Resonant Vibration Energy Harvesters

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An increasing number of practical applications (e.g. medical implants, embedded sensors in buildings and bridges, industrial applications) are based on the use of **Wireless Sensor Nodes (WSNs)**, which are small computing devices capable of collecting and transmitting data to a base station. In order to limit or to avoid the drawbacks associated to the use of primary batteries (expensive maintenance/replacement, insufficient or unpredictable duration of operational life, not eco-friendly disposal due to their hazardous chemical content), the required energy can be delivered to the WSNs by energy harvesting. **Energy harvesting is the conversion of otherwise wasted energy into electrical energy**. Since vibrations can be found almost everywhere, an interesting possibility is represented by the use of vibration energy harvesters.

Here the attention is focused on **Resonant Vibration Energy Harvesters (RVEHs)** and in particular on Piezoelectric RVEHs and Electromagnetic RVEHs. A brief description of their **operating principles** is provided and their **equivalent electric circuits** are analyzed in order to identify the operating conditions able to **maximize the extracted electrical power**. This is a crucial aspect in applications involving energy harvesting systems. Moreover a brief introduction to the concepts of Electrical and Mechanical Tuning Techniques is also provided.

Keywords: vibration energy harvesters ; resonance frequency tuning ; maximum power extraction ; optimization

1. Introduction

Vibration energy harvesters are emerging devices that are able to scavenge otherwise wasted energy from ambient vibrations. In the last years, vibration harvesters have been proposed for a large number of applications, such as industrial applications, medical implants, embedded sensors in buildings and bridges, regenerative suspensions for automotive applications and regenerative backpacks for wearable applications [1], [2], [3], [4], [5], [6], [Z]. In particular, in the future, vibration harvesters could be fundamental for the development of Internet of Things (IoT) applications and for Industry 4.0 revolution. In fact, IoT applications adopt wireless sensor networks made of many wireless sensor nodes (small computing devices that are able to collect and transmit data to a base station). The required energy can be delivered to the nodes of a wireless sensor network by means of vibration harvesters ^[2], ^[5]. In this way, the nodes can become self-sufficient from the energy point of view and therefore the drawbacks of disposable batteries (environmental risks, limited reliability, need for replacement) can be strongly limited. The number of publications per year focusing on vibration energy harvesters is illustrated in <u>Figure 1</u> starting from 2005. <u>Figure 1</u> demonstrates the increasing scientific interest of researchers on such a topic.

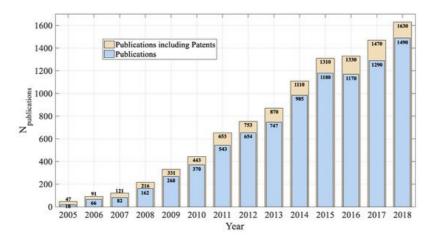


Figure 1. Publication profile regarding vibration energy harvesters (Source Google Scholar, Keyword Search: "Vibration Energy Harvesting").

Here the attention is focused on Resonant Vibration Energy Harvesters (RVEHs) and on the maximization of their extracted electrical power, which, as it will be explained in the following, is of fundamental importance in practical applications ^[8], ^[9], ^[10], ^[10], ^[10]

2. Piezoelectric and Electromagnetic Resonant Vibration Energy Harvesters

2.1. Modeling and Maximum Power Extraction

RVEHs are devices capable of converting the mechanical energy associated to a vibration source into electrical energy. Such an energy conversion is based on a transduction mechanism that can fall in one of the following main categories: Piezoelectric ^[12], ^[13], ^[14], electromagnetic ^[15], ^[16], ^[17], electrostatic (including dielectric elastomers based) ^[18], ^[19], ^[20], magnetostrictive ^[21] and triboelectric ^[22]. Here the attention is focused on both Piezoelectric RVEHs (P-RVEHs) and Electromagnetic RVEHs (E-RVEHs), since they exhibit the highest values of power densities.

P-RVEHs are based on the piezoelectric effect that is the capability of given materials (e.g., crystals and some ceramics) to give rise to an electric voltage when subjected to a mechanical stress. In this way, they are able to lead to the conversion of mechanical energy into electrical energy.

In an E-RVEH, instead, a magnetic field is produced by a vibrating magnet and an electromotive force is induced in a coil fixed to the frame. Due to vibrations, a relative displacement occurs between the magnet and the coil leading to the conversion of mechanical energy into electrical energy.

The schematic models of P-RVEHs and E-RVEHs are shown in Figure 2.

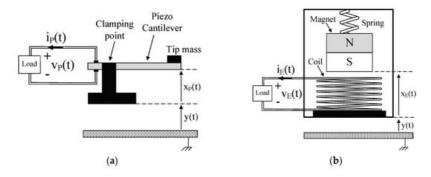


Figure 2. (a) Schematic model of a piezoelectric resonant vibration energy harvester (P-RVEH). (b) Schematic model of an electromagnetic (E-RVEH).

As shown in <u>Figure 2</u>a, in a P-RVEH a piezoelectric cantilever is clamped to a support to which vibrations are applied. The tip of the cantilever (where a mass is attached) moves out of phase with respect to the support. Therefore, there is a relative displacement $x_P(t)$ between the tip of the cantilever and the clamping point leading to the generation of electric energy. As shown in <u>Figure 2</u>b, in an E-RVEH a permanent magnet is connected to a spring and, due to vibrations, it moves out of phase with respect to the generator housing to which a coil is fixed. The relative displacement $x_E(t)$ taking place between the magnet and the coil gives rise to the conversion of mechanical energy into electric energy.

The devices of <u>Figure 2</u> can be represented by means of the single degree of freedom (SDOF) systems represented in <u>Figure 3</u> where the forces acting on the masses m_P (which is a combination of the equivalent piezoelectric cantilever mass and of the tip mass ^[23]) and m_E (oscillating magnet mass) are depicted by means of suitable arrows.

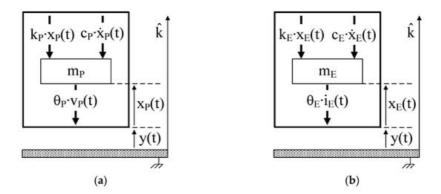


Figure 3. (a) Single degree of freedom (SDOF) model of a P-RVEH. (b) SDOF model of an E-RVEH.

In particular:

 $c_{P} \cdot \dot{x}_{P}(t)$ and $c_{E} \cdot \dot{x}_{E}(t)$ are the viscous damping forces (c_{P} and c_{E} are the viscous damping coefficients).

 $k_{P} \cdot x_{P}(t)$ and $k_{E} \cdot x_{E}(t)$ are the elastic forces (k_{P} is the equivalent stiffness of the piezoelectric cantilever and k_{E} is the equivalent stiffness of the spring).

 $\theta_{P} \cdot v_{P}(t)$ is the force due to the piezoelectric inverse effect that opposes to the strain of the piezoelectric material (θ_{P} is the piezoelectric electromechanical coupling coefficient).

 $\theta_{E} \cdot i_{E}(t)$ is the electromagnetic force that opposes to the movement of the magnet (θ_{E} is the electromechanical coupling coefficient of the coil).

The application of Newton's second law, along the *k*-axis, to such SDOF systems leads to the following equations that rule the relative displacements $x_{P}(t)$ and $x_{E}(t)$ [24]

$$\frac{\mathbf{m}_{\mathbf{p}}}{\mathbf{\theta}_{\mathbf{p}}}\ddot{\mathbf{x}}_{\mathbf{p}}\left(t\right) + \frac{\mathbf{c}_{\mathbf{p}}}{\mathbf{\theta}_{\mathbf{p}}}\dot{\mathbf{x}}_{\mathbf{p}}\left(t\right) + \frac{\mathbf{k}_{\mathbf{p}}}{\mathbf{\theta}_{\mathbf{p}}}\mathbf{x}_{\mathbf{p}}\left(t\right) + \mathbf{v}_{\mathbf{p}}\left(t\right) = -\frac{\mathbf{m}_{\mathbf{p}}}{\mathbf{\theta}_{\mathbf{p}}}\ddot{\mathbf{y}}\left(t\right)$$
(1)

$$\frac{\mathbf{m}_{\mathrm{E}}}{\mathbf{\theta}_{\mathrm{E}}}\ddot{\mathbf{x}}_{\mathrm{E}}\left(t\right) + \frac{\mathbf{c}_{\mathrm{E}}}{\mathbf{\theta}_{\mathrm{E}}}\dot{\mathbf{x}}_{\mathrm{E}}\left(t\right) + \frac{\mathbf{k}_{\mathrm{E}}}{\mathbf{\theta}_{\mathrm{E}}}\mathbf{x}_{\mathrm{E}}\left(t\right) + \mathbf{i}_{\mathrm{E}}\left(t\right) = -\frac{\mathbf{m}_{\mathrm{E}}}{\mathbf{\theta}_{\mathrm{E}}}\ddot{\mathbf{y}}\left(t\right)$$
(2)

where ÿ(t) is the base acceleration. Since each addend of (1) is an electric voltage, it is possible to identify for P-RVEHs the loop based equivalent electric circuit enclosed in the dashed rectangle in <u>Figure 4</u>a. Since, instead, each addend of (2) is an electric current, it is possible to identify for E-RVEHs the node based equivalent electric circuit enclosed in the dashed rectangle in <u>Figure 4</u>b.

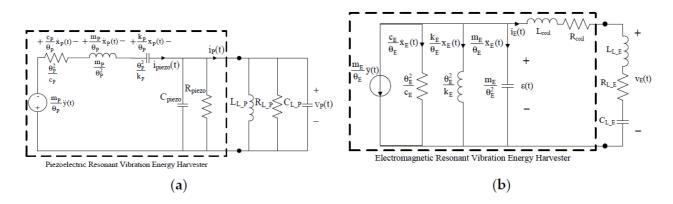


Figure 4. (a) Equivalent electric circuit of P-RVEHs. (b) Equivalent electric circuit of E-RVEH.

In <u>Figure 4</u>a, C_{piezo} and R_{piezo} , respectively are the capacitance and the resistance at the output of the piezoelectric layers. $i_{piezo}(t)$ is the current generated by the piezoelectric effect whose expression is given in (3). The parallel of L_{L_P} , R_{L_P} , and C_{L_P} represents a generic linear load that is connected to the P-RVEH and $i_P(t)$ and $v_P(t)$, respectively are the current and voltage across such a load.

In <u>Figure 4</u>b, L_{coil} and R_{coil}, respectively are the inductance and the resistance of the harvester coil. $\epsilon_{coil}(t)$ is the electromotive force induced in the coil whose expression is given in (4). The series of L_{L_E}, R_{L_E}, and C_{L_E} represents a generic linear load that is connected to the E-RVEH and i_E(t) and v_E(t), respectively are the current and voltage across this load.

It should be highlighted that the load parallel connection in <u>Figure 4</u>a and the load series connection in <u>Figure 4</u>b have been chosen, without any loss of generality, in order to get two completely dual systems.

$$i_{\text{piezo}}(t) = \theta_{\text{P}} \dot{x}_{\text{P}}(t) \tag{3}$$

$$\varepsilon_{\text{coil}}(t) = \theta_{\text{E}} \cdot \dot{\mathbf{x}}_{\text{E}}(t) \tag{4}$$

If the acceleration $\ddot{y}(t)$ of the base vibration is sinusoidal with a frequency f_{vib} and amplitude A_{vib} ($\ddot{y}(t) = A_{vib} \cos(2\pi f_{vib} t)$), the Equations (1), (2), (3) and (4) can be written in the frequency domain and respectively become (5), (6), (7) and (8)

$$\frac{\mathbf{m}_{P}}{\theta_{P}} \left[-(2\pi f_{vib})^{2} X_{P} \left(f_{vib} \right) \right] + \frac{c_{P}}{\theta_{P}} \left[j 2\pi f_{vib} X_{P} \left(f_{vib} \right) \right] + \frac{k_{P}}{\theta_{P}} X_{P} \left(f_{vib} \right) + V_{P} \left(f_{vib} \right) = -\frac{\mathbf{m}_{P}}{\theta_{P}} \mathbf{A}_{vib}$$
(5)

$$\frac{\mathbf{m}_{\mathrm{E}}}{\theta_{\mathrm{E}}} \left[-\left(2\pi f_{\mathrm{vib}}\right)^{2} \mathbf{X}_{\mathrm{E}}\left(\mathbf{f}_{\mathrm{vib}}\right) \right] + \frac{\mathbf{c}_{\mathrm{E}}}{\theta_{\mathrm{E}}} \left[j2\pi f_{\mathrm{vib}} \mathbf{X}_{\mathrm{E}}\left(\mathbf{f}_{\mathrm{vib}}\right) \right] + \frac{\mathbf{k}_{\mathrm{E}}}{\theta_{\mathrm{E}}} \mathbf{X}_{\mathrm{E}}\left(\mathbf{f}_{\mathrm{vib}}\right) + \mathbf{I}_{\mathrm{E}}\left(\mathbf{f}_{\mathrm{vib}}\right) = -\frac{\mathbf{m}_{\mathrm{E}}}{\theta_{\mathrm{E}}} \mathbf{A}_{\mathrm{vib}} \tag{6}$$

$$\mathbf{I}_{\text{piezo}}\left(\mathbf{f}_{\text{vib}}\right) = \mathbf{\theta}_{\mathbf{P}} \cdot \mathbf{j} 2\pi \mathbf{f}_{\text{vib}} \mathbf{X}_{\mathbf{P}}\left(\mathbf{f}_{\text{vib}}\right) \tag{7}$$

$$\mathbf{E}_{\text{coil}}\left(\mathbf{f}_{\text{vib}}\right) = \mathbf{\theta}_{\mathbf{E}} \cdot \mathbf{j} 2\pi \mathbf{f}_{\text{vib}} \mathbf{X}_{\mathbf{E}}\left(\mathbf{f}_{\text{vib}}\right) \tag{8}$$

where $X_P(f_{vib})$, $V_P(f_{vib})$, $X_E(f_{vib})$, $I_E(f_{vib})$, $I_{piezo}(f_{vib})$, and $E_{coil}(f_{vib})$, respectively are the Fourier transforms of $x_P(t)$, $v_P(t)$, $x_E(t)$, $i_E(t)$, $i_{piezo}(t)$, and $\varepsilon_{coil}(t)$. j is the imaginary unit.

By analyzing the circuits of Figure 4a,b it is possible to write

$$\mathbf{I}_{\text{piezo}}\left(\mathbf{f}_{\text{vib}}\right) = \mathbf{V}_{\mathbf{P}}\left(\mathbf{f}_{\text{vib}}\right) \cdot \left[\mathbf{G}_{\text{piezo}} + \mathbf{G}_{\mathbf{L}_\mathbf{P}} + \mathbf{j}\mathbf{B}_{\text{piezo}}\left(\mathbf{f}_{\text{vib}}\right) + \mathbf{j}\mathbf{B}_{\mathbf{L}_\mathbf{P}}\left(\mathbf{f}_{\text{vib}}\right)\right] \tag{9}$$

$$E_{coil}(f_{vib}) = I_{E}(f_{vib}) \cdot [R_{coil} + R_{L_{E}} + jX_{coil}(f_{vib}) + jX_{L_{E}}(f_{vib})]$$

$$(10)$$

where G_{piezo} = 1/R_ $piezo},~G_{L_P}$ = 1/R_ L_P}

$$G_{piezo} = \frac{1}{R_{piezo}}, \quad G_{L_P} = \frac{1}{R_{L_P}}$$
 (11)

$$B_{\text{piezo}}\left(f_{\text{vib}}\right) = 2\pi f_{\text{vib}}C_{\text{piezo}}, \quad B_{\text{L}}P\left(f_{\text{vib}}\right) = 2\pi f_{\text{vib}}C_{\text{L}}P - \frac{1}{2\pi f_{\text{vib}}L_{\text{L}}P}$$
(12)

$$X_{coil}(f_{vib}) = 2\pi f_{vib} L_{coil}; \quad X_{L_E}(f_{vib}) = 2\pi f_{vib} L_{L_E} - \frac{1}{2\pi f_{vib} C_{L_E}}$$
(13)

From (7), (8), (9) and (10) the following expressions of the relative displacements $X_P(f_{vib})$ and $X_E(f_{vib})$ can be obtained

$$X_{P}(f_{vib}) = V_{P}(f_{vib}) \cdot \frac{G_{piezo} + G_{L_{P}} + j \left[B_{piezo}(f_{vib}) + B_{L_{P}}(f_{vib})\right]}{j2\pi f_{vib}\theta_{P}}$$
(14)

$$X_{E}(f_{vib}) = I_{E}(f_{vib}) \cdot \frac{R_{coil} + R_{L_E} + j \left[X_{coil}(f_{vib}) + X_{L_E}(f_{vib})\right]}{j2\pi f_{vib}\theta_{E}}$$
(15)

Therefore, by putting (14) and (15), respectively in (5) and (6), we get

$$V_{P}\left(f_{vib}\right) = \frac{-j\frac{\theta_{P}m_{P}A_{vib}}{2\pi f_{vib}}}{\left\{G_{piezo}+G_{L_P}+j\left[B_{piezo}\left(f_{vib}\right)+B_{L_P}\left(f_{vib}\right)\right]\right\}\left[m_{P}\left(\frac{f_{nat_P}^{2}}{f_{vib}^{2}}-1\right)+j\frac{c_{P}}{2\pi f_{vib}}\right]+j\frac{\theta_{P}^{2}}{2\pi f_{vib}}}$$
(16)

$$I_{E}\left(f_{vib}\right) = \frac{-j\frac{\theta_{E}m_{E}A_{vib}}{2\pi f_{vib}}}{\left\{R_{coil} + R_{L_E} + j\left[X_{coil}\left(f_{vib}\right) + X_{L_E}\left(f_{vib}\right)\right]\right\}\left[m_{E}\left(\frac{f_{nat_E}^{2}}{f_{vib}^{2}} - 1\right) + j\frac{c_{E}}{2\pi f_{vib}}\right] + j\frac{\theta_{E}^{2}}{2\pi f_{vib}}}$$
(17)

Where f_{nat_P} and f_{nat_E} are the undamped natural frequencies of the SDOF systems shown in Figure 3.

$$\mathbf{f}_{nat_P} = \frac{1}{2\pi} \sqrt{\frac{\mathbf{k}_P}{\mathbf{m}_P}} \tag{18}$$

$$f_{nat_E} = \frac{1}{2\pi} \sqrt{\frac{k_E}{m_E}}$$
(19)

Finally, the powers transferred from the two types of RVEHs to their loads are

$$P_{L_P}(G_{L_P}, B_{L_P}, f_{vib}) = \frac{1}{2} G_{L_P} |V_P(f_{vib})|^2$$
(20)

$$P_{L_{E}}(R_{L_{E}}, X_{L_{E}}, f_{vib}) = \frac{1}{2} R_{L_{E}} |I_{E}(f_{vib})|^{2}$$
(21)

As it is evident from (20) and (21), the powers depend on the frequency of the base acceleration and on the connected loads. Their expressions are provided in (22) and (23).

$$P_{L_p} = \frac{G_{L_p} \left(\frac{^{s}pA_{vib}}{^{2r}h_{vib}}\right)^2}{2\left(\frac{f_{rat_p}^2}{f_{vib}^2} - 1\right)^2 \cdot [B_{piezo}(f_{vib}) + B_{L_p}(f_{vib})]^2}}{\left\{\frac{G_{piezo} + G_{L_p}}{B_{piezo}(f_{vib}) + B_{L_p}(f_{vib})} - \frac{\frac{c_p}{m_p(2rf_{vib})}}{\left(\frac{f_{rat_p}^2}{f_{vib}^2} - 1\right)}\right\}^2 + \left\{\frac{\left[\frac{s_p^2 + c_p(G_{piezo} + G_{L_p})}{m_p(2rf_{vib})}\right]}{\left(\frac{f_{rat_p}^2}{f_{vib}^2} - 1\right)[B_{piezo}(f_{vib}) + B_{L_p}(f_{vib})]} + 1\right\}^2}$$

$$\frac{R_{L_p} \left(\frac{s_pA_{vib}}{2rf_{vib}}\right)^2}{\left(\frac{f_{rat_p}^2}{2rf_{vib}} - 1\right)^2}\right)^2}$$
(22)

$$P_{L_E} = \frac{\overline{\left(\frac{f_{inat_E}^{2}}{f_{vib}^{2}} - 1\right)^{2} [X_{coil}(f_{vib}) + X_{L_E}(f_{vib})]^{2}}}{\left\{\frac{R_{coil} + R_{L_E}}{X_{coil}(f_{vib}) + X_{L_E}(f_{vib})} - \frac{\frac{c_{E}}{\frac{m_{E}(2 - f_{vib})}}{\left(\frac{f_{inat_E}^{2}}{f_{vib}^{2}} - 1\right)}\right\}^{2} + \left\{\frac{\left(\frac{\left[\frac{g_{E}^{2} + c_{E}(R_{coil} + R_{L_E})}{m_{E}(2 - f_{vib})}\right]}{m_{E}(2 - f_{vib})}\right]}{\left(\frac{f_{inat_E}}{f_{vib}^{2}} - 1\right)}\right\}^{2}$$
(23)

The optimal loads, that maximize the two powers $P_{L_P}(G_{L_P}, B_{L_P}, f_{vib})$ and $P_{L_E}(R_{L_E}, X_{L_E}, f_{vib})$ at a given frequency, are:

$$B_{L_Popt}\left(f_{vib}\right) = \frac{\frac{\theta_{P}^{2}}{m_{P}} \left(1 - \frac{f_{nat_{P}}^{2}}{f_{vib}^{2}}\right)}{\left[\frac{c_{P}}{m_{P}(2\pi f_{vib})}\right]^{2} + \left[1 - \frac{f_{nat_{P}}^{2}}{f_{vib}^{2}}\right]^{2}} - B_{piezo}\left(f_{vib}\right)$$
(24)

$$X_{L_Eopt} \left(f_{vib} \right) = \frac{\frac{\theta_{E}^{2}}{m_{E}} \left(1 - \frac{f_{nat_E}^{2}}{f_{vib}^{2}} \right)}{\left[\frac{c_{E}}{m_{E}(2\pi f_{vib})} \right]^{2} + \left[1 - \frac{f_{nat_E}^{2}}{f_{vib}^{2}} \right]^{2}} - X_{coil} \left(f_{vib} \right)$$

$$(25)$$

$$G_{L_Popt} \left(f_{vib} \right) = \frac{c_{P} \left[\frac{\theta_{P}}{m_{P}(2\pi f_{vib})} \right]^{2}}{\left[\frac{c_{P}}{m_{P}(2\pi f_{vib})} \right]^{2} + \left[\frac{f_{nat_P}^{2}}{f_{vib}^{2}} - 1 \right]^{2}} + G_{piezo}$$
(26)

$$R_{L_Eopt} \left(f_{vib} \right) = \frac{c_E \left[\frac{\theta_E}{m_E (2\pi f_{vib})} \right]^2}{\left[\frac{c_E}{m_E (2\pi f_{vib})} \right]^2 + \left[\frac{f_{mat_E}^2}{f_{vib}^2} - 1 \right]^2} + R_{coil}$$
(27)

The maximum powers $P_{L_{Popt}}(f_{vib})$ and $P_{L_{Eopt}}(f_{vib})$ provided to the optimal loads, at a given frequency, can be obtained by substituting expressions (24) and (26) in (22) and (25) and (27) in (23):

$$P_{L_Popt} (f_{vib}) = P_{L_P} (G_{L_Popt}, B_{L_Popt}, f_{vib}) = \frac{\frac{1}{8 \cdot G_{pieso}} \left(\frac{\theta_P A_{vib}}{2\pi f_{vib}}\right)^2}{\left[\frac{f_{nat_P}^2}{f_{vib}^2} - 1\right]^2 + \left[\frac{c_P}{m_P(2\pi f_{vib})}\right]^2 + \frac{c_P}{G_{pieso}} \left[\frac{\theta_P}{m_P(2\pi f_{vib})}\right]^2}$$

$$P_{L_Eopt} (f_{vib}) = P_{L_E} (R_{L_Eopt}, X_{L_Eopt}, f_{vib}) = \frac{\frac{1}{8 \cdot R_{coil}} \left(\frac{\theta_E A_{vib}}{2\pi f_{vib}}\right)^2}{\left[\frac{f_{nat_E}^2}{f_{vib}^2} - 1\right]^2 + \left[\frac{c_E}{m_E(2\pi f_{vib})}\right]^2 + \frac{c_E}{R_{coil}} \left[\frac{\theta_E}{m_E(2\pi f_{vib})}\right]^2}$$

$$(28)$$

In <u>Figure 5</u>, the typical trend that is exhibited by the maximum load powers of a P-RVEH and of an E-RVEH vs. the vibration frequency (f_{vib}) is reported. The unique symbol P_{Lopt} is used in <u>Figure 5</u> for the maximum load power of both types of RVEHs.

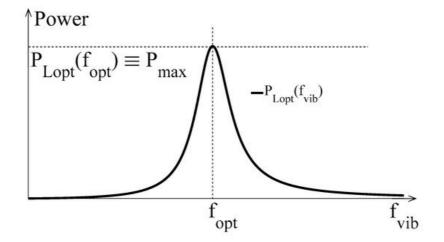


Figure 5. Typical shape of the power extracted by a RVEH (P-RVEH or E-RVEH), when loaded with the optimal impedance as a function of the vibration frequency.

It is clear that, due to the resonant nature of RVEHs, the global maximum power (the peak power P_{max} in <u>Figure 5</u>) is provided to the optimal loads only when the vibration frequency is equal to the frequencies f_{Popt} and f_{Eopt} (a unique symbol f_{opt} is used in <u>Figure 5</u>). By differentiating (28) and (29) with respect to f_{vib} and by equating to zero the obtained expressions it is possible to find the values of the frequencies f_{Popt} and f_{Eopt} .

$$\begin{split} \mathbf{f}_{Popt} &= \mathbf{f}_{nat_P} = \frac{1}{2\pi} \sqrt{\frac{\mathbf{k}_{P}}{\mathbf{m}_{P}}} \end{split} \tag{30} \\ \mathbf{f}_{Eopt} &= \mathbf{f}_{nat_E} = \frac{1}{2\pi} \sqrt{\frac{\mathbf{k}_{E}}{\mathbf{m}_{E}}} \end{aligned} \tag{31}$$

As shown in (30) and (31), f_{Popt} and f_{Eopt} are coincident with the undamped natural frequencies of the SDOF RVEHs' models and are typically also called mechanical resonance frequencies. It is worth noting here that, by observing the equivalent circuits of <u>Figure 4</u>, the above mechanical resonance frequencies can be obtained by means of suitable frequency scans of proper electrical quantities at the output of the RVEHs. In particular, in the case of P-RVEHs, the f_{Popt} is equal to the resonance frequency of the short circuit current. Instead, in the case of E-RVEHs, f_{Eopt} is equal to the resonance frequency of the open circuit voltage.

The expressions of the global maximum powers provided by the RVEHs in correspondence of their mechanical resonance frequencies are reported in (32) and (33).

$$P_{L_Pmax} = P_{L_Popt}(f_{Popt}) = \frac{1}{8} \frac{(\theta_P m_P A_{vib})^2}{G_{piezo} \cdot c_P^2 + c_P \cdot \theta_P^2}$$
(32)

$$P_{L_Emax} = P_{L_Eopt} (f_{Eopt}) = \frac{1}{8} \frac{(\theta_E m_E A_{vib})^2}{R_{coil} \cdot c_E^2 + c_E \cdot \theta_E^2}$$
(33)

It is worth highlighting that, in correspondence of the mechanical resonance frequencies f_{Popt} and f_{Eopt} of the RVEHs, the optimal loads assume simplified expressions:

$$B_{L_Popt}(f_{Popt}) = -B_{piezo}(f_{Popt})$$
(34)

$$X_{L_Eopt}(f_{Eopt}) = -X_{coil}(f_{Eopt})$$
(35)

$$G_{P_Lopt}(f_{Popt}) = \frac{\theta_P^2}{c_P} + G_{piezo}$$
(36)

$$R_{E_Lopt}(f_{Eopt}) = \frac{\theta_E^2}{c_E} + R_{coil}$$
(37)

2.2. Definition of Tuning Techniques

Due to their resonant nature, RVEHs are able to efficiently operate only when the vibrations' frequency is equal to their mechanical resonance frequency (see <u>Figure 5</u>). This means that, once a given RVEH has been factory tuned to a predefined mechanical resonance frequency (f_{opl}), it has to be used only in those applications that are characterized by a dominant frequency (f_{vib}) that is coincident with such a mechanical resonance frequency. During the last years, some papers have been proposed in the scientific literature on the optimal design of RVEHs based on the characteristics of the vibrations ^[25]. As an example, cantilever beam shape optimization has been studied in great detail in case of P-RVEHs. Unfortunately, in most practical cases, the frequencies of the exploitable sinusoidal vibrations are time-varying or even such vibrations are not sinusoidal but are characterized by a random behavior with a wide frequency spectrum where the energy is distributed ^[26]. Therefore, in practical applications, the increase of the effective operating frequency range of RVEHs is mandatory. In the literature, a number of papers describing control methods or architectures that are specifically designed with the aim of increasing the effective operating frequency range of RVEHs, has been proposed ^[24], ^[27], ^[28]. In particular, harvesters arrays, nonlinear harvesters, and mechanical tuning techniques (MTTs) are the most widely analyzed optimization methods. There is general agreement on the fact that MTTs are much more promising with respect to the other two options. This is essentially due to the low volumetric power density of harvesters arrays and to the considerable complexity of nonlinear harvesters ^[29].

MTTs of RVEHs are essentially based on the proper regulation of their mechanical resonance frequency in order to make it (theoretically) always coincident with the vibration frequency (the objective is to obtain $f_{opt} = f_{vib}$ in all the operating conditions). Obviously, as it is evident from the previous Modeling Section, another requirement is mandatory for maximizing the extraction of power from RVEHs. In fact, even if the mechanical resonance frequency of a RVEH is always coincident with the vibration frequency, the extracted power is dependent on the RVEH load impedance. In particular, according to Section 2.1 (see Equations from (24) to (27) and from (34) to (37)) and on the basis of the maximum power transfer theorem ^[30], the optimal load impedance of a RVEH, that is the load impedance able to maximize power drawn from the RVEH itself, changes with f_{vib} . Therefore, a second objective to fulfill is the matching of the RVEH with its optimal load impedance, frequency by frequency. This is the aim of the so-called electrical tuning techniques (ETTs) ^[31],^[32],^[33], It is worth noting that the application of the ETTs of course does not change the mechanical resonance frequency of a RVEH. ETTs allow the maximization of the extraction of power at each frequency; but the vibration frequency that allows to obtain the global maximum power (P_{MAX}) always is the mechanical resonance frequency. The only way to change such a frequency is by means of a MTT. In order to better clarify such a statement, it is useful to analyze the following figures.

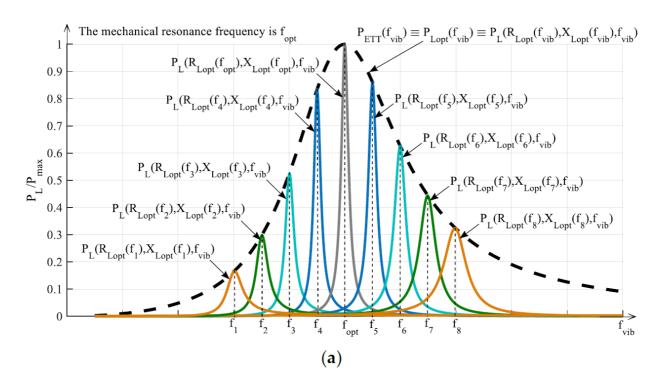
In <u>Figure 6</u> at the application of ETTs is explained. In particular, each color curve represents the frequency scan of the power $P_L(R_{Lopt}(f_k), X_{Lopt}(f_k), f_{vib})$ provided to the fixed load $(R_{Lopt}(f_k), X_{Lopt}(f_k))$ (k = 1, 2,... n). Each color curve $P_L(R_{Lopt}(f_k), X_{Lopt}(f_k), f_{vib})$ has been obtained in correspondence of a different fixed load $(R_{Lopt}(f_k), X_{Lopt}(f_k))$ that is just the optimal load in correspondence of the frequency f_k (see Equations from (24) to (27)). Therefore, each color curve is maximized only when $f_{vib} = f_k$. The envelope of the maximums $P_{ETT}(f_{vib}) \equiv P_{Lopt}(f_{vib}) = P_L(R_{Lopt}(f_{vib}), X_{Lopt}(f_{vib}), f_{vib})$ of the

color curves (dashed black curve in Figure 6a) represents the maximum power, as a function of the frequency, that can be gotten with the application of the ETT. It is clear that the frequency that allows to obtain the maximum global harvesting of power is unique and coincident with the mechanical resonance frequency f_{opt} . In conclusion, ETTs allow only the maximization of the extraction of power at a given vibration frequency f_{vib} from a given RVEH with a fixed mechanical resonance frequency f_{opt} . ETTs do not change the mechanical resonance frequency of the RVEH. As stated above, the only way to change such a frequency is by means of a MTT. In other words, the black dashed curve $P_{ETT}(f_{vib})$ of Figure 6a indicates the best performance that can be obtained with the application of only ETT without MTT.

In Figure 6b the application of MTT is explained. In particular, the color curves have been obtained by using a fixed load that is without adopting any ETT. Such a fixed load is the optimal load (given by Equations from (34) to (37)) in correspondence of the RVEH untuned mechanical resonance frequency fopt (gray curve). What changes among the color curves is the mechanical resonance frequency foot k (k = 1, 2,...n). In other words, the color curves represent a sort of horizontal translation, at different resonance frequencies, of the central grey curve of Figure 6b that coincides with the central gray curve of Figure 6a. The envelope of the maximums of such color curves (dashed black curve in Figure 6b) represents the maximum power $P_{MTT}(f_{vib}) \equiv P_L(R_{Lopt}(f_{opt}), X_{Lopt}(f_{opt}), f_{vib})$ that can be harvested, as a function of the frequency, by applying MTT without ETT. It is clear that, in this case, the performance of the RVEH is improved, with respect to the case of Figure 6a, because the mechanical characteristics of RVEH are changed and therefore it always resonates in correspondence of the vibration frequency fvib. However, by observing the dashed black curve in Figure 6b, it is evident that there is still an optimal frequency. It is the untuned resonance frequency foot. This happens because a fixed load has been considered and such a load is just the optimal one at fopt. This aspect can be clarified by observing that the optimal load at foot (see Equations from (34) to (37)) has a resistive part that is independent from the resonance frequency and hence it does not need a regulation while applying MTT. Instead, the reactive part of the optimal load at font, that compensates the reactive part of the output impedance of the considered RVEH (Cpiezo for P-RVEH and Lcoil for E-RVEH), depends on the frequency and hence it would need a regulation while applying MTT. Therefore, a fixed not optimized load, leads to the nonhorizontal shape of the maximum extracted power P_{MTT}(f_{vib}) (black dashed curve in Figure 6b).

Taking into account the previous considerations it is clear that, in general, for the optimal exploitation of a RVEH it is necessary to apply jointly both a MTT and an ETT at the same time as shown in <u>Figure 6</u>c. In this case, as desired, the perfect horizontal translation of the maximum extractable power curve is obtained. In other words, the color curves in <u>Figure 6</u>c represent perfect horizontal translations, at different resonance frequencies, of the black dashed curve of <u>Figure</u> <u>6</u>a. The envelope of the maximums of such color curves (dashed black curve in <u>Figure 6</u>c) represents the maximum power $P_{MTT-ETT}(f_{vib}) \equiv P_{max} \equiv P_L(R_{Lopt}(f_{vib}), X_{Lopt}(f_{vib}), f_{vib})$ that can be extracted, frequency by frequency, with the joint application of both a MTT and an ETT.

Summarizing, the application of an ETT without any MTT leads to the extraction of the power $P_{ETT}(f_{vib})$ represented by the black dashed curve in <u>Figure 6</u>a. The application of a MTT without any ETT leads to the extraction of the power $P_{MTT}(f_{vib})$ represented by the black dashed curve in <u>Figure 6</u>b. The joint application of both an ETT and a MTT leads to the extraction of the power $P_{MTT-ETT}(f_{vib})$ represented by the black dashed curve in <u>Figure 6</u>b. The joint application of both an ETT and a MTT leads to the extraction of the power $P_{MTT-ETT}(f_{vib})$ represented by the black dashed curve in <u>Figure 6</u>b.



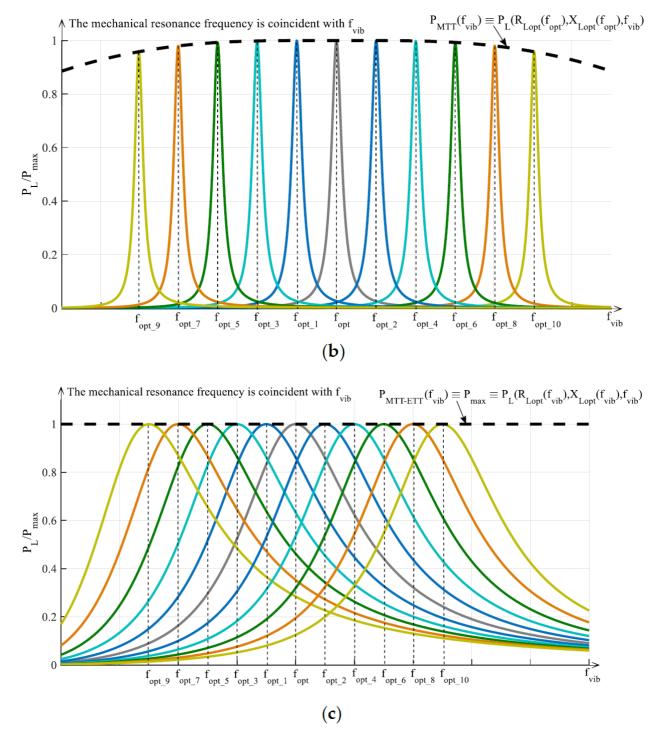


Figure 6. Typical trends vs. the normalized vibration frequency of the powers provided to the load by a RVEH (P-RVEH or E-RVEH) with the application of: (a) ETT, (b) MTT, (c) both ETT and MTT.

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