

Small Molecular TKIs for EGFR Mutation in NSCLC

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Molecular targeted therapy was reported to have fewer adverse effects and offer a more convenient route of administration compared with conventional chemotherapy. With the development of sequencing technology and research on the molecular biology of lung cancer, especially whole-genome information on non-small-cell lung cancer (NSCLC), various therapeutic targets have been unveiled. Among the NSCLC-driving gene mutations, epidermal growth factor receptor (EGFR) mutations are the most common driver gene, and approximately 10% of Caucasian and more than 50% of Asian NSCLC patients have been found to have sensitive EGFR mutations. A variety of targeted therapeutic agents for EGFR mutations have been approved for clinical applications or are undergoing clinical trials around the world. This review is focused on the indications of approved small molecular kinase inhibitors for EGFR mutation-positive NSCLC, the mechanisms of drug resistance and the corresponding therapeutic strategies, as well as the principle of reasonable and precision molecular structure for drug development discovery of next-generation inhibitors for EGFR, which would accelerate anticancer drug discovery.

Keywords: epidermal growth factor receptor tyrosine kinase inhibitors ; EGFR mutations ; molecular targeted therapy ; non-small cell lung cancer ; resistance mechanism

1. Introduction

Lung cancer is a serious threat to human health ^[1]. A global cancer report published by the World Health Organization (WHO) in 2020 reports that lung cancer is still the most common and fatal cancer, and it affects both men and women ^[2]. Lung cancer patients not only experience great psychological pressure, but also suffer severe pain due to the disease. Moreover, the high cost of treatment presents a great burden to both individuals and society ^[3].

The goal of advanced lung cancer treatment is to prolong the overall survival time of patients and to improve their quality of life ^[4]. Chemotherapy is one approach that kills cancer cells, and it can be administered orally or by injection. Platinum-based chemotherapy in combination with other cytotoxic drugs for 4–6 cycles is the current routine treatment. However, chemotherapy is not recommended for elderly patients with weak conditions, cachexia, serious dysfunction of the heart, liver, or kidney, or poor bone marrow function. With the advanced improvement of sequencing technology and in-depth research on the molecular biology of lung cancer, especially whole-genome sequencing, targeted therapy for solid tumors has rapidly developed. This has brought good news for, especially advanced, non-small-cell lung cancer (NSCLC) patients.

With the advancements in modern medicine, the diagnosis of, and therapy for, NSCLC have entered the era of “precision medicine”, facilitating more accurate diagnosis and treatment. According to the latest National Comprehensive Cancer Network (NCCN) guidelines for NSCLC (3rd Edition, 2021), the genes with driver mutations include: epidermal growth factor receptor (EGFR); anaplastic lymphoma kinase (ALK), c-ros oncogene 1 receptor tyrosine kinase (ROS1); human epidermal growth factor receptor 2 (HER2); mesenchymal to epithelial transition factor (MET); v-raf murine sarcoma viral oncogene homolog B1 (BRAF); Kirsten rat sarcoma (KRAS); rearrangement during transfection (RET); and neurotrophic tyrosine receptor kinase (NTRK) ^[5]. Individualized molecular targeted therapy for driver genes has been reported to block the key signaling pathway of tumor cell growth and proliferation, inhibit tumor cell proliferation, and selectively kill tumor cells by applying highly specific molecules targeted to the definite (or highly expressed) biomarkers of the tumor cells ^[6]. In recent decades, a variety of targeted therapeutic agents have been approved for clinical applications, or are undergoing clinical trials, that have become the standard treatment for advanced lung cancer because of their significant efficacy and safety.

Among the driver mutations of NSCLC, EGFR mutation is the most conventional driver gene in NSCLC, and approximately 10% of Caucasian, and more than 50% of Asian, NSCLC patients have been found to have sensitive EGFR mutations ^[7]. EGFR is reported as a subtype of the erythroblastosis oncogene B (ErbB)/human epidermal growth factor receptor (HER) family, which is also named ErbB1 (EGFR/HER1) ^{[8][9]}. As a transmembrane tyrosine kinase receptor,

2. The Research Progress of EGFR-TKIs in NSCLC

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Table 1. Clinical progress of first-/second-/third-generation EGFR-TKIs

~~Mol. Imaging 2020, 47, 1137–1146.~~

Mol. Imaging 2020, 20, 1137–1146.	Product Name	Phase	Company	Trial ID	Study Design	mPFS (Months)	HR	mOS (Months)	ORR	DCR	Control Group	Ref.
8.	Arteaga, C.L.; Engelman, J.A.	ERBB receptors: From oncogene discovery to basic science to mechanism-based cancer therapeutics. <i>Cancer Cell</i> 2014, 25, 282–303.										
	Gefitinib	III	AstraZeneca	NCT00322452	RCT	9.5 vs. 6.3	0.48	21.6 vs. 21.9	71.2% vs. 47.8%	/	Carboplatin + Paclitaxel	[21]
9.	Tebbutt, N.; Pedersen, M.W.; Johns, T.G.	Targeting the ERBB family in cancer: Couples therapy. <i>Nat. Rev. Cancer</i> 2013, 13, 663–673.										
	Icotinib	III	China	NCT01040780	RCT	4.5 vs. 2.4	0.84	13.3 vs. 13.9	27.6% vs. 13.9%	75.4% vs. 66.6%	gefitinib	[22]
10.	Roskoski, R., Jr.	Small molecule inhibitors targeting the EGFR/ErbB family of protein-tyrosine kinases in human cancers. <i>Pharmacol. Res.</i> 2019, 139, 395–411.										
	Icotinib	III	China	NCT01719536	RCT	11.2 vs. 7.9	0.61	30.5 vs. 32.1	64.8% vs. 53.8%	/	Cisplatin + pemetrexed	[23]
11.	Vecchione, L.; Jacobs, B.; Normanno, N.; Ciardiello, F.; Tajpar, S.	EGFR-targeted therapy. <i>Exp. Cell Res.</i> 2011, 317, 2765–2771.										
	Erlotinib	III	Roche	NCT00446225	RCT	9.7 vs. 5.2	0.37	19.3 vs. 19.9	55% vs. 11%	78% vs. 66%	platinum-containing inhibitors	[24]
12.	Yin, Y.; Yuan, X.; Gao, H.; Yang, Q.	Nanoformulations of small molecule epidermal protein tyrosine kinases inhibitors potentiate targeted cancer therapy. <i>Int. J. Pharm.</i> 2020, 573, 118785.										
	Tafaveh, A.; Pihmann, R.; Gómez-Puente, S.; Martínez-Feito, C.; Gasido, G.; Rabasa, A.; López-Querol, A.; Johansen, R.F.; Sánchez, O.	III	Roche	NCT00824419	RCT	13.7 vs. 4.8	0.05	22.8 vs. 27.2	83% vs. 36%	96% vs. 82%	gemtastine + carboplatin	[25]
13.	Díaz-Serrano, A.; Sánchez-Torre, A.; Paz-Ares, L.	Necitumumab for the treatment of advanced non-small-cell lung cancer. <i>Future Oncol.</i> 2019, 15, 705–716.										
	Afatinib	III	Boehringer Ingelheim	NCT01121393	RCT	10.1 vs. 6.9	0.58	26.2 vs. 28.2	56% vs. 24%	80% vs. 82%	cisplatin/pemetrexed	[26]

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3. Conclusion and perspectives

With the development of biomedicine, patients with advanced NSCLC truly benefit from precision medicine. Most patients can choose targeted therapy with few adverse effects as the first-line therapeutic regimens. Compared with standard traditional chemotherapy, EGFR TKIs as the first-line treatment for sensitive EGFR mutations can prolong PFS, improve quality of life and reduce severe adverse effects related to therapeutics, and they have become the primary treatment option for patients with advanced NSCLC. In recent decades, first-, second-, and third-generation EGFR-TKIs have been launched on the market with widespread clinical applications. Meanwhile, basic research and clinical trials of fourth-generation TKIs are also in progress. However, the occurrence and development of tumors refer to complex genetic mutations and signaling pathways, and the drug resistance of molecular targeted agents seems to be inevitable.

As a clinical therapeutic regimen for EGFR-mutant NSCLC, third-generation osimertinib has been proven to inhibit the novel T790M mutation of first- and second-generation TKIs. Fourth-generation compounds were initially designed to combat C797S mutation-mediated resistance to osimertinib. However, the inhibitory efficacy of osimertinib on L858R was significantly reduced after C797S mutation. Hence, the structure-based drug design of fourth-generation drugs also takes into account two common triple mutations. Over time, rare resistance mechanisms will be gradually unveiled. If the current research on drug discovery relies on updating the structural design of molecules on the basis of ascertainable mutations, the treatment cost for patients in the future would be beyond the acceptable budget, which is not in alignment with the original intention for drug discovery. Currently, the combination of osimertinib with other kinase inhibitors or antiangiogenics has been considered a promising therapeutic regimen in the clinic for acquired resistance. It is foreseeable that varying mechanisms of resistance to osimertinib may arise after combined application with other anticancer drugs, and whether the incidence of C797S mutation is affected following combination therapies remains to be determined. These are vital problems demanding prompt solutions in the discovery of next-generation targeted agents and the management of individualized therapies based on precision medicine.

The emergence of drug resistance is a gradual process. Currently, the detection of mutated EGFR genes for acquired resistance is conducted by tissue or blood biopsy after disease progression, and the last-line treatment option is consequently considered. PET/CT imaging technology based on targeted molecular probes has been developed and applied in preclinical research to conveniently monitor mutated genes during therapy in a timely manner ⁴². This innovative technology could provide diagnostic data and evidence for individualized clinical therapeutic regimens.

However, the design of precise selective and sensitive targeted molecular probes is the key technology for the prediction of genetic mutations, which is extremely reliant upon comprehensive research and screening for structure-activity relationships⁴³.

With recent translational research on the biological mechanism of NSCLC progression, new pharmacotherapy approaches for protein kinase mutants continue to be developed. In addition to protein kinase inhibitors and monoclonal antibodies, targeted protein degradation is an emerging therapeutic strategy in anticancer drug discovery. In June 2021, C4 Therapeutics reported a protein degradation agent targeting EGFR mutation at the Virtual Meeting. CFT8919, as a mutant selective degrader, was developed to target the degraded EGFR L858R mutation. Meanwhile, CFT8919 was reported to be active against resistant mutations, such as EGFR T790M and C797S, but with low activity against EGFR^{WT}, which indicated its potential clinical value for NSCLC patients.

Targeted therapy for lung cancer is a creative strategy with an exciting perspective that benefits more than half of patients. Future research trends and strategy processes for targeted therapy of NSCLC require novel drug development with high efficiency to overcome drug resistance, combined therapeutic options to benefit the long-term survival of NSCLC patients, clinical therapeutic regimens grounded on the characteristics and genotypes of patients, and individualized whole process management schemes on the basis of precision medicine. In summary, with the development of drug discovery and the innovation of therapeutic strategies in the future, lung cancer is expected to be a curable chronic disease.