# Therapeutic Targets and Implications in Amyotrophic Lateral Sclerosis

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Amyotrophic lateral sclerosis (ALS) is a rapidly debilitating fatal neurodegenerative disorder, causing muscle atrophy and weakness, which leads to paralysis and eventual death. ALS has a multifaceted nature affected by many pathological mechanisms, including oxidative stress (also via protein aggregation), mitochondrial dysfunction, glutamate-induced excitotoxicity, apoptosis, neuroinflammation, axonal degeneration, skeletal muscle deterioration and viruses. This complexity is a major obstacle in defeating ALS.

glutamate excitotoxicity apoptosis neuroinflammation axonal degeneration	amyotrophic lateral sclerosis	s (ALS)	oxidative stress	protein aggregation
	glutamate excitotoxicity	apoptosis	neuroinflammatic	on axonal degeneration

## 1. Introduction

Amyotrophic Lateral Sclerosis (ALS), also known as Lou Gehrig's or Charcot disease, is characterized by progressive deterioration of the upper and lower motor neurons in the brain and spinal cord, which leads to muscle weakness, paralysis and, finally, death due to respiratory failure within three to five years after the onset of the symptoms. ALS generally starts in limb or bulbar muscles, then spreads to other body parts and culminates in respiratory muscle dysfunction <sup>[1][2]</sup>. The primary symptoms of ALS due to motor neuronal degeneration are fasciculation, muscle cramps and stiffness, dysarthria, dysphagia, emotional lability (pseudobulbar affect (PBA)), which is characterized by uncontrolled laughter or crying, and dyspnea. Furthermore, sialorrhea usually occurs in ALS patients owing to dysphagia, and increased saliva production can result in aspiration pneumonia. In general, ALS patients also suffer from depression and anxiety <sup>[3][4]</sup>.

## 2. Therapeutic Strategies for ALS Targets

## 2.1. Therapeutic Strategies against Oxidative Stress

Oxidative stress is the consequence of the imbalance between the generation of reactive oxygen species (ROS), such as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), superoxide anions (O<sub>2</sub><sup>-</sup>) and hydroxyl radicals (OH<sup>-</sup>), and the ability of antioxidant defence system to clean or repair the existing damage to proteins and/or DNA. Normally, SOD1 converts the superoxide anion to H<sub>2</sub>O<sub>2</sub>, but as the SOD1 mutation shows lower affinity for Zn<sup>2+</sup>, it donates an electron to O<sub>2</sub> to generate O<sub>2</sub><sup>-</sup> at the Cu<sup>2+</sup> catalytic site as a stronger oxidant and reacts with nitric oxide (NO) to form peroxynitrite (ONOO<sup>-</sup>), which is very detrimental to CNS. ROS is considered to be a major mechanism in ALS

causing motor neuron death, whereas some studies imply that ROS only exacerbates disease progression. When glutamate receptors are over-activated in the presence of higher glutamate levels in the synapse, elevated calcium influx into the cell also triggers the entry of calcium into the mitochondria, causing mitochondrial dysfunction, further ROS production and, ultimately, cell death. Glial and infiltrated immune cells also abundantly contribute to the production of ROS because glial synapses, which surround the devastated neurons, stimulate glutamate excitotoxicity and elevated calcium entry into the cell and mitochondria. As a result, each process in neuronal degeneration repeats itself, like a vicious circle <sup>[5][6][7][8]</sup>.

Since lipids constitute polyunsaturated fatty acids, they are prone to oxidize to peroxyl radicals, resulting in cerebral ischemia. As phenol derivatives are well-known radical scavenging agents, Mitsubishi Tanabe Pharma Corporation developed potential phenol-like radical scavengers for the treatment of cerebral infarction. They designed compounds carrying a carbonyl group, which can easily convert to hydroxy group by keto-enol tautomerization to achieve radical scavenging activity, similar to that of the phenol provided by its hydroxy group (**Figure 1**a). They identified edaravone as an effective radical scavenger among a variety of compounds. Edaravone is capable of scavenging both lipid- and water-soluble peroxyl radicals as well as ONOO<sup>-</sup> among many types of ROS. Researchers also reported that the in vitro lipid peroxidation inhibitory activity of edaravone was reduced with the substitution of polar or hydrophilic groups in the 2-pyrazoline-5-one ring, while this activity was increased with the lipophilic substitutions on the phenyl ring (**Figure 1**b) <sup>[9][10]</sup>. Edaravone interacts with both peroxyl (LOO<sup>II</sup>) and hydroxyl (<sup>II</sup>OH) radicals by means of its enolate form (**B**), followed by the formation of a stable oxidation product (OPB: 2-oxo-3-(phenylhydrazono)-butanoic acid) through a radical intermediate (**Figure 2**) <sup>[11]</sup>.







**Figure 1.** Design of a phenol-like compound (**a**), optimization of edaravone (**b**) [9][10].



Figure 2. Reaction mechanism of edaravone with free radicals [11].

Edaravone (MCI-186, 3-methyl-1-phenyl-2-pyrazoline-5-one, Radicut<sup>®</sup>, Radicava<sup>®</sup>), a neuroprotective antioxidant drug, was synthesized via the reaction of phenylhydrazine and acetoacetic ester by Knorr in 1883 <sup>[10]</sup>. This procedure was also applied in other studies, as follows: Phenylhydrazine and methyl acetoacetate were mixed in the presence of glacial acetic acid and stirred at reflux for 3 h. The reaction mixture was evaporated to dryness and the residue was extracted with a mixture of water and ethyl acetate. The organic layer was separated, while the aqueous layer was further extracted with ethyl acetate. The combined organic layer was dried over anhydrous sodium sulphate and concentrated over reduced pressure to afford a pure product as a white solid (Figure 3) [12] [13]. Edaravone (Figure 4) has been used to treat acute-phase cerebral infarction for almost 20 years in Japan. It received its approval for the treatment of ALS in Japan and South Korea in 2015; the FDA approved the drug in 2017 and Chinese-NMPA in 2019. In a phase II trial, 30 mg or 60 mg of edaravone was administered to 20 subjects with ALS. It was observed that the decline in the amyotrophic lateral sclerosis functional rating scale (ALSFRS-R) score was significantly reduced during the six-month treatment period <sup>[14]</sup>. In a randomised, doubleblind phase III study, a significantly smaller decline in the ALSFRS-R score compared with placebo group was also observed <sup>[15]</sup>. The exact mechanism of action of edaravone for ALS remains unclear; it has both neuroprotective effects against oxidative stress and anti-inflammatory properties against activated microglial cells. So far, there has been no oral dosage formulation of edaravone clinically, thus it is used as an intravenous therapeutic for ALS management. However, oral dosage of edaravone for ALS patients is performed by Mitsubishi Tanabe Pharma Corporation under a phase 3b, multicentre, randomized, double-blind test, which has enrolled 380 ALS patients to examine and compare the efficacy of two dosing regimens of oral edaravone (Clinicaltrial.gov NCT04569084) <sup>[16]</sup> [<u>17][18]</u>





## 2.2. Therapeutic Strategies against Oxidative Stress via Protein Aggregation

SOD1 is a Cu/Zn-dependent antioxidant enzyme that catalyses the conversion of superoxide radicals to oxygen and hydrogen peroxide, thus regulating the superoxide levels that arise from mitochondrial inter-membrane space, cytosol and peroxisome. The discovery of the connection between mutations in the SOD1 gene with certain forms of fALS made a tremendous impact in understanding the pathology of ALS. SOD1 mutations have been reported to contribute to ALS through not only protein misfolding and aggregation, but also proteasome impairment, oxidative stress, oligodendrocyte degeneration and mitochondrial dysfunction <sup>[19][20]</sup>.

In order to decrease SOD1 expression and increase SOD1 consumption, antisense oligonucleotides (ASOs) and heat shock protein (HSP) inducers were pursued, respectively. ASOs are short, synthetic nucleic acids which are suitable for chemical modification for high stability in biological fluids and potency in binding their mRNA target. ASOs targeting SOD1 mRNA reduced both SOD1 protein and mRNA levels throughout the brain and spinal cord in

the SOD1<sup>G93A</sup> mice model <sup>[21]</sup>. Tofersen (BIIB067, ISIS 333611, IONIS-SOD1Rx) is a type of antisense therapy. A randomised, placebo-controlled, first-in-man phase I clinical trial with SOD1-positive ALS patients indicated that ISIS 333611 was well-tolerated when administered as an intrathecal infusion <sup>[22]</sup>. A second phase I/II trial with BIIB067 was designed to decrease SOD1 mRNA in ALS patients carrying a SOD1 gene mutation. Results showed that a statistically significant reduction in cerebrospinal fluid (CSF)–SOD1 suggested substantial reduction in CNS tissue SOD1. Besides reduced CSF phosphorylated heavy neurofilament, a decline in ALSFRS-R scores were also detected in ALS patients <sup>[23]</sup>. A phase III trial of BIIB067 is currently ongoing (Clinicaltrial.gov NCT02623699).

HSPs such as Hsp27, Hsp40 and Hsp70 were associated with mutant SOD1 aggregates in SOD1 rodent models of ALS. Arimoclomol (**Figure 5**), a hydroxylamine-based HSP amplifier, was determined to extend survival and delay disease onset with improvement in neuromuscular activity in the SOD1<sup>G93A</sup> mouse model of ALS <sup>[24][25]</sup>. A double-blind, randomized, placebo-controlled phase II trial enrolling patients with rapidly progressive SOD1-mutant ALS suggested a possible therapeutic benefit of arimoclomol <sup>[26]</sup>. A randomized, double blind, placebo-controlled phase III trial has been completed, but results are not yet posted (Clinicaltrial.gov NCT03491462) <sup>[27]</sup>. Furthermore, HSPB8, a specific chaperone, was found to be effective in stimulating the clearance of the misfolded proteins related to motor neuron diseases, such as mutant SOD1 and a TDP-43 fragment in ALS. Colchicine (**Figure 5**), an anti-inflammatory drug generally used in gout treatment, enhances the expression of HSPB8. Colchicine was shown to reduce the aggregation of TDP-43 misfolded species responsible for motor neuron death in sALS <sup>[28]</sup>. A randomised, double-blind, placebo-controlled, multicentre phase II clinical trial is ongoing for colchicine (Clinicaltrial.gov NCT03693781) <sup>[29]</sup>.



Arimoclomol





Colchicine

Cu<sup>II</sup>(atsm)



Pyrimethamine



Ebselen

Figure 5. Therapeutics against oxidative stress via protein aggregation.

## 2.3. Therapeutic Strategies against Mitochondrial Dysfunction

Mitochondria are essential cell organelles that elicit adenosine triphosphate (ATP) through oxidative phosphorylation, regulate calcium homeostasis and produce ROS as a by-product of the electron transport chain. Dysfunction of this electron transport chain can cause increased levels of mitochondrial oxygen consumption and ROS production along with decreased ATP synthesis and DNA repair. Mitochondrial dysfunction also triggers oxidative stress and glutamate excitotoxicity in ALS. Abnormal morphology and ALS-linked mutant proteins were observed in mitochondria of sALS post-mortem tissue <sup>[6][7][30]</sup>.

Olesoxime (TRO19622) (**Figure 6**) is a mitochondrial pore modulator with a cholesterol-like structure. Bordet et al. <sup>[31]</sup> determined that olesoxime in vitro promoted motor neuron survival among a collection of a great number of low molecular-weight compounds which were capable of preventing motor neuron cell death. This compound was also found to improve motor performance, delay the onset of the clinical disease and extend survival in SOD1<sup>G93A</sup> transgenic mice. They also suggested that olesoxime displayed neuroprotective activity, binding to the mitochondrial permeability transition pore (mPTP). However, a phase II–III trial of olesoxime in subjects with ALS revealed that olesoxime did not show a significant beneficial effect in ALS patients treated with riluzole <sup>[32]</sup>.



Cochizynic Qito

Figure 6. Therapeutics against mitochondrial dysfunction.

Creatine (**Figure 6**), phosphorylated by creatine kinase, is involved in ATP production. Therefore, creatine stabilizes the mitochondrial creatine kinase and inhibits opening of the mPTP. It was detected that creatine improved motor performance and extended survival in SOD1<sup>G93A</sup> mice <sup>[33]</sup>. However, a double-blind, placebo-controlled, sequential clinical trial established that creatine monohydrate showed no beneficial effect on survival or disease progression in ALS patients <sup>[34]</sup>. Creatine also displayed no benefit in any outcome measure in a

randomized double-blind, placebo-controlled trial on 104 ALS patients <sup>[35]</sup> or in another multicentre, double-blinded study with 107 ALS patients <sup>[36]</sup>. Coenzyme Q10 (CoQ10) (**Figure 6**), an electron acceptor in the mitochondrial respiratory chain, was reported to increase lifespan in SOD1<sup>G93A</sup> mice <sup>[37]</sup>. In a two-stage, bias-adjusted, randomized, placebo-controlled, double-blind, phase II design performed for CoQ10 in 185 ALS patients, a decline in ALSFRS-R score and insufficient data were observed for further phase III testing <sup>[38]</sup>.

#### 2.4. Therapeutic Strategies against Glutamate-Induced Excitotoxicity

It has long been known that abnormal levels of glutamate, which is the main excitatory neurotransmitter in the brain, can cause neurodegenerative effects. The  $\alpha$ -amino-3-hidroxy-5-methyl-4-isoxazole-propionic acid (AMPA) and the *N*-methyl-D-aspartate (NMDA) receptors, two important ionotropic glutamate receptors, are mediators of glutamate excitotoxicity owing to poor buffering calcium influx capacity of their subunits, such as the GluA2 subunit of the AMPA receptor. Massive entry of calcium into the cell stimulates phospholipases, proteases and endonucleases, causing devastation of energy metabolism and apoptotic or necrotic cell death. Besides, reduced expression of astrocytic excitatory amino-acid transporters (EAATs) is crucial for clearance of glutamate from the synaptic cleft into astrocytes, and defects in glutamate transport have been linked with ALS pathogenesis <sup>[39][40][41]</sup>.

Riluzole (6-(trifluoromethoxy)-2-aminobenzothiazole) was discovered due to its remarkable anticonvulsant properties during the 1980s. The reaction of 4-(trifluoromethoxy)aniline with tetrabutylammonium thiocyanate afforded riluzole, in the presence of dichloromethane, with a yield of 61%. An alternative synthetic route for riluzole is the reaction of 4-(trifluoromethoxy) aniline with ammonium thiocyanate in the presence of acetonitrile (71%) (Figure 7) [42]. Riluzole (Figure 8) has been reported to exhibit neuroprotective effects in several animal models of PD, Huntington's disease and cerebral ischemia <sup>[43]</sup>. Moreover, two large randomized placebo-controlled clinical trials were carried out to investigate the potency of riluzole in ALS treatment [44]. A double-blind, placebo-controlled phase II trial enrolling 155 ALS outpatients showed that riluzole slowed the disease progression and improve survival in patients [45]. In order to confirm and extend the therapeutic effect of riluzole, a double-blind, placebocontrolled, multicentre, international, dose-ranging study was performed on a large number of ALS outpatients. Results showed that it was well-tolerated and diminished the risk of death or tracheostomy in ALS patients [46]. Riluzole was approved by the FDA in 1995 and subsequently launched into the market under the trade name, Rilutek<sup>®</sup>. Riluzole, the first FDA-approved drug for the treatment of ALS, showed its mechanism via enhancement of extracellular glutamate uptake and inhibition of glutamate release from presynaptic terminals. Furthermore, riluzole also stabilizes the inactivated state of voltage-dependent sodium channels and NMDA receptor-mediated responses [47]. On the other hand, riluzole, dexpramipexole and pramipexole are 1,3-benzothiazole-based derivatives, though they display their anti-ALS activities in a different manner, implying the importance of the compounds carrying the same structural moiety endowed with different functions [48].



Figure 7. One-pot synthetic routes for riluzole.



Figure 8. Therapeutics against glutamate-induced excitotoxicity.

## 2.5. Therapeutic Strategies for Reducing Apoptosis and/or Boosting Autophagy

Apoptosis is another potential mechanism of motor neuron death in ALS. It is termed as suicidal death of cells with a certain morphology, whereas autophagy is lysozyme-mediated sequestration of cytoplasmic material in vacuoles for bulk degradation. Autophagy is responsible for removing protein aggregates, damaged or redundant organelles through mitochondria or the endoplasmic reticulum along with toxic metabolites, cancer cells and intact microorganisms. Due to their lack of proliferation capacity and their high energy consumption, autophagy is essential for neurons to remove protein aggregates and damaged cellular inclusions. The Bcl-2 family proteins, as suppressors (Bcl-2, Bcl-XL) or promoters (Bax, Bad, Bak and Bcl-xS), regulate apoptosis, and it has recently become clear that they also control autophagy <sup>[49][50]</sup>.

The Abelson non-receptor tyrosine kinase (c-Abl, Abl1) is normally activated in the Bcr–Abl hybrid protein of chronic myelogenous leukemia (CML). In addition to its oncogenic potential, overexpression of active c-Abl induces apoptosis and cell cycle arrest in response to a wide range of stimuli, such as inflammation, DNA damage, amyloid-β and oxidative stress, resulting in neurodegeneration and neuroinflammation <sup>[51][52]</sup>. It was also rationally hypothesized that activation of the Src/c-Abl signalling pathway synergistically leads to apoptosis in non-dividing cells (motor neurons) and the secretion of inflammatory factors in dividing cells (astrocytes and microglia) (**Figure 9**) <sup>[53]</sup>. There is growing evidence that the c-Abl pathway is a therapeutic target in ALS, based on the studies in cell culture revealing that inhibition of c-Abl protects cortical neurons from DNA damage-induced apoptosis <sup>[54]</sup>. Moreover, a robust rise in the phosphorylation of c-Abl in the brain and spinal cord of symptomatic SOD1<sup>G93A</sup> mice and in the spinal cord and motor cortex of symptomatic SOD1<sup>G86R</sup> mice was observed <sup>[55]</sup>. It was also documented that c-Abl expression was increased three-fold in post-mortem spinal cord tissues from sALS patients compared with non-ALS patients <sup>[56]</sup>.



**Figure 9.** Hypothesis of the ALS pathomechanism in dividing and non-dividing cells <sup>[53]</sup>. Illustrations use elements from Servier Medical Art <sup>[57]</sup>.

Katsumata et al. <sup>[56]</sup> designated that mutations of SOD1 activated the upregulation of c-Abl and alleviated cell viability. Additionally, dasatinib (**Figure 10**), a BBB-permeable c-Abl inhibitor, prevented cytotoxicity of mutant SOD1 proteins. Activation of c-Abl and caspase-3 was observed in SOD1<sup>G93A</sup> mice. Dasatinib extended the survival of SOD1<sup>G93A</sup> mice and diminished c-Abl phosphorylation. Imatinib (**Figure 10**), the c-Abl inhibitor used to treat CML, was reported to inhibit c-Abl phosphorylation in primary neuronal cultures at micromolar levels in response to various stimuli, such as oxidative stress. Imatinib was also determined to prevent astrocyte conditioned media (ACM)-hSOD1<sup>G93A</sup>-mediated motoneuron death <sup>[55]</sup>. Imamura et al. <sup>[58]</sup> determined that Src/c-Abl could be an efficient target for ALS treatment, based on HTS conducted for 1416 compounds, using ALS survival of motor neurons generated from an ALS patient harbouring SOD1 mutations. Bosutinib (**Figure 10**), a Src/c-Abl inhibitor used for treatment of CML, increased autophagy and reduced the levels of misfolded SOD1. Similar results were obtained with other mutations including TDP-43 and C9ORF72. Furthermore, bosutinib treatment modestly increased the life span of a mutant SOD1 ALS mice model. Bosutinib is currently in an open-label, multicentre phase I trial for ALS (UMIN00036295) to evaluate its safety and tolerability for the treatment of ALS patients and to explore its efficacy on ALS <sup>[59]</sup>.





Bosutinib



Imatinib



Tauroursodeoxycholic acid (TUDCA)





Rapamycin

Figure 10. Therapeutics for reducing apoptosis and/or boosting autophagy.

## 2.6. Therapeutic Strategies against Neuroinflammation

Neuroinflammation is another important pathological mechanism in ALS progression. It is characterized by the activation of microglia and astrocytes, infiltration of immune cells (lymphocytes, macrophages, mast cells, neutrophils, etc.) and higher levels of inflammatory mediators. Microglia are generally divided into inflammatory (M1) and activated (M2) phenotypes. The M1 is linked with the release of proinflammatory cytokines (tumour necrosis factor (TNF)- $\alpha$ , interleukin-6 (IL-6), IL-23, IL-1 $\beta$ , IL-12, NO), cytotoxic substances (ROS), prostaglandin E2, chemokines, dysregulated glutamate levels, whereas M2 expresses anti-inflammatory molecules such as IL-10 and transforming growth factor (TGF)- $\beta$ . There is mounting evidence regarding the connection between neuroinflammation with neuronal loss in sALS and fALS. Initially, glia and T cells, especially M2 macrophages/microglia, and T helper (Th) 2 cells and regulatory T (Treg) cells have protective roles in maintaining motor neuron viability. At a later stage, cytotoxic M1 macrophages/microglia and proinflammatory Th1 and Th17 T cells become more active <sup>[60][61][62][63][64]</sup>.

Tocilizumab is an antibody that inhibits signalling of IL-6, a well-known promoter of the development of Th17 cells. It is currently used in patients with rheumatoid arthritis. A pilot study documented that in vitro tocilizumab mitigated several factors, including IL-6, that drive inflammation in sALS patients <sup>[65]</sup>. Another study including in vivo baseline inflammatory gene transcription in PBMCs of sALS patients indicated that tocilizumab infusions partially normalized inflammation of sALS patients <sup>[66]</sup>. A placebo-controlled phase II study with ALS patients who were genotyped for Asp<sup>358</sup>Ala polymorphism of the IL-6 receptor gene showed that tocilizumab treatment was safe and well-tolerated and alleviated C-reactive protein (CRP) levels in CSF relevant to IL-6 receptor Asp<sup>358</sup>Ala genotype. However, there was no difference in PBMC gene expression or clinical measures between groups <sup>[67]</sup>.

Due to the efficacy of IL-1 inhibition in ALS, a single arm pilot study was performed for anakinra (**Figure 11**), an inhibitor of IL-1 receptor, in ALS patients. This study resulted in decreased levels of cytokines and the inflammatory marker fibrinogen during the first 24 weeks of treatment, but not in a significant reduction in disease progression [68].



Figure 11. Therapeutics against neuroinflammation.

### 2.7. Therapeutic Strategies against Axonal Degeneration

The membrane protein Nogo-A is an inhibitor of neurite outgrowth that was initially identified as a potent myelinassociated inhibitor of axonal growth and regeneration <sup>[69]</sup>. Overexpressed, high amounts of Nogo-A were detected in skeletal muscles of ALS-linked mutant SOD1 mice and in patients with sALS <sup>[70]</sup>. Nogo-A causes retrograde axonal degeneration by destabilizing the neuromuscular junction in ALS <sup>[71]</sup>. Ozanezumab, an anti-Nogo-A monoclonal antibody, was found well-tolerated at single and repeat dose administration in a randomized, first-inhuman clinical trial <sup>[72]</sup>. However, ozanezumab was not found to be potent, compared with placebo, in ALS patients in a double-blind, placebo-controlled, phase II trial <sup>[73]</sup>.

Rho kinase (ROCK) plays an important role in the formation of high levels of actin filaments and a reduced actin turnover, leading to destruction of cell growth and axonal regeneration. Therefore, ROCK inhibition is a promising approach for ALS treatment <sup>[74]</sup>. Fasudil (**Figure 12**), an important ROCK inhibitor, was ascertained to slow disease progression, improve survival time and attenuate motor neuron loss in SOD1<sup>G93A</sup> mice <sup>[75]</sup>. A multicenter, double-blind, randomized, placebo-controlled phase IIa trial of fasudil in ALS patients also aims to assess the safety, tolerability and efficacy of fasudil at two different doses <sup>[76]</sup>.





Figure 12. Fasudil, a promising ROCK inhibitor for alleviation of axonal degeneration.

## 2.8. Therapeutic Strategies against Skeletal Muscle Deterioration

Degenerated motor neurons result in progressive muscle atrophy in ALS. Fast skeletal muscle troponin activators (FSTA) such as tirasemtiv and reldesemtiv stimulate the troponin complex, increasing its susceptibility to calcium and modulate muscle contraction <sup>[27][71][77]</sup>.

Tirasemtiv (**Figure 13**) was found to enhance rotarod performance in B6SJL-SOD1<sup>G93A</sup> transgenic mice with functional impairment <sup>[78]</sup>. In a randomized, double-blind, placebo-controlled trial on ALS patients, no treatment effect was ascertained for tirasemtiv, whereas slow vital capacity (SVC) and muscle strength declined at less than half the rate on tirasemtiv <sup>[79]</sup>. A phase III trial on ALS patients indicated that tirasemtiv showed no effect on the decline of SVC or secondary outcome measures. In spite of this unexpected outcome, the underlying mechanism of action was investigated with reldesemtiv (**Figure 13**), another fast skeletal muscle troponin activator <sup>[80]</sup>. A phase II, double-blind, randomized, dose-ranging trial on patients with ALS indicated that reldesemtiv was well-tolerated

and stable against incremental rates of decline across multiple measures of ALS progression. For this reason, a phase III trial was planned for reldesemtiv <sup>[81]</sup>.



Figure 13. Therapeutics against skeletal muscle deterioration.

#### 2.9. Therapeutic Strategies against Viruses

Apart from the aforementioned factors, new categories such as infectious agents, including viruses, bacteria and fungi, have been recently considered. Among these agents, there is mounting evidence reporting the connection between viruses and ALS pathogenesis. Increased nonspecific reverse transcriptase activity in the blood and CSF of ALS patients compared to relatives and controls also supports this connection. In particular, retroviruses such as human immunodeficiency virus (HIV) and human T-cell leukemia virus type-1 can cause ALS-like syndrome. Hence, antiretroviral therapy could be a potential approach for retarding the symptoms of the ALS-like syndrome associated with HIV infection <sup>[82][83][84][85]</sup>.

A combination of nucleoside reverse-transcriptase inhibitors lamivudine and abacavir and an HIV-1 integrase strand transfer inhibitor dolutegravir (Triumeq<sup>®</sup>) (**Figure 14**) was considered to be effective in ALS treatment. An open-label phase IIa trial conducted in ALS patients revealed that long-term exposure to this combination was safe and well-tolerated in this cohort. A larger international phase III trial will be performed to investigate the effect of this combination on overall survival and ALS progression <sup>[86]</sup>.



Figure 14. A potential combination of lamivudine, abacavir and dolutegravir to be effective in ALS.

## 2.10. The Importance of Trophic Factors in ALS

Trophic factors are essential for the enhancement of neuronal growth, survival and differentiation <sup>[87]</sup>. Growth factors are important for preventing motor neuron death in patients with ALS <sup>[88]</sup>. Due to its neurotrophic properties on motor neurons and the neuromuscular junction, recombinant human insulin-like growth factor I (rhIGF-I) was investigated for the determination of the relationship between rhIGF-I concentration and the prognosis of ALS. It was found that higher IGF-1 concentrations had the potential to increase survival <sup>[89]</sup>. Vascular endothelial growth factor (VEGF), a prominent factor for angiogenesis and neuroprotection, not only slowed the progression of ALS, but also increased life expectancy in SOD1<sup>G93A</sup> mice <sup>[90]</sup>. Another substantial neurotrophic factor, hepatocyte growth factor (HGF), alleviated motoneuron death and axonal degeneration and extended the life span of SOD1<sup>G93A</sup> mice <sup>[91]</sup>. A phase I study of HGF for ALS was performed from 2011 to 2015 at Tohoku University, Japan, and a phase II study commenced in May 2016 <sup>[92]</sup>.

Intriguingly, epidermal growth factor receptor (EGFR) mRNA was detected to be overexpressed 10-fold more in the spinal cord of patients with ALS, just as in SOD1<sup>G93A</sup> transgenic mice model. Therefore, erlotinib (**Figure 15**), an important EGFR inhibitor, in particular for the treatment of EGFR mutated advanced or metastatic non-small-cell lung carcinoma (NSCLC), was tested on SOD1<sup>G93A</sup> mice. However, results exhibited that erlotinib could not extend survival, though it delayed the onset of multiple behavioural measures of disease progression <sup>[93]</sup>.



Erlotinib

Figure 15. Erlotinib, an important EGFR inhibitor.

#### 2.11. Newly Synthesized and Evaluated Compounds as Anti-ALS Agents

Chen et al. <sup>[94]</sup> defined two arylsulfanyl pyrazolone (ASP) bearing compounds, 5-((2,4-dichloro-5-methylphenylthio)methyl)-1H-pyrazol-3(2H)-one (1) and <math>5-((4-chloro-2,5-dimethylphenylthio)methyl)-1H-pyrazol-3(2H)-one (2) (Figure 16), as chemical hits by means of HTS assay expressing mutant SOD1<sup>G93A</sup>. Then, <math>5-((3,5-dimethylphenylthio)methyl)

dichlorophenylthio)methyl)-1*H*-pyrazol-3(2*H*)-one (**19**) (**Figure 16**), which was generated based on the structural optimization of ASP scaffold, was found to be more potent, with an  $EC_{50}$  value of 170 nM. According to pharmacokinetic assays, general parameters were amenable for compound **1**, except for its relatively rapid clearance and short microsomal half-life stability features. The optimization of ASP-based compounds stands out as novel therapeutic candidates for ALS treatment.



Figure 16. Newly synthesized and evaluated compounds as anti-ALS agents.

Nrf2/ARE (NF-E2-related factor 2/antioxidant response element) signalling program has been reported to be important in the regulation of oxidative damage, neuroinflammation and mitochondrial dysfunction. CDDO (2-cyano-3,12-dioxooleana-1,9-dien-28-oic acid) ethylamide (CDDO-EA) and CDDO trifluoroethylamide (CDDO-TFEA) (**Figure 16**) are two synthetic triterpenoid analogs derived from oleanolic acid. It was determined that these two oleanolic acid derivatives stimulated Nrf2/ARE in NSC-34 cell culture and in the SOD1<sup>G93A</sup> ALS mouse model [95].

Cyclohexane-1,3-dione (CHD) derivatives were identified based on PC12-G93A-YFP HTS assay <sup>[96]</sup>. A more efficient compound with an EC<sub>50</sub> value of 700 nM and more favourable pharmacokinetic profile, 5-(3,5-Bis(trifluoromethyl)phenyl)cyclohexane-1,3-dione (**26**) (**Figure 16**), was obtained via the structural modification of the CHD scaffold. However, compound **26** revealed no significant activity in the mutant SOD1<sup>G93A</sup> mice model. These CHD analogs could be novel therapeutic candidates for further ALS studies.

A new GSK-3 $\beta$  inhibitor, 6-chloro-8-((3-(pyridin-4-yl)propyl)amino)-<sup>[1][2][4]</sup>triazolo[4,3-a]pyridin-3(2*H*)-one (JGK-263) (**Figure 16**) was developed, and its improved viability and neuroprotection was determined in normal and SOD1 wild/mutant NSC34 cell lines <sup>[97]</sup>. It was also observed that JGK-263 improved motor function and delayed the time until symptom onset and death in SOD1<sup>G93A</sup> ALS mice model.

Tanaka et al. <sup>[98]</sup> documented that 2-[mesityl(methyl)amino]-*N*-[4-(pyridin-2-yl)-1*H*-imidazol-2-yl] acetamide trihydrochloride (WN1316) (**Figure 16**) selectively slowed oxidative stress-induced cell death and neuronal inflammation in the late-stage of ALS mice. WN1316, with high water solubility and BBB permeability, increased neuronal apoptosis inhibitory protein (NAIP) and Nrf2. Post-onset oral administration of low dose WN1316 improved motor function and extended the survival in SOD1<sup>H46R</sup> and SOD1<sup>G93A</sup> ALS mice models. The results of phase I clinical trial of WN1316 (UMIN000015054) have not been published yet.

Several ester and amide derivatives of chemical chaperones were synthesized by Getter et al. <sup>[99]</sup>. Among them, 3-((5-((4,6-dimethylpyridin-2-yl)methoxy)-5-oxopentanoyl)oxy)-*N*,*N*-dimethylpropan-1-amine oxide (**14**) (**Figure 16**) in vitro displayed both neuronal and astrocyte protection. Moreover, compound **14** improved the neurological functions and prolonged body weight loss in ALS mice.

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