## Disrupting GPCR Complexes with Smart Druglike Peptides

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G protein-coupled receptors (GPCRs) are a superfamily of proteins classically described as monomeric transmembrane (TM) receptors. However, increasing evidence indicates that many GPCRs form higher-order assemblies made up of monomers pertaining to identical (homo) or to various (hetero) receptors. The formation and structure of these oligomers, their physiological role and possible therapeutic applications raise a variety of issues that are currently being actively explored. In this context, synthetic peptides derived from TM domains stand out as powerful tools that can be predictably targeted to disrupt GPCR oligomers, especially at the interface level, eventually impairing their action.

peptide therapeutics	transmembrane peptides	GPCR oligomers	non-natural amino acids
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cyclic peptides

retro-enantio

### 1. Introduction

G protein-coupled receptors (GPCRs) constitute the largest and most versatile superfamily of cell membranebound proteins, made up of seven trans-membrane  $\alpha$ -helices (TM1 to TM7) <sup>[1][2][3]</sup> connected by intracellular (IL-1 to IL-3) and extracellular loops (EL-1 to EL-3), and coupled to an intracellular heterotrimeric G protein (e.g., Gs, Gi/o, Gq/11, G12/13) <sup>[4]</sup>. GPCRs are commonly grouped into six subfamilies (A-F) <sup>[5]</sup>, based on sequence homology and functionality. Despite this apparent diversity, all GPCRs mediate their effects upon agonist-induced activation of the receptor at the extracellular site by a wide variety of ligands and then transduce the signal into intracellular responses <sup>[6]</sup>. Endogenous GPCR agonists are physically and chemically very diverse, including neurotransmitters (i.e., dopamine, serotonin), hormones (i.e., estrogen, angiotensin), proteins (i.e., chemokines), odors, photons, lipids (i.e., anandamide) or peptides (i.e., bradykinin), among many others <sup>[2]</sup>. Moreover, and more interestingly, ligand affinity for the GPCR primary (orthosteric) site and efficacy of activation can be increased or decreased by other effectors that bind to a separate (allosteric) site <sup>[8]</sup>.

Given that GPCR signaling is involved in a diverse number of biological processes, GPCRs are considered ideal therapeutic targets <sup>[9]</sup> for a wide assortment of human diseases ranging from allergic rhinitis to pain, type-2 diabetes mellitus, obesity, depression, insomnia or cancer, to name just a few <sup>[10][11][12]</sup>; indeed, 34% of currently FDA-approved small-molecule drugs bind to GPCRs <sup>[13]</sup>. Originally described as cell-surface monomers that form a ternary complex with the extracellular ligand and the intracellular G protein <sup>[14]</sup>, GPCR higher-order oligomers have in recent years been increasingly recognized as novel signaling units with functional properties distinct from their

constituent receptors, thus opening up a new, only sparingly explored area of study within the GPCR field <sup>[15][16]</sup>. One possible strategy to probe into GPCR oligomerization and its impact on health conditions would consist in interfering in complex formation by means of exogenous synthetic peptides replicating TM domains involved in helix–helix interactions <sup>[17]</sup>.

#### 2. GPCR Oligomers

The human genome encodes nearly 1000 different GPCRs, each one highly specific to a signaling pathway <sup>[18]</sup>. However, growing evidence indicates that many GPCRs can form active higher-order oligomers constituted by equal (homo) or different (hetero) monomers <sup>[19][20][21][22][23][24][25][26]</sup>, with functional properties distinct from their protomer components <sup>[27]</sup> and generally involved in both healthy and pathological processes <sup>[28]</sup>, thus making them ideal targets for the development and screening of novel drugs <sup>[29][30]</sup>.

One of the first reported GPCR oligomers involved  $\delta$ - and  $\kappa$ -opioid receptors that, when co-expressed, formed a stable heterodimer with properties not found in cells expressing the same receptor monomers <sup>[31]</sup>. Subsequently, many other GPCR homo- and/or hetero-complexes have been unveiled, often displaying unique characteristics.

In many of these investigations the importance of TM helices in GPCR oligomerization has been demonstrated, portraying the GPCR complexes as dynamic species in which activation by the agonist induces a realignment of TM dimerization interfaces <sup>[32][33]</sup>. Indeed, it has been found that a dynamic equilibrium between monomeric and dimeric species can take place <sup>[34]</sup>, modulated by ligand binding, which in turn can enhance or decrease heteromer interaction <sup>[35]</sup>. Therefore, while the minimal GPCR functional unit can be regarded as constituted by one monomeric receptor and one heterotrimeric G protein (1:1) <sup>[36]</sup>, GPCR dimers can occur when: (i) two G proteins bind both dimer protomers (2:2) <sup>[37][38]</sup> or (ii) one G protein binds one protomer in the dimer (1:2) <sup>[39]</sup>.

Another distinctive feature of some GPCRs is the switching of the G protein-coupled protomer when dimerization occurs. For instance, serotonin  $5HT_{2A}R$  couples Gq; however, heteromer formation by cannabinoid CB<sub>1</sub>R and  $5HT_{2A}R$  makes both receptors signal via Gi <sup>[40]</sup> (**Figure 1**A). In other words, some GPCR heteromers can couple G protein species different from those favoured by their protomers. Other reported examples are: (i) a heterodimer formed by dopamine D<sub>1</sub> and D<sub>2</sub> receptors that couples Gq instead of Gs or Gi <sup>[41]</sup> (**Figure 1**B); (ii) the heteromer formed by angiotensin AT<sub>1</sub> and  $\alpha_{2c}$ -adrenergic receptors couples Gs instead of Gi or Gq <sup>[42]</sup>; and (iii) a melatonin MT<sub>1</sub>-MT<sub>2</sub> receptor dimer that couples Gq instead of Gi <sup>[43]</sup>.



**Figure 1.** (**A**) The serotonin  $5HT_{2A}R$  and the cannabinoid  $CB_1R$  monomers couple Gi and Gq proteins, respectively; when dimerized, however,  $5HT_{2A}R$  switches Gq protein with Gi; (**B**) The dopamine  $D_1R$  and  $D_2R$  monomers couple Gs or Gi, respectively; however, the heterodimer  $D_1R$ - $D_2R$  couples Gq; (**C**) The serotonin  $5HT_{2A}R$  antagonist blocks the signal activation of the cannabinoid  $CB_1R$  agonist when dimerized.

Functionally, GPCR complexes can cause a positive or negative cooperation between promoters, i.e., ligand one binds to protomer one, enhancing or inhibiting, respectively, the affinity of ligand two for protomer two <sup>[44]</sup>. In general, intermolecular communication between GPCR homo- and heteromers tends to produce synergistic responses (i.e., functional cross-talk) <sup>[45]</sup>. A more singular phenomenon is cross-antagonism (**Figure 1**C), which occurs when a protomer antagonist blocks the signal activation of the other protomer <sup>[25][40][45]</sup>. Such a situation

has been described for some GPCR complexes, including the metabotropic  $Gb_1-Gb_2$  receptors <sup>[46]</sup>, opioid  $\delta-\mu$  receptors <sup>[47]</sup>, somatostatin SST<sub>5</sub>-dopamine  $D_2$  receptors <sup>[48]</sup>, adenosine  $A_{2A}$ -dopamine  $D_1$  receptors <sup>[49]</sup>, orexincorticotropin-releasing factor receptor <sup>[50]</sup> or angiotensin II AT<sub>1</sub>/dopamine  $D_2$  receptor <sup>[51]</sup>.

Despite the extensive literature on GPCR oligomers, in most cases the assessment of their functionality has been only partially addressed and needs further investigation. In this context, chimeric peptide constructs have shown the ability to disrupt homo- and heteromer complexes, altering agonist-induced functionality and providing knowledge on the physiological role of GPCR receptor–receptor interactions <sup>[52][53][54][55]</sup>.

# **3.** Synthetic TM Peptides as Tools for GPCR Complex Exploration

The identification of protein–protein interaction interfaces constitutes a fundamental aspect in the study of GPCR complex formation <sup>[56]</sup>, in that it can expand the understanding of the role that receptor oligomerization plays in intercellular communication or in some pathological conditions.

Increasing evidence indicates that specific TM helices are required for oligomerization, and that the synthetic peptides reproducing them are powerful tools to identify sequences essential for GPCR complexation and, by blocking their assembly, gain insights into the functional role of the complex <sup>[52][57][58]</sup>.

For instance, Köfalvi et al. (2020) have recently studied how the adenosine-cannabinoid receptors, specifically the  $A_{2A}R$ -CB<sub>1</sub>R heterotetramer interface, which also includes  $A_{2A}R$ -A<sub>2A</sub>R and CB<sub>1</sub>R-CB<sub>1</sub>R homodimers, is established. To this end they have used computational modelling, with input from several biophysical and biochemical techniques, to design TM interference peptides reproducing each of the  $A_{2A}R$  and CB<sub>1</sub>R TM1-7 helices. The synthetic versions, fused to the cell-penetrating HIV-Tat sequence, were tested by in vitro bimolecular fluorescence complementation (BiFC) experiments. Peptides replicating TM5 and TM6 of both receptors were able to disrupt the heterotetramer; thus, the involvement of their interfaces in the complex formation was confirmed. On the other hand, in the absence of the CB<sub>1</sub>R receptor, BiFC assays showed that the  $A_{2A}R$ - $A_{2A}R$  homodimer was only disrupted by peptide  $A_{2A}R$  TM6, while when  $A_{2A}R$  was missing, CB<sub>1</sub>R TM4 was the only peptide disturbing CB<sub>1</sub>R-CB<sub>1</sub>R homodimer formation, altogether indicating that TM6 and TM4 sequences are involved in  $A_{2A}R$  and CB<sub>1</sub>R homodimer interfaces, respectively <sup>[59]</sup>.

Once the interfering peptides are identified, they can be used to investigate GPCR complex implications in numerous physiopathological disorders. As an example, Borroto-Escuela et al. (2018) found that rat  $A_{2A}R$  TM5 peptide microinjection into the nucleus accumbens causes  $A_{2A}R$ - $D_2R$  heteromer dissolution plus abrogation of the inhibitory effects of the  $A_{2A}R$  agonist CGS21680 on cocaine self-administration, therefore confirming that the  $A_{2A}R$ - $D_2R$  hetero-complex can be used as a novel target to treat cocaine disorders [53].

More examples where synthetic peptides replicating TM helices involved in dimerization have been shown to be able to split GPCR complex formations are included in **Table 1**. The in vitro (biophysical and/or biochemical) and in

vivo assays used to confirm the existence of GPCR dimers in live cells and their implication (if known) in health disorders, are also presented.

	Table 1. GPCR	complexes	disrupted b	by synthetic	TM peptides.
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GPCR Complex	TMs Involved in Dimerization	Synthetic TM Disruptor Peptide	In Vitro/In Vivo Assays Performed	Patho-Physiological Implication	Ref.
A <sub>2A</sub> R-D <sub>2</sub> R	TM4/5 interface	A <sub>2A</sub> R TM5	<ul> <li>BRET</li> <li>PLA</li> <li>Cocaine self- administration</li> </ul>	Cocaine use	[53]
APJR-OX <sub>1</sub> R	TM4/5 interface	APJ TM4, TM5	<ul><li>BRET</li><li>Co-IP</li></ul>	-	[ <u>60</u> ]
APJR homodimer	TM1, TM2, TM3, TM4	TM1, TM2, TM3, TM4	<ul> <li>BRET</li> <li>FRET</li> <li>TIRFM</li> <li>CO-IP</li> </ul>	-	[ <u>61</u> ]
A <sub>2A</sub> R-CB <sub>1</sub> R	TM 5/6 interface	CB <sub>1</sub> R TM5 TM6 A <sub>2A</sub> R TM5 TM6	<ul> <li>BiFC</li> <li>BRET</li> <li>CODA-RET</li> <li>Glutamate release</li> </ul>	Glutamate release	[59]
A <sub>1</sub> R-A <sub>2A</sub> R	TM 5/6 interface	A <sub>2A</sub> R TM4, TM5, TM6	• BiFC	Neurodegeneration	[ <u>62</u> ]

GPCR Complex	TMs Involved in Dimerization	Synthetic TM Disruptor Peptide	In Vitro/In Vivo Assays Performed	Patho-Physiological Implication	Ref.
		A <sub>1</sub> R TM5 and TM6	<ul> <li>PLA</li> <li>BRET</li> <li>cAMP production</li> <li>DMR</li> </ul>	Neuroinflammation	
CB <sub>1</sub> R- 5HT <sub>2A</sub> R	TM 5/6 interface	CB <sub>1</sub> R TM5, TM6	<ul> <li>BRET</li> <li>PLA</li> <li>BiFC</li> <li>NORT</li> <li>Hot plate test</li> </ul>	Cognitive impairment	[ <u>40]</u>
M <sub>3</sub> R homodimer	TM1, TM5, TM7	TM1-TM5- TM7	• BRET	-	[ <u>63</u> ]
CCKR homodimer	TM6	TM6	• BRET • FRET	-	[ <u>64</u> ]
CCR5 homodimer	TM1, TM2, TM4	TM1, TM4	FRET Calcium     determination	-	[65]
RhoR homodimer	TM1,TM2, TM4, TM5, H8	TM1, TM2, TM4, TM5	<ul><li>BRET</li><li>cAMP production</li></ul>	Phototransduction	[ <u>66</u> ]

GPCR Complex	TMs Involved in Dimerization	Synthetic TM Disruptor Peptide	In Vitro/In Vivo Assays Performed	Patho-Physiological Implication	Ref.	
β <sub>2</sub> AR homodimer	TM1, TM5, TM6, H8	TM6	<ul> <li>Adenylyl cyclase activity</li> <li>Densitometric analyses</li> </ul>	-	[ <u>17</u> ]	
SCTR	TM4	TM4	• FRET • BRET	Liver diseases	[ <u>55</u> ]	_
AT1aR-SCTR	TM1/2 interface TM4/4 interface	AT1aR TM1, TM4 SCTR TM2, TM4	<ul><li>BRET</li><li>FRET</li><li>cAMP</li></ul>	Hyperosmolality-induced drinking	[ <u>54]</u>	ol. Cel
FZD <sub>6</sub> homodimer	TM4, TM5	TM4, TM5	<ul><li>FRAP</li><li>FCCS</li></ul>	Cancer and neurologic disorders	[ <u>67</u> ]	011 001
MOR-DOR	MOR TM1	MOR TM1	<ul><li>Co-IP</li><li>Immunoblotting</li><li>Tail immersion</li></ul>	Morphine tolerance	[ <u>68]</u>	re ons. , 7,

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 Z. Wacker, D.: Stevens, R.C.: Roth, B.L. How Ligands Illuminate GPCR Molecular Pharmacology. Abbreviations: 5HT<sub>2A</sub>R, serotonin receptor type 2 A; A<sub>1</sub>R, adenosine receptor type 1; A<sub>2A</sub>R, adenosine receptor type 2A; APJR, apelin receptor; AT1aR, angiotensin receptor type 1a; BiFC, bimolecular fluorescence
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FZI20FL0F,ri201e2-67 receptor; M<sub>3</sub>R, muscarinic acetylcholine receptor type 3; MOR, µ-opioid receptors; NORT, novel

- object recognition test; OX<sub>1</sub>R, orexin receptor type 1; PLA, proximity ligation assay; RhoR, rhodopsin receptor; 10. Sriram, K.; Insel, P.A. G Protein-Coupled Receptors as Targets for Approved Drugs: How Many SCIR, secretin receptor; TIRF total internal reflection fluorescence; β<sub>2</sub>AR, adrenergic receptor type β<sub>2</sub>. Targets and How Many Drugs? Mol. Pharmacol. 2018, 93, 251–258.
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