

# Marine Sponges of the Genus *Callyspongia*

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Contributor: Lucas Sousa

In this entry, information about the common metabolites of the *Callyspongia* genus were grouped, as well as studies of the biological activity of these compounds. Through NMR data, 212 metabolites were identified from genus *Callyspongia* (15 species and *Callyspongia* sp.), belonging to classes such as polyacetylenes, terpenoids, steroids, alkaloids, polyketides, simple phenols, phenylpropanoids, nucleosides, cyclic peptides, and cyclic depsipeptides. A total of 109 molecules have been reported with bioactive activity, mainly cytotoxic and antimicrobial (antibacterial and antifungal) action.

Keywords: *Callyspongia* ; demosponges ; polyacetylenes ; anticancer action

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## 1. Introduction

The genus *Callyspongia* (Callyspongiidae) encompasses a group of demosponges including 261 described species, of which approximately 180 have been accepted after taxonomic reviews. The marine organisms of *Callyspongia* are distributed in tropical ecosystems, especially in the central and western Pacific, but also in the regions of the Indian, the West Atlantic, and the East Pacific Oceans. The reason for the interest in the genus *Callyspongia* is related to its potential production of bioactive compounds. In this review, we group the chemical information about the metabolites isolated from the genus *Callyspongia*, as well as studies of the biological activity of these compounds. Through NMR data, 212 metabolites were identified from genus *Callyspongia* (15 species and *Callyspongia* sp.), belonging to classes such as polyacetylenes, terpenoids, steroids, alkaloids, polyketides, simple phenols, phenylpropanoids, nucleosides, cyclic peptides, and cyclic depsipeptides. A total of 109 molecules have been reported with bioactive activity, mainly cytotoxic and antimicrobial (antibacterial and antifungal) action.

## 2. Chemical Aspects of *Callyspongia* species

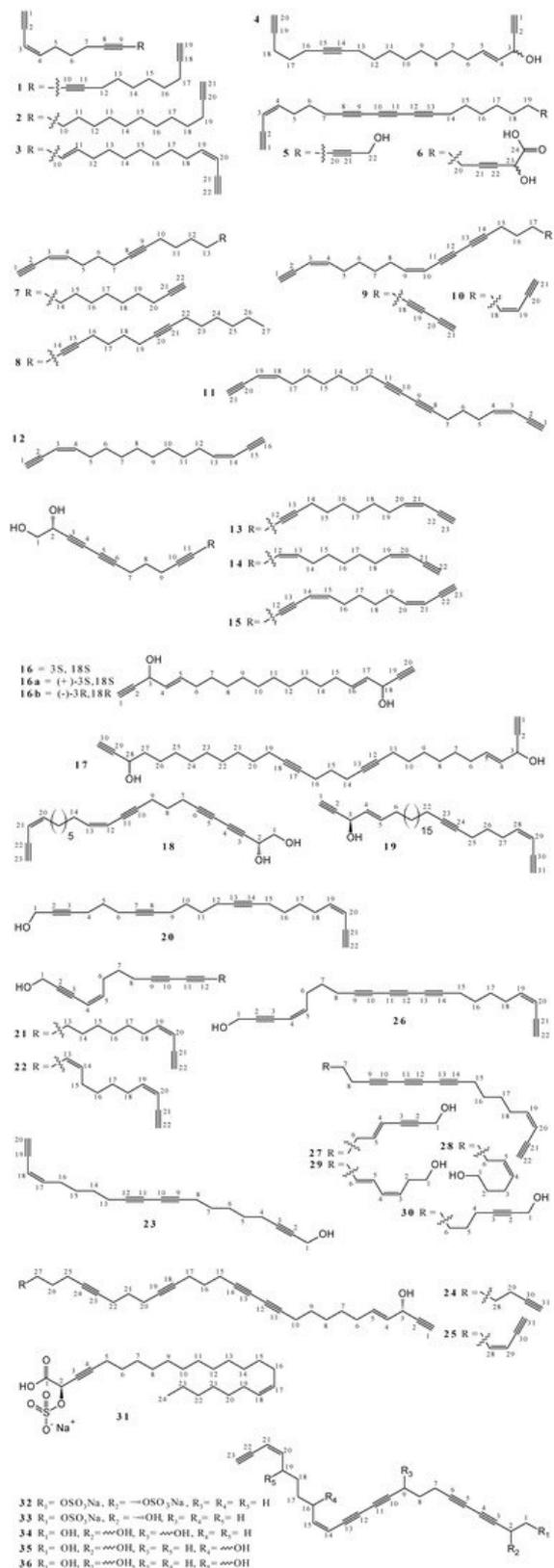
NMR spectroscopy-based studies on *Callyspongia* unidentified species (*Callyspongia* sp.) along with other 15 identified species (*C. abnormis*, *C. aerizusa*, *C. bilamellata*, *C. californica*, *C. diffusa*, *C. fibrosa*, *C. fistularis*, *C. flammea*, *C. implexa*, *C. lindgreni*, *C. pseudoreticulata*, *C. siphonella*, *C. spinosissima*, *C. truncata* and *C. vaginalis*) resulted in the structural characterization of 212 isolated metabolites from different classes: polyacetylenes; terpenoids and steroids; alkaloids; simple phenols and phenylpropanoids; nucleosides; cyclic peptides and cyclic depsipeptides; polyketides; and miscellaneous.

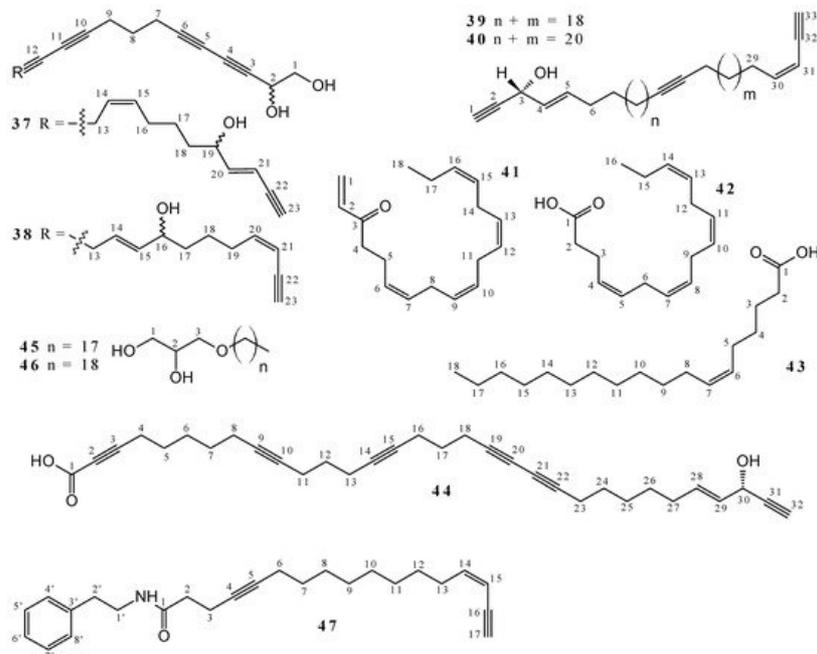
These substances were described according to the extract used in the isolation, relevant structural characteristics, and the elucidation data based on NMR data. This information is presented in together with additional information such as chemical formula, type of metabolite, one-dimensional NMR data, geographic location, and references related to the compound obtention in *Callyspongia* species. Regarding the 1D NMR data, the chemical shifts, the solvent and frequency used in process, and the coupling constant of all compounds, were investigated. In addition, although NMR was the only spectroscopic information reported in this study, mainly due to the large volume of data, other techniques were used in the primary studies to support structural identification and elucidation, such as: specific rotation, X-ray crystallography, Thin-Layer Chromatography (TLC), melting point, two-dimensional NMR spectroscopy, Mass Spectrometry (EM), and spectroscopy in the infrared (IR) and ultraviolet (UV) regions.

### 2.1. Polyacetylenes

The polyacetylenes aikupikanynes A (**1**), B (**2**) and C (**3**), D (**4**), E (**5**) and F (**6**) and octahydrosiphonochalyne (**7**) were isolated from methanol (MeOH) extract of *Callyspongia* sp., a red sea sponge <sup>[1]</sup>. Other metabolites were also isolated: callimplexen A (**8**) from *Callyspongia implexa* (MeOH/Dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) 1:1 extract) <sup>[2]</sup>; callyberynes A (**9**), B (**10**) and C (**11**) from *Callyspongia* sp. (MeOH/CH<sub>2</sub>Cl<sub>2</sub> 3:1 extract) <sup>[3]</sup>; **9** and **11** from *Callyspongia truncata* (MeOH extract) <sup>[4]</sup>; and the diacetylene Callydiyne (**12**) from *Callyspongia flammea* (MeOH extract) <sup>[5]</sup>. Polyacetylenes **1–12** (**Figure 1**) were elucidated by <sup>1</sup>H and <sup>13</sup>C NMR and have unsaturated hydrocarbon moieties associated with olefinic and alkynyl double

and triple bonds, respectively. The only symmetrical compound is **12** and structures **4**, **5** and **6** have characteristics of fatty acyls.





**Figure 1.** Structures of polyacetylenes isolated from *Callyspongia* species.

Six polyacetylene diols were obtained from studies based on *Callyspongia* genus. 14,15-dihydrosiphonodiol (**13**), Callyspongidiol (**14**) and siphonodiol (**15**) were isolated from Ethyl acetate (EtOAc) extract of *Callyspongia* sp. [6]; **13** and **15** from ethanol (EtOH) extract of *Callyspongia lindgreni* [7]; from these later, only **15** from *Callyspongia lindgreni* ( $\text{CH}_2\text{Cl}_2$  extract) [8] and *Callyspongia truncata* (MeOH extract) [4]. Two isomeric structures were isolated from *Callyspongia* sp. (EtOH extract): (3*S*,18*S*,4*E*,16*E*)-eicosa-1,19-diyne-3,18-diol-4,16-diene (**16a**) and (-)-(4*E*,16*E*)-eicosa-4,16-diene-1,19-diyne-3,18-diol (**16b**). Compound **16a** has also been identified in *Callyspongia pseudoreticulata* (MeOH extract) [9][10]. In addition, callyspongendiol (**17**) was isolated from *Callyspongia siphonella* ( $\text{CH}_2\text{Cl}_2/\text{MeOH}$  1:1 extract) [11][12], and Tetrahydrosiphonodiol (**18**) from *Callyspongia lindgreni* (EtOH extract) [7]. Polyacetylene Diols **13–18** are open chain unsaturated hydrocarbons (**Figure 1**) that have their structures elucidated by  $^1\text{H}$  and  $^{13}\text{C}$  NMR. The regiochemistry patterns for the two hydroxyls in the structures vary considerably depending on the metabolite, having close proximity in **13**, **14**, **15** and **18**. Isomers **16a** and **16b** are the only structures with symmetric atom connectivity; they differ from each other according to the configuration of stereogenic centers.

A total of 12 polyacetylene alcohols were obtained from *Callyspongia* species: (3*R*,4*E*,28*Z*)-hentriacont-4,28-diene-1,23,30-triyn-3-ol (**19**), Callyspongengols A (**20**), B (**21**), C (**22**) and D (**23**), Callysponynes A (**24**) and B (**25**), dehydroisophonochalynol (**26**), siphonellanols A (**27**), B (**28**) and C (**29**) and siphonochalynol (**30**) (**Figure 1**). Studies involving *Callyspongia* sp. afforded different metabolites depending on the solvent used in the extraction: acetone (**19**) [13], MeOH/ $\text{CH}_2\text{Cl}_2$  1:1 (**20–22** and **26**) [14] and EtOAc (**24** and **25**) [15] extracts; while those related to *Callyspongia siphonella* were obtained from MeOH/ $\text{CH}_2\text{Cl}_2$  1:1 (**23** and **26**) [11][12] and MeOH (**26–30**) [16] extracts. The polyacetylene alcohols were elucidated by  $^1\text{H}$  and  $^{13}\text{C}$  NMR, but only **19–29** present elucidative data.

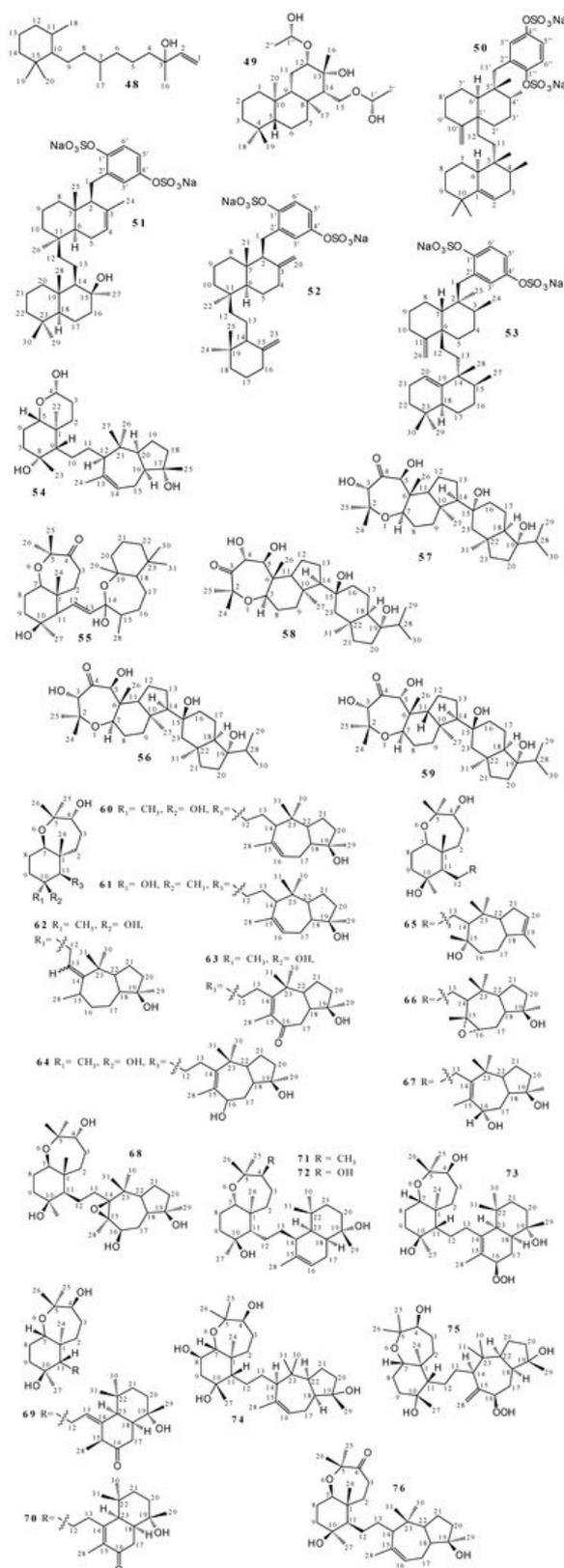
Studies involving *Callyspongia truncata* resulted in obtaining the acetylenic sulfate fatty acid callysponginiol sulfate A (**31**) from a mixture of  $\text{H}_2\text{O}$ , MeOH,  $\text{CHCl}_3$ , and EtOAc extracts [17]. The methanolic extract provided callyspongins A (**32**) and B (**33**) [4][18], as well as callytriols A (**34**), B (**35**), C (**36**), D (**37**), and E (**38**) [4]. The polyacetylene lipids callyspongynes A (**39**) and B (**40**) were also isolated from an ethanolic extract of *Callyspongia* sp. [19]. The metabolites **32–40** were elucidated by  $^1\text{H}$  and  $^{13}\text{C}$  NMR and have an oxygenated and unsaturated aliphatic structure with double and triple bonds (**Figure 1**). Compounds **32** and **33** are derived from siphonodiol and along with **31** are classified as sulfated compounds. Metabolites **34–38** have three hydroxyls, while **39** and **40** are simple monoalcohol.

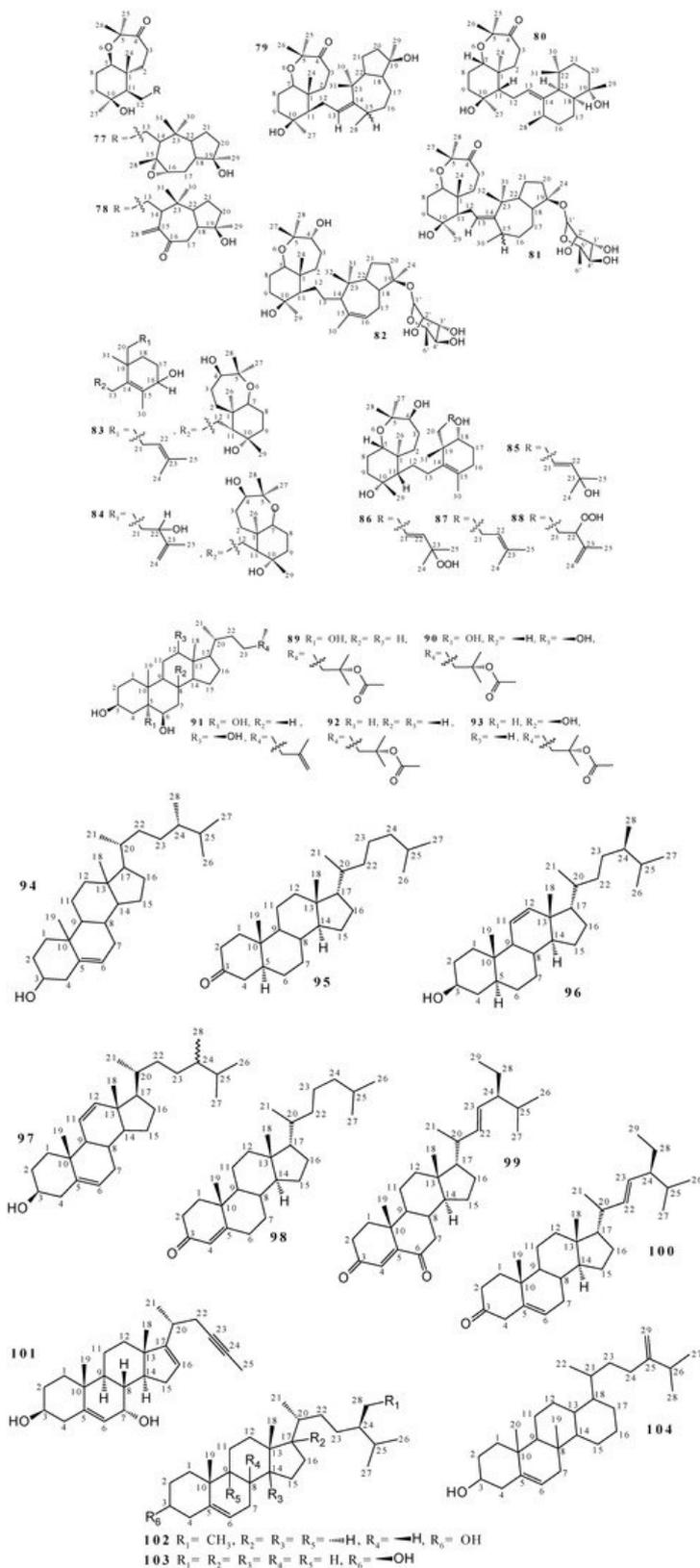
Four metabolites were isolated from ethanolic extracts from different species: (6*Z*,9*Z*,12*Z*,15*Z*)-1,6,9,12,15-octadecapenten-3-one (**41**) (*Callyspongia* sp.) [20], (4*Z*,7*Z*,10*Z*,13*Z*)-4,7,10,13-hexadecatetraenoic acid (**42**) (*Callyspongia* sp.) [20], petroselenic acid (**43**) (*Callyspongia siphonella*) [21], and callyspongynic Acid (**44**) (*Callyspongia truncata*) [22]. In addition, glycerolipid 3-octadecyloxy-propane-1,2-diol (**45**) was obtained from 95% EtOH + MeOH/ $\text{CH}_2\text{Cl}_2$  1:1 extracts [23], and batyl alcohol (**46**) from methanolic extract, both from *Callyspongia fibrosa* [24]; the polyacetylenic amide callyspongamide A (**47**) was isolated from *Callyspongia fistularis* (MeOH/ $\text{CH}_2\text{Cl}_2$  1:1 extract) [25][26][27]. Among the elucidated compounds, only **41**, **44**, **45**, and **47** have  $^1\text{H}$  and  $^{13}\text{C}$  NMR data reported. Compound **46** was characterized by  $^1\text{H}$  NMR only, while **41** and **44–47** present the spectroscopic data. The metabolites are structurally distinct, but some similarities are visible (**Figure 1**). Substance **41** has a conjugated ketone system, while **42–44** have carboxyl groups,

among which **44** also has a hydroxyl unit. Glycerolipids **45** and **46** are the only saturated compounds having hydroxyls and ether oxygen, with the only structural difference between them being the presence of an additional methylene unit in **45**. Double and triple bonds, an aromatic unit, and an amide form compound **47**.

## 2.2. Terpenoids and Steroids

The diterpenes callyspinol (**48**) and isocopalanol (**49**) were isolated, respectively, from *Callispongia spinosissima* (MeOH extract) [28] and *Callispongia* sp. (acetone extract) [29]. Compounds **48** and **49** were elucidated by  $^1\text{H}$  and  $^{13}\text{C}$  NMR and are structurally different (**Figure 2**): **48** has only one ring and a double bond, and is monooxygenated, while **49** has a three-membered ring and is saturated and polyoxygenated. Four *Callispongia* sp. triterpenes were also isolated: akaterpin (**50**) from an acetone extract [30] and ilhabelanol (**51**), ilhabrene (**52**), and isoakaterpin (**53**) from an extraction with EtOH followed by MeOH [31]. The molecules **50–53** (**Figure 2**) were characterized by  $^1\text{H}$  and  $^{13}\text{C}$  NMR and they are oxygenated, sulfated, and formed by cyclic and aromatic units.

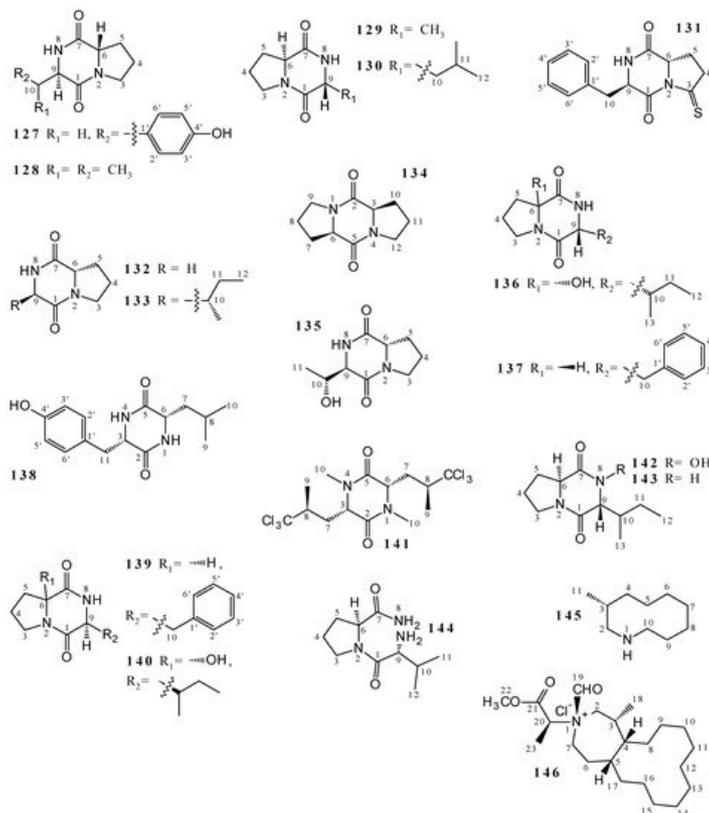




**Figure 2.** Structures of terpenoids and steroids from *Callyspongia* species.

A total of 38 sipholane triterpenoids were isolated from *Callyspongia sipholena* (*Siphonochalina Siphonela*): (2*S*,4*aS*,5*S*,6*R*,8*aS*)-5-(2-((1*S*,3*aS*,5*R*,8*aS*,*Z*)-1-hydroxy-1,4,4,6-tetramethyl-1,2,3,3*a*,4,5,8,8*a*-octahydroazulen-5-yl)-ethyl)-4*a*,6-dimethyloctahydro-2*H*-chromene-2,6-diol (**54**) [32]; dahabinone A (**55**) [33]; neviatives A (**56**) [34][35][36][37], B (**57**) [33], C (**58**) [35], and D (**59**) [37]; sipholenols A (**60**) [21][11][38][35][36][37][39][40][41][42], B (**61**) [42], C (**62**) [42], D (**63**) [42], E (**64**) [42], F (**65**) [33], G (**66**) [33], H (**67**) [33], I (**68**) [40], J (**69**) [32], K (**70**) [32], L (**71**) [35], L (**72**) [11][32][36], M (**73**) [32], N (**74**) [37], and O (**75**) [37]; sipholenones A (**76**) [21][11][38][35][36][39][40][41][42], B (**77**) [42], C (**78**) [42], D (**79**) [33], and E (**80**) [32]; sipholenosides A (**81**) [33] and B (**82**) [33]; siphonellinol (**83**) [43] and siphonellinols B (**84**) [33], C (**85**) [40], C-23-hydroperoxide (**86**) [32], D (**87**) [32][37], and E (**88**) [32]. The extracts studied were: EtOAc (**54**, **60**, **69**, **70**, **72**, **73**, **76**, **80**, and **86–88**), EtOAc/MeOH 1:1 (**55**, **57**, **65–67**, **79**, **81–82**, and **84**), petroleum ether (**60–64**, **76–78**, and **83**), chloroform (**56**), CH<sub>2</sub>Cl<sub>2</sub>/MeOH 1:1 (**56**, **58**, **60**, **71**, **72**, and **76**), MeOH (**60**, **68**, **76**, and **85**), EtOH (**56**, **59**, **60**, **74–76**, and **87**) and EtOH 70% (**56**, **60**, **72**, and **76**) extracts. Molecules **63** and **67** present elucidating <sup>1</sup>H NMR data, and the other metabolites are fully characterized by both





**Figure 3.** Structures of alkaloids isolated from *Callyspongia* species.

Some alkaloids were obtained from EtOH 95% extract of *Callyspongia* sp.: callyimine A (**111**) [48], callylactam A (**112**) [48], clathryimine B (**113**) [48], 3-(2-(1*H*-indol-3-yl)-2-oxoethyl)-5,6-dihydropyridin-2(1*H*)-one (**114**) [48], 3-(2-(4-hydroxyphenyl)-2-oxoethyl)-5,6-dihydropyridin-2(1*H*)-one (**115**) [48], (1*R*,3*R*)-1-methyl-2,3,4,9-tetrahydro-1*H*-pyrido[3,4-*b*]indole-3-carboxylic acid (**116a**) [49], (1*R*,3*S*)-1-methyl-2,3,4,9-tetrahydro-1*H*-pyrido[3,4-*b*]indole-3-carboxylic acid (**116b**) [49], C<sup>2</sup>- $\alpha$ -*D*-mannosylpyranosyl-tryptophan (**117**) [49], Ethyl 2-(1*H*-indol-3-yl) acetate (**118**) [50], and the indole derivative 1*H*-indole-3-carbaldehyde (**119**) [50] (**Figure 3**). Molecules **111** and **113** are structurally similar due to the presence of aromatic rings and nitrogen as a heteroatom, while **112** and **115** are only differentiated by the presence of a hydroxyl group in **115**; and the structures **114** and **116a-119** are formed by an indol heterocycle. Metabolites **111-119** not present NMR data, but compare with information from others studies.

The isomers 5-bromo trisindoline (**120**) and 6-bromo trisindoline (**121**) were isolated from the ethanolic extract of *Callyspongia siphonella* [21], and they are differentiated by the position of bromine in the aromatic ring of the indole unit of the molecules. In addition, from *Callyspongia* sp. were isolated the untenines A (**122**), B (**123**), and C (**124**), from the methanolic extract [51], and niphatoxin C (**125**), from the mixture of CH<sub>2</sub>Cl<sub>2</sub>/MeOH 4:1 and MeOH extracts [52]. The **122-125** structures have the pyridine group in the molecule. Metabolites **120-125** (**Figure 3**) were determined by <sup>1</sup>H and <sup>13</sup>C NMR.

Studies of some sponges *Callyspongia* sp. resulted in the isolation of Callysponine (**126**), cyclo-(*S*-Pro-*R*-Tyr) (**127**), cyclo-(*S*-Pro-*R*-Val) (**128**), cyclo-(*S*-Pro-*R*-Ala) (**129**), cyclo-(*S*-Pro-*R*-Leu) (**130**), callysponine A (**131**), cyclo-(Gly-Pro) (**132**), cyclo-(Ile-Pro) (**133**), cyclo-(Pro-Pro) (**134**), cyclo-(Thr-Pro) (**135**), cyclo-(*R*-Pro-6-hydroxyl-*R*-Ile) (**136**), cyclo-(*R*-Pro-*R*-Phe) (**137**), cyclo-(*R*-Tyr-*R*-Phe) (**138**), cyclo-(*S*-Pro-*S*-Phe) (**139**), Staphyloamide A (**140**), dysamide A (**141**), callyspongidipeptide A (**142**), cyclo-((*S*)-Pro-(*R*)-Ile) (**143**), seco-((*S*)-Pro-(*R*)-Val) (**144**), (3*R*)-methylazacyclodecane (**145**), and callyazepin (**146**) (**Figure 3**). The analyzed metabolites were obtained from the following extracts: EtOH for **126-130** [53] and **141** [54], EtOH 95% for **129** and **130** [49][55], **136-140** [49] and **142-144** [55], EtOH/H<sub>2</sub>O 9:1 for **131-135** [56] [57][58][59][60][61][62][63], and MeOH + CH<sub>2</sub>Cl<sub>2</sub> for **145** and **146** [64]. Only **126**, **130**, **131**, **136**, **141**, **142**, and **144-146** present <sup>1</sup>H and <sup>13</sup>C NMR data. The structures of **138**, **141**, **144**, and **145** are monocyclic, while **126-137**, **139**, **140**, **142**, **143**, and **146** are bicyclic.

## 3. Biological Aspects of Metabolites Isolated in *Callyspongia* species

### 3.1. Polyacetylenes

The aikupikanynes E (**5**) and F (**6**) from *Callyspongia* sp. showed moderate activity (with IC<sub>50</sub> values of 5 and 10  $\mu$ g/mL) against the cancer cell lines studied [1]. Other polyacetylenes obtained from *Callyspongia truncata* showed a potent

metamorphosis-inducing activity in the ascidian *Halocynthia roretzi* larvae (with ED<sub>100</sub> values of 0.13–1.3 µg/mL) for **9**, **11**, **15**, and **32–38**, and antifouling activity against the barnacle *Balanus amphitrite* larvae (with ED<sub>50</sub> values of 0.24–4.5 µg/mL) for **15** and **32–38** [4]. In addition, the inhibitory effect of the fertilization of starfish gametes of **32** and **33** in concentrations of 6.3 and 50 µM, respectively, [18].

Three polyacetylene diols were isolated from *Callyspongia* sp. and have driving Th1 polarization and antiproliferative effect against HL-60 (IC<sub>50</sub> values: 6.5 µg/mL for **13,14** and 2.8 µg/mL for **15**) and HCT-15 (IC<sub>50</sub> values: 21 µg/mL for **13**, 22 µg/mL for **14** and 34 µg/mL for **15**) [6]. **13**, **15** and **18** exhibited strong inhibitory activity against gastric H,K-ATPase (IC<sub>50</sub> 1.0 × 10<sup>-5</sup> M) [7][65]. The **16a** and **16b** isomers are weakly cytotoxic, with IC<sub>50</sub> values of 0.47 for **16a** natural, 1.5 (± 0.29) for **16a** synthetic, 0.11 for **16b** natural and 0.35 (± 0.13) for **16b** synthetic against TR-LE and 1.8 (± 5.0) for **16a** and 5.3 (± 1.1) for **16b** synthetics against HeLa [10]. Other activities have been attributed to siphonodiol (**15**): medium antibacterial effect against *S. aureus* (MIC 12.5 µg/mL) and *S. pyrogenes* C-203 (MIC 6.2 µg/mL), and weak antifungal activity against *T. asteroides* (MIC 25.0 µg/mL) [8][65].

The metabolites **17** and **23** from *Callyspongia siphonella* proved to be weakly cytotoxic active against HCT-116. In addition, **17** and **26** were found to be weak cytotoxic against cells of MCF-7 with IC<sub>50</sub> values of 65.7 and 73.6 µM, respectively, while **23** (IC<sub>50</sub>: 11.7 µM) presented greater activities [12].

The compound (3*R*,4*E*,28*Z*)-hentriacont-4,28-diene-1,23,30-triyn-3-ol (**19**) has been reported to be cytotoxic against the NBT-II cell line at concentrations of 5 and 10 µg/mL [13]. The metabolites **20–22** and **26** are moderately cytotoxic against the P388 cell lines (IC<sub>50</sub> values in µg/mL: 2.2 for **20**, **22**, and **26** and 10.0 for **21**) and HeLa (IC<sub>50</sub> values in µg/mL: 4.5 for **20**, 10.0 for **21**, 3.9 for **22**, and 5.1 for **26**) [14]. Cytotoxic compounds **26–30** also have moderate activity against HeLa (IC<sub>50</sub> values 23.9–26.5 µM), MCF-7 (IC<sub>50</sub> values 54.9–69.2 µM), and A549 (IC<sub>50</sub> values 58.5–63.4 µM) cell lines [16]. In vitro cytotoxicity activities of compounds **24** and **25** were evaluated and verified to fight MOLT-4 cell lines (IC<sub>50</sub> values: 1.9 µM for both), K-562 (IC<sub>50</sub> values 5.6–6.1 µM), and HCT 116 (IC<sub>50</sub> values 5.4–7.0 µM), only **24** against T-47D (IC<sub>50</sub> value: 8.9 µM) and **25** against MDA-MB-231 (IC<sub>50</sub> value: 9.9 µM) [15].

Two interesting compounds were isolated from *Callyspongia truncata*, the Callysponginiol sulfate A (**31**), which was found to inhibit MT1-MMP with an IC<sub>50</sub> of 15.0 µg/mL [17], and Callyspongynic Acid (**44**), a α-glucosidase inhibitor with an IC<sub>50</sub> of 0.25 µg/mL [22]. The glycerolipid Batyl alcohol **46** showed biofilm inhibition capacity for *Alteromona macleodii*, *Ochrobactrum pseudogrignonense*, *Vibrio harveyi*, and *Staphylococcus aureus* at 0.5 and 0.025 mg/mL [66]. The polyacetylenic amide callyspongamide A (**47**) was shown to be moderately cytotoxic against HeLa (IC<sub>50</sub> of 4.1 µg/mL) [25].

### 3.2. Terpenoids and Steroids

The metabolites **60**, **72**, **76**, and **104**, from *Callyspongia siphonella*, proved to be weakly cytotoxic active against HCT-116, but **60**, **72**, and **76** were found to have moderate activity (at the respective IC<sub>50</sub> values of 14.8 ± 2.33, 19.8 ± 3.78, and 95.8 ± 1.34 µM) [11]. In addition, **60** presented high cytotoxic activity against cells of MCF-7 with IC<sub>50</sub> values of 8.8 µM [12]. The effects on Reversing P-gp-Mediated MDR to colchicine involving the KB-3-1 cell lines were also tested (IC<sub>50</sub> values in µM: 5.6 ± 0.5 for **54**, 4.8 ± 0.1 for **60**, 5.1 ± 0.3 for **72**, 4.7 ± 0.3 for **73**, 4.7 ± 0.4 for **80**, 4.2 ± 0.1 for **87** and 4.6 ± 0.6 for **88**) and KB-C2 (IC<sub>50</sub> values in µM: 390 ± 40 for **54**, 140 ± 30 for **60**, 150 ± 10 for **72**, 780 ± 60 for **73**, 62 ± 11 for **80**, 180 ± 10 for **87** and 560 ± 50 for **88**) [32].

The isocopalanol (**49**) showed inhibition ability for the PANC-1 cell line with an IC<sub>50</sub> of 0.1 µg/mL [29]. akaterpin (**50**) has been proven to inhibit PI-PLC (IC<sub>50</sub> of 0.5 µg/mL) and neural sphingomyelinase (IC<sub>50</sub> of 30 µg/mL) [30]. The sulfated meroterpenoids **51–53** are inhibitors of L-APRT at IC<sub>50</sub> of 0.7, 0.7 and 1.05 µM, respectively, [31].

The metabolites **56**, **58**, **60**, and **71** showed activity against PC-3 (IC<sub>50</sub> 7.9 ± 0.12–71.2 ± 0.34 µM) and A549 (IC<sub>50</sub> 8.9 ± 0.01–87.2 ± 1.34 µM) cell lines, with compound **60** being the most active [35]. The cell lines MCF-7 (IC<sub>50</sub> 3.0 ± 0.4–19.2 ± 0.6 µM) and HepG-2 (IC<sub>50</sub> 2.8 ± 0.4–18.7 ± 0.9 µM) were tested for **56**, **60**, **71**, and **76**, and **76** had the most significant effect [36] (also obtained MCF-7 IC<sub>50</sub> values of 1.162 for **60** and 0.9 µM for **76** [39]). In the same study, antiviral activity against HAV-10 was also weak for **56** and **71** (which also showed weak effectiveness against HSV-1) and moderate for **60** [36] (**60** is an inhibitor of P-gp too) [67]. In addition, the antimicrobial activities of **56** and **71** were measured, in which **56** obtained the greater result (12.7 ± 0.58–17.2 ± 0.58 mm) and **71** obtained a moderate one against gram positive bacteria only (12.3 ± 0.72–14.5 ± 0.72 mm) [36]. Compounds **56** and **59** also strongly inhibit RANKL-induced osteoclastogenesis with IC<sub>50</sub> values of 32.8 and 12.8 µM, respectively, [37].

Sipholenol A (**60**) and sipholenone A (**76**) exhibited antiproliferative activity against +SA mouse mammary epithelial cells. While compound **76** was found to be a potential inhibitor (IC<sub>50</sub> 20–30 µM), **60** had lower activity (IC<sub>50</sub> 70 µM) [39].

Substances **60** and **76**, in addition to **85**, showed Reversal effects for KB-C2 [40], and **76** had both anti-angiogenic activity in CAM assay (0.026  $\mu\text{M}$  per pellet) [39] and antibacterial activity [36]. In another study, substances **89–92** were associated with moderate antimalarial activity against *Plasmodium falciparum* [24], in which **89** showed the best result. Callysterol (**97**) showed an anti-inflammatory effect [46] and cholestenone (**98**) had an anti-metastatic effect on lung adenocarcinoma [67] [68]. Gelliusterol E (**101**) inhibited the formation and growth of *chlamydial trachomatis* (IC<sub>50</sub> value 2.3  $\mu\text{M}$ ) [2], and siphonocholin (**103**) inhibited the production of violacein, being an Anti-QS and Anti-biofilm compound [44].  $\beta$ -Sitosterol (**102**) was found to exhibit anthelmintic [69], antimutagenic (at 0.5 mg/kg inhibited the mutagenicity of tetracycline) [69], angiogenic [70], antibacterial [71][72][73], antifungal against *Fusarium* spp. [73], antidiabetic [71][74], analgesic [69][75], antipyretic [76], anti-inflammatory [69][75][76][77][78][79][80][81][82][83], cytotoxic [77][78][79][80][81][82][83], hypocholesterolemic [84], and immunomodulatory activities [85].

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