

# **α7 Nicotinic Acetylcholine Receptor and Neuroinflammation**

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α7 is a Nicotinic acetylcholine receptor (nAChRs) that is composed of five identical α7 subunits. Those receptors are widely expressed in or on various cell types and have diverse functions. In immune cells nAChRs regulate proliferation, differentiation and cytokine release. Specifically, activation of the α7 nAChR reduces inflammation as part of the cholinergic anti-inflammatory pathway.

Keywords: cholinergic anti-inflammatory pathway ; neuroinflammation ; α7 nicotinic acetylcholine receptor ; RIC-3

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## **1. Introduction**

Nicotinic acetylcholine receptors (nAChRs) belong to a large and diverse family of acetylcholine-gated cationic ion channels. In mammals this family is composed of nine alpha subunits, whose N-terminus contains two disulfide linked vicinal cysteines enabling ligand binding, and seven non-alpha subunits. Most nAChR subunits assemble to form heteromeric receptors whereas α7 and α9 nAChR subunits can form homomeric receptors. Folding assembly and trafficking of mature nAChRs from the endoplasmic reticulum to the plasma membrane is a complex process which requires assistance from multiple cellular factors. Several proteins were shown to affect functional expression and properties of nAChRs including Resistance to Inhibitors of Cholinesterase-3 (RIC-3) and NACHO <sup>[1][2]</sup>.

The nAChRs express widely and have multiple functions. In skeletal muscle nAChRs mediate excitation in the neuromuscular junction. Similarly, in the autonomic nervous system nAChRs are needed for excitatory synaptic transmission <sup>[3][4]</sup>. Functions of nAChRs, however, are not limited to synapses and to excitatory synaptic transmission. In the central nervous system (CNS) nAChRs have mostly modulatory roles, including a role in regulating release of neurotransmitters <sup>[5]</sup>. Moreover, these receptors are expressed in many non-excitatory cells where they have been shown to affect migration, differentiation and proliferation <sup>[6]</sup>.

## **2. α7 nAChR and the Cholinergic Anti-Inflammatory Pathway**

α7 nAChR, a key player in the cholinergic anti-inflammatory pathway, was first identified as the α-bungarotoxin (α-BTX) binding receptor in the CNS <sup>[7]</sup>. This receptor has high permeability to calcium, likely to enable some of its effects on cellular functions <sup>[8]</sup>. In addition, α7 receptors are activated by ACh and by choline, a precursor and breakdown product of ACh as well as a breakdown product of membrane phospholipids. This enables α7-mediated responses to both targeted transmission and to localized tissue damage.

In immune cells α7 nAChR activation leads to phosphorylation and activation of Janus kinase 2 (JAK2) and to phosphorylation and nuclear entry of Signal Transducer and Activator of Transcription 3 (STAT3) which inhibits expression of pro-inflammatory cytokines. In parallel α7 nAChR activation reduces degradation of IκBα therefore inhibiting nuclear translocation of NF-κβ and the expression of pro-inflammatory cytokines. Interestingly, multiple lines of evidence suggest metabotropic activity of α7 nAChR in immune cells. Mechanisms enabling the immune modulating effects of α7 nAChR are reviewed in <sup>[9]</sup>.

## **3. α7 nAChR and CNS Diseases**

In mice loss of function mutations in subunits contributing to major CNS expressed nAChRs (α7, α4 and β2) have no easily discernible phenotypes <sup>[10]</sup>. But, in humans copy number variations of the gene encoding for α7 nAChR subunit (CHRNA7) are associated with brain diseases such as epilepsy or autism <sup>[11]</sup>. In addition, a 2bp deletion in of the gene encoding for a human-specific chimeric protein, CHRFA7A, containing a duplicate of exons 5-10 of CHRNA7, shows strong linkage to schizophrenia <sup>[12]</sup>. Instability of the genomic region harboring the CHRNA7 complicates its analysis, as

disease causing deletions encompassing this gene also cover additional genes. Since, heterozygosity for rare small deletions covering CHRNA7 alone is associated with similar phenotypes to those associated with larger deletions in this region it is likely that haplo-insufficiency of this gene is a cause for disease in humans <sup>[11]</sup>, but some heterozygous carriers of CHRNA7 containing deletions are phenotypically normal. This confounding finding may be explained by incomplete penetrance of these deletions due to interactions with the genetic background or with the environment <sup>[11]</sup>.

The CHRFA7A chimeric protein, which is unique to humans, was shown to interact with and inhibit surface expression of  $\alpha 7$  nAChRs <sup>[12][13]</sup>. This chimeric protein expresses in immune cells and its expression in these cells is regulated by LPS, nicotine and IL1 $\beta$ . Thus, this protein is likely to be a human specific regulator of the cholinergic anti-inflammatory pathway <sup>[12][13]</sup>.

Of note, involvement of  $\alpha 7$  nAChR in neurodegenerative diseases may stem, at least partly, from its immunomodulatory effects, which in the CNS are likely to involve astrocytes and microglia <sup>[14]</sup>. As described above,  $\alpha 7$  nAChR is expressed in glial cells and was shown to affect their activity.

## **4. $\alpha 7$ nAChR, RIC-3 and Multiple Sclerosis**

The well-established role of  $\alpha 7$  nAChR in the cholinergic anti-inflammatory pathway suggests that  $\alpha 7$  may be involved in neuroinflammatory diseases, as reviewed by <sup>[9][14]</sup>. Several studies examined the cholinergic anti-inflammatory pathway in the animal model used for the study of multiple sclerosis (MS), experimental autoimmune encephalomyelitis (EAE) and in MS patients.

Using the EAE model it was shown that treatment with acetylcholine esterase inhibitors (AChEIs) reduced clinical severity and CNS inflammation intensity. This clinical amelioration was accompanied by reduction in lymphocyte proliferation and reduced inflammatory infiltrates to the spinal cord. These results suggest that AChEIs increase the concentration of extracellular ACh, rendering it available for interaction with a nicotinic receptor expressed on lymphocytes <sup>[15]</sup>.

A marked improvement in EAE severity was found by treatment with rivastigmine (rivastigmine is a pseudo-irreversible AChEI) or with nicotine. These treatments also reduced proinflammatory response, and improved CNS pathology <sup>[16]</sup>.

Using direct activation of the  $\alpha 7$  nAChR by specific ago-PAM, GAT107, in EAE also resulted in disease amelioration, accompanied by reduced neuroinflammation and lower expression of proinflammatory cell markers <sup>[17]</sup>.

Analysis in MS patients, showed increased responsiveness of peripheral blood mononuclear cells (PBMCs) to the anti-inflammatory effects of nicotine <sup>[18]</sup> and treatment with IFN- $\beta$  led to reduce levels of pro-inflammatory cytokines and increased serum ACh levels; suggesting that circulating cytokines and ACh are co-regulated <sup>[19]</sup>. In addition, levels of ACh and of the enzymes responsible for its synthesis and degradation were altered in the serum of MS patients <sup>[19][20]</sup>. Analysis of NK cells from MS patients showed increased intracellular ACh levels <sup>[21]</sup>. Together, these changes suggest compensatory mechanisms occurring in MS patients aimed at reducing inflammation via enhanced activity of the cholinergic anti-inflammatory pathway.

RIC-3, like  $\alpha 7$  nAChR is expressed in immune cells and this expression is regulated by pro-inflammatory stimuli, and its knockdown eliminates the anti-inflammatory effects of a  $\alpha 7$  nAChR-specific agonist <sup>[22][23]</sup>. Thus, RIC-3 like  $\alpha 7$  nAChR is likely to be involved in neuroinflammatory diseases. It is worth noting that genome wide association studies (GWAS) identified polymorphisms in the ric3 region in association with (MS) <sup>[24][25]</sup>.

## **5. RIC-3 and $\alpha 7$ nAChRs in Neurodegenerative Diseases**

RIC-3 was first characterized in *C. elegans* as an ER-resident protein that is needed for the maturation of multiple nAChRs but not for the maturation of other ligand-gated ion channels <sup>[1]</sup>. Later analysis showed conservation of RIC-3 sequence and function during evolution <sup>[26]</sup>. Moreover, RIC-3 is required for heterologous expression of the  $\alpha 7$  nAChR in non-neuronal mammalian cells <sup>[27]</sup>.

Analysis of ric-3 loss-of-function mutants in *C. elegans* demonstrated reduced functional expression of multiple nAChRs in these mutants. Therefore, RIC-3 was suggested to promote surface expression of co-expressed nAChRs <sup>[1]</sup>, but later analysis demonstrated both positive and negative effects of RIC-3 on co-expressed receptors depending on identity of the co-expressed receptor and on the expression system <sup>[26][28]</sup>. One explanation for these different effects is the finding that altering RIC-3-to-nAChR ratio shifts its effects from positive to negative <sup>[29][22]</sup>.

RIC-3 was expected to promote expression of  $\alpha 7$  nAChR in-vivo, as functional expression of  $\alpha 7$  nAChR in non-neuronal cells requires co-expression with RIC-3 [27] and expression patterns of ric3 and the  $\alpha 7$  nAChR subunit overlap [26]. However, knockout of ric3 did not significantly affect  $\alpha 7$  nAChR expression in the brains of mice [30]. Nevertheless, its knockdown using siRNA-mediated silencing eliminated the anti-inflammatory effects of the  $\alpha 7$  nAChR-specific agonist GAT107 [23]. This suggests cell-specific requirement of RIC-3 for functional expression of  $\alpha 7$  nAChR.

While, neuroinflammation is causal for MS its role in AD and PD is less clear. Nevertheless, neuroinflammation is likely to contribute to progression of these diseases as well [31][32].

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