

# Vulstan James Shedura

Subjects: **Health Care Sciences & Services**

Contributor: Vulstan James Shedura

Hepatitis B virus Hepatitis B virus

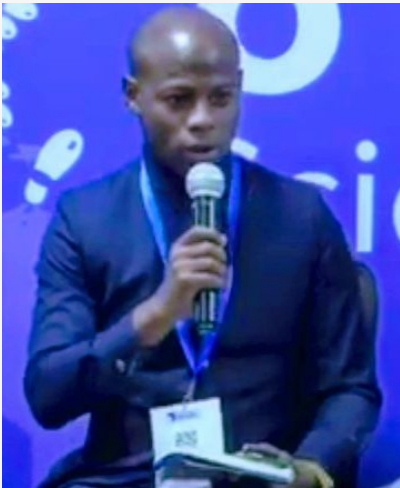
Seroprevalence

Hepatitis B virus

Syphilis

Vulstan

## Basic Information



**Name:** Vulstan James Shedura  
(Oct 1991–)

<b>Birth Location:</b>	Kilimanjaro, Tanzania
<b>Title:</b>	Field Epidemiologist   Researcher   Medical Laboratory Scientist   Public Health Specialist
<b>Affiliation:</b>	Muhimbili University of Health and Allied Sciences   Southern Zone Referral Hospital, Mtwara
<b>Honor:</b>	MUHAS Prize, Best Final Year Student, MSc Epidemiology and Lab Management 2021/2022

## 1. Introduction

[Vulstan James SHEDURA](#) is a field epidemiologist holding a [master's degree in epidemiology and laboratory management from Muhimbili University of Health and Allied Sciences \(MUHAS\)](#) and a medical laboratory scientist holding a bachelor's degree from [International Medical and Technological University \(IMTU\)](#). He studied a total of three online diplomas in Leadership and Management, Water Sanitation and Hygiene (WASH), and Project Management at the [Kenyan WATSAN training institute](#). He has studied more than 100 certified short courses (physical and virtual), mainly in public health, epidemiology, infectious diseases, leadership and management, quality management systems, project management, health systems strengthening, health economy, [PHEOC](#), business, teaching methodology for health care professionals, [GLP](#), [GCP](#), and [scientific writing](#). He has participated in presentations at national and international scientific conferences, mainly at the [MUHAS Scientific Conference](#), [the Tanzania Health Summit](#), the International [Conference of AIDS and STIs in Africa](#), the International Conference of the African [Society for Laboratory Medicine](#) (ASLM), the [World Union Conference on Lung Health](#), the [Annual](#)

[Pradanya International](#) Conference, the [European & Developing Countries Clinical Trials Partnership \(EDCTP\) Forum](#), the Africa Health Agenda international conference (AHAIC), and the [African Field Epidemiology Network \(AFENET\)](#) Scientific Conference. Currently, he has [made several publications](#) about [influenza](#), [HIV](#), cholera, [syphilis](#), antimicrobial resistance (AMR), and [HBV infection](#) via the peer-review process. He has participated in the [evaluation of the National Influenza Sentinel Surveillance System in Tanzania](#) and the analysis of influenza data. He has been working on strengthening COVID-19 surveillance in Tanzania, especially in the Dodoma and Mtwara regions. He conducted an operational survey on [people's attitudes, knowledge, and perception of the COVID-19 vaccine uptake in the Kilimanjaro region, Tanzania](#). He has attended various workshops in preparation and reviewed the national guidelines used in the health sector. He has been working in the laboratory department and teaching medical students for more than 6 years under [USAID Boresha Afya Southern Zone](#), the Benjamin [Mkapa Foundation](#), and the Ministry of Health at the Southern [Zone referral hospital](#) in the Mtwara region, respectively. He is currently the head of the Department of [Clinical Research, Training, and Consultancy](#) at the Ministry of Health in [the Southern Zone Referral Hospital in the Mtwara Region](#), Tanzania.

**[Vulstan James SHEDURA](#)** is an [epidemiologist](#), [medical laboratory scientist](#), [medical researcher](#), and [public health specialist](#). He is also a [Catholic traditionalist](#), a member of the [Sant'Egidio community](#), and a member of [Opus Dei](#). He was born on [Thursday, 24<sup>th</sup> October 1991](#), at [St. Luke's Hospital](#), located in [Bwambo-RC village](#) in the [Eastern Same district](#) of the Kilimanjaro region in Tanzania. The residents are mainly from the [Pare tribe](#), though other tribes have also made their settlements in the same district. Father's name is James Shedura Mnkeni, and Mother's name is Anjela Maua Juma. Their father was a primary school teacher and their mother a peasant. From the parents, there are seven children, three boys and four girls. He is the fifth-born child and the last boy in the family. Other children include Salome James Shedura, Gabriel James Shedura, Joseph James Shedura, Mariam James Shedura, Crisencia James Shedura, and Thecla James Shedura.

## 2. Personal Life

### *Early School life (1996-1997)*

The early school life of [Vulstan James SHEDURA](#) started at [kindergarten](#), where he began in the year 1996 when he was five years old and continued until the end of 1997.

### *Primary School life (1998-2004)*

His primary school life started in 1998 at [Kwamshitu Primary School](#) in [Same District](#), [Kilimanjaro region](#), at the age of seven years old, and continued until 2004, when he completed his [primary education](#).

### *Sacramental life*

[Vulstan James SHEDURA](#) is a [Catholic Christian](#) [baptized](#) on Monday, 4<sup>th</sup> April 1994, at the [Maria Immaculata \(Bwambo\) Parish](#) in the [Kilimanjaro region](#) by Fr. Vulstan Marisa (*who gave him his name after baptism*); from then

on, the spiritual life of [Vulstan](#) was molded day after day due to great [catechesis](#) from [catechists](#), [priests](#), and [nuns](#); some of them were Sister Thecla, Sister Florentinna, Fr. Fulgence Kivatiro, and Fr. Valence Mruma. All of these enabled him to receive the [sacrament of the Holy Communion](#) on Sunday, 2<sup>nd</sup> June 2002, and the [sacrament of Confirmation](#) on Sunday, 16<sup>th</sup> January 2005. On Wednesday, 4<sup>th</sup> October 2023, he married [Dr. Christine Hyasint Paul](#) via receiving the Sacrament of Matrimony at the [Maria Immaculata \(Bwambo\) Parish](#). The Mass is being led by [Fr. Dr. Beda Bernard Kiure](#).

### ***Early seminary life (2005)***

As [Vulstan](#)'s brothers, his parents allowed him to go to [Chanjale Seminary](#), the famous junior seminary in the [Catholic diocese of Same](#) in Tanzania.

His seminary life started by attending a preparatory year at the [Dido-Vocation Training Centre](#) in 2005. In the seminary under the leadership of the rector, Fr. Clement Mtei. In [VTC Dido](#), he was well trained in all aspects of formation, which are spiritual, intellectual, physical, and social interrelationships.

### ***Seminary life (2006-2009)***

In the year 2006, he started to attend Form One class at [Chanjale Seminary](#) under the leadership of the [rector](#), Fr. Lucas Mdee. At the [seminary](#), he was so impressed with the [prayers](#), [hymns](#), [psalter](#), [English mass](#), and [English songs](#). The motivational speeches of the rector (Fr. Lucas Mdee) gave him more strength to encounter seminary life with zeal and confidence.

He completed [ordinary-level education](#) at the [seminary](#), and during graduation day on 24<sup>th</sup> October 2009, he was awarded a certificate for zeal and constancy in academics at the [seminary](#).

### ***Post-Seminary life (2009-2010)***

After completing an ordinary level, he was selected by *Fr. Christopher Mboya*, who was the rector of [Dido-Vocation Training Center](#) at the time, to assist in the work of providing integrated formation.

### ***Advanced secondary life (2010-2012)***

He attended [Tosamaganga High School](#) in 2010 with advanced science studies in physics, chemistry, and biology.

### ***Post-advance secondary life (2012)***

After advanced school, he was selected by *Fr. Br. Moses Mbwapo* to assist in teaching activities at [St. Stephen Boys Secondary School](#), which is near [Chanjale Seminary](#), prior to his university studies.

### ***University life (2012-2015)***

He attended the International Medical and Technological University (IMTU) for a Bachelor of Science in Medical Laboratory Technology.

### ***Post-university life (2016-2017)***

After university, he attended a one-year [internship program](#) at [Kilimanjaro Christian Medical Centre \(KCMC\)](#), from October 2015 to November 2016. He continued volunteering from November 2016 to July 2017.

### ***Job life (2017-2021)***

Worked with the USAID [program at](#) the Southern Zone of Tanzania from July 2017 to March 2019 as a [medical laboratory scientist](#) in the Mtwara region. He also worked with the [Benjamin Mkapa Foundation](#) in the same post from March 2019 to January 2021.

### ***Further Specialization (2020-2022).***

From September 2020 to September 2022, he attended further studies at the [Muhimbili University of Health and Allied Sciences \(MUHAS\)](#) for the [MSc in Epidemiology and Laboratory Management](#). He graduated with his master's studies on December 3, 2022. He was awarded the [MUHAS Prize as the best final-year student](#) in [MSc in Epidemiology and Laboratory Management \(MSc. ELM\)](#), during the [MUHAS](#) prize celebration ceremony conducted at [MUHAS](#) on December 2, 2022.

### ***Job life (2022-Date)***

In July 2022, he was employed by the [government](#) under the [Ministry of Health of Tanzania](#) at the [Southern Zone Referral Hospital](#) in the Mtwara region. He worked as a [field epidemiologist](#), [medical laboratory scientist](#), and [research scientist](#). He also works as the head of the [Department of Clinical Research, Training, and Consultancy](#) at the [Southern Zone Referral Hospital, Mtwara Region, Tanzania](#).

### ***Originality of the Name Vulstan***

The name "**Wulstan**" (also known as "**Vulstan**") finds its origin in the Old English tongue, uniting the elements *wulf* ("wolf") and *stan* ("stone"). In its meaning—"wolf stone"—it bears a rich symbolism: the wolf, often seen as a creature of watchfulness and strength, and the stone, a biblical image of steadfastness, endurance, and faith's firm foundation. Thus, Wulstan speaks of one who is both vigilant and immovable in the service of truth. This name has graced notable servants of God, most eminently **Saint Wulfstan** (1008–1095), a Benedictine friar and later Bishop of Worcester, renowned for his humility, tireless pastoral care, and courageous stand against the slave trade in Bristol. His life reflected the very essence of his name—strong in virtue, unyielding in justice, and rooted in the Rock that is Christ. In Catholic tradition, such a name carries a call to live with the fortitude of the wolf in defending the flock and the steadfastness of the stone in upholding the faith, echoing the words of Our Lord: "*Be steadfast, immovable, always abounding in the work of the Lord*" (1 Cor 15:58).

### *Hobbies and Life Interests*

Vulstan likes Saint quotes and is committed to becoming a saint.

His motto, in Latin: “Cum amore et misericordia elegit nos.” translated in English as “With Love and Compassion He has chosen us”

## **| Further Reading**

<https://orcid.org/0000-0002-1939-2492>

<https://doi.org/10.1371/journal.pone.0283043>

<https://doi.org/10.1186/s42269-023-01019-8>

<https://zenodo.org/record/7278668#.ZB9Xw3ZBzIU>

<https://doi.org/10.5281/zenodo.6997178>

[https://scholar.google.com/scholar?](https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=vulstan+shedura&oq=)

[hl=en&as\\_sdt=0%2C5&q=vulstan+shedura&oq=](https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=vulstan+shedura&oq=)

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