sub>5</sub> (up to 87) (inlet BOD <sub>5</sub> of 748–1642 mg L <sup>-1</sup> ) COD (up to 81) (inlet COD of 835–2602 mg L <sup>-1</sup> )	-	-	Horizontal subsurface-flow constructed wetlands	Industrial (brewery) wastewater	[105]
39.	<i>C. indica</i> and <i>Typha angustata</i> Bory & Chaub. (accepted name: <i>Typha domingensis</i> Pers.)	BOD, COD, NH <sub>3</sub> -N, TDS, TKN, TP, and TVS ( <sup>A</sup> 65.0– <sup>B</sup> 62.0, <sup>A</sup> 64.0– <sup>B</sup> 61.0, <sup>A</sup> 21.0– <sup>B</sup> 58.0, <sup>A</sup> 34.0– <sup>B</sup> 33.0, <sup>A</sup> 15.0– <sup>B</sup> 35.0, and <sup>A</sup> 54.0– <sup>B</sup> 40.0) [at first stage] and ( <sup>A</sup> 88.0– <sup>B</sup> 84.0, <sup>A</sup> 90.0– <sup>B</sup> 90.0, <sup>A</sup> 52.0– <sup>B</sup> 82.0, <sup>A</sup> 58.0– <sup>B</sup> 61.0, <sup>A</sup> 50.0– <sup>B</sup> 47.0, and <sup>A</sup> 71.0– <sup>B</sup> 64.0) [for the second stage reactor] Note: The nutrient removal was measured at two different hydraulic loadings at <sup>A</sup> 0.150 m day <sup>-1</sup> and at <sup>B</sup> 0.225 m day <sup>-1</sup>	-	-	Two-stage vertical-flow constructed wetland	Domestic wastewater	[106]
40.	<i>C. papyrus</i> and <i>P. australis</i>	BOD <sub>5</sub> (80.69) COD (69.87) NH <sub>3</sub> -N (69.69) TP (50.0)	TC and FC (98.08 and 95.61, respectively)	-	Vertical-flow subsurface constructed wetlands	Municipal wastewater	[107]
41.	<i>A. calamus</i> and <i>C. indica</i>	BOD <sub>5</sub> (78.74 and 81.79) TDS (18.96 and 22.31) TN (56.33 and 60.37) PO <sub>4</sub> <sup>2-</sup> (79.57 and 81.53)	-	-	Pilot-scale vertical subsurface-flow constructed wetland	Primary-treated domestic sewage	[108]

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