

# Autophagy in Pancreatic Cancer

Subjects: **Oncology**

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Pancreatic cancer is known to have the lowest survival outcomes among all major cancers, and unfortunately, this has only been marginally improved over last four decades. The innate characteristics of pancreatic cancer include an aggressive and fast-growing nature from powerful driver mutations, a highly defensive tumor microenvironment and the upregulation of advantageous survival pathways such as autophagy. Autophagy involves targeted degradation of proteins and organelles to provide a secondary source of cellular supplies to maintain cell growth.

pancreatic ductal adenocarcinoma

autophagy

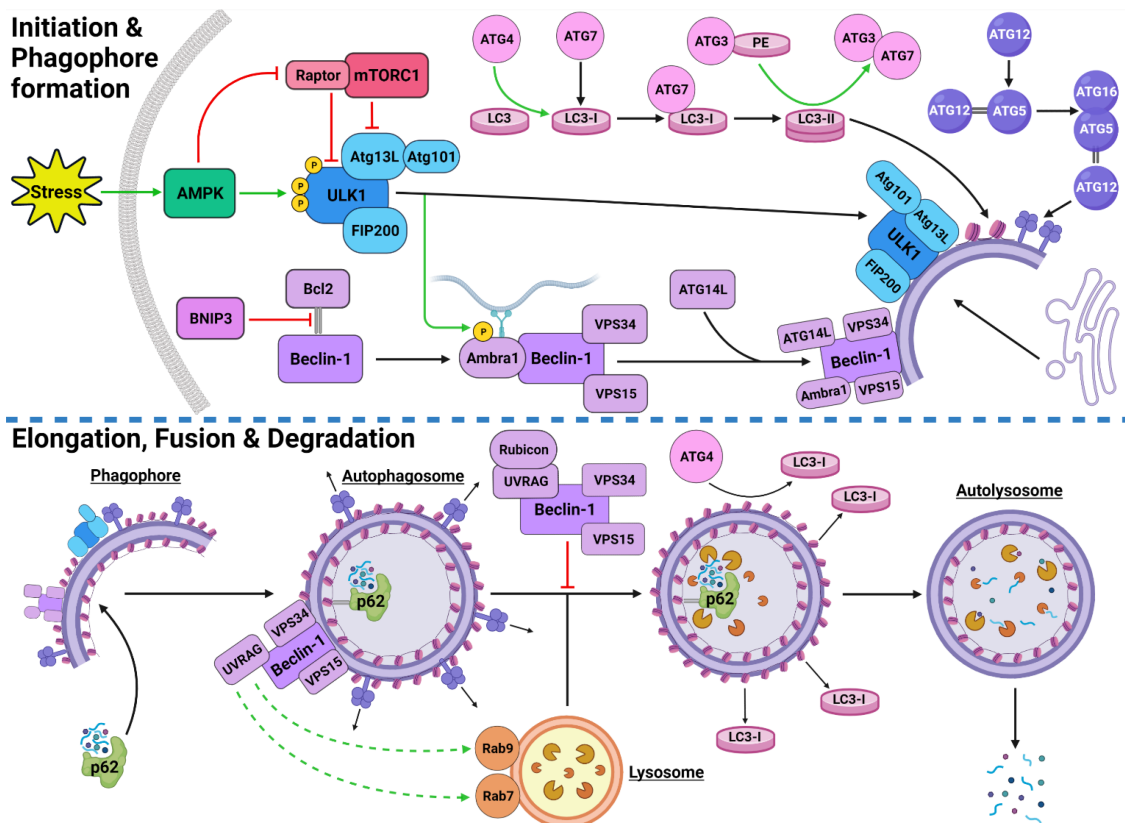
tumor microenvironment

## 1. Autophagy

### 1.1. Autophagy Types and Selectivity

The degradation of cellular contents is a central process in all eukaryotic cells <sup>[1][2]</sup>, which is primarily performed by the ubiquitin-proteasomal system (UPS) and autophagy <sup>[2][3][4]</sup>. The UPS is a highly specialized mechanism that targets old, dysfunctional or unwanted cellular material through ubiquitination and degrades the content into smaller molecular units <sup>[3][4][5]</sup>. Autophagy features a more versatile targeting spectrum as it can incorporate organelles and a more diverse range of proteins than UPS <sup>[4][6][7]</sup>.

Autophagic activity can be executed by three main mechanisms: chaperone-mediated autophagy (CMA), microautophagy and macroautophagy <sup>[8][9][10]</sup>. CMA is a highly specific process and relies on the recognition of unique targeting motifs located on certain cytosolic substrates by a cytoplasmic chaperone, such as Hsc70, which leads to their delivery to lysosomes for degradation <sup>[11][12]</sup>. Microautophagy possesses both specific and non-specific targeting and involves the direct invagination of targets into lysosomes <sup>[13]</sup>. The mechanism underlying macroautophagy is characterized by the *de novo* formation of phagophores around cytoplasmic structural mass, which matures into an autophagosome that fuses with a lysosome to allow the localized hydrolases to degrade the target protein or organelle into smaller, useable molecules <sup>[6][14][15][16]</sup> (**Figure 1**).



**Figure 1. Stress-Induced Autophagy Pathway and Machinery.** Tumor microenvironmental stress stimulates autophagy via AMPK activation which induces autophagic initiation. The ULK1 complex and PI3KC3-C1 facilitate phagophore formation which matures and elongates into an autophagosome by structural proteins LC3-II and the ATG5-ATG12-ATG16 complex. The autophagosome forms around the target protein/organelle and fuses with a lysosome mediated by the PI3KC3-C2. The cargo is degraded into various biomolecules and released into the cytoplasm. Black arrows indicate binding to or moving to, green arrows indicate activation, green dashed arrows indicate attraction, red arrows indicate inhibition. Created with [BioRender.com](https://www.biorender.com) (accessed on 24 February 2022).

Autophagy exhibits both selective and non-selective targeting of cytoplasmic contents [17][18][19][20]. While these mechanisms use the same intracellular core machinery, selective targeting utilizes a range of specialized receptors and chaperones [21]. The autophagic chaperone p62 is known to sequester the targeted protein/organelle and carries it to a receptor on the autophagosome for degradation [20][21]. Additionally, non-selective autophagy of small cytoplasmic proteins is more prominent under normal conditions and during early stages of stressful starvation events [22]. In contrast, prolonged stressful starvation triggers a rise in specific autophagic targeting of more complex proteins and organelles [22]. This indicates that stress can instigate a stronger, more selective response. Some examples of autophagic selectivity include pexophagy (peroxisomes) [23], mitophagy (mitochondria) [24][25] and xenophagy (bacteria during an infection) [26][27].

The process of autophagy occurs in all cell types and is an integral part of homeostatic regulation throughout the cellular lifecycle [28]. However, autophagy is well established as a stress-responsive process that is highly

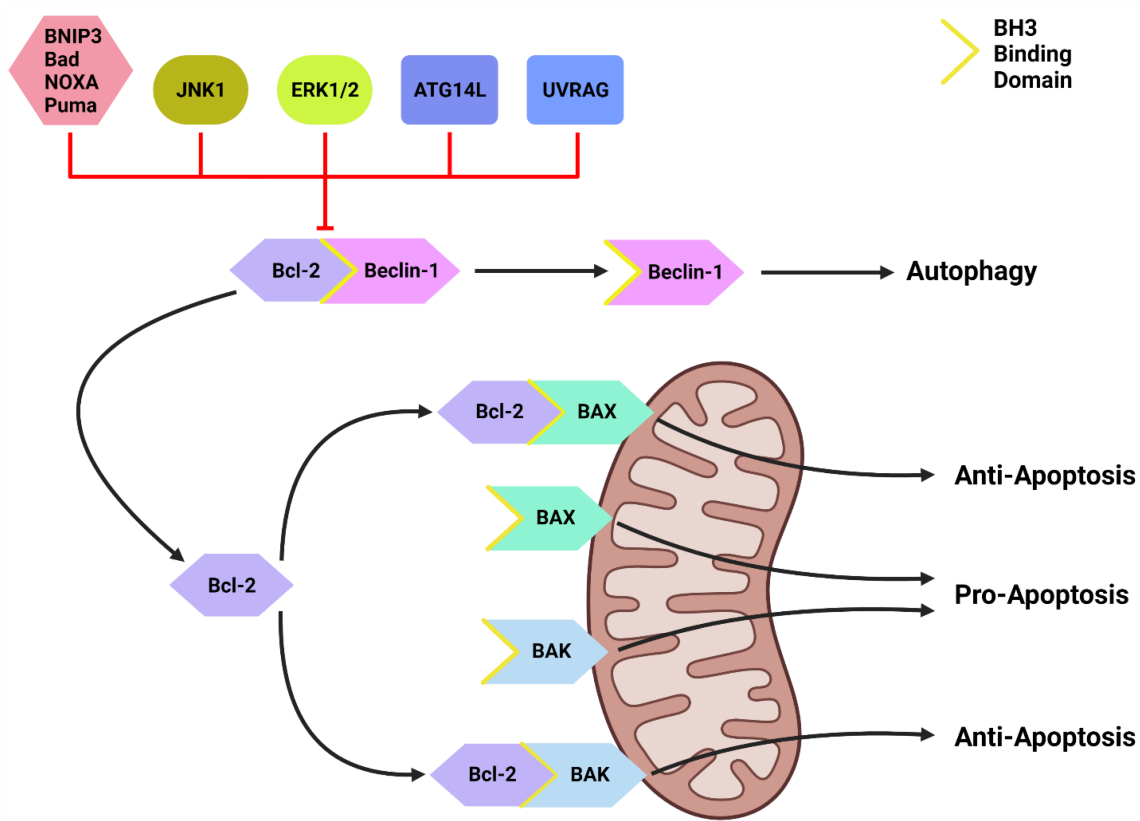
upregulated during starved conditions to generate more energy and nutrients [29][30][31], cellular remodeling from growth and development [32][33], and increased during oxidative stress [19][34].

## 1.2. Autophagy Process and Machinery

### 1.2.1. Autophagy Initiation

The initiation of autophagic flux is regulated by two important protein complexes, namely, UNC-51-like kinase (ULK1) complex and phosphoinositide 3-kinase class III-complex 1 (PI3KC3-C1) (**Figure 1**). When phosphorylated by its upstream regulators, ULK1 can bind to both the focal adhesion kinase family interacting protein of 200 kDa (FIP200) and the conjugate of autophagy-related protein 13 (ATG13) and ATG101 to form the ULK1-FIP200-ATG13-ATG101 complex, which is also known as the ULK1 initiation complex [35][36]. The ULK1 initiation complex is vital for the completion of autophagy and its inhibition was shown to significantly reduce autophagic initiation and prevent cell survival under nutrient-deprived conditions [37][38]. Upon its formation, the ULK1 initiation complex triggers an array of downstream signaling pathways to begin the formation of an isolation membrane, known as a phagophore [39]. The most significant of these signals involves the activation of PI3KC3-C1 [39][40]. This ULK1-mediated phosphorylation of Beclin-1 can be enhanced by both ATG14-like (ATG14L) and ultraviolet radiation resistance-associated gene protein (UVRAG) [39].

Inactive Beclin-1 is bound to B-cell lymphoma 2 (Bcl-2) [41] (**Figure 2**). When released by other competitive BH-3-binding proteins, such as BCL2/adenovirus E1B 19 kDa protein-interacting protein 3 (BNIP3) (**Figure 2**), Beclin-1 binds to vacuolar protein sorting 34 (VPS34), VPS15 and, autophagy and Beclin-1 regulator 1 (AMBRA1), which anchors the complex to microtubular dynein [40][42] (**Figure 1**). ULK1 activates the PI3KC3-C1 by: **(1)** phosphorylating AMBRA1 to release it from the dynein; and **(2)** phosphorylating both Beclin-1 and VPS34 allowing ATG14L to bind [40][43][44][45]. The activated ULK1 complex and PI3KC3-C1 then localize to the isolation membrane on the ER/golgi apparatus [46][47].



**Figure 2. The Bcl-2/Beclin-1 Interaction.** Bcl-2 family proteins (BNIP3, Bad, NOXA, Puma) that compete for the BH3 binding site and other proteins such as JNK1, ATG14L and UVRAG can disrupt the Bcl-2/Beclin-1 complex. This disruption frees Beclin-1 to form the PI3KC-C1 and initiate autophagic initiation or PI3KC-C2 to promote autolysosome fusion. Free Bcl-2 can also bind to the BH3-binding site on BAX and BAK to protect the mitochondria and suppress apoptotic function. Created with [BioRender.com](https://www.biorender.com) (accessed on 4 March 2022).

### 1.2.2. Autophagosome Formation

The PI3KC3-C1 and ULK1 complex facilitate phagophore elongation into an autophagosome, which is characterized by two ubiquitin-like systems, namely, ATG5-ATG12-ATG16 conjugate and microtubule-associated proteins 1A/1B light chain 3A (LC3) [42][48] (Figure 1). ATG5 forms a covalent bond with ATG12 which is later joined by ATG16 [49][50]. LC3 is converted to LC3-I by ATG4, which stimulates the binding of ATG7 to attract ATG3 resulting in the ligation of phosphatidylethanolamine (PE) with LC3-I to form LC3-PE conjugate (i.e., LC3-II) [14][51][52]. A multitude of LC3-II and ATG5-ATG12-ATG16 complexes then localise to the phagophore to begin the formation of the autophagosome [50] (Figure 1).

### 1.2.3. Autophagosome Maturation

The maturation process depends upon interactions between LC3-II and sequesterome-1 (p62), which are also two distinct markers of autophagic flux [53] (Figure 1). LC3 is one of three human homologs of Atg8 in yeast, the other two are GABARAP and GATE-16, both of which function similar to LC3 [54]. Similarly, p62 shares its role with the homologs BNIP3L, NBR1 and Alfy [55][56][57]. p62 provides selectivity to the autophagic process by recognizing

ubiquitinated target proteins and sequestering the target towards the phagophore [6][55]. It then binds directly to the internal membrane-bound LC3-II using the LC3 recognitions sequence in a ligand-receptor-like manner, which then stabilizes the target protein in place to allow the autophagosome to form around it [21][58]. Upon autophagosome formation, external LC3-II remains on the surface of the membrane, the internal LC3-II and p62 are enclosed within the membrane, while the ATG5-ATG12-ATG16 complex progressively detaches [59] (**Figure 1**). Interestingly, *ATG3* knockouts generated autophagosomes lacking LC3-II that were still able to bind to p62 and complete autophagic flux, suggesting that the ATG5-ATG12-ATG16 complex was able to attract p62 independently of LC3-II [21]. This result supports the concept that autophagy is a tightly regulated process with complex machinery that can adapt and respond to various forms of disruption throughout the process.

#### 1.2.4. Autolysosome Formation and Cargo Degradation

Once autophagosomes have fully enveloped their target, they fuse with lysosomes to form autolysosomes [60]. Interestingly, UVRAG competes with ATG14L for the same binding site on Beclin-1 [44]. With UVRAG bound, this complex is known as the PI3KC3-C2 and facilitates the attraction of the lysosome-bound GTPases, Rab7 and Rab9 to the autophagosome [44][61][62][63] (**Figure 1**). Rubicon can bind to UVRAG to mediate a suppressive effect on autolysosome formation through the interference with Rab7 attraction [64][65]. However, it was demonstrated that in circumstances of sustained autophagic activation, the UVRAG expression levels outnumber the Rubicon expression, and therefore, manages to maintain dominance of Rab7 activation and trigger autolysosome formation [65].

Upon autolysosome formation, the acidic hydrolases and proteases from the lysosome target the contents and remaining membranous proteins which causes proteolysis to yield smaller products such as amino acids, peptides and free fatty acids [66] (**Figure 1**). These products are released into the cytoplasm to be reused, excreted into the bloodstream for use elsewhere, restore the intracellular free amino acid pool or directly transported to the ribosome for protein synthesis [66][67]. The degradation of internally bound LC3-II and p62 is indicative of autophagic flux [68]. The externally bound LC3-II is not degraded, but delipidated by ATG4 into LC3-I, which can then be reused in the next autophagic cycle [54].

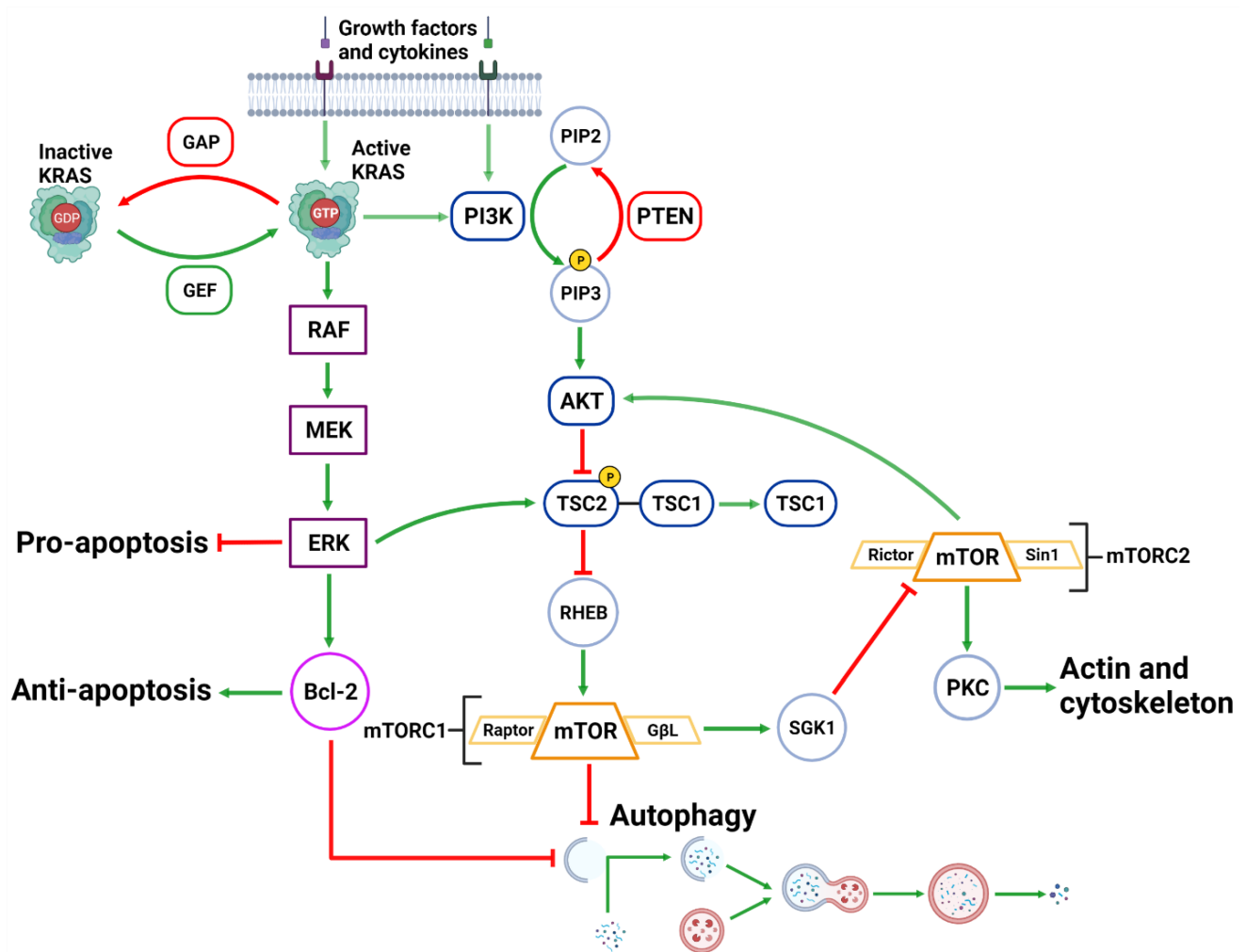
### 1.3. Upstream Autophagy Regulation

Autophagy regulation upstream of the core autophagic machinery involves numerous proteins and pathways that indirectly activate or inhibit this critical catabolic process. The major upstream pathways involved in regulation of autophagic machinery are: **(i)** PI3K class I (PI3KC1)/protein kinase B (AKT)/mammalian target of rapamycin complex 1 (mTORC1) pathway; **(ii)** mitogen activated protein kinase (MAPK) pathway; **(iii)** adenosine monophosphate-activated protein kinase (AMPK); and **(iv)** Bcl-2.

#### 1.3.1. PI3K/AKT/mTORC1 Pathway

The activation of the PI3KC1 complex from either receptor tyrosine kinases or KRAS leads to constitutive phosphorylation of the phospholipid PIP2 into PIP3 [69] (**Figure 3**). Phosphatase and tensin homolog (PTEN)

functions to reverse the action of PI3K by directly dephosphorylating PIP3 back into inactive PIP2 to maintain regulation of the pathway [70][71]. PIP3 activates AKT, which then phosphorylates tuberous sclerosis complex 2 (TSC2) at five different sites (Ser939, Ser981, Ser1130, Ser1132 and Thr1462) causing it to destabilize and dissociate from TSC1 [72][73]. This dissociation prevents the dual protein complex of TSC1 and TSC2 from inhibiting ras homolog enriched in brain (RHEB), a constitutive activator of mTORC1 [72]. mTORC1 is comprised of mTOR, GβL, PRAS40 and Raptor [74]. Sustained mTORC1 activity mediates autophagy suppression via the phosphorylation of the major initiation proteins ULK1 (Ser757) and ATG13L, rendering them inactive [35][36][75][76][77]. Therefore, the activation of PI3K/AKT/mTORC1 inhibits autophagy while the suppression of the PI3K/AKT/mTORC1 pathway promotes autophagy [69][78] (**Figure 3**). Additionally, mTORC1 operates to activate S6K1 and destabilizes the eIF-4E and 4E-BP1 complex to collectively promote protein synthesis [69][79], further reinforcing its significance in managing cellular protein synthesis or degradation.



**Figure 3. Upstream Autophagy Regulation.** Extracellular growth factors and cytokines activate KRAS and PI3K. GAP and GEF regulate KRAS activity which begins the MAPK cascade of activating RAF, MEK and ERK. ERK can inhibit pro-apoptotic function and support anti-apoptotic function via Bcl-2. ERK can also inhibit mTORC1 which facilitates autophagic initiation. PI3K phosphorylates PIP3 which is regulated by PTEN dephosphorylation. PIP3 activates AKT causing the destabilization of TSC2-TSC1 complex. This supports mTORC1 activity and suppresses

autophagic initiation. mTORC1 can also regulate AKT via a feedback loop and suppress cytoskeleton activity involving SGK1 and mTORC2. Created with [BioRender.com](https://www.biorender.com) (accessed on 28 March 2022).

### 1.3.2. MAPK Pathway

Downstream of KRAS, the rapid accelerated fibrosarcoma (RAF)/mitogen-activated protein kinase kinase (MEK)/extracellular signal-regulated kinase (ERK) pathway operates parallel to the PI3K/AKT pathway and is similarly integral to growth signaling with a major influence on tumor onset and survival [80][81] (Figure 3). In addition to transcription-related nuclear effects and the regulation of cytosolic proteins [82], MEK and ERK1/2 are also known for their crosstalk into other pathways which allows for an increased range of effects on autophagy when compared to the PI3K/AKT pathway. This can be epitomized by ERK1/2 activation of TSC2 (at the ERK D domain) which leads to RHEB inhibition and subsequent mTORC1 destabilization [83] (Figure 3). This results in increased levels of Beclin-1 and ULK1 leading to significantly increased autophagic initiation [83][84]. Additionally, phosphorylation of Bcl-2 by ERK1/2 is shown to promote its dissociation from Beclin-1, resulting in autophagic induction [85] (Figure 2).

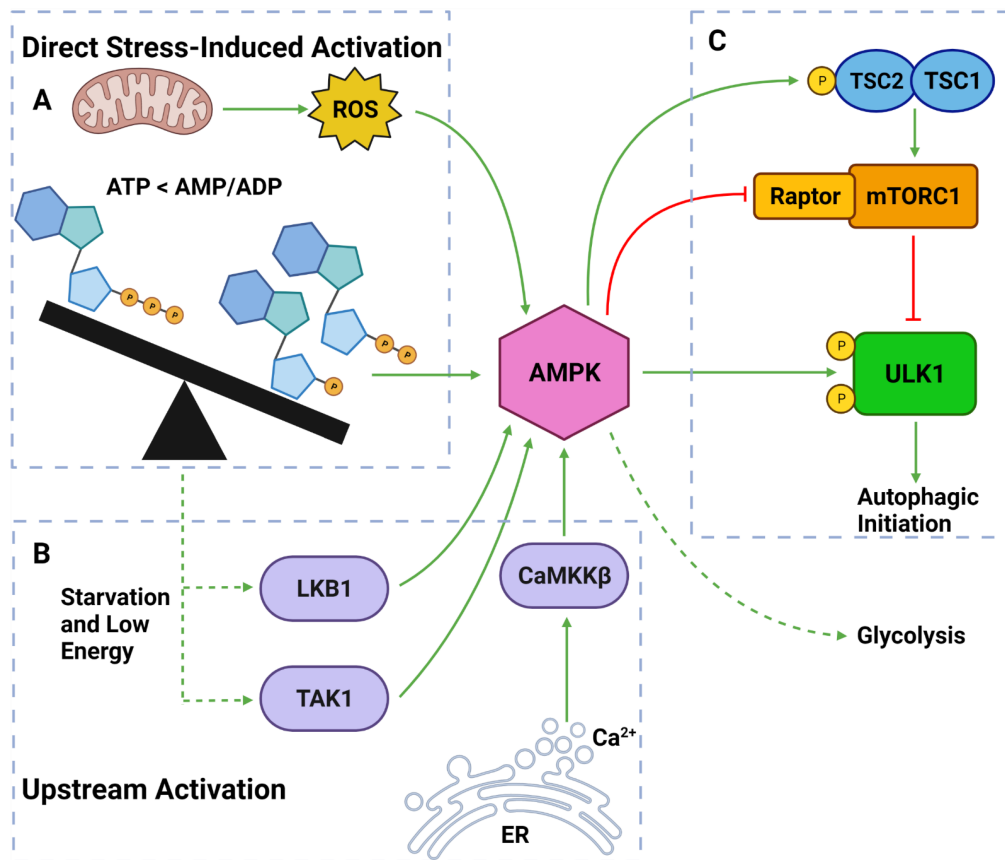
Interestingly, the strength of the MEK/ERK signal dictates the effectiveness of autophagy activity, such that moderate MEK/ERK activity-induced cyto-protective autophagy and sustained MEK/ERK activation can cause cyto-destructive autophagy [83]. ERK inhibition or *ERK* knockdown was unable to fully repress autophagic flux [83]. However, MEK inhibition was found to completely abrogate autophagic activity [83]. As ERK is one of the downstream MEK effector proteins, this result indicates that MEK was capable of bypassing ERK and used alternative effector proteins to sustain the stimulatory autophagic signal.

The effects of MAPK activity may be described as a more versatile and passive signaling pathway than a binary pathway. In liver and breast cancer, MEK inhibition (PD98059) completely suppressed rapamycin and serum starvation-induced autophagy observed from sustained mTORC1 activity and reduced Beclin-1 levels [83]. It has therefore been described that MEK/ERK activation is required for autophagy activation [86]. Interestingly, there is also evidence of a feedback network where autophagy related genes are capable of regulating ERK1/2 phosphorylation. Either *MAP1LC3* or *ATG5* mRNA silencing in mice resulted in reduced ERK phosphorylation and suppressed MAPK signaling [87].

### 1.3.3. AMPK

AMPK is a well-established upstream regulator of autophagy [36][53][88]. As a stress-responsive protein, AMPK reacts to decreased cellular energy and resource levels to stimulate survival pathways such as autophagy and glycolysis [88][89] (Figure 4). AMPK consists of a regulatory  $\gamma$  subunit, a structural  $\beta$  subunit and a catalytic  $\alpha$  subunit [90]. Stress-associated AMPK activation occurs from a direct mechanism involving depleted adenosine triphosphate (ATP) levels that raise cytoplasmic adenosine mono/diphosphate (AMP/ADP) levels [91][92] (Figure 4). AMPK is also activated by three upstream regulators in response to different stimuli: **(1)** liver kinase B1 (LKB1), which responds to cellular energy levels; **(2)**  $\text{Ca}^{2+}$ /calmodulin-dependent kinase kinase  $\beta$  (CaMKK $\beta$ ) activation by

increased cytoplasmic calcium ( $\text{Ca}^{2+}$ ) from ER stress; and **(3)** transforming growth factor- $\beta$  (TGF- $\beta$ )-activated kinase 1 (TAK1) [88][89][93][94] [95][96] (Figure 4).



**Figure 4.** AMPK Regulators and Effectors. **(A)** AMPK can be directly activated by stress from: overworked/stressed mitochondria produced ROS; AMP and ADP due to decreased ATP levels. **(B)** AMPK can also be activated by upstream regulators: LKB1 and TAK1 which respond to reduced energy levels; CaMKK $\beta$  which responds to increased cytoplasmic calcium from ER stress. **(C)** Once activated, AMPK can induce autophagy by: phosphorylating TSC2; inhibiting Raptor on mTORC1; phosphorylating ULK1 at Ser317 and Ser777. Activated AMPK can also upregulate glycolytic activity. Created with [BioRender.com](https://www.biorender.com) (accessed on 6 April 2022).

Once activated, AMPK upregulates autophagy via from 3 major pathways: **(1)** phosphorylation and deactivation of Raptor (a protein within the mTORC1); **(2)** activation of TSC2, causing RHEB inhibition and subsequent mTORC1 inhibition; and **(3)** ULK1 phosphorylation at Ser317 and Ser777 sites [35][36][76][97] (Figure 4). It should also be noted that the activation of TSC2 can directly oppose the PI3K pathway-induced autophagic suppression [88][89][93]. Collectively, AMPK is a vital autophagic activator which has a complex, yet well understood, mechanism of activating autophagy.

#### 1.3.4. Beclin-1 & Bcl-2

Another important regulator of autophagic initiation involves the Bcl-2 family of apoptosis-related proteins. The Bcl-2 protein itself typically exerts anti-apoptotic signaling where it binds to BH3 domains on pro-apoptotic proteins

such as Bcl-2-associated X protein (BAX) and Bcl-2 homologous antagonist killer (BAK) to protect the mitochondria [98] (Figure 2). Beclin-1 also contains a BH3 binding domain and has been found bound to Bcl-2 in the form of a dual protein complex [41][99][100]. Importantly, the Beclin-1/Bcl-2 complex restrains Beclin-1 from initiating autophagy and prevents Bcl-2 from binding to pro-apoptotic proteins, leading to increased apoptosis [41][99][100] (Figure 2).

Beclin-1 can be dissociated from Bcl-2 via (1) JNK1; (2) other BH3 domain containing Bcl-2 family members, such as BNIP3, Bad, Noxa, Puma, etc.; and (3) other autophagy promoting proteins such as UVRAG and ATG14L [101][102] (Figure 2). This suggests that Bcl-2 plays a major role in the crosstalk between apoptotic and autophagic machinery.

## 2. Autophagy in Pancreatic Cancer Progression

There has been emerging evidence of a critical role played by the autophagic pathway in pancreatic cancer progression [103][104]. Notably, previous studies have shown that advanced/high grade PDAC have elevated autophagy when compared to normal pancreas or low grade PDAC [105][106]. This is understandable as protein synthesis is vital for the overstimulated growth and unlocking the metastatic potential of cancers [107]. Overall, increased autophagic upregulation in PDAC could be instigated by a combination of driver mutations and a highly stressful TME [108][109]. Autophagy may support stressed neoplastic cells directly by providing more biomaterials or by influencing alternate pathway to support tumor survival.

### 2.1. Autophagic Regulation in PDAC

Autophagy is tightly regulated by a variety of upstream pathways that are often mutated in PDAC. The PI3K/AKT pathway mediates autophagic inhibition, while the MEK/ERK pathway is deemed essential for autophagy activation [69][83][110] (Figure 3). KRAS is at the helm of these varying pathways and is frequently mutated in PDAC [111]. While KRAS influences autophagic regulation, it has opposing downstream effectors. Therefore, the net increase to autophagy in PDAC is determined by a balance between upstream regulatory pathways, TME stress and other stress-related proteins such as AMPK and HIF-1/2, which adopt a more primary role at advanced stages [112].

The relationship between AMPK, autophagy and PDAC progression is an area of active research. AMPK is often activated from low cellular ATP levels and is regulated by upstream proteins, such as LKB1 and CaMKK $\beta$ , and can directly promote autophagic initiation through different mechanisms [90][92][113] (Figure 4). Through these interactions, AMPK-induced autophagy is highly prevalent in stressed PDAC and is considered a fundamental component of PDAC survivability [75][88][114][115] (Figure 1). Similarly to AMPK, HIF-1/2 are activated by hypoxic conditions and can promote autophagy via the transcription of BNIP-3 [113]. Increased HIF activity further strengthens the survival abilities of stressed PDAC and encourages EMT and neoplastic migration [116]. The excessive ROS levels in stressed PDAC can be simultaneously damaging and supporting [117][118][119]. ROS can directly stimulate AMPK, mTOR and HIF-1 $\alpha$ -mediated autophagy, indicating that PDAC tumors are still able to utilize damaging ROS to aid survival and progress to more advanced stages [113][120].

## 2.2. Autophagy Promotes Pancreatic Tumor Progression

It has been established that autophagy acts as a tumor suppressor in early stages of PDAC development through the degradation of oncogenic proteins and resistance to apoptosis [121]. However, as the tumor becomes more advanced, autophagy is recorded at abnormally high levels where it operates as a survival pathway and promotes cell growth [121]. TME-induced stress typically inflicts biological responses that prevents cellular growth [122][123][124][125]. However, autophagic upregulation can help aggressive PDAC adapt to the harsh conditions [105]. One of these mechanisms involves autophagic activity opposing apoptotic activity. Beclin-1-mediated autophagic initiation is positively correlated with anti-apoptotic Bcl-2 function [100] (**Figure 2**). Therefore, as autophagy remains activated, apoptotic activity is reduced. This can potentially result in increased tumor survival under TME stress, which provides tumors more time to grow and metastasize; and could suppress cytotoxic chemotherapies from stimulating apoptosis-induced cell death. PDAC chemotherapy is largely ineffective due to the protective stroma and can be further suppressed if tumor cells are actively opposing apoptosis [100][126]. This interaction could also explain why combination therapy involving autophagy inhibition is highly synergistic [112][127][128].

Importantly, cytoplasmic contents deemed unnecessary for tumor proliferation can be degraded into amino and fatty acids and boost the available pool [67]. Free amino acids can be transported into the ER and ribosomes to produce more vital proteins involved in cellular metabolism and cell division [67][129]. To maintain an increased growth rate, PDAC cells can upregulate glycolysis via the Warburg effect [130][131]. This increased activity demands more proteins to execute and is therefore, fueled by autophagic degradation [131]. Moreover, in the TCA cycle glutamine is one of the primary sources of carbon [132]. Notably, autophagy has been described as a major source for intracellular glutamine and hence, can directly support oxidative phosphorylation [133].

Autophagy is essential to PSC and CAF function since it can provide alanine for neighboring tumor cells and enhance the deposition of ECM proteins such as glycoproteins, collagen and elastin; and MMPs which increase the ECM remodeling [134][135]. Increased biomaterial availability can enhance the production of a range of proteins involved in various cellular functions. This could include actin, myosin and other cytoskeletal proteins to increase cell motility and promote cellular breakaway [136]. Autophagy has been observed targeting and degrading MHC-I in PDAC resulting in reduced levels [137]. Due to the importance of MHC-I in immune surveillance, this degradation can protect the tumor cells and can lead to uncontrolled tumor growth [137]. A recent study has also shown importance of autophagic induction in Schwann cell could promote perineural invasion, which is one of well-known poor prognostic factor in PDAC progression [138].

Current studies examining the relationship between autophagy and pancreatic cancer progression have shown critical importance of this pathway in tumor progression and its potential to be developed as a key therapeutic target for this aggressive disease. Future studies will offer further insights on the complexity of autophagy regulation, its importance to PDAC survival, and how it may be manipulated to provide a therapeutic advantage over the disease.

## 2.3. The Role of Autophagy in Pancreatic Cancer Metastasis

Cancer metastasis is the main cause of cancer-related death in PDAC and is therefore, a crucial area to be investigated [139][140][141][142]. PDAC is often characterized by its early metastatic features, resistance to anti-cancer therapies and poor prognosis [143][144]. Emerging evidence implies that the role of autophagy in cancer progression is complex, and often multifaceted, as contrasting studies suggest that it can be metastasis-promoting or suppressing depending on the stage of the disease, different tumor types and involves other pathway interactions [145][146].

### 2.3.1. Autophagy as a Metastasis Promoter in Pancreatic Cancer

Most literature regarding PDAC establishes autophagy at a metastasis promoter. As a stress-induced pathway, it is known for maintaining cell survival and promoting the hallmarks of cancer, including metastasis [105][107]. Autophagy directly promotes metastasis through the degradation of proteins involved in focal adhesion. Paxillin is a binding protein that acts a scaffold for the recruitment of other proteins, such as focal adhesion kinase, and is responsible for binding actin in the cytoskeleton and extracellular integrin to create an anchor between cells and the ECM [147]. Autophagy was shown to degrade paxillin resulting in a reduced structural binding between tumor cells and the ECM, thus increasing neoplastic migration [148][149]. A further study using chloroquine (CQ) treatment in breast cancer models demonstrated a reduced rate of paxillin degradation both *in vitro* and *in vivo* [148]. More recently, this interaction has been confirmed in PDAC using a nano-bomb combination of gemcitabine and CQ. This combination was more effective at inhibiting paxillin degradation and downregulating MMP-2 when compared with either mono-treatment [128]. These results in both pancreatic and breast cancer models demonstrate that the autophagic degradation of paxillin led to increased metastatic potential.

Hypoxia-induced autophagy is prominent in PDAC due to the advanced and stressed nature of the neoplasm. Intermittent hypoxia was not only shown to upregulate autophagy-related proteins (Beclin-1 and LC3-II), but also increased EMT-related markers (vimentin and N-cadherin) and reduced the level of the cell-to-cell adhering protein, E-cadherin [150]. These latter findings were demonstrated to be due to the induction of hypoxia-induced autophagy [150]. In another set of studies, the metastasis suppressor, N-myc downstream regulator gene 1 (NDRG1) was shown to inhibit basal and hypoxia-induced autophagy via a dual-inhibitory mechanism involving impaired autophagic degradation and autolysosome formation in PDAC cells [31][151]. This inhibitory effect of NDRG1 on autophagy was shown to be mediated by suppression of PERK-eIF2 $\alpha$  pathway [151]. Furthermore, NDRG1-mediated suppression via the PERK-eIF2 $\alpha$  pathway was found to reduce migration [152]. Collectively, these studies demonstrate that upregulated autophagy in stressed PDAC is a metastasis promoter due to the targeted degradation of crucial proteins required to maintain cell to cell contact and upregulation of EMT marker levels.

With the majority of PDAC patients exhibiting *KRAS* mutations [153], its relationship with the autophagic sequestering protein, p62, is also considered to support metastasis and is highly associated with poor prognosis [154][155]. The recorded high levels of p62 in PDAC can be attributed to the *KRAS* activation of NF- $\kappa$ B, which transcriptionally induces gene encoding SQSTM1 to produce p62 [156]. p62 was also found to maintain NF- $\kappa$ B activity through a feedforward loop [156]. As NF- $\kappa$ B transcriptional activity is vital for tumor invasion, EMT and anti-

apoptosis [157][158], the study by Ling et al. implicates p62, and subsequently autophagy, as a major promoter of metastasis [156].

Another important feature of PDAC is the presence of cancer stem cells (CSCs). CSCs are characterized by their unique properties of self-renewal, sphere forming capacity and de-differentiation states, which contributes to and serves as a basis to cancer metastasis [159][160]. Rausch et al. showed that higher levels of CSC markers correlated with upregulated autophagy in PDAC [161]. Interestingly, autophagy inhibition in pancreatic CSCs resulted in apoptotic cell death and a reduction in migration and tumorigenicity [161]. Hypoxia is a crucial component of autophagic activation, metastasis and supports invasive stem cell-like features in PDAC cell lines [150][162]. Notably, CD133+ pancreatic CSCs were found to be colocalized to the hypoxic region within PDAC tumors [150]. Another study by Yang et al. further supported this hypothesis by positively correlating LC3 expression with the expression of CSC markers, aldehyde dehydrogenase 1 (ALDH1), CD44 and CD133 in PDAC tissues [163]. High co-expression of LC3/ALDH1 was associated with both poor overall survival and progression-free survival [163]. Indeed, the inhibition of autophagy by silencing *ATG5*, *ATG7* and *BECN1* or the administration of CQ significantly reduced pancreatic CSC population and activity [163]. These results suggest that stress-induced autophagy supports metastasis through the sustenance of pancreatic CSCs.

### 2.3.2. Autophagy as a Metastasis Suppressor in Pancreatic Cancer

Where the previous studies demonstrate autophagy as a metastasis promoter, there are also studies that suggest an opposing effect. For instance, Akar et al. found that the elevated expression of the tissue transglutaminase, TG2, has been implicated in increased drug resistance, supporting metastatic phenotypes and poor patient prognosis in PDAC [164]. More specifically, TG2 increases EMT markers (vimentin, N-cadherin and fibronectin) and decreases E-cadherin levels [164]. The inhibition of protein kinase C-delta (PKC $\delta$ ), which is vital for TG2 expression, resulted in excessive autophagic activation and Beclin-1-mediated cell death [164]. This result indicates that TG2-mediated autophagy suppression supports metastasis and implicates that autophagic activity suppresses metastasis.

Studies demonstrating autophagic interactions that the partial (heterozygous deletion) or complete (homozygous deletion) loss of certain autophagy genes, have been shown to lead to contrasting outcomes. For instance, *ATG5*, a crucial protein in autophagosome formation, appears to contribute to metastatic capabilities in PDAC. Notably, there was a clear phenotypic difference between the complete and partial loss of *ATG5* in autophagy-proficient transgenic mice with *KRAS*<sup>G12D</sup> PDAC [165]. The homozygous knockout of *ATG5* in mice harboring *KRAS*<sup>G12D</sup> supported tumor initiation but prevented PDAC tumors from progressing into more malignant states [165]. Whereas, the heterozygous knockout of *ATG5* in the same mouse model increased tumor incidence, malignancy and metastatic potential in PDAC by enhancing neoplastic migration and invasion when compared to the homozygous *ATG* knockout or *KRAS*<sup>G12D</sup> control mice [165]. This relationship could be attributed to the numerous non-canonical autophagy-associated and intracellular degradation pathways that are responsible for the compensatory switch for the loss of *ATG5*, or as a protective mechanism exerted by PDAC cells. Therefore, this

study demonstrates that partial loss of autophagy led a highly metastatic phenotype compared to mice with completely deficient or proficient autophagic activity.

Collectively, the different models used in these studies suggest that autophagy plays both a pro- and anti-metastatic role in PDAC. This is presumably due to the diverse role of the molecules and proteins involved in autophagic regulation and thus, indicates that these interactions require careful consideration throughout the development of PDAC chemotherapeutic strategies that involve the autophagic pathway.

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