

Smart Nanomaterials for Biomedical Applications

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Recent advances in nanotechnology have forced the obtaining of new materials with multiple functionalities. Due to their reduced dimensions, nanomaterials exhibit outstanding physio-chemical functionalities: increased absorption and reactivity, higher surface area, molar extinction coefficients, tunable plasmonic properties, quantum effects, and magnetic and photo properties. However, in the biomedical field, it is still difficult to use tools made of nanomaterials for better therapeutics due to their limitations (including non-biocompatible, poor photostabilities, low targeting capacity, rapid renal clearance, side effects on other organs, insufficient cellular uptake, and small blood retention), so other types with controlled abilities must be developed, called “smart” nanomaterials.

Keywords: smart nanomaterials ; stimuli-responsive polymers ; biomedical applications

1. Introduction

From the oldest times, humanity has tried to mimic nature in the way that living organisms adapt their behavior to environmental conditions to improve survival. It is well known that living systems from nature can dynamically change their properties in a smart way for adapting to the surrounding environment. Some examples are given by the *Mimosa pudica* plant which responds to stimuli such as temperature and light by undergoing a change in leaf direction ^[1]; by pinecones ^[2], wheat awn ^[3], and orchid tree seedpods ^[4] which adopt different shapes, responding to the changing environmental humidity; and by the *Venus flytrap* ^[5] which is able to capture insects by rapidly closing its leaves, among many others ^[6] ^[7]. The powerful abilities of the biological systems abovementioned in converting energy and executing multiple tasks inspired the researchers to develop “stimuli-responsive” materials with biomimetic behavior and a high potential of use in smart or intelligent devices.

To our knowledge, the first complete report of “intelligent materials” defined as “the materials that respond to environmental changes at the most optimum condition and manifest their own functions according to these changes” was made by Toshinori Takagi in April 1990 ^[8]. At that time, the coverage and the achievability of this concept was not comprehensible, but it was anticipated to open an unused field in science and innovation ^[9]. Nowadays, the term “intelligent material” is synonymous with “stimuli-responsive material” or “smart material” and has gained a growing interest in researchers’ concerns due to the development of advanced technologies and the increased need for new materials that meet the new requirements.

Richard Feynman, laureate of the Nobel Prize, was the first to introduce, in 1959, the nanotechnology concept. He had a revolutionary vision in a lecture entitled: “Why can’t we write the entire 24 volumes of the Encyclopedia Britannica on the head of a pin?” ^[10]. The term “nanotechnology” was used and defined in 1974, by Norio Taniguchi, as “nanotechnology mainly consists of the processing of separation, consolidation, and deformation of materials by one atom or one molecule” ^[11]. In 1997–1998, the perception of nanotechnology was more a “science fiction” vision, still being far from the practical applications ^[12], but in the early 2000s, nanomaterials were intensively studied and finally utilized in practice. As the field of biomedical engineering is developing new insights, the demand for highly functionalized biomaterials is increasing. Despite the astonishing diversity and complexity of living systems, they all share the possibility to react to environmental changes, crucial for maintaining normal functions. This need for adaptation has led to the development of smart nanomaterials, defined as materials that can react to a large variety of stimuli by adapting their own properties such as shape, surface area, size, permeability, solubility, mechanical properties, and others. Depending on the capacity of the nanomaterial to restore its initial state, the response can be reversible or not. In this specific situation, polymer-based materials have substantiated themselves as sharp choices in creating upgraded responsive frameworks on the grounds that their structure permits regulating their properties. A large variety of polymers have been obtained to respond to physical stimuli (temperature, light, ultrasound, electrical, magnetic, mechanical), chemical stimuli (pH, solvent, electrochemical), or biological stimuli (enzymes). A special type of polymer is dual or multi-stimuli-responsive, in light of the fact that it simultaneously reacts to multiple stimuli. As a rule, the polymer responsivity is directed by the science of the monomers and their distribution/concentration in the polymer chains ^[13].

2. Types of Stimuli

Smart nanomaterials are categorized in different groups by means of the applied stimuli. The properties of smart nanomaterials are modified by external triggers in a controlled way [14][15][16][17][18][19][20][21][22]. By considering their various properties, many kinds of smart nanomaterials are known.

2.1. Physico-Responsive Nanomaterials

Examples of physico-sensitive nanomaterials and their applications are listed in Table 1 [24][23][24][25][26][27][28][29][30][31][32][33][34][35][36][37][38]. Recent works [41-76] describe the design of physico-responsive smart nanomaterials and their applications in the biomedical field.

Table 1. Examples of physico-responsive nanomaterials and their biomedical applications.

Nr. Crt.	Stimuli	Nanomaterial	Application	Reference
1.	Temperature	<i>Poly(ethylene oxide)_a-poly(propylene oxide)_b-poly(ethylene oxide)_a</i> PEO-PPO-PEO	Oral drug delivery, wound healing	[39]
2.	Temperature	<i>Gold nanoparticles—Pluronic®F127-Hydroxypropyl methylcellulose</i> AuNPs-PF127-HPMC	Drug delivery, photothermal platform, skin wound healing	[23]
3.	Temperature	<i>Poly(oligo(ethylene glycol) methacrylate –co-poly(glycidal methacrylate) copolymers/poly(lactic acid-co-glycolic acid)</i> P(OEGMA-co-PGMA) copolymers/PLGA	Tissue engineering	[24]
4.	Temperature	<i>Collagen- or chitosan-based</i>	Drug delivery	[25]
5.	Temperature	<i>Poly(N-isopropylacrylamide)- poly(N,N-dimethylacrylamide)- poly(acrylic acid)</i> PNIPAM-PDMA-PAA	Drug delivery	[26]
6.	Temperature	<i>Poly(Nisopropylacrylamide-co-sulfobetaine methacrylate) nanogel</i> PNS nanogels	Diagnosis/chemotherapy	[27]
7.	Electrical	<i>Poly(3,4-ethylenedioxythiophene)-coated poly(lactic acid-co-glycolic acid) nanofiber</i> PEDOT-coated PLGA nanofiber	Drug delivery	[28]
8.	Electrical	<i>Fe₃O₄/Polyaniline</i> Fe ₃ O ₄ /PANI	Antimicrobial, drug delivery	[29]
9.	Electrical	<i>Polyaniline/gold nanocomposite</i> PANI/AuNCs	Immunosensor detection of chronic kidney disease	[30]
10.	Electrical	<i>Polyaniline, poly(3,4-ethylenedioxythiophene)</i> PANIP, PEDOT	Neural prostheses	[31][32]
11.	Electrochemical	<i>Biosynthesized gold nanoparticles/ poly(catechol)/graphene sheets/glassy carbon electrode</i> Bio AuNP/Pol/Gr/GCE	Biosensor, DNA mutation and acute lymphoblastic leukemia detection	[33]
12.	Light	<i>poly(ethylene glycol)</i> PEG	Switchable fluorescent probes	[34]
13.	Light	<i>Ruthenium-containing block copolymer</i> Poly-Ru nanoparticles	In vivo photodynamic therapy and photochemotherapy	[35]
14.	Magnetic	<i>Fe₃O₄/methoxy poly(ethylene glycol)-poly-(lactide) composite nanocapsules</i> Fe ₃ O ₄ /MePEG-PLA composite nanocapsules	MRI	[36]
15.	Magnetic	<i>Trastuzumab (Tra, a humanized monoclonal antibody that specifically recognizes HER2)-doxorubicin</i> <i>poly(vinyl alcohol)/ single-component thiol-functionalized poly (methacrylic acid T-DOX</i> PVA/PMASH magnetic nanocapsules	Tumor therapy	[37]

Nr. Crt.	Stimuli	Nanomaterial	Application	Reference
16.	Magnetic	3D collagen hydrogel	Directed neuronal regeneration	[38]

2.2. Chemical-Responsive Nanomaterials

Examples of chemical-sensitive nanomaterials and their applications are listed in Table 2 [40][41][42][43][44][45][46][47][48][49][50][51]. Recent works [89][90] describe the design of chemical-responsive smart nanomaterials and their applications in the biomedical field.

Table 2. Examples of chemical-responsive nanomaterials and their biomedical applications.

Nr. Crt.	Stimuli	Nanomaterial	Application	Reference.
1.	pH	Ppoly (ethylene glycol)-Ag nanoparticle PEG-Ag NPs	Antibacterial, wound healing	[40]
2.	pH	Hybrid ultra-pH-sensitive (HyUPS) nanotransistor HyUPS nanotransistors	Receptor-mediated endocytosis in tumor cells	[41]
3.	pH	Layered double hydroxides-zinc (II) phthalocyanine containing octasulfonate nanohybrid LDH-ZnPcS8 nanohybrid	Theranostics	[42]
4.	pH	Melanin-like nanoparticles	Photoacoustic imaging of tumors	[43]
5.	pH	polylactic acid-Resveratrol PLA-RSV	Drug delivery	[44]
6.	pH	Poly(carboxybetaine methacrylate)-nanodiamonds PCBSA-@-NDs	Theranostics	[45]
7.	Redox	Poly (ethylene glycol)-Pluronic F68-nanoscale covalent organic frameworks F68@SS-COFs	Cancer therapy	[46]
8.	Redox	Hyaluronic acid–chitosan–lipoic acid nanoparticles (HACSLA-NPs)	Breast cancer therapy	[47]
9.	Redox	Folate redox-responsive chitosan nanoparticles FTC-NPs	Anticancer drug delivery	[48]
10.	Redox	Poly (ethylene glycol) conjugated to paclitaxel via disulfide linkage PEG ₂₀₀₀ -S-S-PTX	Prodrug for breast cancer cells	[49]
11.	Redox	Prodrug/AgNPs hybrid nanoparticles	Drug delivery	[50]
12.	Redox	P[(2-((2- ((camptothecin)-oxy)ethyl)disulfanyl)ethylmethacrylate) - co- (2-(D-galactose)methylmethacrylate)] and silver nanoparticles P(MACPTS-co-MAGP)@AgNPs nanoparticles	Drug release	[51]

2.3. Biological-Responsive Nanomaterials

Examples of biological-sensitive nanomaterials and their applications are listed in Table 3 [52][53][54][55][56][57][58][59][60][61][62]. Recent works describe the design of biological-responsive smart nanomaterials and their applications in the biomedical field.

Table 3. Examples of biological-responsive nanomaterials and their biomedical applications.

Nr. Crt.	Stimuli	Nanomaterial	Application	Reference.
1.	Glucose	Acetalated dextran nanoparticles Ac-Dex Nps	Glycemic control	[52]
2.	Glucose	Boronic acid-derived polymers	Drug delivery	[53]
3.	Glucose	Glycidyl methacrylated dextran/Concanavalin A Dex-GMA/Con A ConA micro/nanospheres	Insulin treatment	[54]

Nr. Crt.	Stimuli	Nanomaterial	Application	Reference.
4.	Glucose	<i>Chitosan-g-polyethylene glycol monomethyl ether nanocomplex CS-g-(mPEG) NP</i>	Oral insulin delivery	[55]
5.	Glucose	<i>Hyaluronic Acid (HA)-coated calcium carbonate NPs</i>	Oral insulin delivery	[56]
6.	Glucose	<i>Chitosan/poly(gamma-glutamic acid) nanoparticles</i>	Oral insulin delivery	[57]
7.	Glucose	<i>Carboxymethyl chitosan-phenylboronic acid-Lvaline nanoparticles (CMCS-PBA-LV) NPs</i>	Oral administration of insulin	[58]
8.	Enzyme	<i>Nanoplatfrom formed from Ti substrates modified with layer-by layer mesoporous silica nanoparticles-silver nanoparticles LBL@MSN-Ag nanoparticles</i>	Tissue growth in vivo and, simultaneously, treat implant-associated bacterial infection	[59]
9.	Enzyme	<i>Adenosine triphosphate coated with silver nanoparticles ATP-Ag nanoparticles</i>	Participate in signal transduction and protein activity	[60]
10.	Enzyme	<i>Activatable low-molecular weight protamine—poly(ethylene glycol) poly(ε-caprolactone) nanoparticles—loaded with paclitaxel ALMWP-NP-PTX</i>	Glioblastoma therapy	[61]
11.	Enzyme	<i>Layer-by-layer assembly of poly(2-oxazoline)-based materials</i>	Therapeutic delivery	[62]

2.4. Dual and Multi-Responsive Nanomaterials

A step forward for biomedical applications is attained when the smart nanomaterials are simultaneously sensitive to more stimuli. The nanomaterials which are sensitive to a few sorts of stimuli are the key for expanding the efficacy of drug delivery and for supporting the diagnosis by monitoring a few physiological changes at once.

The development of nanomaterials with both diagnostic and therapeutic properties is the most powerful technological frontier for moving forward to nanotheranostics. The demand for these technologies is based on the advantage of multiple functions such as multimodal imaging, synergistic therapies, and targeting. The working system of nanotheranostics depends on biological, chemical, and physical triggers considering the activation of the diagnostic and/or the therapeutic properties only at the infected site. In this era of the “war on cancer”, the dual and multi-stimuli-responsive methodology is undeniably appropriate for theranostics as some properties can provide diagnostics, while others could initiate therapy and curing. Consequently, multi-stimuli-sensitive polymers are drawing in expanding consideration for their advantages in the biomedical field.

Multi-stimuli-sensitive polymeric nanoparticles were developed as emerging targeting drug delivery systems. External stimuli such as temperature and pH facilitate the emergence of nanoparticles, while stimuli such as light, the magnetic field, the temperature, and ultrasonic are intended to control drug delivery. Examples of multi-sensitive nanomaterials and their applications are listed in [Table 4](#) [63][64][65][66][67][68][69][70][71][72][73][74][75][76][77]. Recent works [143-150] describe the design of multi-responsive smart nanomaterials and their applications in the biomedical field.

Table 4. Examples of dual and multi-responsive nanomaterials and their biomedical applications.

Nr. Crt.	Stimuli	Nanomaterial	Application	Ref.
1.	pH/redox/temperature	<i>N,N0 -bis(acryloyl)cystamine, Poly(N-isopropylacrylamide), 2-hydroxyethylmethacrylate, Methacrylic acid, a disulfide bond contained cross-linker, and doxorubicin SS-NPs@DOX</i>	Drug delivery	[63]
2.	Ultrasound/pH	<i>Poly(ethylene oxide, 2-(diethylamino)ethyl methacrylate, (2-tetrahydrofuranloxy)ethyl methacrylate PEO43-b-P(DEA33-stat-TMA</i>	Drug release	[64]

Nr. Crt.	Stimuli	Nanomaterial	Application	Ref.
3.	Temperature/magnetic field	<i>Poly(N-isopropylacrylamide)- Magnetic nanoparticles b-PNIPAM-mNPs</i>	The isolation of diagnostic targets that can be used in point-of-care devices	[65]
4.	Light/pH	rGO-PDA nanosheets	Drug delivery, phototherapy	[66]
5.	pH/magnetic field	<i>Magnetic nanoparticles MFNPs</i>	Targeting, drug delivery, MRI	[67]
6.	Temperature/pH	<i>Poly(N-isopropylacrylamide) pNIPAM</i>	Drug release	[68]
7.	pH/light/enzyme	<i>Copper sulfide nanoparticles CuS NPs</i>	Theranostics	[69]
8.	pH/redox	<i>Thiol-modified polylysine- indocyanine green/ poly(ethylene glycol) nanoparticles PLL-ICG/DPEG Nps</i>	Photothermal and photodynamic therapy	[70]
9.	pH/redox	<i>Poly (ethylene glycol) –polylacticacid-thioetal groups-Paclitaxel-(Maleimide thioether) Chlorin e6 mPEG-PLA-TKI-PTX nanoparticles and Ce6-(SS-mal)-Ce6 (PNPCe6)</i>	Chemotherapy, drug release	[71]
10.	pH/redox	<i>Histidine -4 polyamidoamine dendrimer -Disulfide bonds- (poly (ethylene glycol)- Transferrin (His-PAMAM-ss-PEG-Tf, HP-ss-PEG-Tf) nanocarrier</i>	Anticancer drug delivery	[72]
11.	pH/redox	<i>Lipoic acid ethylenediamine- Polyethylene glycol diglycidyl ether- Lysine poly(LAE-co-PGDE-co-Lys) core-crosslinked nano aggregate</i>	Anticancer drug delivery	[73]
12.	pH/redox	<i>Paclitaxel- poly(6-O-methacryloyl-d-galactopyranose)-gemcitabine/ N-acetyl-d-glucosamine(NAG)- poly(styrene-alt-maleic anhydride)-b-polystyrene PTXL-ss-PMAGP-GEM/NAG NLCs</i>	Anticancer drug delivery	[74]
13.	UV light/redox/pH	<i>Six-arm star-shaped amphiphilic copolymer with poly (caprolactone) -bpoly (acrylic acid) -b-poly (poly (ethylene glycol) methyl ether methacrylate)</i>	Anticancer drug delivery	[75]
14.	pH/temperature	<i>Poly(NIPAM)nanogel @ Fe₃O₄ NPs/poly(acrylic acid) -graft—k—carrageenan</i>	Drug delivery	[76]
15.	Redox/pH/temperature	<i>Nanogels based on alginate and cystamine</i>	Anticancer drug delivery	[77]

3. Advances in Plasmonic Nanomaterials

A special class of smart nanomaterials is derived from plasmonic nanoparticles used in innovative sensitive tools for diagnostics and therapeutics. The collective electronic (plasmon) resonances of noble/coinage metal nanoparticles enable a strong optical response essential in applications such as photocatalysis, sensing, photothermal heating, and enhanced fluorescence. Biomedical applications rely on plasmonic nanoparticles' properties to absorb or scatter light at near-infrared wavelengths, transmissive in the human body [78]. A large number of applications misuse the extraordinary properties of metals to support electromagnetic waves at their surfaces, through the oscillation of their conduction electrons known as surface plasmons. The local dielectric environment, size, structure, shape, and composition determine the surface plasmon polariton modes enabling nanostructures to focus and direct light down to the nanoscale. The ability of plasmonic nanostructures to strongly interact with light at wavelengths that significantly exceed their dimensions led to the appearance of the nanoplasmonic field [79]. Consequently, most recent strategies for the design and manufacture of plasmonic nanostructures for accurately controlling light have opened new entryways for the applications that were recently perceived as impossible.

Recent studies have shown that by targeting gold nanoparticles to the cell nucleus region, the nuclear stiffness is enhanced, slowing down the migration and invasion speed of cancer cells and suppressing metastasis [80]. Further, gold nanoparticles exhibit high contrast in photothermal therapeutic treatments, as well as photoacoustic, optical coherence, and X-ray CT imaging. Conjugates of gold nanoparticles present augmented binding affinity, long circulatory half-life, size-

enhanced tumor uptake, increased targeting selectivity, high biocompatibility, and rapid transport kinetics. If all those properties are put together in a highly multifunctional platform, one can obtain an increasingly selective and potent oncologic treatment [81].

As diagnosis is the key in the screening and treatment of human diseases, modern-day researchers developed sensitive tools for real-time and accurate tracking of the treatment effect. In a recent paper, the authors obtained a core-shell structure MPs@ SiO₂@Pd-Au with a crystalline magnetic core, amorphous silica interaction layer, and Pd-Au shell for medulloblastoma diagnosis and radiotherapy evaluation. Owing to the plasmonic and alloying effects, MPs@SiO₂@Pd-Au may contribute to efficient electron transfer and high surface stability under laser irradiation during the laser desorption/ionization process [82]. Other authors described the design of a plasmonic gold nano-island (pGold) chip assay for enhanced diagnosis and monitoring of myocardial infarction [83]. A multifunctional platinum nanoreactor intended for point-of-care metabolic analysis, visual detection, and mass spectrometry fingerprinting for in vitro pancreatic cancer diagnostics was designed using controlled core-shell structured Fe₃O₄@SiO₂@Pt particles [84]. Another work describing the application of laser desorption/ionization mass spectrometry in large-scale clinical in vitro cervical cancer diagnosis utilized a plasmonic chip with Au nanoparticles deposited on a dopamine bubble layer [85].

An increasing interest was paid to the field of thermoplasmonics, defined as plasmonic nanoparticles remotely controlled by light to release heat on the nanoscale volumes. The capability of using plasmonic materials as photothermal agents is based on a combination of properties such as the high density of free electrons, the absence of thermobleaching, resonances that enhance light-matter interaction, and low losses for noble metals. Those materials are best choices in applications requiring spatially confined heating, such as in nanosurgery and photoacoustic and photothermal imaging [86]. Recent works described the capability of gold nanorods to convert NIR radiation into heat for antibacterial application without affecting cells' viability and proliferation [87] and of keratin-coated gold nanoparticles to kill the brain cancer cells by photothermal therapy [88]. The photothermal therapy induced by the presence of gold nanoparticles in a system capable to develop immunotherapy represents a major breakthrough in the fight against malignant solid tumors. This synergistic new approach was comprehensively described moving from in vivo studies to clinical trial applications in patients suffering from solid tumors. Although those systems hold great promise in nanomedicine, there are still risks involved, such as the wrong cells being targeted, unknown long-term side effects, and unwanted immune reaction systems. For this reason, the combination of hyperthermia with chemotherapeutic activity or cancer immunotherapy demonstrated improved care of oncological patients [89].

The properties of Au and Ag nanoparticles have inspired the field of plasmonic nanoparticles in the last two decades, but recently, non-noble metals have been the subject of quickly expanding interest as less expensive, more practical alternatives. Colloidal nanocrystals functionalized with silica have been utilized for plasmon-driven photocatalysis and surface-enhanced Raman spectroscopy at visible and near-infrared wavelengths due to their enhanced stability in water and efficient broadband photothermal heating [90].

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